



**Springbok Women
Logbook
2004 - RWC 2025**

The first time that I wore the Springbok colours,
[...] was the first time that I played and sang
Nkosi Sikelel' iAfrika.[...]

That was the only time that I said to myself:
'you have made it, you have made yourself proud
Nomsebenzi'
[...]

[Back] in the hotel I thought:
we have made history,[...] we were no longer
called 'Springbok XV' or 'Invitational XV'

We were called Springbok Women,
We worn Green and Gold,
We sang Nkosi Sikelel' iAfrika.

Nomsebenzi Tsotsobe

SABC News - Breaking Barriers
7 September 2024

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The data is up to date until the date of release of the Springbok Women Logbook. (See end of the logbook.)

Should you wish to print a personal copy of the logbook (or part of it): it was created for a size of 230 mm x 170 mm. The images have been downscaled to reduce the total file size.

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Preface

On Saturday 13 September 2025, the Springbok Women made history when they took to the field in Exeter, England, to play the Black Ferns. This was the first time that the Springbok Women had reached the quarter-finals of a Rugby World Cup.

This game was more than just a personal highlight for the players who played that day. It was the culmination of over two decades of commitment by many people to developing and growing women's rugby in South Africa.

Since the first Springbok Women's team played Wales in their first test match on 29 May 2004, 184 players have earned a cap. A further 50 players have represented South Africa in Sevens tournaments. These players have participated in 90 Test matches, 25 other matches and around 80 Sevens tournaments. During this time, at least 75 members of staff have guided and supported the players. Many players have continued to contribute after retiring by becoming coaches, team managers, administrators, Youth Training Centre managers and ambassadors for women's rugby.

The *Springbok Women Logbook* is a reference book containing the names and faces of all these players and staff. It also contains details of the matches and tournaments they played in, as well as a historical overview of the major events that have been important for the development of Springbok Women and women's rugby in South Africa.

The logbook was created because finding all this information online is challenging. Older websites that used to provide this information are becoming defunct or are getting lost in the ever-growing amount of online data. It is a free PDF, so you can easily keep a personal copy and share it with others.

This is a *fan-driven* project that is not affiliated with SARU or any other formal rugby organisation.

The logbook will contain errors and some information is missing. The plan is to release updated versions in the future. If you find a mistake or have a photo or information that is missing, please email me at SBWlogbook@protonmail.com. No matter how small it might seem, it will make the logbook better.

Thank you to everyone who contributed to the Springbok Women Logbook.

B.B.
21 September 2025

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Historic Events and Milestones

There is more to the story of the Springbok Women than match results and player statistics. This chapter provides a rough overview of some of the key milestones in the development of women's rugby in South Africa.¹

You can find more historic facts in the chapter 'Noteworthy Events per Year' (page 347).

¹Sources referenced with square brackets "[1]" can be found at the end of the logbook (page 361).

Dawn of women's rugby in South Africa

Initial reception

When women started playing rugby in South Africa, formal rugby bodies and the general public did not embrace it. Many people did not take it seriously; they ridiculed or even discouraged it. This mirrored the initial reception of women's rugby² in other countries such as France, Wales, Canada, New Zealand, and England. Although in those countries women already began playing rugby in the 1960s and '70s, the first Women's Rugby World Cup was not organised until 1991. It was organised by four women who were with the Richmond Women's Rugby Club in Wales.^[1] The fact that World Rugby only recognised this historic event eight years later, illustrates the view on women playing rugby at the time.

First Women's clubs in South Africa

Women's rugby in South Africa started in the 1990s.^[2] There were some initiatives before then, but they remained isolated events. There were no competitions or (school) structures that gave girls and women easy access to rugby. In 1996, the first rugby club for women, the Goodwood Gazelles, was formed. Probably inspired by the global rise of women playing rugby and the men's team's World Cup victory in 1995, the popularity of women's rugby surged in the last decade of the 20th century. By 2000, 14 clubs for women were established in South Africa. However, the sport remained at a grassroots level, lacking significant support from rugby franchises or the national union. At the time, few South Africans considered the possibility of a women's Springbok team.

Prelude to the first official test match (2000 - 2005)

Official recognition

The growing interest among girls and women in playing rugby, along with World Rugby's official recognition of women's rugby, prompted the South African Rugby Football Union (SARFU - now known as SARU) to include the growth of women's rugby as one of its objectives. In 2000 SARFU presented 'Vision 2003', which, besides emphasising racial transformation, identified the women's game and Sevens code as areas for development.^[3] SARFU appointed Mahlubi Puzi as *Manager of Women's Rugby & Sevens*.

Early milestones

A number of important milestones have been achieved during this period:

- **2000** The first national women's XV tournament was held in Gqeberha in June.
- **2001** SARFU officially introduced Women's Rugby at a tournament in Pretoria where they launched an inter-provincial competition for women. Sport Minister Ngconde Balfour said in his opening speech:^[4]

"Women have always been part of rugby. Whether mom was transporting the kids, involved in clubs and administration or just simply being ardent supporters. Now you have decided to go one step further and don the jersey... it is incumbent on all of us to ensure that women's rugby comes into

²Some people prefer not to use the term "women's rugby" because it could imply that rugby played by women is different — and inferior — than rugby played by men. This text does not intend to imply that.

its own, developing a dynamism and ethos of its own without becoming something that is shifted aside, only to be dusted off when it suits us."

- **2002** In 2000 there were less than 15 clubs in country. SARFU initiated campaigns in provincial unions to establish clubs for women. This resulted in 123 clubs by March 2002.^[5]

Establishment of a National Team

To prepare for the establishment of a national women's team to represent South Africa internationally, a squad of 44 players was selected from the 2000 XV's tournament. Later this squad was reduced to 30 players, forming the *National Women's Rugby Elite Squad*. This squad followed a preparatory programme. A team was selected to play against a visiting England development team in 2003. Although this match could be considered the first Springbok Women's match, it was not a formal test match. The team was named the *South African Women's President's XV*. They did not play in Springbok colours.

First Test match of Springbok Women

A year later, the first formal Test match was played against the visiting national Welsh team. The first ever Springbok Women's try was scored by Ronwin Kelly.^[6]

"And what a try it was. From a full backline move, Kelly, on the left wing, got the ball, took her opponent on the inside, and then beat her on the outside with a swerve.³"

The historic event did not attract much media attention. Nor did the momentous occasion of the captain, Nomsebenzi Tsotsobe, becoming the first black South African to captain a national rugby team.

Expanding the game

Women's rugby continued to grow in South Africa. By 2005 there were 179 clubs and 2,000 formally registered players.^[7] While the players were ready to expand the women's game, the general public was not.

Social and cultural context

Relevance of social context

To understand why the establishment of a women's team was not widely supported, we need to look at the social and cultural context. The lack of (school) rugby structures and financial resources, is often considered the reason why the development of women's rugby has suffered many setbacks. The socio-cultural context explains why these structures and financial resources were lacking.⁴

Patriarchal society and its impact

Patriarchy is deeply rooted in the many cultures of South African society.^[9] A patriarchal

³JJ Harmse, 2004 - JJ would later become the Springbok Women Media Manager.

⁴For a more comprehensive analysis of the social, political and cultural context, check the article *From 'Taking a While to Settle' to Becoming the Imbokodo*^[8] by Hendrik Snyders.

society stereotypes women as nurturing, physically fragile, dependent (on men) and defined by motherhood as their ultimate life fulfilment. It is not difficult to see how a female rugby player contradicts this gender stereotype and thus violates existing value systems in society. Not only does she contradict stereotypes, she also invalidates stereotypes of 'masculinity' when it is defined as 'the opposite of being female'.

Patriarchal values significantly impact people's perceptions and behavior towards women playing rugby (and women's participating in sports in general). These values cause people to simply not find women's sports important enough to invest in it. It's very difficult to achieve the performance level required for international competition without enough investments. Additionally, gender stereotypes prevent young girls from considering rugby as a viable option for themselves.^[10] The lack of youth players keeps the player base relatively small. To develop athletes who can compete at the same level as their counterparts in other countries, increasing the size of the youth player base is essential.

The stereotype that rugby is a men's sport and not suitable for women leads some people to react in a hostile, offensive way. Within rugby organisations this often meant that people would actively discourage women to play the sport or even deny them access to sporting facilities. Among the general public, people often verbally ridicule women who play rugby. Fitting within a patriarchal culture, people often use homophobic slurs. Research in Australia suggests that homophobic slurs make some girls—or their parents—reluctant to take up rugby and other sports for fear of social consequences of being stigmatised as gay.^[11]

Overcoming patriarchal stereotypes

The patriarchal gender values in South African society are persistent^[12]. Laws, regulations and organisations can express the importance of (and commitment to) equal opportunities for all genders. However, achieving this becomes difficult when influential people consciously or unconsciously hold gender-stereotypical values. Elma Smit, radio and TV presenter, concisely described it as follows:^[13]

"We can funnel endless funds into the women's game in South Africa but if a father won't let his daughter play the sport because he thinks it's not for girls, then we won't get anywhere."

Developing women's rugby to compete on a global stage is not just a matter of finding financial funding. It also requires overcoming patriarchal stereotypes.

Growing pains 2005-2014

Struggling to compete with the top nations

In the first few years after their debut match, it became clear where the Springbok Women stood compared to other countries. In both the XV's and Sevens code, the picture was similar. On the African continent, the Springboks dominated. In Challenger Series (Sevens) and Invitational tournaments, the Springboks consistently contended and often finished high in the rankings. However, in tournaments involving Tier 1 nations,⁵ the Springboks often finished near the bottom of the rankings.

⁵France, New Zealand, England, Canada, Australia, etc.

After the first XV's World Cup they participated in (2006), coach Dobela said:^[14]

"This is our first year we came to the world cup, not knowing how physical the other teams were. We need to improve a lot more the physicality of our players."

SARU⁶ decided to put focus on the development of women's rugby and the sevens code. The Springboks were withdrawn from international XV's competition. Apart from two matches against a visiting Nomads⁷ side in 2008, they did not return to international rugby until the 2009 Nations Cup in Canada.

Initiatives in the first decade

Several initiatives were launched in the first decade:

2009 With the 2010 Rugby World Cup (XV's) in mind, SARU launched a *High Performance Programme* to take fitness and conditioning to a higher level. 32 players⁸ were selected to take part in the programme - *National Women's High Performance Squad*.

2009 Launch of annual U16 Girls Rugby Week. objective was to boost interest and introduce young girls to Rugby

2012 The Sevens were separated from the XV's. Each code had its own staff.

2013 The *Residential Programme* was launched,⁹ The *Elite Sevens Squad* consisted of 16 Sevens players who were housed in Gqeberha and were provided with training facilities and guidance.

Sporting results and need for structural change

There were some positive sport results in the first decade. The first ever Test victory was achieved against Wales in 2005. The Sevens team won every Rugby Africa Sevens Tournament. They also finished third in the inaugural Women's 7s World Cup in Dubai (2009).

However, despite these and other victories, it became clear that the gap between Tier 1 countries and South Africa was significant. The Sevens team finished 14th in the 2013 Sevens Rugby World Cup. SARU's 2013 Annual Report states:

"A disappointing overall performance made us realize what is needed (and lacking) for our teams to compete on the international stage. Every single nation that competed there [RWC] has fulltime professional players and coaching staff, and the divide between South Africa, who did not [have] any, and them was glaringly obvious."

⁶SARFU (South African Rugby Football Union) was renamed SARU (South African Rugby Union) in 2005. SARFU was formed in 1992 as a merger between SARB (South African Rugby Board - the governing body for white South Africans) and SARU (South African Rugby Union - a non-racial governing body -same name as the 2005 SARU, but a different organisation).

⁷The Nomads RFC was created in 1993 as an invitational team for women.

⁸See chapter 'Noteworthy Events per Year' for names.

⁹The programme was supported by the Eastern Province's Department of Sport, Recreation, Arts and Culture.

A year later (2014) a very inexperienced squad went to the XV's World Cup. Seven players earned their first cap a month before the World Cup.¹⁰ Four other players made their debuts during the World Cup.¹¹ Head coach Lawrence Sephaka said in an interview after finishing the tournament 10th place:^[15]

"The women's rugby structures in South Africa need to improve drastically for us to compete with the best teams in the world, as their club and provincial structures are much stronger than ours. Our provincial series features three to seven matches a year per team, which is what some overseas clubs play in a month or two, so we need to start from the bottom to achieve better results at national level.

We also lack regular top-class competition between World Cups, while the Six Nations teams have that luxury every year. So I think it is important to consider such factors when one looks at our results."

Sephaka's observation is supported by research conducted in 2013^[16]. There was no consistent structure for girls' rugby (U18) across provinces. In some provinces girls aged 6-8 were introduced to mini rugby or tag rugby. In other provinces, there was only a structured plan at the U16 entry level (largely due to a SARU-administered U16 inter-provincial girls' rugby tournament). For U18 players it depended on the province what was available. To give an example: Blue Bulls Limpopo/Tshwane had an U18 inter-school/club league, Boland had an U18 sevens league, Border had U18 players participating in senior rugby and Eastern Province had no structure for U18 participation at all.

Springbok Women withdrawn from international rugby

Following the result of the 2014 World Cup, SARU took a bold decision and withdrew the Springbok Women's XV from international rugby. Just under 10 years after the Springbok women debuted on the international stage, it became obvious that there was no easy fast track to secure a permanent position at the top of the world rankings.

It was also clear that mere words of support for women playing rugby would not be enough. If SARU wanted to make a mark, structural work had to be done in order to grow the player base and provide the structures and means needed to develop (and maintain) a squad that could compete on the international stage.

Strengthening foundations (2015-2024)

Focus on development

At the start of the second decade of the Springbok Women's journey, the XV's team was retired from international competition and structural changes needed to be made in order to become a significant global player. For the first few years of the second decade, the Springboks would only represent South Africa on the Sevens circuit. A few years later, a global Covid epidemic would struck, bringing all rugby activity to a standstill for more than a year.

¹⁰Thantaswa Macingwane, Rachele Geldenhuys, Nosiphiwo Goda, Cindy Cant, Celeste Adonis, Shona-Leah Weston, and Siviwe Basweni.

¹¹Benele Makwezela, Sinazo Nobeke, Nomaphelo Mayongo, and Siphosethu Tshingana

Professional Elite Sevens Squad

One of the first steps SARU took to strengthen the foundations after the poor showing at the 2013 Sevens World Cup was to offer full-time contracts to 15 players^[12] from the *Elite Sevens Squad*. The contracts ranged from 5 to 12 months. They also contracted a coach, a biokineticist and a physiotherapist for a period of 3 years.^[17] Rassie Erasmus, who was SARU's General Manager of High Performance Teams at the time, said:^[18]

"Women's rugby worldwide has grown tremendously in the last few years and with the inclusion of Sevens rugby in the Olympic Games from 2016 we believe it will be even more popular in future. In line with this growth it was essential to align our structures with international standards in order to compete successfully against the best teams in the world. This is certainly a massive milestone for Women's rugby in South Africa. In the past our women players had to train on their own and then assemble in short camps before matches, which was not conducive to consistent quality performances. These initiatives have definitely changed the face of women's rugby."

Providing players with an income is an important step in becoming competitive on the world stage. It allows an athlete to concentrate on her sport and worry less about earning an income to support herself and others who may depend on her. Especially in the South African context of poverty, (gender-based) violence, and many households depending on a single woman^[19], financial stability and safety is a major priority. It should be noted that although players were contracted, the gender pay gap was far from bridged.^[20] In 2023 the average male Springbok earned roughly R3 million a season, where the average female Springbok earned R221 000.^[21]

Youth Training Centres

Another major milestone that contributed to the rugby development for the women was the establishment of *Youth Training Centres* in 2015. The aim of the YTC's was to increase the number of women's players by identifying talent at a young age (14-18 years) and providing them with training, conditioning and nutritional programmes as well as regular competitive matches.^[22]

Focusing on - and investing in - girls' rugby (ages 14-18) is critical to becoming a dominant force internationally. Firstly, because a large youth player base provides more (talent) selection options for the senior teams. Secondly, it takes time for a player to perform on the level required to compete internationally. The development of a player ideally starts at a young age.

The average age of the players at the 2025 Rugby World Cup was 26 years. The average age of each team was between 25 and 28 years old. However, there was a much wider range of average caps per player. England topped the list with 44 caps per player, while Brazil had 6. South Africa's squad had an average age of 27 and an average of 22 caps per player.^[23] Even when the age distribution of the squads was taken into consideration, there was a significant difference in the number of caps. Except for New Zealand, the other three finalists (England, France and Canada) had more caps than would be expected based on

¹²See chapter 'Noteworthy Events per Year' for names.

the averages.¹³ South Africa had around 114 fewer caps than would be expected based on the age of the squad.

For a player to have enough experience and still be close to her physical peak, she needs to earn her first cap around the age of 20. This means that ideally she would have entered the senior programme between the ages of 17 and 18. To be on the national radar at that age, the player must have excelled in youth competitions.^[24] The Youth Training Centres can support the players in their pathway and also keep talented players on the radar.

Appointment of a Women's High Performance Manager

In 2021 SARU appointed former Ireland captain Lynne Cantwell (86 caps) as Women's High Performance Manager. Director of Rugby Rassie Erasmus, said about Cantwell's appointment:^[25]

"We need rugby to be taught and endorsed from a woman's perspective; we have seen in the past that you cannot just copy a men's programme and expect it to work. We tried that in the past and learned from our mistakes. [...] We will have a competitive system, sooner rather than later, but we are also realistic and know it will not be possible to perform any miracles."

Lynne Cantwell explained about this:

"We know that women's sport lags behind men's, so what we're trying to do is create structures where girls and women know they are valued, and that they are thought of. They must know that they are at the centre of the decision-making process as well, which is something the leaders at SA Rugby have committed to doing.

But what does that look like in practical terms? Well, it's small things such as a changeroom being set up for women, that your kit is the right size, or there are pictures of female players on a wall in the stadium or on the front page of the website. Those small things send the message that 'I'm welcome here; this is a warm environment and that I'm thought of equally'.

We want to treat the girls as adults, and to help us do that I've said to them that they need to consider their 'voice' and be able to speak up and ask questions. We know that the value of that type of empowerment will bring them confidence, as decision-makers on the pitch and in their own communities."

An important topic for Cantwell was the difference in pathways for girls and boys. Although the ultimate goal was to create clear pathways for girls to become elite athletes, the existing situation was different. This meant that, once a player was training with the national squad, her training, nutrition, etc., should be approached differently than those of male athletes.^[26]

SARU also realised that simply copying what successful nations did might not work in a South African context. SARU reached out to other South African women's sports organisations, Netball SA and Cricket SA, to learn how they attracted crucial corporate sponsorships.^[27]

¹³Based on the data of 519 participants, a **very** rough way to calculate the **average** number of caps of a player is by multiplying her age with 2.8 and subtracting 38 from the result.

It would take until 2023 for the first female (assistant) coach, Laurian Johannis-Haupt to be appointed in a Springbok coaching's staff. Until then the women involved were either in a team manager or in a medical capacity.

Initiatives contributing to higher standard of play

By the end of the second decade, the standard of the game played by the women was much higher and there was much more (media) exposure. There were a number of initiatives that contributed to this:

- **2018** The introduction of the *Women's Premier Division (WPD)* in South Africa. A competition for the highest ranked teams. This has not only boosted the performance of individual players by giving them more playing time against tougher competition, but has also resulted in more entertaining matches for spectators. Each week of the competition, one of the matches was available on the Springbok YouTube channel and one on SuperSport (from 2021).
- **2020** South African players are getting noticed internationally. In 2020, Babalwa Latsha became the first female rugby player from the African continent to turn professional in Europe.¹⁴ Players contracted abroad is not only important for their own professional development and the experience they bring back to the Bok squad. They are also role models, inspiring younger players by showing that playing professionally overseas is possible for women.
- **2023** The Bulls Daisies became the first fully professional women's team in South Africa. Blue Bulls Company has set itself the goal of becoming a trendsetter in professional women's rugby in South Africa.^[28] Thando Manana, Special Project Manager for the Blue Bulls Company, said about the decision to become fully professional:^[29]

"[There is] a possibility that there could be a [Women's] URC¹⁵ with two South African teams participating [...] The Bulls company, alongside the Blue Bulls Rugby Union and the board, took it upon themselves to be the flag bearers of seeing an opportunity and also wanting to move with it."

As the only professional team in the competition, they immediately became the dominant force in South Africa, winning the WPD for three consecutive seasons.

- **2023** World Rugby launched a new annual international women's competition - *WXV*. It consists of three tiers (WXV1, WXV2 and WXV3). The Springboks have been placed in WXV2. In both 2023 and 2024 the WXV2 was hosted by South Africa. This is an important step for the development of the team, as it provides the opportunity to play against several other teams in their own tier. There will be promotion and relegation between the three tiers based on tournament results.

Social Media

Although no specific research was conducted on the impact of social media on the popularity of women's rugby in South Africa, it is possible that social media had a positive impact.

¹⁴Other players who have signed overseas: Kimico Manuel, Zintle Mpupha, Aseza Hele, Catha Jacobs, Lindelwa Gwala, Sinazo Mcatshulwa, Nadine Roos, Danelle Lochner.

¹⁵The United Rugby Championship (URC) is an annual rugby union competition involving professional men's teams from Ireland, Italy, Scotland, South Africa, and Wales.

Facebook went public in 2006, and Instagram emerged around 2011. Before then, people depended on traditional media outlets, such as newspapers and SABC, as well as word of mouth and physical flyers from local clubs, to learn about women's rugby. Currently, 79% of the South African population uses the internet.^[30] Access to information about women's rugby has increased dramatically over the past decade.

The current generation of children, born around 2010, is the first to grow up with constant online connectivity.^[31] Social media is a fundamental part of their online presence. Many current players are active on social media, providing exposure to women's rugby and a way to interact with supporters, especially young girls, who see them as role models. The players inspire these girls to get involved in rugby.

Sevens journey 2015-2025

With the XV's programme put on hold in 2015, the only activity of the Springbok Women between 2014 and 2018 was on the Sevens circuit. They qualified as a core team for the 2014/15 World Series, but were relegated at the end of the season. The team qualified for the Rio 2016 Olympic Games, but the South African Olympic Committee (SASCOC) decided that they were not good enough to be part of Team SA.^[32]

Paul Delpont took over as coach of the Sevens team in 2018. He actively recruited players from other sports to join the Sevens programme.^[33] In 2019, the Sevens coaching staff were featured on a SuperSport TV reality show to find high profile players for the Sevens squad.

Due to the global Covid pandemic, the team did not participate in any tournaments between March 2020 and April 2022. They played in the 4th Sevens World Cup, which was held in Cape Town in September 2022. They finished 14th.

Delpont resigned after the 2022 Sevens World Cup in Cape Town. His resignation attracted media attention due to his public statements:^[34]

"It was pretty simple for me. There were 16 teams at the Women's Sevens Rugby World Cup. There are 13 teams that are full-time professional. There are three of us who aren't. That's us (South Africa), Madagascar and Colombia and we finished 14th, 15th and 16th.

[...] There's no commitment to a full-time Sevens programme. They're going to contract women's players again but for both [codes]. The ladies will be expected to do both [Sevens and 15s]. And that's just unsustainable.

It's pretty easy. I don't need to explain this to anyone and the people at SA Rugby won't listen. I'm not willing to work for people who don't care about our Women's Sevens programme. They're just unwilling to invest. I don't understand. Women's rugby is where it is at the moment, where all the growth can happen. And we don't want to invest, which doesn't make any sense."

After Delpont's resignation, former Sevens coach Renfred Dazel took over the head coach role again.

After qualifying as a core team for the 2023/24 World Series, SARU made the Sevens programme permanent. This has given the squad more time to train together and prepare for tournaments.^[35] Prior to 2023, players were contracted under one umbrella contract for both XV's and Sevens. From 2023 the Sevens players were contracted full time to the Sevens programme.^[36]

Despite a much-improved team, they were relegated from the World Series again at the end of the season. They took part in the 2024 Olympics in Paris.¹⁶ Although they failed to win a pool match, they won their final match against Fiji to finished 11th. In 2025 the team were successful in the Challenger Series in Poland, but lost the final against Kenya in Los Angeles. World Rugby changed the format of the Sevens Series and the Springbok Sevens will have to qualify for Division 2 via regional competitions in Division 3.

XV's journey 2016-2025

The XV programme was kickstarted with a training camp in Cape Town in October 2016. The team officially returned to international play with a Test match against Wales in November 2018. No fewer than 17 players made their debut in that match. A week later they played a Test match against Spain in which 4 more players made their debut. With 21 newly-capped players, the Springboks had two more years to prepare for the 2021 Rugby World Cup.

The 2021 World Cup was postponed until 2022 due to the Covid pandemic. While this gave them an extra year to prepare, the team had been out of action for over a year. Although the inexperienced team struggled against stronger nations while preparing for the World Cup, they had some promising victories, beating Japan at home and winning a series against visiting Spain.

The Springboks were in a pool with England, France and Fiji at the World Cup. As expected, the favourites - England and France - won their games against South Africa. The Springboks looked set to beat Fiji until the final whistle. But in the dying minutes of the match, the Fijians snatched victory by punching a hole in the Springbok defence. It was a historic win for Fiji on their World Cup debut.

Following the World Cup, head coach Stanley Raubenheimer's contract was not renewed at the end of 2022. Louis Koen took over as head coach on an interim basis. Swys de Bruin was appointed head coach in 2024.¹⁷ His role is not only to coach the team, but also to develop the assistant coaches. This strategic decision was modelled on the New Zealand approach. It ensures consistency in the way high performance coaching is delivered and ensures that knowledge stays in the system.^[37]

The first two editions of WXV2 were hosted by SARU in South Africa. In both editions the Springbok Women won one out of three matches. However, the progress made was reflected in the score of the losing matches. In 2024 both matches against a higher ranked Italy and a much higher ranked Australia,¹⁸ were lost within a converted try score difference.

¹⁶SASCOC also ruled them out of the 2020 Olympics

¹⁷Formally De Bruin was appointed as *Performance Coach*.

¹⁸World ranking Aug 2024: Australia 5, Italy 9, South Africa 12 (<https://www.world.rugby/rankings>).

The future ahead (2025- ...)

Women's rugby in a better place than previous decade

Going into the third decade, the Springbok Women are in a much better place than they were at the start of the second decade. They may not yet be where they want to be - the profile and standard of play can still be raised - but they work from a better foundation. SARU also reaffirmed its commitment to the development of the women's game, accompanied with concrete plans, at the Second Community Rugby Workshop held in May 2025.^[38]

Important initiatives going into the third decade

- In 2024 SARU announced a major initiative to centrally¹⁹ contract 150 players.^[39] The aim is to match the standard of countries such as New Zealand and England and to provide a high performance platform for the players. The Premier and First Division competitions will also continue.
- At the Second Community Workshop, attended by representatives from all 15 provincial unions, SARU unveiled plans to host U16 and U18 Elite Player Development (EPD) camps for girls, with a focus on mirroring the structures available to boys. The objective is to create equal opportunities for female players and coaches through clear, sustainable pathways.^[40]

Rugby World Cup 2025

The main event in 2025 was the Rugby World Cup XV's in England. South Africa was in a pool with France, Italy, and Brazil, the latter of which was making its debut. The team's goal was to make history by reaching the quarterfinals.

After convincingly defeating Brazil in the first round, the Springboks played a very physical game against Italy in the second round. It was a nail-biter until the end. In the 72nd minute, the score was tied at 24–24. Zintle Mpupha received a pass on the 22-meter line on the right side of the field and made a strong run, bringing the ball within eight meters of the try line. After five strong carries by the forwards, Sinazo Mcatshulwa got the ball over the try line and scored the try that secured the Springbok Women's spot in the Rugby World Cup playoffs for the first time in history.

The Springboks played third-ranked New Zealand in the quarterfinals and exceeded the expectations of supporters of both teams by tactically surprising the Black Ferns. In the first half, a two-player lineout was followed by a fifteen-player lineout, in which the scrumhalf, Nadine Roos, was lifted to catch the ball. At halftime, the score was tied at 10-all. Early in the second half, the Black Ferns demonstrated their quality by scoring three tries in quick succession, leaving the Springboks playing catch-up. Despite a valiant effort, which resulted in another converted try for the Springboks in the final minutes of the game, the Black Ferns won the match.

In the post match interview, retiring captain Nolusindiso Boozi said:^[41]

¹⁹By SARU

“This was the best Women’s World Cup performance ever by a South African team by far. The pleasing part of this was the enjoyment the team had in the last month, knowing that we were not only playing good rugby, but also leaving a benchmark for future teams. That was very important for us as a squad to do. We leave with pride [...] We will arrive back in South Africa [...] knowing that the support we received from home helped us towards this milestone performance.”

XV's Springboks

A player becomes a *Springbok* when they play in a Test match. A *test match* refers to a rugby match between senior teams representing their respective countries. When a player participates in a test match, they are awarded a *Cap*²⁰. Matches between U20 teams, "A-Teams", and "Select Teams" are not classified as test matches. In South Africa, SARU determines whether a match qualifies as a test match.²¹

²⁰A physical cap is only given on special occasions.

²¹In this chapter, a match in boldface - **2004-05-29 WLS** - in a player's listing, means the player captained the match.

Nomsebenzi Tsotsobe



Captain (9x)

Springbok No.	1
Nickname	Noms
Position	Flanker
Played (XVs)	2004-2006
Caps	10
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	-
Born	1978-11-24
	-

Test Matches

2004-05-29 WLS	2004-06-05 WLS
2005-04-30 WLS	2005-05-14 ENG
2006-06-17 NED	2006-06-24 NED
2006-08-31 AUS	2006-09-08 IRE
2006-09-12 SAM	2006-09-16 KAZ

Other Matches

2003-05-31 END

Player facts

- ★ 2001 First captain Eastern Province Women's team
- ★ 2004 First woman and black South African to captain a SA national rugby team
- ★ 2012 Team Manager Junior Sevens Camp Cape Town
- ★ 2019 Team manager Springbok Women
- ★ IRB & SA Rugby Citing Commissioner at SA Rugby
- ★ isiXhosa Commentator, Rugby Analyst at SuperSport
- ★ Mother -Nomgqibelo - was regional co-ordinator for Women's rugby in PE

Louise du Pisanie



Springbok No.	2
Nickname	-
Position	Prop
Played (XVs)	2004-2006
Caps	10
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	-
Born	1974-02-19
	-

Test Matches

2004-05-29 WLS	2004-06-05 WLS
2005-04-30 WLS	2005-05-14 ENG
2006-06-17 NED	2006-06-24 NED
2006-09-04 ENG	2006-09-08 IRE
2006-09-12 SAM	2006-09-16 KAZ

Other Matches

2003-05-31 END 2005-04-26 WLA

Player facts

- ★ Daughter of Louis du Pisanie (Freestate 1957/60)
- ★ Freestate's first woman's Springbok rugby player

Nosipho Poswa



Springbok No.	3
Nickname	Cynthia
Position	Hooker
Played (XVs)	2004-2010
Caps	14
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1984-04-16
	-

Test Matches

2004-05-29 WLS	2004-06-05 WLS
2009-08-10 FRA	2009-08-13 CAN
2009-08-16 USA	2009-08-19 ENG
2010-04-08 KAZ	2010-04-10 KAZ
2010-06-05 SCO	2010-06-12 SCO
2010-08-24 WLS	2010-08-28 AUS
2010-09-01 KAZ	2010-09-05 WLS

Other Matches

2008-08-09 NOM	2008-08-16 NOM
2012-06-23 NOM	2012-06-30 NOM

Selected but didn't play

2010-08-20 NZL

Player facts

- * 2009 National Women's High Performance Squad
- * 2010 RWC Squad
- * 2015 Teacher + Coach Zimasa Primary (Langa, Cape Town)
- * 2015 U16 Western Province Team Manager
- * 2017/18 U18 Western Province Team Manager
- * 2018 Team Manager Youth Training Centre Western Cape
- * 2019 U16 Western Province Head Coach
- * 2019 U18 Youth Training Centre (Western Cape) Head Coach
- * 2023 Coach U18 Girls Western Province
- * 2023 U16 Head Coach
- * 2023 U20 Head Coach
- * 2024 UWC Varsity Cup Assistant Coach
- * 2024 Zimasa Community School U11, U14, U16, and U18
- * Assistant Coach University of the Western Cape

Cebisa Kula



Springbok No.	4
Nickname	-
Position	Tight-head Prop
Played (XVs)	2004-2014
Caps	31
Points	10
Tries/Conversions	2/-
Penalties/Drop Goals	-
7s Caps	-
Born	1981-05-19
	-

Test Matches

2004-05-29 WLS	2004-06-05 WLS
2005-04-30 WLS	2005-05-14 ENG
2006-06-17 NED	2006-06-24 NED
2006-08-31 AUS	2006-09-04 ENG
2006-09-08 IRE	2006-09-12 SAM
2006-09-16 KAZ	2009-08-10 FRA
2009-08-13 CAN	2009-08-16 USA
2009-08-19 ENG	2010-04-08 KAZ
2010-04-10 KAZ	2010-06-05 SCO
2010-06-12 SCO	2010-08-20 NZL
2010-08-24 WLS	2011-08-02 CAN
2011-08-05 ENG	2011-08-09 USA
2011-08-13 USA	2014-07-04 FRA
2014-08-01 AUS	2014-08-05 FRA
2014-08-09 WLS	2014-08-13 SAM
2014-08-17 ESP	

Other Matches

2003-05-31 END	2008-08-09 NOM
2008-08-16 NOM	2012-06-23 NOM
2012-06-30 NOM	2014-06-28 NOM
2014-07-01 NOM	

Player facts

- * 2009 National Women's High Performance Squad
- * 2010 RWC Squad
- * 2011 SA Rugby Women's Achiever of the Year
- * 2014 RWC Squad
- * 2022 SA Rugby Women's Rugby Pathway Manager
- * 2024 SA Rugby Elite Player Development Girls Manager

Anne-Marie van Biljon



Test Matches

2004-05-29 WLS	2004-06-05 WLS
2005-04-30 WLS	2005-05-14 ENG

Springbok No.	5
Nickname	-
Position	Lock
Played (XVs)	2004-2005
Caps	4
Points	14
Tries/Conversions	-/4
Penalties/Drop Goals	2/-
7s Caps	-
Born	1967-12-03
	-

Wendy Adlem



Test Matches

2004-05-29 WLS	2004-06-05 WLS
2005-04-30 WLS	2005-05-14 ENG
2006-06-17 NED	2006-06-24 NED
2006-08-31 AUS	2006-09-04 ENG
2006-09-08 IRE	2006-09-12 SAM
2006-09-16 KAZ	

Springbok No.	6
Nickname	-
Position	Lock
Played (XVs)	2004-2006
Caps	11
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1977-12-18
	-

Nadine Barnard



Springbok No.	7
Nickname	-
Position	Flanker
Played (XVs)	2004-2006
Caps	9
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	-
Born	1977-03-25
	-

Test Matches

2004-05-29 WLS	2004-06-05 WLS
2006-06-17 NED	2006-06-24 NED
2006-08-31 AUS	2006-09-04 ENG
2006-09-08 IRE	2006-09-12 SAM
2006-09-16 KAZ	

Player facts

- * 2009 National Women's High Performance Squad

Other Matches

2003-05-31 END	2008-08-09 NOM
2008-08-16 NOM	

Vuyokasi Mbonda



Springbok No.	8
Nickname	-
Position	Number 8
Played (XVs)	2004-2013
Caps	6
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1984-01-18
	-

Test Matches

2004-05-29 WLS	2004-06-05 WLS
2013-07-30 USA	2013-08-04 ENG
2013-08-07 CAN	2013-08-10 USA

Naomi Groenewald



Springbok No.	9
Nickname	-
Position	Scrumhalf
Played (XVs)	2004-2004
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1989-07-07
	-

Test Matches

2004-05-29 WLS 2004-06-05 WLS

Other Matches

2003-05-31 END

Lebeth Oktober



Springbok No.	10
Nickname	-
Position	Flyhalf
Played (XVs)	2004-2005
Caps	3
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1985-10-04
	-

Test Matches

2004-05-29 WLS 2005-04-30 WLS
2005-05-14 ENG

Ronwin Kelly



Springbok No.	11
Nickname	-
Position	Wing
Played (XVs)	2004-2005
Caps	3
Points	20
Tries/Conversions	4/-
Penalties/Drop Goals	-
7s Caps	-
Born	1974-11-12
	-

Test Matches

2004-05-29 WLS 2004-06-05 WLS
 2005-04-30 WLS

Player facts

- * 2004 First official test try by Springbok Women (against Wales)
- * 2005 Two year ban for anabolic steroid, nandrolone
- * Body Builder

Izan Nieuwoudt



Springbok No.	12
Nickname	-
Position	Centre
Played (XVs)	2004-2004
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1976-03-14
	-

Test Matches

2004-05-29 WLS 2004-06-05 WLS

Other Matches

2003-05-31 END

Zolisa Noxeke



Springbok No.	13
Nickname	-
Position	Centre
Played (XVs)	2004-2006
Caps	9
Points	10
Tries/Conversions	2/-
Penalties/Drop Goals	-
7s Caps	-
Born	1979-12-04
	-

Test Matches

2004-05-29 WLS	2004-06-05 WLS
2005-04-30 WLS	2006-06-17 NED
2006-06-24 NED	2006-08-31 AUS
2006-09-04 ENG	2006-09-08 IRE
2006-09-12 SAM	

Player facts

- ★ 2006 first ever Springbok Women World Cup try (against Australia)
- ★ 2021 Springbok Women U20 Assistant Coach
- ★ Mother of Springbok Sinelitha Noxeke (#168)

Nomsa Tendekwana



Springbok No.	14
Nickname	Sasa
Position	Wing
Played (XVs)	2004-2006
Caps	6
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1979-02-02
	-

Test Matches

2004-05-29 WLS	2004-06-05 WLS
2005-04-30 WLS	2005-05-14 ENG
2006-06-24 NED	2006-08-31 AUS

Other Matches

2003-05-31 END

Magdalene Pylman



Springbok No.	15
Nickname	Macky
Position	Flyhalf
Played (XVs)	2004-2006
Caps	8
Points	11
Tries/Conversions	1/-
Penalties/Drop Goals	2/-
7s Caps	-
Born	1986-05-02
	-

Test Matches

2004-05-29 WLS	2004-06-05 WLS
2005-04-30 WLS	2006-06-17 NED
2006-06-24 NED	2006-08-31 AUS
2006-09-12 SAM	2006-09-16 KAZ

Other Matches

2003-05-31 END	2005-04-26 WLA
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Annelien Klopper



Springbok No.	16
Nickname	-
Position	Hooker
Played (XVs)	2004-2004
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1980-11-26
	-

Test Matches

2004-05-29 WLS	2004-06-05 WLS
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Other Matches

2003-05-31 END

Zilungile Makaula

Springbok No.	17
Nickname	-
Position	Prop
Played (XVs)	2004-2005
Caps	4
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1978-10-12
	-

Test Matches

2004-05-29 WLS	2004-06-05 WLS
2005-04-30 WLS	2005-05-14 ENG

Other Matches

2005-04-26 WLA

Denise Vermeulen

Springbok No.	18
Nickname	-
Position	Forward
Played (XVs)	2004-2004
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1974-03-03
	-

Test Matches

2004-05-29 WLS	2004-06-05 WLS
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Other Matches

2003-05-31 END

Saloma Booysen



Springbok No.	19
Nickname	-
Position	Scrumhalf
Played (XVs)	2004-2010
Caps	22
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	2
Born	1987-04-06
	-

Test Matches

2004-05-29 WLS	2004-06-05 WLS
2006-06-17 NED	2006-06-24 NED
2006-08-31 AUS	2006-09-04 ENG
2006-09-08 IRE	2006-09-12 SAM
2006-09-16 KAZ	2009-08-10 FRA
2009-08-13 CAN	2009-08-16 USA
2009-08-19 ENG	2010-04-08 KAZ
2010-04-10 KAZ	2010-06-05 SCO
2010-06-12 SCO	2010-08-20 NZL
2010-08-24 WLS	2010-08-28 AUS
2010-09-01 KAZ	2010-09-05 WLS

Sevens Tournaments

- 2007 Africa Cup II
- 2009 World Cup 7s I

Player facts

- ★ 2009 National Women's High Performance Squad
- ★ 2009 Women's Rugby Achiever of the Year
- ★ 2010 RWC Squad

Other Matches

2003-05-31 END	2008-08-09 NOM
2008-08-16 NOM	

Jackie Potgieter



Springbok No.	20
Nickname	-
Position	Back
Played (XVs)	2004-2004
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1980-08-12
	-

Test Matches

2004-05-29 WLS	2004-06-05 WLS
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Gloria Sullivan



Springbok No.	21
Nickname	-
Position	Lock
Played (XVs)	2004-2004
Caps	1
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1972-08-01
	-

Test Matches

2004-06-05 WLS

Selected but didn't play

2004-05-29 WLS

Player facts

- * 2012 SARU National Women's Committee

Ingrid Botha



Springbok No.	22
Nickname	Bouts
Position	Centre
Played (XVs)	2004-2006
Caps	10
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	-
Born	1977-03-23
	-

Test Matches

2004-06-05 WLS 2005-04-30 WLS
 2005-05-14 ENG 2006-06-17 NED
 2006-06-24 NED 2006-08-31 AUS
 2006-09-04 ENG 2006-09-08 IRE
 2006-09-12 SAM 2006-09-16 KAZ

Other Matches

2003-05-31 END 2008-08-16 NOM

Selected but didn't play

2004-05-29 WLS

Player facts

- * 2002 & 2003 SARFU National Women's Rugby Elite Squad
- * 2003-2004 Captain Harlequins Women Pretoria
- * 2003-2011 Blue Bulls Women (15s and 7s, 2005 Vice-captain)
- * 2005 & 2007 TUKS Women's Player of the year
- * 2005 Blue Bulls best backline player, top try scorer & Player of the year
- * 2005 SA Women's Player of the year
- * 2005 UK Tour Vice-captain
- * 2005-2013 TUKS women (2005-7 captain)
- * 2011-2013 TUKS women 7s (Reunion, Dubai, Rome)

Yolanda Meiring



Springbok No.	23
Nickname	Roids
Position	Back
Played (XVs)	2004-2011
Caps	25
Points	39
Tries/Conversions	2/7
Penalties/Drop Goals	5/-
7s Caps	3
Born	1983-08-14
	-

Test Matches

2004-06-05 WLS	2005-04-30 WLS
2005-05-14 ENG	2006-06-24 NED
2006-09-04 ENG	2006-09-08 IRE
2006-09-12 SAM	2006-09-16 KAZ
2009-08-10 FRA	2009-08-13 CAN
2009-08-16 USA	2009-08-19 ENG
2010-04-08 KAZ	2010-04-10 KAZ
2010-06-05 SCO	2010-06-12 SCO
2010-08-20 NZL	2010-08-24 WLS
2010-08-28 AUS	2010-09-01 KAZ
2010-09-05 WLS	2011-08-02 CAN
2011-08-05 ENG	2011-08-09 USA
2011-08-13 USA	

Other Matches

2008-08-09 NOM	2008-08-16 NOM
2012-06-23 NOM	2012-06-30 NOM

Sevens Tournaments

- 2007 Africa Cup II
- 2009 World Cup 7s I
- 2011 Challenge Cup - Leg 1
- 2012 Guangzhou Zengcheng Invitational 7s Tournament
- 2012 World Series Dubai (inv)
- 2013 World Series Houston (inv)
- 2013 World Series Amsterdam (inv)
- 2013 World Cup 7s II

Player facts

- ★ 2009 National Women's High Performance Squad
- ★ 2010 RWC Squad
- ★ 2012 Women's Achiever of the year
- ★ 2015 Blue Bulls Youth Training Centre coach
- ★ 2019 Rugby Afrique Citing Commissioner
- ★ 2024 Youth Development Officer Cayman Rugby Football Union
- ★ Played 2 Worldcups 15's and 2 Worldcups 7's

Adele van der Westhuizen



Springbok No.	24
Nickname	-
Position	-
Played (XVs)	—
Caps	-
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	-
	-

Test Matches

No test matches played.
Until 2013 a cap was awarded when a player was selected for a squad travelling abroad.

Other Matches

2003-05-31 END	2005-04-26 WLA
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Babalwa Vena



Springbok No.	25
Nickname	-
Position	Hooker
Played (XVs)	2005-2006
Caps	9
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1980-10-28
	-

Test Matches

2005-04-30 WLS	2005-05-14 ENG
2006-06-17 NED	2006-06-24 NED
2006-08-31 AUS	2006-09-04 ENG
2006-09-08 IRE	2006-09-12 SAM
2006-09-16 KAZ	

Other Matches

2005-04-26 WLA

Dolly Mavumengwana



Springbok No.	26
Nickname	-
Position	Lock
Played (XVs)	2005-2013
Caps	27
Points	10
Tries/Conversions	2/-
Penalties/Drop Goals	-
7s Caps	-
Born	1976-12-23
	-

Test Matches

2005-04-30 WLS	2005-05-14 ENG
2006-06-17 NED	2006-06-24 NED
2006-08-31 AUS	2006-09-04 ENG
2006-09-08 IRE	2006-09-12 SAM
2006-09-16 KAZ	2009-08-10 FRA
2009-08-13 CAN	2009-08-16 USA
2009-08-19 ENG	2010-04-08 KAZ
2010-04-10 KAZ	2010-06-05 SCO
2010-06-12 SCO	2010-08-20 NZL
2010-08-24 WLS	2010-08-28 AUS
2010-09-01 KAZ	2010-09-05 WLS
2011-08-02 CAN	2011-08-05 ENG
2011-08-09 USA	2011-08-13 USA
2013-09-07 UGA	

Other Matches

2003-05-31 END	2005-04-26 WLA
2008-08-09 NOM	2008-08-16 NOM
2012-06-23 NOM	2012-06-30 NOM

Player facts

- * 2009 National Women's High Performance Squad
- * 2010 RWC Squad

Marie Schoeman



Springbok No.	27
Nickname	-
Position	Forward
Played (XVs)	2006-2006
Caps	5
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1970-11-28
	-

Test Matches

2006-06-17 NED	2006-06-24 NED
2006-08-31 AUS	2006-09-04 ENG
2006-09-16 KAZ	

Other Matches

2005-04-26 WLA

W Khumalo



Springbok No.	28
Nickname	-
Position	Loose Forward
Played (XVs)	2005-2009
Caps	8
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	-
Born	1982-06-23
	-

Test Matches

2005-05-14 ENG	2006-06-17 NED
2006-06-24 NED	2006-09-04 ENG
2006-09-08 IRE	2006-09-12 SAM
2009-08-13 CAN	2009-08-19 ENG

Other Matches

2005-04-26 WLA	2008-08-09 NOM
2008-08-16 NOM	

Selected but didn't play

2009-08-10 FRA

Player facts

- * 2006 scored Springbok Women's first ever try against England
- * 2007 Rugby volunteer Youth in Sports Exchange (Norway)
- * 2009 National Women's High Performance Squad
- * 2014 Head Coach Jaguars League winners
- * 2016/17 Head Coach KZN Youth Training Centre
- * 2020 Founder of uThingo Collective (clothing brand)
- * 2022 Social Media - uThingo conversations with Springboks
- * 2023 Head coach KZN U15 Girls
- * 2024 Sharks U16 Girls Assistant Coach
- * Qualified Sports Administrator
- * Sharks Pups Coach (6-13yrs rugby development Durban Townships)

Melissa Sonnekus

Springbok No.	29
Nickname	Krige
Position	Forward
Played (XVs)	2005-2005
Caps	1
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	-
Born	1975-09-14
	-

Test Matches

2005-04-30 WLS

Other Matches

2005-04-26 WLA

Nadia Muller

Springbok No.	30
Nickname	-
Position	Forward
Played (XVs)	2005-2005
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1971-01-09
	-

Test Matches

2005-04-30 WLS 2005-05-14 ENG

Other Matches

2005-04-26 WLA

Mariska Loots



Springbok No.	31
Nickname	Hoenerijtjie
Position	Scrumhalf
Played (XVs)	—
Caps	-
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1986-12-16
	2024-04-30

Test Matches

No test matches played.
Until 2013 a cap was awarded when a player was selected for a squad travelling abroad.

Other Matches

2005-04-26 WLA

Player facts

- * 2008/09 London Wasps 1st team
- * 2009 Barbarians Women
- * 2011 Tuks 7s (Dubai/Italy/Hong Kong)
- * 2019/24 SA Tag Rugby Player
- * 2022 SA Tag Captain
- * 2024 Board of Tag Rugby (Development)

Natasha Hofmeester



Springbok No.	32
Nickname	Tash
Position	Wing
Played (XVs)	2005-2013
Caps	16
Points	35
Tries/Conversions	7/-
Penalties/Drop Goals	-
7s Caps	4
Born	1985-02-25
	-

Test Matches

2005-05-14 ENG	2006-06-17 NED
2006-06-24 NED	2006-08-31 AUS
2006-09-04 ENG	2006-09-08 IRE
2006-09-12 SAM	2006-09-16 KAZ
2009-08-10 FRA	2009-08-13 CAN
2009-08-16 USA	2009-08-19 ENG
2011-08-02 CAN	2011-08-05 ENG
2011-08-13 USA	2013-09-07 UGA

Other Matches

2005-04-26 WLA	2008-08-09 NOM
2008-08-16 NOM	2012-06-23 NOM
2012-06-30 NOM	

Selected but didn't play

2011-08-09 USA

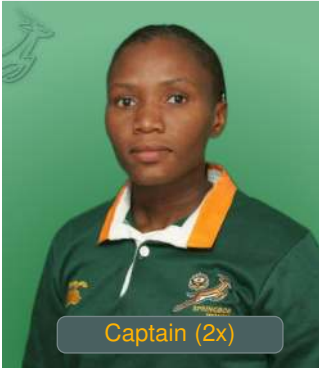
Sevens Tournaments

- 2007 Africa Cup II
- 2009 World Cup 7s I
- 2012 Guangzhou Zengcheng Invitational 7s Tournament
- 2012 World Series Dubai (inv)
- 2013 Africa Cup V
- 2013 World Series Houston (inv)
- 2013 World Series Amsterdam (inv)
- 2013 World Cup 7s II
- 2013 Hong Kong 7s

Player facts

- * 2007 British Airways Women's Rugby Player of the year
- * 2009 National Women's High Performance Squad
- * 2017 Assistant Coach WP Women
- * 2019 Women's U20's Team manager
- * 2023 Participated in World Cup Tag Rugby

Lorinda Brown



Springbok No.	33
Nickname	Ouma/McGyver
Position	Inside Centre
Played (XVs)	2005-2014
Caps	20
Points	15
Tries/Conversions	3/-
Penalties/Drop Goals	-
7s Caps	15
Born	1983-12-16
	-

Test Matches

2005-05-14	ENG	2009-08-10	FRA
2009-08-13	CAN	2009-08-16	USA
2009-08-19	ENG	2010-04-08	KAZ
2010-04-10	KAZ	2010-06-05	SCO
2010-06-12	SCO	2010-08-20	NZL
2010-08-24	WLS	2010-08-28	AUS
2010-09-01	KAZ	2010-09-05	WLS
2014-07-04	FRA	2014-08-01	AUS
2014-08-05	FRA	2014-08-09	WLS
2014-08-13	SAM	2014-08-17	ESP

Other Matches

2003-05-31	END	2005-04-26	WLA
2008-08-09	NOM	2008-08-16	NOM
2014-06-28	NOM		

Sevens Tournaments

- 2007 Africa Cup II
- 2008 Africa Cup III
- 2009 World Cup 7s I
- 2013 Africa Cup V
 - 2013 World Series Amsterdam (inv)
 - 2013 World Cup 7s II
 - 2013 Hong Kong 7s
- 2014 Africa Cup VI
 - 2014 Hong Kong 7s
 - 2014 World Series Amsterdam (inv)
- 2014 World Series 2014/15 - Qualifier
- 2014 World Series III - L1
- 2015 World Series III - L2
- 2015 World Series III - L4
- 2015 World Series 2015/16 - Qualifier
- 2015 Africa Cup VII
- 2015 World Series III - L6
 - 2015 World Series Dubai (inv)
 - 2016 Las Vegas Invitational
- 2016 Africa Cup VIII
- 2016 Hong Kong 7s
 - 2016 Roma Sevens
 - 2016 Paris 7s Invitational

Player facts

- ★ 2008 Springbok Women's player of the year
- ★ 2009 National Women's High Performance Squad
- ★ 2010 RWC Squad
- ★ 2014 RWC Squad
- ★ 2014 SARU High Performance Contracted Player (7s)
- ★ 2018/19 & 21 EP YTC Coaching staff member (U16 & 18)
- ★ 2021 Executive Board member EP
- ★ 2021 Portfolio - Development (EP)
- ★ 2023/25 Rhino's Academy (R10C)
- ★ 2025 Gallagher High Performance Academy

Thenjiwe Ncwandi



Springbok No.	34
Nickname	Minkie
Position	Wing
Played (XVs)	2006-2006
Caps	1
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	-
Born	1976-08-26
	-

Test Matches

2006-06-17 NED

Other Matches

2003-05-31 END 2005-04-26 WLA

Zandile Nojoko



Springbok No.	35
Nickname	Zazo
Position	Flyhalf/Fullback
Played (XVs)	2005-2014
Caps	34
Points	103
Tries/Conversions	7/13
Penalties/Drop Goals	14/-
7s Caps	1
Born	1986-07-01
	-

Test Matches

2005-05-14 ENG 2006-06-17 NED
 2006-08-31 AUS 2006-09-04 ENG
 2006-09-08 IRE 2006-09-12 SAM
 2006-09-16 KAZ 2009-08-10 FRA
 2009-08-13 CAN 2009-08-16 USA
 2010-04-08 KAZ 2010-04-10 KAZ
 2010-06-05 SCO 2010-06-12 SCO
 2010-08-20 NZL 2010-08-24 WLS
 2010-08-28 AUS 2010-09-01 KAZ
 2010-09-05 WLS 2011-08-02 CAN
 2011-08-05 ENG 2011-08-09 USA
 2011-08-13 USA 2013-07-30 USA
 2013-08-04 ENG 2013-08-07 CAN
 2013-08-10 USA 2013-09-07 UGA
 2014-07-04 FRA 2014-08-01 AUS
 2014-08-05 FRA 2014-08-09 WLS
 2014-08-13 SAM 2014-08-17 ESP

Other Matches

2005-04-26 WLA 2008-08-09 NOM
 2008-08-16 NOM 2012-06-23 NOM
 2012-06-30 NOM 2014-06-28 NOM
 2014-07-01 NOM

Sevens Tournaments

- 2007 Africa Cup II

Player facts

- ★ 2009 National Women's High Performance Squad
- ★ 2010 RWC Squad
- ★ 2014 Four months exchange programme Rugby Club Thurrock (Essex, UK)

Elanza Coetzee

Springbok No.	36
Nickname	-
Position	Hooker
Played (XVs)	2005-2005
Caps	1
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	-

Test Matches

2005-05-14 ENG

Other Matches

2005-04-26 WLA

Sharonita Heneke

Springbok No.	37
Nickname	Nita
Position	-
Played (XVs)	—
Caps	-
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	-

Test Matches

No test matches played.
 Until 2013 a cap was awarded when a player was selected for a squad travelling abroad.

Other Matches

2005-04-26 WLA

Elmaré Erasmus



Springbok No.	38
Nickname	Ella
Position	Utility Back
Played (XVs)	2005-2005
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1982-11-28
	-

Test Matches

2005-04-30 WLS 2005-05-14 ENG

Other Matches

2005-04-26 WLA

Marijke Nel



Springbok No.	39
Nickname	-
Position	Fullback
Played (XVs)	2005-2006
Caps	6
Points	15
Tries/Conversions	-/6
Penalties/Drop Goals	1/-
7s Caps	-
Born	1967-12-17
	-

Test Matches

2005-05-14 ENG 2006-06-17 NED
 2006-06-24 NED 2006-08-31 AUS
 2006-09-04 ENG 2006-09-16 KAZ

Other Matches

2003-05-31 END 2005-04-26 WLA

Player facts

- * 2006/07 Moved to Canada to become tennis coach and later Technical Director with Tennis Nova Scotia
- * 2016 winner Senior Doubles National Championships Canada
- * Granddaughter of Philip J. Nel (Springbok #199, captain 1933-37)
- * Played 2 seasons for London Wasps before joining Blue Bulls (before 2000)
- * Tennis scholarship Kansas State University (USA)

Dinah Zweni



Test Matches

2005-04-30 WLS

Other Matches

2005-04-26 WLA

Springbok No.	40
Nickname	-
Position	Back
Played (XVs)	2005-2005
Caps	1
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1984-07-17
	-

Lily Coetzee



Test Matches

2005-04-30 WLS 2005-05-14 ENG

Other Matches

2005-04-26 WLA

Springbok No.	41
Nickname	-
Position	-
Played (XVs)	2005-2005
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1973-04-18
	-

Yolandi Marais



Test Matches

2005-04-30	WLS	2006-06-17	NED
2006-06-24	NED	2006-08-31	AUS
2006-09-08	IRE	2006-09-12	SAM

Springbok No.	42
Nickname	-
Position	Hooker
Played (XVs)	2005-2006
Caps	6
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	-
Born	1980-06-02
	-

Mandisa Williams



Captain (21x)

Springbok No.	43
Nickname	Mara
Position	Loose Forward
Played (XVs)	2005-2014
Caps	30
Points	25
Tries/Conversions	5/-
Penalties/Drop Goals	-
7s Caps	3
Born	1984-11-08
	-

Test Matches

2005-04-30 WLS	2005-05-14 ENG
2006-06-17 NED	2006-06-24 NED
2006-08-31 AUS	2006-09-04 ENG
2006-09-08 IRE	2006-09-12 SAM
2006-09-16 KAZ	2009-08-10 FRA
2009-08-13 CAN	2009-08-16 USA
2009-08-19 ENG	2010-04-08 KAZ
2010-04-10 KAZ	2010-06-05 SCO
2010-06-12 SCO	2010-08-20 NZL
2010-08-24 WLS	2010-09-05 WLS
2011-08-02 CAN	2011-08-05 ENG
2011-08-09 USA	2011-08-13 USA
2013-07-30 USA	2013-08-04 ENG
2013-08-07 CAN	2013-08-10 USA
2013-09-07 UGA	2014-08-01 AUS

Other Matches

2008-08-09 NOM	2008-08-16 NOM
2012-06-30 NOM	

Sevens Tournaments

- 2009 World Cup 7s I
- 2011 Challenge Cup - Leg 1
- 2012 Guangzhou Zengcheng Invitational 7s Tournament
- 2012 World Series Dubai (inv)
- 2013 Africa Cup V
- 2013 World Series Houston (inv)
- 2013 World Series Amsterdam (inv)
- 2013 World Cup 7s II
- 2013 Hong Kong 7s

Player facts

- ★ 1999 Father started Jongilana Women's RC
- ★ 2006 British Airways Women's Rugby Player of the year
- ★ 2009 National Women's High Performance Squad
- ★ 2010 RWC Squad (Captain)
- ★ 2010/11 Exchange Programme: Played for City of Derry, Londonderry Ireland
- ★ 2014 16 weeks suspension due to eye poking incident RWC
- ★ 2014 RWC Squad (Captain)
- ★ 2023 Bulls Daisies assistant coach
- ★ 2024 GSport Hall of Fame
- ★ 2024 World Rugby Level 3 Coach
- ★ TV commentator

Ntombizanele Majeke



Springbok No.	44
Nickname	Zanele
Position	-
Played (XVs)	—
Caps	-
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	-

Test Matches

No test matches played.
Until 2013 a cap was awarded when a player was selected for a squad travelling abroad.

Other Matches

2005-04-26 WLA

Ramona Brown



Springbok No.	45
Nickname	-
Position	Prop
Played (XVs)	2006-2009
Caps	10
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1972-03-06

Test Matches

2006-06-17 NED	2006-06-24 NED
2006-08-31 AUS	2006-09-04 ENG
2006-09-08 IRE	2006-09-12 SAM
2006-09-16 KAZ	2009-08-10 FRA
2009-08-13 CAN	2009-08-16 USA

Other Matches

2003-05-31 END	2008-08-09 NOM
2008-08-16 NOM	

Player facts

* 2009 National Women's High Performance Squad

Fundiswa Plaatjie



Springbok No.	46
Nickname	-
Position	Scrumhalf
Played (XVs)	2006-2018
Caps	29
Points	7
Tries/Conversions	1/1
Penalties/Drop Goals	-
7s Caps	12
Born	1985-12-04
	-

Test Matches

2006-06-17 NED	2006-06-24 NED
2006-09-04 ENG	2006-09-08 IRE
2006-09-12 SAM	2006-09-16 KAZ
2009-08-16 USA	2009-08-19 ENG
2010-04-10 KAZ	2010-06-12 SCO
2010-08-28 AUS	2011-08-02 CAN
2011-08-05 ENG	2011-08-09 USA
2011-08-13 USA	2013-07-30 USA
2013-08-04 ENG	2013-08-07 CAN
2013-08-10 USA	2013-09-07 UGA
2014-07-04 FRA	2014-08-01 AUS
2014-08-05 FRA	2014-08-09 WLS
2014-08-13 SAM	2014-08-17 ESP
2018-11-10 WLS	2018-11-17 ESP
2018-11-25 ITA	

Other Matches

2008-08-09 NOM	2008-08-16 NOM
2012-06-23 NOM	2012-06-30 NOM
2014-06-28 NOM	2014-07-01 NOM
2017-10-14 BAR	2017-10-18 EAC
2017-10-22 EAC	2018-11-02 BAR

Selected but didn't play

2006-08-31 AUS	2009-08-10 FRA
2009-08-13 CAN	2010-04-08 KAZ
2010-08-20 NZL	2010-08-24 WLS
2010-09-01 KAZ	2010-09-05 WLS

Sevens Tournaments

- 2011 Challenge Cup - Leg 1
- 2012 Guangzhou Zengcheng Invitational 7s Tournament
- 2012 World Series Dubai (inv)
- 2013 Africa Cup V
- 2013 World Series Houston (inv)
- 2013 World Cup 7s II
- 2013 Dubai Sevens Invitational
- 2013 Hong Kong 7s
- 2014 Africa Cup VI
- 2014 Hong Kong 7s
- 2014 World Series Amsterdam (inv)
- 2014 World Series 2014/15 - Qualifier
- 2014 World Series III - L1
- 2015 World Series III - L2
- 2015 World Series III - L3
- 2015 World Series III - L4
- 2015 World Series III - L5
- 2015 World Series 2015/16 - Qualifier
- 2015 Africa Cup VII
- 2015 World Series III - L6
- 2016 Las Vegas Invitational
- 2016 Roma Sevens
- 2016 Paris 7s Invitational

Player facts

- ★ 2009 National Women's High Performance Squad
- ★ 2010 RWC Squad
- ★ 2010/11 Exchange Programme: Played for City of Derry, Londonderry Ireland
- ★ 2014 RWC Squad
- ★ 2014 SARU High Performance Contracted Player (7s)
- ★ 2015 SARU Women's Achiever Award
- ★ 2022 Border Referee Association

Marie-Lee Erasmus



Springbok No.	47
Nickname	Kudu
Position	Back
Played (XVs)	2006-2006
Caps	7
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	-
Born	1977-11-04
	-

Test Matches

2006-06-17 NED	2006-06-24 NED
2006-08-31 AUS	2006-09-04 ENG
2006-09-08 IRE	2006-09-12 SAM
2006-09-16 KAZ	

Player facts

- * 2009 National Women's High Performance Squad

Sipokazi Jonga



Springbok No.	48
Nickname	-
Position	Prop
Played (XVs)	2006-2006
Caps	3
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1973-04-24
	-

Test Matches

2006-08-31 AUS	2006-09-04 ENG
2006-09-16 KAZ	

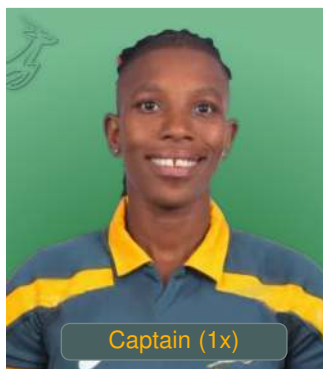
Player facts

- * 2001 Player Tri-Nations Netball Team
- * 2021 SA U20 Women's backline coach
- * Mother of Springbok Portia Jonga (#54)

Selected but didn't play

2006-09-08 IRE

Lamla Momoti



Springbok No.	49
Nickname	CoCo
Position	Openside Flanker
Played (XVs)	2006-2014
Caps	29
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	3
Born	1985-03-27
	-

Test Matches

2006-08-31 AUS	2006-09-04 ENG
2006-09-08 IRE	2006-09-16 KAZ
2009-08-10 FRA	2009-08-16 USA
2010-04-08 KAZ	2010-04-10 KAZ
2010-06-05 SCO	2010-06-12 SCO
2010-08-20 NZL	2010-08-24 WLS
2010-08-28 AUS	2010-09-01 KAZ
2010-09-05 WLS	2011-08-02 CAN
2011-08-05 ENG	2011-08-09 USA
2011-08-13 USA	2013-07-30 USA
2013-08-04 ENG	2013-08-07 CAN
2013-08-10 USA	2013-09-07 UGA
2014-07-04 FRA	2014-08-05 FRA
2014-08-09 WLS	2014-08-13 SAM
2014-08-17 ESP	

Sevens Tournaments

- 2007 Africa Cup II
- 2009 World Cup 7s I
 - 2011 Challenge Cup - Leg 1
 - 2014 World Series Amsterdam (inv)
 - 2015 World Series Dubai (inv)
 - 2016 Las Vegas Invitational
- 2016 Africa Cup VIII
 - 2016 World Series Dubai (inv)
 - 2016 Roma Sevens
 - 2016 Paris 7s Invitational

Player facts

- ★ 2009 National Women's High Performance Squad
- ★ 2010 RWC Squad
- ★ 2014 RWC Squad
- ★ 2020 Woman in Social Media finalist (gsport.co.za)

Other Matches

2012-06-23 NOM	2012-06-30 NOM
2014-06-28 NOM	2014-07-01 NOM

Selected but didn't play

2006-09-12 SAM

Namhla Siyolo



Springbok No.	50
Nickname	Shabal
Position	Number 8
Played (XVs)	2006-2011
Caps	21
Points	19
Tries/Conversions	2/-
Penalties/Drop Goals	3/-
7s Caps	-
Born	1987-07-23
	-

Test Matches

2006-09-04 ENG	2006-09-08 IRE
2006-09-12 SAM	2006-09-16 KAZ
2009-08-10 FRA	2009-08-13 CAN
2009-08-16 USA	2009-08-19 ENG
2010-04-08 KAZ	2010-04-10 KAZ
2010-06-05 SCO	2010-06-12 SCO
2010-08-20 NZL	2010-08-24 WLS
2010-08-28 AUS	2010-09-01 KAZ
2010-09-05 WLS	2011-08-02 CAN
2011-08-05 ENG	2011-08-09 USA
2011-08-13 USA	

Player facts

- ★ 2009 National Women's High Performance Squad
- ★ 2010 RWC Squad
- ★ 2023 Madibaz Women's head coach (Nelson Mandela University)
- ★ 2024 EP Queens Head Coach

Other Matches

2008-08-09 NOM	2008-08-16 NOM
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Nomathamsanqa Faleni



Springbok No.	51
Nickname	Thami
Position	Flanker
Played (XVs)	2009-2014
Caps	15
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	2
Born	1985-03-03
	-

Test Matches

2009-08-10 FRA	2009-08-13 CAN
2009-08-16 USA	2009-08-19 ENG
2010-06-05 SCO	2010-06-12 SCO
2011-08-02 CAN	2011-08-05 ENG
2011-08-09 USA	2011-08-13 USA
2013-07-30 USA	2013-08-04 ENG
2013-08-07 CAN	2013-08-10 USA
2014-07-04 FRA	

Other Matches

2008-08-09 NOM	2008-08-16 NOM
2012-06-23 NOM	2012-06-30 NOM
2014-06-28 NOM	2014-07-01 NOM

Sevens Tournaments

- 2009 World Cup 7s I
- 2011 Challenge Cup - Leg 1
- 2013 World Cup 7s II

Player facts

- ★ 2009 National Women's High Performance Squad
- ★ 2014 RWC Squad

Claudia Thompson



Springbok No.	52
Nickname	-
Position	Flyhalf
Played (XVs)	2009-2009
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1984-09-22
	-

Test Matches

2009-08-10 FRA	2009-08-13 CAN
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Other Matches

2008-08-09 NOM	2008-08-16 NOM
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Player facts

- ★ 2009 National Women's High Performance Squad
- ★ 2023 World Cup SA Mixed Seniors Tag Team (Limerick)

Aimee Barrett



Springbok No.	53
Nickname	-
Position	Back
Played (XVs)	2009-2010
Caps	9
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	2
Born	1987-06-27
	-

Test Matches

2009-08-10 FRA	2009-08-13 CAN
2009-08-16 USA	2009-08-19 ENG
2010-04-08 KAZ	2010-04-10 KAZ
2010-06-12 SCO	2010-08-28 AUS
2010-09-01 KAZ	

Other Matches

2008-08-09 NOM	2008-08-16 NOM
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Selected but didn't play

2010-09-05 WLS

Sevens Tournaments

- 2007 Africa Cup II
- 2009 World Cup 7s I
- 2011 Challenge Cup - Leg 1

Player facts

- ★ 2009 National Women's High Performance Squad
- ★ 2010 RWC Squad
- ★ 2017 First women to referee SA competition Final (U20 Championship Final)
- ★ 2018 First woman to referee a Currie Cup Match
- ★ 2021 Referee of the year
- ★ Biokineticist (exercise rehabilitation)

Portia Jonga



Springbok No.	54
Nickname	-
Position	Prop
Played (XVs)	2009-2014
Caps	19
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1988-11-04
	-

Test Matches

2009-08-13 CAN	2009-08-16 USA
2009-08-19 ENG	2010-04-08 KAZ
2010-04-10 KAZ	2010-06-05 SCO
2010-06-12 SCO	2010-08-20 NZL
2010-08-28 AUS	2010-09-01 KAZ
2010-09-05 WLS	2013-07-30 USA
2013-08-04 ENG	2013-08-07 CAN
2014-07-04 FRA	2014-08-05 FRA
2014-08-09 WLS	2014-08-13 SAM
2014-08-17 ESP	

Other Matches

2008-08-09 NOM	2008-08-16 NOM
2014-06-28 NOM	2014-07-01 NOM

Selected but didn't play

2009-08-10 FRA

Player facts

- ★ 2009 National Women's High Performance Squad
- ★ 2010 RWC Squad
- ★ 2014 RWC Squad
- ★ Daughter of Springbok Sipokazi Jonga (#48)

Nombulelo Mayongo



Springbok No.	55
Nickname	Bulie
Position	Flanker
Played (XVs)	2009-2010
Caps	7
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	2
Born	1985-05-26
	-

Test Matches

2009-08-10 FRA	2009-08-13 CAN
2009-08-16 USA	2009-08-19 ENG
2010-04-08 KAZ	2010-08-28 AUS
2010-09-01 KAZ	

Other Matches

2008-08-09 NOM	2008-08-16 NOM
2012-06-23 NOM	2012-06-30 NOM

Selected but didn't play

2010-08-20 NZL	2010-08-24 WLS
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Sevens Tournaments

- 2007 Africa Cup II
- 2009 World Cup 7s I
- 2011 Challenge Cup - Leg 1

Player facts

- * 2009 National Women's High Performance Squad
- * 2010 RWC Squad
- * 2013/14 Coach in Norway
- * 2014 Development officer at the Griffons Rugby Union

Phumeza Gadu



Springbok No.	56
Nickname	-
Position	Wing
Played (XVs)	2009-2014
Caps	25
Points	20
Tries/Conversions	4/-
Penalties/Drop Goals	-
7s Caps	13
Born	1985-06-21
	-

Test Matches

2009-08-10 FRA	2009-08-16 USA
2009-08-19 ENG	2010-04-08 KAZ
2010-04-10 KAZ	2010-06-05 SCO
2010-06-12 SCO	2010-08-20 NZL
2010-08-24 WLS	2010-08-28 AUS
2010-09-01 KAZ	2010-09-05 WLS
2011-08-02 CAN	2011-08-05 ENG
2011-08-09 USA	2011-08-13 USA
2013-07-30 USA	2013-08-04 ENG
2013-08-07 CAN	2013-08-10 USA
2014-07-04 FRA	2014-08-01 AUS
2014-08-05 FRA	2014-08-09 WLS
2014-08-17 ESP	

Other Matches

2008-08-09 NOM	2008-08-16 NOM
2012-06-23 NOM	2012-06-30 NOM
2014-06-28 NOM	2014-07-01 NOM

Selected but didn't play

2014-08-13 SAM

Sevens Tournaments

- 2009 World Cup 7s I
- 2011 Challenge Cup - Leg 1
- 2012 Guangzhou Zengcheng Invitational 7s Tournament
- 2012 World Series Dubai (inv)
- 2013 Africa Cup V
- 2013 World Series Houston (inv)
- 2013 World Series Amsterdam (inv)
- 2013 World Cup 7s II
- 2013 Dubai Sevens Invitational
- 2014 Hong Kong 7s
- 2014 World Series 2014/15 - Qualifier
- 2014 World Series III - L1
- 2015 World Series III - L2
- 2015 World Series III - L3
- 2015 World Series III - L4
- 2015 World Series III - L5
- 2015 World Series 2015/16 - Qualifier
- 2015 Africa Cup VII
- 2015 World Series III - L6
- 2015 World Series Dubai (inv)
- 2016 Las Vegas Invitational
- 2016 World Series Dubai (inv)
- 2016 Roma Sevens
- 2016 Paris 7s Invitational
- 2017 World Series Dubai (inv)
- 2017 Vancouver Rugby Festival
- 2017 Hong Kong 7s

Player facts

- ★ 2009 National Women's High Performance Squad
- ★ 2010 RWC Squad
- ★ 2014 RWC Squad
- ★ 2014 SARU High Performance Contracted Player (7s)

Michelle Kona

Springbok No.	57
Nickname	-
Position	Hooker
Played (XVs)	2009-2009
Caps	1
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1989-12-10
	-

Test Matches

2009-08-19 ENG

Other Matches

2008-08-16 NOM

Player facts

* 2009 National Women's High Performance Squad

Marlize Jordaan

Springbok No.	58
Nickname	-
Position	Wing
Played (XVs)	2009-2010
Caps	3
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	2
Born	1974-09-19
	-

Test Matches

2009-08-10 FRA 2009-08-13 CAN
 2010-06-05 SCO

Sevens Tournaments

- 2007 Africa Cup II
- 2009 World Cup 7s I

Player facts

- * 2009 National Women's High Performance Squad
- * 2009 squad member Springbok Women's 7s Rugby World Cup
- * 2013 First woman (globally) to referee a men's 7 match (Peru-Paraguay, Brazil)
- * 2013 Gsport Woman of the Year award
- * 2014 Referee at 2014 IRB World Cup (France/UK)
- * 2015 Assistant Coach (Seniors) Bloem Rugby Academy
- * 2021 Head Women's Coach Free State Rugby Union
- * 2022 Head Coach Collegians RFC Bloemfontein
- * 2022 Head Coach SA Deaf Rugby (4th at RWC)
- * 2023 Coach Grey College
- * 2023 Head Coach HKU Sandy Bay RFC (Hong Kong)
- * 2024/25 Hong Kong Sandy Bay - Women's Chief Coaching Officer

Donna Sidumba



Springbok No.	59
Nickname	-
Position	Hooker
Played (XVs)	2009-2010
Caps	12
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1977-12-18
	-

Test Matches

2009-08-10 FRA	2009-08-13 CAN
2009-08-16 USA	2009-08-19 ENG
2010-04-10 KAZ	2010-06-05 SCO
2010-06-12 SCO	2010-08-20 NZL
2010-08-24 WLS	2010-08-28 AUS
2010-09-01 KAZ	2010-09-05 WLS

Player facts

- ★ 2010 RWC Squad

Selected but didn't play

2010-04-08 KAZ

Onicca Moaga



Springbok No.	60
Nickname	-
Position	Lock
Played (XVs)	2009-2011
Caps	12
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1988-02-20
	-

Test Matches

2009-08-13 CAN	2009-08-19 ENG
2010-04-10 KAZ	2010-06-12 SCO
2010-08-24 WLS	2010-08-28 AUS
2010-09-01 KAZ	2010-09-05 WLS
2011-08-02 CAN	2011-08-05 ENG
2011-08-09 USA	2011-08-13 USA

Player facts

- ★ 2009 National Women's High Performance Squad
- ★ 2010 RWC Squad

Selected but didn't play

2009-08-16 USA 2010-04-08 KAZ
2010-06-05 SCO

Cherné Roberts



Springbok No.	61
Nickname	Skiebo
Position	Back
Played (XVs)	2009-2010
Caps	6
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	-
Born	1987-02-27
	-

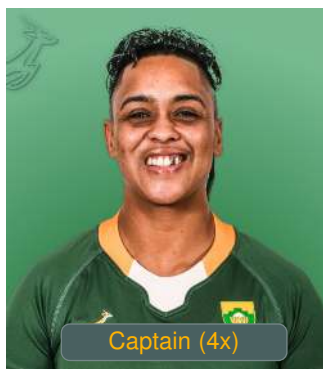
Test Matches

2009-08-13	CAN	2009-08-16	USA
2009-08-19	ENG	2010-06-05	SCO
2010-09-01	KAZ	2010-09-05	WLS

Player facts

- ★ 2009 National Women's High Performance Squad
- ★ 2010 RWC Squad
- ★ 2019 WP Women's best backline player

Zenay Jordaan



Springbok No.	62
Nickname	-
Position	Flyhalf
Played (XVs)	2009-2022
Caps	36
Points	98
Tries/Conversions	13/12
Penalties/Drop Goals	3/-
7s Caps	21
Born	1991-04-04
	-

Test Matches

2009-08-16 USA	2009-08-19 ENG
2010-04-08 KAZ	2010-04-10 KAZ
2010-06-05 SCO	2010-06-12 SCO
2010-08-20 NZL	2010-08-24 WLS
2010-08-28 AUS	2010-09-01 KAZ
2010-09-05 WLS	2011-08-02 CAN
2013-07-30 USA	2013-08-04 ENG
2013-08-07 CAN	2013-08-10 USA
2013-09-07 UGA	2014-07-04 FRA
2014-08-01 AUS	2014-08-05 FRA
2014-08-09 WLS	2014-08-13 SAM
2014-08-17 ESP	2019-08-09 UGA
2019-08-13 MAD	2019-08-17 KEN
2021-08-12 KEN	2021-08-16 KEN
2021-11-13 WLS	2022-06-15 ZIM
2022-06-23 NAM	2022-08-13 ESP
2022-08-19 ESP	2022-10-08 FRA
2022-10-16 FIJ	2022-10-23 ENG

Other Matches

2014-06-28 NOM	2014-07-01 NOM
2021-11-27 BRB	

Player facts

- * 2009 National Women's High Performance Squad
- * 2010 RWC Squad
- * 2010/11 Exchange Programme: Played for Belfast Harlequins
- * 2013 Springbok Women's Player of the year
- * 2014 RWC Squad
- * 2014 SARU High Performance Contracted Player (7s)
- * 2020 SA MyPlayers Rugby Board
- * 2021 RWC Squad
- * 2023 assistant coach of EP Queens
- * 2023/25 Gallagher High Performance Academy
- * 2024 Bulls Daisies Assistant Coach
- * 2024 World Rugby Level 3 Coach
- * 2025 RWC Assistant Coach
- * First Player to earn 35 caps

Sevens Tournaments

- 2009 World Cup 7s I
- 2011 Challenge Cup - Leg 1
- 2012 Guangzhou Zengcheng Invitational 7s Tournament
- 2012 World Series Dubai (inv)
- 2013 Africa Cup V
- 2013 World Series Houston (inv)
- 2013 World Series Amsterdam (inv)
- 2013 World Cup 7s II
- 2013 Dubai Sevens Invitational
- 2013 Hong Kong 7s
- 2014 Africa Cup VI
- 2014 Hong Kong 7s
- 2014 World Series Amsterdam (inv)
- 2014 World Series 2014/15 - Qualifier
- 2014 World Series III - L1
- 2015 World Series III - L2
- 2015 World Series III - L3
- 2015 World Series III - L4
- 2015 World Series III - L5
- 2015 World Series 2015/16 - Qualifier
- 2015 Africa Cup VII
- 2015 World Series III - L6
- 2015 World Series Dubai (inv)
- 2016 Africa Cup VIII
- 2016 Paris 7s Invitational
- 2016 Hong Kong 7s
- 2016 World Series Dubai (inv)
- 2017 Hong Kong 7s
- 2017 Africa Cup IX
- 2018 World Cup 7s III
- 2018 World Series 2017/18 - Qualifier
- 2018 Super7sBrisbane
- 2018 Dubai Sevens Invitational
- 2018 Commonwealth Games
- 2019 World Series Cape Town (inv)
- 2019 Africa Cup XI
- 2019 Centrale Sevens Invitational
- 2019 Stanislas Sevens Invitational
- 2020 Hermanus Sevens

Nedene Botha



Springbok No.	63
Nickname	Xena/Beasty
Position	Prop
Played (XVs)	2010-2013
Caps	16
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1982-02-19
	2022-02-12

Test Matches

2010-04-08 KAZ	2010-04-10 KAZ
2010-06-05 SCO	2010-06-12 SCO
2010-08-20 NZL	2010-08-24 WLS
2010-08-28 AUS	2010-09-01 KAZ
2010-09-05 WLS	2011-08-02 CAN
2011-08-05 ENG	2011-08-09 USA
2011-08-13 USA	2013-07-30 USA
2013-08-07 CAN	2013-08-10 USA

Player facts

- * 2010 RWC Squad
- * 2020 SA record deadlift (240kg) and bench press (130kg)
- * 3 x All-time SA Powerlifting records

Other Matches

2012-06-23 NOM	2012-06-30 NOM
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Selected but didn't play

2013-08-04 ENG

Nolusindiso Booii



Captain (27x)

Springbok No.	64
Nickname	Cindy
Position	Lock
Played (XVs)	2010-2025
Caps	55
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	-
Born	1985-06-29
	-

Test Matches

2010-04-08 KAZ	2010-04-10 KAZ
2010-06-05 SCO	2010-06-12 SCO
2010-08-20 NZL	2010-08-24 WLS
2010-08-28 AUS	2011-08-02 CAN
2011-08-05 ENG	2011-08-09 USA
2011-08-13 USA	2013-07-30 USA
2013-08-04 ENG	2013-08-07 CAN
2013-08-10 USA	2013-09-07 UGA
2014-07-04 FRA	2014-08-01 AUS
2014-08-05 FRA	2014-08-09 WLS
2014-08-13 SAM	2014-08-17 ESP
2018-11-10 WLS	2018-11-25 ITA
2021-11-06 FRA	2021-11-13 WLS
2022-06-15 ZIM	2022-07-24 JPN
2022-07-30 JPN	2022-08-13 ESP
2022-10-08 FRA	2022-10-16 FIJ
2022-10-23 ENG	2023-03-25 CAN
2023-04-01 ESP	2023-09-16 KEN
2023-10-07 SAM	2023-10-13 SCO
2023-10-20 ITA	2023-10-27 SAM
2024-03-23 ESP	2024-03-30 USA
2024-05-04 CMR	2024-05-08 KEN
2024-05-12 MAD	2024-09-19 ESP
2024-09-27 JPN	2024-10-05 AUS
2024-10-12 ITA	2025-04-19 ESP
2025-07-05 CAN	2025-07-12 CAN
2025-08-24 BRA	2025-08-31 ITA
2025-09-13 NZL	

Sevens Tournaments

- o 2011 Challenge Cup - Leg 1

Player facts

- * 2010 RWC Squad
- * 2014 RWC Squad
- * 2018 SA Rugby Women's Top Achiever
- * 2018 WWP Women's Player of the Year
- * 2021 RWC Squad (Captain)
- * 2023 Member MyPlayers Board
- * 2025 First Player with 22 Captain Caps
- * 2025 RWC Squad (Captain)
- * First Player to Captain the team 22 times
- * First Player to earn 37 caps

Other Matches

2012-06-23 NOM	2012-06-30 NOM
2014-06-28 NOM	2014-07-01 NOM
2017-10-14 BAR	2017-10-18 EAC
2017-10-22 EAC	2018-11-02 BAR
2021-11-27 BRB	2023-09-19 SCR
2023-09-23 BRB	2024-09-07 BRB

Ziyanda Tywaleni



Springbok No.	65
Nickname	-
Position	Back
Played (XVs)	2010-2011
Caps	9
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	1
Born	1987-11-26
	-

Test Matches

2010-04-08 KAZ	2010-04-10 KAZ
2010-08-28 AUS	2010-09-01 KAZ
2010-09-05 WLS	2011-08-02 CAN
2011-08-05 ENG	2011-08-09 USA
2011-08-13 USA	

Selected but didn't play

2010-08-20 NZL	2010-08-24 WLS
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Sevens Tournaments

- 2012 Guangzhou Zengcheng Invitational 7s Tournament
- 2012 World Series Dubai (inv)
- 2015 Africa Cup VII

Player facts

- ★ 2009 National Women's High Performance Squad
- ★ 2010 RWC Squad
- ★ 2014 in RWC selection, but ruled out due to hamstring injury
- ★ 2014 RWC Squad

Charmaine Kayser



Springbok No.	66
Nickname	Skiewies
Position	Centre
Played (XVs)	2010-2018
Caps	10
Points	10
Tries/Conversions	2/-
Penalties/Drop Goals	-
7s Caps	1
Born	1987-02-27
	-

Test Matches

2010-04-10 KAZ	2010-06-05 SCO
2010-06-12 SCO	2010-08-20 NZL
2010-08-24 WLS	2010-08-28 AUS
2010-09-05 WLS	2018-11-10 WLS
2018-11-17 ESP	2018-11-25 ITA

Other Matches

2017-10-14 BAR	2017-10-18 EAC
2017-10-22 EAC	2018-11-02 BAR

Selected but didn't play

2010-04-08 KAZ

Sevens Tournaments

- 2006 Africa Cup I

Player facts

- ★ 2006 Most Valuable Player - inaugural CAR 7s tournament
- ★ 2009 National Women's High Performance Squad
- ★ 2010 RWC Squad

Pulane Ivonne Motloung



Springbok No.	67
Nickname	-
Position	Hooker
Played (XVs)	2010-2011
Caps	7
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1985-03-10
	-

Test Matches

2010-04-10 KAZ	2010-08-28 AUS
2010-09-01 KAZ	2011-08-02 CAN
2011-08-05 ENG	2011-08-09 USA
2011-08-13 USA	

Selected but didn't play

2010-09-05 WLS

Player facts

- ★ 2010 RWC Squad
- ★ 2021-2023 Valke Ladies head coach
- ★ 2022 U20 Valke Ladies head coach
- ★ 2023 U18 Valke Ladies forwards coach
- ★ 2024 Valke Senior Team Manager

Daphne Scheepers



Springbok No.	68
Nickname	Didiza
Position	Centre
Played (XVs)	2010-2013
Caps	13
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	-
Born	1984-02-02
	2025-08-23

Test Matches

2010-06-05 SCO	2010-06-12 SCO
2010-08-20 NZL	2010-08-24 WLS
2010-09-01 KAZ	2011-08-02 CAN
2011-08-05 ENG	2011-08-09 USA
2011-08-13 USA	2013-07-30 USA
2013-08-04 ENG	2013-08-07 CAN
2013-09-07 UGA	

Other Matches

2012-06-23 NOM	2012-06-30 NOM
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Sevens Tournaments

- 2013 Dubai Sevens Invitational

Player facts

- ★ 2010 RWC Squad

Laurian Johannes



Springbok No.	69
Nickname	-
Position	Prop
Played (XVs)	2010-2013
Caps	12
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1984-08-09
	-

Test Matches

2010-08-24 WLS	2010-08-28 AUS
2010-09-01 KAZ	2010-09-05 WLS
2011-08-02 CAN	2011-08-05 ENG
2011-08-13 USA	2013-07-30 USA
2013-08-04 ENG	2013-08-07 CAN
2013-08-10 USA	2013-09-07 UGA

Selected but didn't play

2010-08-20 NZL	2011-08-09 USA
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Player facts

- * 2010 RWC Squad
- * 2014 first Western Province Women's Player to earn 50 WP caps
- * 2019 first female headcoach national team (U20 W)
- * 2019 Headcoach W U20's - 1st female headcoach of national rugby team
- * 2020's Western Province Head Coach
- * 2021/24 World Rugby Coaching Internship Programme
- * 2022 Junior Springbok Women's head coach
- * 2023 Appointed Springbok Women Assitant coach
- * 2024 World Rugby Level 3 Coach
- * 2025 First full-time female rugby coach SARU (Women XV's)

Denita Wentzel



Springbok No.	70
Nickname	-
Position	Hooker
Played (XVs)	2011-2014
Caps	9
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1990-03-31
	-

Test Matches

2011-08-02 CAN	2011-08-13 USA
2013-09-07 UGA	2014-07-04 FRA
2014-08-01 AUS	2014-08-05 FRA
2014-08-09 WLS	2014-08-13 SAM
2014-08-17 ESP	

Other Matches

2012-06-23 NOM	2012-06-30 NOM
2014-06-28 NOM	2014-07-01 NOM

Selected but didn't play

2011-08-05 ENG	2011-08-09 USA
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Player facts

- * 2014 RWC Squad

Nwabisa Ngxatu



Springbok No.	71
Nickname	-
Position	Forward
Played (XVs)	2011-2014
Caps	15
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	1
Born	1983-10-25
	-

Test Matches

2011-08-02 CAN	2011-08-05 ENG
2011-08-09 USA	2011-08-13 USA
2013-07-30 USA	2013-08-04 ENG
2013-08-07 CAN	2013-08-10 USA
2013-09-07 UGA	2014-07-04 FRA
2014-08-01 AUS	2014-08-05 FRA
2014-08-09 WLS	2014-08-13 SAM
2014-08-17 ESP	

Other Matches

2014-06-28 NOM	2014-07-01 NOM
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Sevens Tournaments

- 2011 Challenge Cup - Leg 1
- 2012 Guangzhou Zengcheng Invitational 7s Tournament
- 2012 World Series Dubai (inv)
- 2013 World Series Houston (inv)
- 2013 Hong Kong 7s
- 2014 World Series 2014/15 - Qualifier

Player facts

- * 2014 RWC Squad
- * 2020's Border Women's Head Coach
- * Played Netball prior to rugby

Janine Felix



Springbok No.	72
Nickname	-
Position	Centre
Played (XVs)	2011-2011
Caps	4
Points	10
Tries/Conversions	2/-
Penalties/Drop Goals	-
7s Caps	-
Born	1987-04-03
	-

Test Matches

2011-08-02 CAN	2011-08-05 ENG
2011-08-09 USA	2011-08-13 USA

Other Matches

2012-06-23 NOM	2012-06-30 NOM
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Lusanda Mtiya



Springbok No.	73
Nickname	-
Position	Wing
Played (XVs)	2011-2013
Caps	4
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1982-04-14
	-

Test Matches

2011-08-05 ENG	2011-08-09 USA
2011-08-13 USA	2013-08-07 CAN

Other Matches

2012-06-23 NOM

Selected but didn't play

2013-08-04 ENG 2013-08-10 USA

Player facts

- ★ 2009 National Women's High Performance Squad
- ★ 2021 First female Sharks Men's Team Manager
- ★ First female rugby referee in KwaZulu-Natal

Katlego Moremi



Springbok No.	74
Nickname	Linda(?)
Position	Prop
Played (XVs)	2018-2018
Caps	3
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1993-02-20
	-

Test Matches

2018-11-10 WLS	2018-11-17 ESP
2018-11-25 ITA	

Other Matches

2012-06-23 NOM 2012-06-30 NOM
 2017-10-14 BAR 2017-10-18 EAC
 2017-10-22 EAC

Sindiswa Matanda

Springbok No.	75
Nickname	-
Position	-
Played (XVs)	—
Caps	-
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1984-03-28
	-

Test Matches

No test matches played.
Until 2013 a cap was awarded when a player was selected for a squad travelling abroad.

Other Matches

2012-06-23 NOM

Mathrin Simmers



Springbok No.	76
Nickname	Simmy
Position	Centre
Played (XVs)	2013-2019
Caps	4
Points	15
Tries/Conversions	3/-
Penalties/Drop Goals	-
7s Caps	41
Born	1988-03-03
	-

Test Matches

2013-07-30 USA	2013-09-07 UGA
2019-08-13 MAD	2019-08-17 KEN

Other Matches

2012-06-23 NOM	2012-06-30 NOM
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Selected but didn't play

2013-08-10 USA

Player facts

- * 2014 SARU High Performance Contractured Player (7s)
- * 2024 Olympic Sevens Squad Member
- * Founding member of Knysna Titans' Women's Rugby Club
- * Quilified Fitness Instructor/Traffic Management Officer

Sevens Tournaments

- 2012 Guangzhou Zengcheng Invitational 7s Tournament
- 2012 World Series Dubai (inv)
- 2013 Africa Cup V
- 2013 World Cup 7s II
- 2013 Hong Kong 7s
- 2013 World Series Houston (inv)
- 2013 World Series Amsterdam (inv)
- 2013 Dubai Sevens Invitational
- 2014 Africa Cup VI
- 2014 World Series III - L1
- 2014 World Series 2014/15 - Qualifier
- 2014 Hong Kong 7s
- 2015 Africa Cup VII
- 2015 World Series III - L2
- 2015 World Series III - L3
- 2015 World Series III - L4
- 2015 World Series III - L5
- 2015 World Series III - L6
- 2015 World Series 2015/16 - Qualifier
- 2015 World Series Dubai (inv)
- 2016 Africa Cup VIII
- 2016 Hong Kong 7s
- 2016 Las Vegas Invitational
- 2016 Paris 7s Invitational
- 2016 Roma Sevens
- 2016 World Series Dubai (inv)
- 2017 Africa Cup IX
- 2017 Hong Kong 7s
- 2017 Vancouver Rugby Festival
- 2017 World Series Dubai (inv)
- 2018 World Cup 7s III
- 2018 Commonwealth Games
- 2018 World Series 2017/18 - Qualifier
- 2018 Super7sBrisbane
- 2018 Dubai Sevens Invitational
- 2019 Africa Cup XI
- 2019 Centrale Sevens Invitational
- 2019 Stanislas Sevens Invitational
- 2019 World Series Cape Town (inv)
- 2020 Hermanus Sevens
- 2022 Africa Cup XII
- 2022 World Cup 7s IV
- 2022 Commonwealth Games
- 2022 Challenger 7s Series
- 2022 World Series Toulouse (inv)
- 2022 World Series Dubai (inv)
- 2023 Africa Cup XIII
- 2023 World Series XI - L1
- 2023 World Series XI - L2
- 2023 Challenger 7s Series - L2
- 2023 Challenger Sevens Series - L1
- 2024 Africa Cup XIV
- 2024 Olympic Games
- 2024 World Series XI - L3
- 2024 World Series XI - L4
- 2024 World Series XI - L5
- 2024 World Series XI - L6
- 2024 World Series XI - L7
- 2024 Challenger 7s Series
- 2025 Challenger Series - L2
- 2025 Challenger Series - L1
- 2025 Challenger Series - L3
- 2025 HSBC SVNS Play-off

Marlien Cronje



Springbok No.	77
Nickname	-
Position	Wing
Played (XVs)	2013-2013
Caps	5
Points	20
Tries/Conversions	4/-
Penalties/Drop Goals	-
7s Caps	-
Born	1982-10-13
	-

Test Matches

2013-07-30 USA	2013-08-04 ENG
2013-08-07 CAN	2013-08-10 USA
2013-09-07 UGA	

Player facts

- ★ 2009-17 Tuks 7s (7xDubai, 2xReunion, 2xRome, Hong Kong, Paris)
- ★ 2011-16 Blue Bulls 15s
- ★ 2012-16 Blue Bulls 7s
- ★ 2013 Blue Bulls 15s backline player of the year

Vuyolwethu Vazi



Springbok No.	78
Nickname	Lalla
Position	Utility (back/forward)
Played (XVs)	2013-2014
Caps	11
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	2
Born	1987-07-11
	-

Test Matches

2013-07-30 USA	2013-08-04 ENG
2013-08-07 CAN	2013-08-10 USA
2013-09-07 UGA	2014-07-04 FRA
2014-08-01 AUS	2014-08-05 FRA
2014-08-09 WLS	2014-08-13 SAM
2014-08-17 ESP	

Sevens Tournaments

- 2013 World Cup 7s II
- 2014 Africa Cup VI
- 2014 Hong Kong 7s
- 2014 World Series Amsterdam (inv)

Other Matches

2014-06-28 NOM	2014-07-01 NOM
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Player facts

- ★ 2014 Four months exchange programme Rugby Club Thurrock (Essex, UK)
- ★ 2014 RWC Squad
- ★ 2014 SARU High Performance Contracted Player (7s)
- ★ 2014 SARU International Exchange programme - Thurrock/Essex UK

Asithandile Ntoyanto



Springbok No.	79
Nickname	AsiMama
Position	Prop
Played (XVs)	2013-2024
Caps	22
Points	25
Tries/Conversions	5/-
Penalties/Drop Goals	-
7s Caps	-
Born	1991-05-06
	-

Test Matches

2013-09-07 UGA	2014-07-04 FRA
2014-08-01 AUS	2014-08-05 FRA
2021-08-12 KEN	2021-08-16 KEN
2021-11-06 FRA	2021-11-13 WLS
2022-06-15 ZIM	2022-06-23 NAM
2022-07-30 JPN	2022-08-13 ESP
2022-10-08 FRA	2022-10-16 FIJ
2023-04-01 ESP	2023-05-20 CMR
2023-05-28 MAD	2023-09-16 KEN
2023-10-07 SAM	2023-10-20 ITA
2023-10-27 SAM	2024-05-12 MAD

Player facts

- * 2014 RWC Squad
- * 2021 RWC Squad

Other Matches

2014-06-28 NOM	2014-07-01 NOM
2017-10-14 BAR	2017-10-18 EAC
2017-10-22 EAC	2021-11-27 BRB
2023-09-19 SCR	2023-09-23 BRB

Thandi Xwetu



Springbok No.	80
Nickname	-
Position	Hooker
Played (XVs)	2013-2013
Caps	5
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1987-11-23
	-

Test Matches

2013-07-30 USA	2013-08-04 ENG
2013-08-07 CAN	2013-08-10 USA
2013-09-07 UGA	

Other Matches

2017-10-14 BAR	2017-10-18 EAC
2017-10-22 EAC	

Sinazo Tsawu**Test Matches**

2013-09-07 UGA

Springbok No.	81
Nickname	-
Position	Prop
Played (XVs)	2013-2013
Caps	1
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	-

Amanda Tshidi**Test Matches**

2013-09-07 UGA

Springbok No.	82
Nickname	-
Position	Forward
Played (XVs)	2013-2013
Caps	1
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	-

Andrea Mentoor

Springbok No.	83
Nickname	Stubbsie
Position	Lock
Played (XVs)	2013-2014
Caps	8
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1987-01-21
	-

Test Matches

2013-07-30 USA	2013-08-04 ENG
2013-08-07 CAN	2013-08-10 USA
2013-09-07 UGA	2014-08-01 AUS
2014-08-05 FRA	2014-08-09 WLS

Other Matches

2014-06-28 NOM	2014-07-01 NOM
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Tayla Kinsey



Springbok No.	84
Nickname	Swiftly
Position	Scrumhalf
Played (XVs)	2013-2025
Caps	41
Points	53
Tries/Conversions	3/16
Penalties/Drop Goals	2/-
7s Caps	-
Born	1993-09-05
	-

Test Matches

2013-09-07 UGA	2014-07-04 FRA
2014-08-01 AUS	2014-08-05 FRA
2014-08-09 WLS	2014-08-17 ESP
2018-11-10 WLS	2018-11-17 ESP
2018-11-25 ITA	2019-08-09 UGA
2019-08-13 MAD	2019-08-17 KEN
2019-09-21 ESP	2019-09-30 SCO
2019-10-05 SCO	2021-11-06 FRA
2021-11-13 WLS	2022-06-15 ZIM
2022-06-23 NAM	2022-07-24 JPN
2022-07-30 JPN	2022-10-08 FRA
2022-10-16 FIJ	2022-10-23 ENG
2023-03-25 CAN	2023-04-01 ESP
2023-05-24 KEN	2023-05-28 MAD
2023-10-13 SCO	2023-10-20 ITA
2024-03-23 ESP	2024-03-30 USA
2024-05-04 CMR	2024-05-08 KEN
2024-05-12 MAD	2024-09-19 ESP
2024-09-27 JPN	2024-10-12 ITA
2025-04-19 ESP	2025-07-05 CAN
2025-09-07 FRA	

Player facts

- * 2014 RWC Squad
- * 2014 Youngest Springbok Player in a RWC (20 yrs)
- * 2014-16 Played for Aylesford Bulls (UK)
- * 2021 RWC Squad
- * 2025 RWC Squad

Other Matches

2014-06-28 NOM	2014-07-01 NOM
2019-09-14 SPI	2024-09-07 BRB
2025-04-12 END	2025-07-26 NZX

Selected but didn't play

2014-08-13 SAM

Veroeshka Grain



Springbok No.	85
Nickname	-
Position	Wing
Played (XVs)	2013-2024
Caps	21
Points	45
Tries/Conversions	9/-
Penalties/Drop Goals	-
7s Caps	18
Born	1990-12-11
	-

Test Matches

2013-07-30 USA	2013-08-04 ENG
2013-08-07 CAN	2013-08-10 USA
2013-09-07 UGA	2014-07-04 FRA
2014-08-01 AUS	2014-08-05 FRA
2014-08-13 SAM	2014-08-17 ESP
2021-08-12 KEN	2021-08-16 KEN
2023-09-16 KEN	2023-10-07 SAM
2023-10-13 SCO	2023-10-20 ITA
2023-10-27 SAM	2024-03-23 ESP
2024-03-30 USA	2024-05-04 CMR
2024-05-12 MAD	

Other Matches

2014-06-28 NOM	2014-07-01 NOM
2023-09-19 SCR	2023-09-23 BRB

Selected but didn't play

2014-08-09 WLS

Sevens Tournaments

- 2013 Africa Cup V
- 2013 World Series Amsterdam (inv)
- 2013 World Cup 7s II
- 2013 Dubai Sevens Invitational
- 2013 Hong Kong 7s
- 2014 Africa Cup VI
- 2014 Hong Kong 7s
- 2014 World Series Amsterdam (inv)
- 2014 World Series 2014/15 - Qualifier
- 2014 World Series III - L1
- 2015 World Series III - L2
- 2015 World Series III - L4
- 2015 World Series III - L5
- 2015 World Series 2015/16 - Qualifier
- 2015 Africa Cup VII
- 2015 World Series III - L6
- 2015 World Series Dubai (inv)
- 2016 Africa Cup VIII
- 2016 World Series Dubai (inv)
- 2016 Paris 7s Invitational
- 2017 World Series Dubai (inv)
- 2017 Hong Kong 7s
- 2017 Africa Cup IX
- 2018 World Series 2017/18 - Qualifier
- 2018 Super7sBrisbane
- 2018 Commonwealth Games
- 2022 World Series Cape Town (inv)
- 2024 Challenger 7s Series
- 2024 Olympic Games

Player facts

- ★ 2014 RWC Squad
- ★ 2014 SARU High Performance Contracted Player (7s)
- ★ 2024 Olympic Sevens Squad Member

Marnazelle Rabie



Springbok No.	86
Nickname	-
Position	Fullback
Played (XVs)	2013-2013
Caps	5
Points	6
Tries/Conversions	-/3
Penalties/Drop Goals	-
7s Caps	-
Born	1989-02-19
	-

Test Matches

2013-07-30 USA	2013-08-04 ENG
2013-08-07 CAN	2013-08-10 USA
2013-09-07 UGA	

Celeste Marais



Springbok No.	87
Nickname	-
Position	Hooker
Played (XVs)	2013-2013
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1985-11-22
	-

Test Matches

2013-07-30 USA	2013-08-10 USA
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Annalie Pretorius



Test Matches

2013-07-30 USA	2013-08-04 ENG
2013-08-07 CAN	2013-08-10 USA

Player facts

* 2024 Head Coach Helderberg RC Women - Strand

Springbok No.	88
Nickname	Anni
Position	Tight-head Prop
Played (XVs)	2013-2013
Caps	4
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1982-05-19
	-

Simoné Vosloo



Test Matches

2013-08-04 ENG	2013-08-07 CAN
2013-08-10 USA	

Springbok No.	89
Nickname	Simi
Position	Hooker
Played (XVs)	2013-2013
Caps	3
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1992-09-14
	-

Celeste Adonis



Springbok No.	90
Nickname	-
Position	Lock
Played (XVs)	2014-2019
Caps	12
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1992-06-07
	-

Test Matches

2014-07-04 FRA	2014-08-01 AUS
2014-08-05 FRA	2014-08-09 WLS
2014-08-13 SAM	2014-08-17 ESP
2019-08-09 UGA	2019-08-13 MAD
2019-08-17 KEN	2019-09-21 ESP
2019-09-30 SCO	2019-10-05 SCO

Player facts

- * 2014 RWC Squad
- * Touch Rugby Coach for Hope Through Action
- * U20 Springbok

Other Matches

2014-06-28 NOM	2014-07-01 NOM
2017-10-14 BAR	2017-10-18 EAC
2017-10-22 EAC	

Shona-Leah Weston



Springbok No.	91
Nickname	-
Position	Forward
Played (XVs)	2014-2014
Caps	5
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	9
Born	1991-11-25
	-

Test Matches

2014-07-04 FRA	2014-08-01 AUS
2014-08-05 FRA	2014-08-13 SAM
2014-08-17 ESP	

Sevens Tournaments

- 2013 Africa Cup V
- 2013 World Series Amsterdam (inv)
- 2014 World Series 2014/15 - Qualifier
- 2014 World Series III - L1
- 2015 World Series III - L2
- 2023 Dubai Sevens Invitational
- 2024 World Series XI - L7
- 2024 World Series XI - L5
- 2024 Olympic Games
- 2024 World Series XI - L4
- 2024 World Series XI - L6

Other Matches

2014-06-28 NOM	2014-07-01 NOM
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Selected but didn't play

2014-08-09 WLS

Player facts

- * 2014 RWC Squad
- * 2024 Olympic Sevens Squad Member (travelling reserve)

Benele Makwezela

Springbok No.	92
Nickname	Zizo
Position	Outside Centre
Played (XVs)	2014-2014
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	2
Born	1986-01-16
	-

Test Matches

2014-08-01 AUS 2014-08-05 FRA

Other Matches

2014-06-28 NOM 2014-07-01 NOM

Sevens Tournaments

- 2012 Guangzhou Zengcheng Invitational 7s Tournament
- 2012 World Series Dubai (inv)
- 2013 Africa Cup V
- 2013 World Series Houston (inv)
- 2013 World Series Amsterdam (inv)
- 2013 World Cup 7s II
- 2013 Hong Kong 7s

Player facts

- ★ 2014 RWC Squad

Cindy Cant

Springbok No.	93
Nickname	Kiewiet
Position	Fullback
Played (XVs)	2014-2014
Caps	6
Points	3
Tries/Conversions	-
Penalties/Drop Goals	1/-
7s Caps	-
Born	1982-10-09
	-

Test Matches

2014-07-04 FRA 2014-08-01 AUS
 2014-08-05 FRA 2014-08-09 WLS
 2014-08-13 SAM 2014-08-17 ESP

Other Matches

2014-06-28 NOM 2014-07-01 NOM

Player facts

- ★ 2009 National Women's High Performance Squad
- ★ 2014 RWC Squad

Thantaswa Macingwane



Springbok No.	94
Nickname	-
Position	Front-Row
Played (XVs)	2014-2018
Caps	8
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1994-01-13
	-

Test Matches

2014-07-04 FRA	2014-08-01 AUS
2014-08-09 WLS	2014-08-13 SAM
2014-08-17 ESP	2018-11-10 WLS
2018-11-17 ESP	2018-11-25 ITA

Other Matches

2012-06-30 NOM	2014-06-28 NOM
2014-07-01 NOM	2018-11-02 BAR

Player facts

- ★ 2014 RWC Squad
- ★ 2022 Rugby Development SV Odin (Germany)

Rachelle Geldenhuys



Springbok No.	95
Nickname	-
Position	Loose Forward
Played (XVs)	2014-2014
Caps	5
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	10
Born	1987-01-20
	-

Test Matches

2014-07-04 FRA	2014-08-01 AUS
2014-08-05 FRA	2014-08-09 WLS
2014-08-13 SAM	

Other Matches

2014-06-28 NOM	2014-07-01 NOM
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Sevens Tournaments

- 2012 World Series Dubai (inv)
- 2013 Dubai Sevens Invitational
- 2014 Africa Cup VI
- 2014 World Series Amsterdam (inv)
- 2014 World Series 2014/15 - Qualifier
- 2014 World Series III - L1
- 2015 World Series III - L2
- 2015 World Series III - L3
- 2015 World Series III - L4
- 2015 World Series III - L5
- 2015 World Series 2015/16 - Qualifier
- 2015 Africa Cup VII
- 2015 World Series Dubai (inv)
- 2016 Las Vegas Invitational
- 2016 Africa Cup VIII
- 2016 Roma Sevens

Player facts

- ★ 2014 RWC Squad
- ★ 2014 SARU High Performance Contracted Player (7s)

Siviwe Basweni



Springbok No.	96
Nickname	Mavesta
Position	Fullback
Played (XVs)	2014-2014
Caps	6
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	2
Born	1990-10-17
	-

Test Matches

2014-07-04 FRA	2014-08-01 AUS
2014-08-05 FRA	2014-08-09 WLS
2014-08-13 SAM	2014-08-17 ESP

Other Matches

2014-06-28 NOM	2014-07-01 NOM
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Sevens Tournaments

- 2013 Dubai Sevens Invitational
- 2015 World Series III - L2
- 2015 World Series III - L3

Player facts

- ★ 2014 RWC Squad
- ★ 2014 SARU High Performance Contracted Player (7s)

Nosiphiwo Goda



Springbok No.	97
Nickname	Nosi
Position	Wing
Played (XVs)	2014-2018
Caps	4
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	10
Born	1985-06-03
	-

Test Matches

2014-07-04 FRA	2018-11-10 WLS
2018-11-17 ESP	2018-11-25 ITA

Other Matches

2014-06-28 NOM	2014-07-01 NOM
2017-10-14 BAR	2017-10-18 EAC
2017-10-22 EAC	2018-11-02 BAR

Sevens Tournaments

- 2007 Africa Cup II
- 2012 Guangzhou Zengcheng Invitational 7s Tournament
- 2012 World Series Dubai (inv)
- 2013 Africa Cup V
- 2013 World Series Houston (inv)
- 2013 World Series Amsterdam (inv)
- 2013 Dubai Sevens Invitational
- 2014 Africa Cup VI
- 2014 Hong Kong 7s
- 2014 World Series Amsterdam (inv)
- 2014 World Series 2014/15 - Qualifier
- 2015 World Series III - L2
- 2015 World Series III - L3
- 2015 World Series III - L5
- 2015 World Series 2015/16 - Qualifier
- 2015 Africa Cup VII
- 2015 World Series III - L6
- 2015 World Series Dubai (inv)

Player facts

- ★ 2014 SARU High Performance Contracted Player (7s)

Sinazo Nobele



Springbok No.	98
Nickname	-
Position	Wing
Played (XVs)	2014-2014
Caps	3
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	10
Born	1988-10-05
	-

Test Matches

2014-08-09 WLS 2014-08-13 SAM
2014-08-17 ESP

Sevens Tournaments

- 2011 Challenge Cup - Leg 1
- 2012 Guangzhou Zengcheng Invitational 7s Tournament
- 2013 Africa Cup V
- 2013 World Series Houston (inv)
- 2013 World Cup 7s II
- 2014 World Series 2014/15 - Qualifier
- 2015 World Series III - L3
- 2015 World Series III - L4
- 2015 World Series III - L5
- 2015 World Series 2015/16 - Qualifier
- 2015 Africa Cup VII
- 2015 World Series III - L6
- 2015 World Series Dubai (inv)
- 2016 Las Vegas Invitational
- 2016 Hong Kong 7s

Player facts

- ★ 2014 RWC Squad

Nomaphelo Mayongo



Springbok No.	99
Nickname	-
Position	Forward
Played (XVs)	2014-2014
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	3
Born	1987-08-15
	-

Test Matches

2014-08-13 SAM 2014-08-17 ESP

Sevens Tournaments

- 2013 Africa Cup V
- 2013 World Series Amsterdam (inv)
- 2013 World Cup 7s II
- 2013 Dubai Sevens Invitational
- 2013 Hong Kong 7s
- 2014 Africa Cup VI
- 2014 Hong Kong 7s
- 2014 World Series Amsterdam (inv)

Player facts

- ★ 2014 RWC Squad
- ★ 2014 SARU High Performance Contracted Player (7s)

Siphosethu Tshingana



Springbok No.	100
Nickname	Pin-Pin
Position	Scrumhalf
Played (XVs)	2014-2014
Caps	1
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1987-10-12
	-

Test Matches

2014-08-17 ESP

Player facts

★ 2014 RWC Squad

Annique Caitlin
Geswind

Springbok No.	101
Nickname	-
Position	Hooker
Played (XVs)	2018-2019
Caps	8
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1995-04-12
	-

Test Matches

2018-11-10 WLS	2018-11-25 ITA
2019-08-09 UGA	2019-08-13 MAD
2019-08-17 KEN	2019-09-21 ESP
2019-09-30 SCO	2019-10-05 SCO

Other Matches

2017-10-14 BAR	2017-10-18 EAC
2017-10-22 EAC	2018-11-02 BAR
2019-09-14 SPI	

Babalwa Latsha



Springbok No.	102
Nickname	BB
Position	Prop
Played (XVs)	2018-2025
Caps	40
Points	35
Tries/Conversions	7/-
Penalties/Drop Goals	-
7s Caps	1
Born	1994-03-31
	-

Test Matches

2018-11-10 WLS	2018-11-17 ESP
2018-11-25 ITA	2019-08-09 UGA
2019-08-13 MAD	2019-08-17 KEN
2019-09-21 ESP	2019-09-30 SCO
2019-10-05 SCO	2021-11-06 FRA
2021-11-13 WLS	2022-06-15 ZIM
2022-06-23 NAM	2022-07-24 JPN
2022-07-30 JPN	2022-08-13 ESP
2022-08-19 ESP	2022-10-08 FRA
2022-10-16 FIJ	2022-10-23 ENG
2023-03-25 CAN	2023-04-01 ESP
2023-09-16 KEN	2023-10-07 SAM
2023-10-13 SCO	2023-10-20 ITA
2023-10-27 SAM	2024-03-23 ESP
2024-03-30 USA	2024-09-19 ESP
2024-09-27 JPN	2024-10-05 AUS
2024-10-12 ITA	2025-04-19 ESP
2025-07-05 CAN	2025-07-12 CAN
2025-08-24 BRA	2025-08-31 ITA
2025-09-07 FRA	2025-09-13 NZL

Other Matches

2017-10-14 BAR	2017-10-18 EAC
2017-10-22 EAC	2018-11-02 BAR
2019-09-14 SPI	2021-11-27 BRB
2023-09-23 BRB	2024-09-07 BRB
2025-07-26 NZX	2025-08-02 NZX

Sevens Tournaments

- 2018 World Cup 7s III

Player facts

- ★ 2017 SA Rugby Women's Top Achiever
- ★ 2019 Bachelor of Laws (UWC)
- ★ 2020 1st professional female rugby player in Africa (SD Eibar Femenino, Spain)
- ★ 2021 Rugby Africa's committee for Player Welfare and Participation
- ★ 2021 RWC Squad
- ★ 2024 Rugby Black List Performance Player Award
- ★ 2025 First SA woman to score a try in QF of RWC
- ★ 2025 RWC Squad (Vice Captain)
- ★ @menstruationfoundation za director

Bernice Strydom



Test Matches

2018-11-10 WLS 2018-11-17 ESP
 2018-11-25 ITA

Other Matches

2018-11-02 BAR 2021-11-21 E20

Springbok No.	103
Nickname	Zippie
Position	Lock
Played (XVs)	2018-2018
Caps	3
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1989-12-22
	-

Lusanda Dumke



Springbok No.	104
Nickname	-
Position	Loose Forward
Played (XVs)	2018-2024
Caps	33
Points	55
Tries/Conversions	11/-
Penalties/Drop Goals	-
7s Caps	1
Born	1996-09-11
	-

Test Matches

2018-11-10 WLS	2018-11-17 ESP
2018-11-25 ITA	2019-08-09 UGA
2019-08-13 MAD	2019-08-17 KEN
2021-08-12 KEN	2021-08-16 KEN
2021-11-06 FRA	2021-11-13 WLS
2022-06-15 ZIM	2022-07-24 JPN
2022-07-30 JPN	2022-08-13 ESP
2022-08-19 ESP	2022-10-08 FRA
2022-10-16 FIJ	2022-10-23 ENG
2023-03-25 CAN	2023-04-01 ESP
2023-05-20 CMR	2023-05-24 KEN
2023-05-28 MAD	2023-09-16 KEN
2023-10-07 SAM	2023-10-13 SCO
2023-10-20 ITA	2023-10-27 SAM
2024-05-04 CMR	2024-05-08 KEN
2024-05-12 MAD	2024-10-05 AUS
2024-10-12 ITA	

Other Matches

2017-10-14 BAR	2017-10-18 EAC
2017-10-22 EAC	2018-11-02 BAR
2021-11-27 BRB	

Selected but didn't play

2022-06-23 NAM

Sevens Tournaments

- 2019 World Series Cape Town (inv)
- 2020 Hermanus Sevens
- 2022 World Series Cape Town (inv)
- 2022 Africa Cup XII

Player facts

- ★ 2021 RWC Squad
- ★ 2021 Springbok Women's Player of the Year
- ★ 2025 Early retirement (health related)

Sinazo Mcatshulwa



Springbok No.	105
Nickname	Snara
Position	Loose Forward
Played (XVs)	2018-2025
Caps	42
Points	60
Tries/Conversions	12/-
Penalties/Drop Goals	-
7s Caps	-
Born	1996-12-24
	-

Test Matches

2018-11-10 WLS	2018-11-17 ESP
2018-11-25 ITA	2019-08-09 UGA
2019-08-13 MAD	2019-08-17 KEN
2021-08-12 KEN	2021-08-16 KEN
2021-11-06 FRA	2021-11-13 WLS
2022-06-15 ZIM	2022-06-23 NAM
2022-07-24 JPN	2022-07-30 JPN
2022-08-19 ESP	2022-10-08 FRA
2022-10-16 FIJ	2023-03-25 CAN
2023-04-01 ESP	2023-05-20 CMR
2023-05-24 KEN	2023-05-28 MAD
2023-09-16 KEN	2023-10-07 SAM
2023-10-13 SCO	2023-10-20 ITA
2023-10-27 SAM	2024-03-23 ESP
2024-03-30 USA	2024-05-08 KEN
2024-05-12 MAD	2024-09-19 ESP
2024-09-27 JPN	2024-10-05 AUS
2024-10-12 ITA	2025-04-19 ESP
2025-07-05 CAN	2025-07-12 CAN
2025-08-24 BRA	2025-08-31 ITA
2025-09-07 FRA	2025-09-13 NZL

Other Matches

2017-10-14 BAR	2017-10-18 EAC
2017-10-22 EAC	2018-11-02 BAR
2021-11-27 BRB	2023-09-23 BRB
2024-09-07 BRB	2025-04-12 END
2025-07-26 NZX	2025-08-02 NZX

Sevens Tournaments

- 2017 Hokkaido Sevens
- 2019 Centrale Sevens Invitational
- 2019 Stanislas Sevens Invitational

Player facts

- ★ 2021 RWC Squad
- ★ 2024 1st Women Bok contracted by a French club (Lille Metropole RC Villeneuveois)
- ★ 2024 Western Cape Provincial Sport Awards: Ministerial Commendation
- ★ 2025 RWC Squad

Aseza Hele



Springbok No.	106
Nickname	Blommie
Position	Loose Forward
Played (XVs)	2018-2025
Caps	32
Points	85
Tries/Conversions	17/-
Penalties/Drop Goals	-
7s Caps	-
Born	1994-11-26
	-

Test Matches

2018-11-10 WLS	2018-11-17 ESP
2018-11-25 ITA	2019-08-09 UGA
2019-08-13 MAD	2019-08-17 KEN
2019-09-21 ESP	2019-09-30 SCO
2019-10-05 SCO	2022-07-24 JPN
2022-07-30 JPN	2022-08-13 ESP
2022-08-19 ESP	2022-10-08 FRA
2022-10-16 FIJ	2022-10-23 ENG
2023-03-25 CAN	2023-04-01 ESP
2023-10-13 SCO	2023-10-20 ITA
2024-03-30 USA	2024-09-19 ESP
2024-09-27 JPN	2024-10-05 AUS
2024-10-12 ITA	2025-04-19 ESP
2025-07-05 CAN	2025-07-12 CAN
2025-08-24 BRA	2025-08-31 ITA
2025-09-07 FRA	2025-09-13 NZL

Other Matches

2017-10-14 BAR	2017-10-18 EAC
2017-10-22 EAC	2018-11-02 BAR
2024-09-07 BRB	2025-04-12 END
2025-07-26 NZX	2025-08-02 NZX

Sevens Tournaments

- 2022 World Series Cape Town (inv)

Player facts

- ★ 2019 SA Rugby Women's Achiever of the Year
- ★ 2021 RWC Squad
- ★ 2025 RWC Squad

Zintle Mpupha



Springbok No.	107
Nickname	Zee
Position	Centre
Played (XVs)	2018-2025
Caps	29
Points	106
Tries/Conversions	20/3
Penalties/Drop Goals	-
7s Caps	22
Born	1993-12-25
	-

Test Matches

2018-11-10 WLS	2018-11-17 ESP
2018-11-25 ITA	2019-08-09 UGA
2019-08-13 MAD	2019-08-17 KEN
2021-08-12 KEN	2021-11-06 FRA
2021-11-13 WLS	2022-06-15 ZIM
2022-06-23 NAM	2022-07-24 JPN
2022-07-30 JPN	2022-08-13 ESP
2022-08-19 ESP	2022-10-08 FRA
2022-10-16 FIJ	2022-10-23 ENG
2023-05-20 CMR	2023-05-24 KEN
2024-09-19 ESP	2024-09-27 JPN
2024-10-05 AUS	2024-10-12 ITA
2025-07-05 CAN	2025-07-12 CAN
2025-08-24 BRA	2025-08-31 ITA
2025-09-13 NZL	

Other Matches

2018-11-02 BAR	2024-09-07 BRB
2025-07-26 NZX	2025-08-02 NZX

Sevens Tournaments

- 2014 World Series Amsterdam (inv)
- 2016 World Series Dubai (inv)
- 2017 World Series Dubai (inv)
- 2017 Vancouver Rugby Festival
- 2017 Hong Kong 7s
- 2017 Africa Cup IX
- 2018 World Cup 7s III
- 2018 World Series 2017/18 - Qualifier
- 2018 Super7sBrisbane
- 2018 Commonwealth Games
- 2019 World Series Cape Town (inv)
- 2019 Africa Cup XI
- 2019 Centrale Sevens Invitational
- 2020 Hermanus Sevens
- 2022 World Cup 7s IV
- 2023 World Series XI - L1
- 2023 Challenger 7s Series - L2
- 2023 Challenger Sevens Series - L1
- 2024 Challenger 7s Series
- 2024 World Series XI - L7
- 2024 World Series XI - L5
- 2024 Olympic Games
- 2024 World Series XI - L4
- 2024 World Series XI - L3
- 2024 World Series XI - L6
- 2024 Africa Cup XIV
- 2025 Challenger Series - L2
- 2025 Challenger Series - L1
- 2025 Challenger Series - L3
- 2025 HSBC SVNS Play-off

Player facts

- * 2021 RWC Squad
- * 2024 Olympic Sevens Squad Member
- * 2025 RWC Squad
- * Degree in Human Movement Sciences (University of Fort Hare)
- * First SA Women Player Contracted for Allianz Premier 15s (Exeter Chiefs)
- * SA U19 Cricket Player

Alana-Lee Horne



Springbok No.	108
Nickname	-
Position	Wing
Played (XVs)	2018-2018
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1998-02-11

Test Matches

2018-11-17 ESP 2018-11-25 ITA

Sevens Tournaments

o 2017 Hokkaido Sevens

Other Matches

2018-11-02 BAR

Aphiwe Ngwevu



Springbok No.	109
Nickname	-
Position	Centre
Played (XVs)	2019-2025
Caps	30
Points	70
Tries/Conversions	14/-
Penalties/Drop Goals	-
7s Caps	-
Born	1998-05-14

Test Matches

2019-08-09 UGA 2019-08-13 MAD
 2019-08-17 KEN 2019-09-21 ESP
 2019-09-30 SCO 2019-10-05 SCO
 2021-08-12 KEN 2022-06-15 ZIM
 2022-06-23 NAM 2022-07-24 JPN
 2022-07-30 JPN 2022-08-19 ESP
 2022-10-08 FRA 2022-10-16 FIJ
 2023-03-25 CAN 2023-04-01 ESP
 2024-03-23 ESP 2024-03-30 USA
 2024-05-04 CMR 2024-05-08 KEN
 2024-05-12 MAD 2024-09-19 ESP
 2025-04-19 ESP 2025-06-07 UGA
 2025-06-11 KEN 2025-06-15 MAD
 2025-08-24 BRA 2025-08-31 ITA
 2025-09-07 FRA 2025-09-13 NZL

Player facts

- * 2021 RWC Squad
- * 2025 RWC Squad

Other Matches

2017-10-14 BAR 2017-10-18 EAC
 2017-10-22 EAC 2018-11-02 BAR
 2019-09-14 SPI 2025-04-12 END
 2025-07-26 NZX 2025-08-02 NZX

Zinhle Ndawonde



Springbok No.	110
Nickname	Bhoko
Position	Centre
Played (XVs)	2018-2019
Caps	5
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	5
Born	1989-05-22
	-

Test Matches

2018-11-10 WLS	2019-08-09 UGA
2019-08-13 MAD	2019-08-17 KEN
2019-09-21 ESP	

Other Matches

2017-10-14 BAR	2017-10-18 EAC
2017-10-22 EAC	2018-11-02 BAR

Sevens Tournaments

- 2017 Africa Cup IX
- 2018 World Cup 7s III
- 2018 World Series 2017/18 - Qualifier
- 2018 Super7sBrisbane
- 2018 Commonwealth Games
- 2019 Africa Cup XI
- 2019 Centrale Sevens Invitational
- 2019 Stanislas Sevens Invitational

Player facts

- ★ 2009 National Women's High Performance Squad
- ★ Fire Fighter (King Shaka int. airport)

Vuyolwethu Maqholo



Springbok No.	111
Nickname	Vuyo
Position	Fullback
Played (XVs)	2018-2019
Caps	7
Points	10
Tries/Conversions	2/-
Penalties/Drop Goals	-
7s Caps	-
Born	1995-04-07
	2025-07-25

Test Matches

2018-11-10 WLS	2018-11-17 ESP
2018-11-25 ITA	2019-08-09 UGA
2019-08-17 KEN	2019-09-21 ESP
2019-09-30 SCO	

Other Matches

2017-10-14 BAR	2017-10-18 EAC
2017-10-22 EAC	2018-11-02 BAR
2019-09-14 SPI	

Lindelwa Gwala



Springbok No.	112
Nickname	-
Position	Hooker
Played (XVs)	2018-2025
Caps	38
Points	75
Tries/Conversions	15/-
Penalties/Drop Goals	-
7s Caps	-
Born	1997-08-24
	-

Test Matches

2018-11-10 WLS	2018-11-17 ESP
2018-11-25 ITA	2019-08-09 UGA
2019-08-13 MAD	2019-08-17 KEN
2019-09-21 ESP	2019-09-30 SCO
2019-10-05 SCO	2021-08-12 KEN
2021-11-06 FRA	2021-11-13 WLS
2022-06-15 ZIM	2022-06-23 NAM
2022-07-24 JPN	2022-07-30 JPN
2022-08-13 ESP	2022-08-19 ESP
2022-10-08 FRA	2022-10-16 FIJ
2023-03-25 CAN	2023-04-01 ESP
2023-05-20 CMR	2023-05-24 KEN
2023-05-28 MAD	2023-10-13 SCO
2023-10-27 SAM	2024-03-23 ESP
2024-03-30 USA	2024-05-04 CMR
2024-05-08 KEN	2024-05-12 MAD
2024-09-19 ESP	2024-10-12 ITA
2025-04-19 ESP	2025-08-24 BRA
2025-08-31 ITA	2025-09-13 NZL

Player facts

- * 2021 RWC Squad
- * 2023 Contracted by Ealing Trailfinders (UK)
- * 2025 RWC Squad

Other Matches

2018-11-02 BAR	2021-11-27 BRB
2024-09-07 BRB	2025-08-02 NZX

Yonela Ngxingolo



Springbok No.	113
Nickname	-
Position	Prop
Played (XVs)	2018-2025
Caps	39
Points	15
Tries/Conversions	3/-
Penalties/Drop Goals	-
7s Caps	-
Born	1998-03-03
	-

Test Matches

2018-11-10 WLS	2018-11-17 ESP
2019-08-09 UGA	2019-08-13 MAD
2019-08-17 KEN	2019-09-21 ESP
2019-09-30 SCO	2019-10-05 SCO
2021-08-12 KEN	2021-08-16 KEN
2021-11-06 FRA	2021-11-13 WLS
2022-06-15 ZIM	2022-06-23 NAM
2022-07-24 JPN	2022-07-30 JPN
2022-08-13 ESP	2022-08-19 ESP
2022-10-23 ENG	2023-03-25 CAN
2023-04-01 ESP	2023-05-20 CMR
2023-05-24 KEN	2023-09-16 KEN
2023-10-07 SAM	2023-10-13 SCO
2023-10-20 ITA	2023-10-27 SAM
2024-09-19 ESP	2024-09-27 JPN
2024-10-05 AUS	2024-10-12 ITA
2025-04-19 ESP	2025-07-05 CAN
2025-07-12 CAN	2025-08-24 BRA
2025-08-31 ITA	2025-09-07 FRA
2025-09-13 NZL	

Player facts

- * 2021 RWC Squad
- * 2025 RWC Squad

Other Matches

2018-11-02 BAR	2019-09-14 SPI
2021-11-21 E20	2023-09-19 SCR
2023-09-23 BRB	2024-09-07 BRB
2025-04-12 END	2025-07-26 NZX
2025-08-02 NZX	

Nthabiseng Marutla



Springbok No.	114
Nickname	-
Position	Lock
Played (XVs)	2018-2018
Caps	1
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1995-09-09
	-

Test Matches

2018-11-10 WLS

Other Matches

2018-11-02 BAR

Selected but didn't play

2018-11-17 ESP 2018-11-25 ITA

Felicia Jacobs



Springbok No.	115
Nickname	Kleintjie
Position	Scrumhalf
Played (XVs)	2018-2025
Caps	10
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	8
Born	1998-04-07
	-

Test Matches

2018-11-10 WLS 2018-11-17 ESP
 2019-08-09 UGA 2021-08-12 KEN
 2021-08-16 KEN 2024-09-19 ESP
 2024-10-05 AUS 2025-06-07 UGA
 2025-06-11 KEN 2025-06-15 MAD

Other Matches

2017-10-14 BAR 2017-10-18 EAC
 2017-10-22 EAC 2018-11-02 BAR
 2024-09-07 BRB

Sevens Tournaments

- 2017 Hokkaido Sevens
- 2022 World Series Cape Town (inv)
- 2022 World Series Dubai (inv)
- 2022 World Cup 7s IV
- 2022 Challenger 7s Series
- 2022 Commonwealth Games
- 2024 World Series XI - L7
- 2024 Africa Cup XIV
- 2025 Challenger Series - L2
- 2025 Challenger Series - L1
- 2025 HSBC SVNS Play-off

Kirsten Conrad



Springbok No.	116
Nickname	-
Position	Flyhalf
Played (XVs)	2018-2019
Caps	4
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	2
Born	1994-04-25
	-

Test Matches

2018-11-10 WLS	2018-11-17 ESP
2018-11-25 ITA	2019-09-21 ESP

Other Matches

2017-10-14 BAR	2017-10-18 EAC
2017-10-22 EAC	2018-11-02 BAR
2019-09-14 SPI	

Sevens Tournaments

- 2015 World Series III - L4
- 2015 World Series III - L5
- 2017 Hokkaido Sevens

Player facts

- * 2013 U20 Nations Cup in England

Demi Nel



Springbok No.	117
Nickname	-
Position	Centre
Played (XVs)	2018-2018
Caps	3
Points	5
Tries/Conversions	-/1
Penalties/Drop Goals	1/-
7s Caps	-
Born	1993-10-04
	-

Test Matches

2018-11-10 WLS	2018-11-17 ESP
2018-11-25 ITA	

Other Matches

2018-11-02 BAR

Snenhlanhla Shozi



Springbok No.	118
Nickname	Tuckin
Position	Wing
Played (XVs)	2018-2019
Caps	5
Points	27
Tries/Conversions	5/1
Penalties/Drop Goals	-
7s Caps	3
Born	1997-05-05
	-

Test Matches

2018-11-10 WLS	2018-11-25 ITA
2019-08-09 UGA	2019-08-13 MAD
2019-08-17 KEN	

Other Matches

2017-10-14 BAR	2017-10-18 EAC
2017-10-22 EAC	

Sevens Tournaments

- 2018 World Cup 7s III
- 2018 Commonwealth Games
- 2019 Centrale Sevens Invitational
- 2019 Stanislas Sevens Invitational
- 2022 World Series Toulouse (inv)
- 2022 Africa Cup XII
- 2023 Dubai Sevens Invitational

Player facts

- * 2018 First Springbok Womens' player to hat trick in 7s RWC match

Karthy Dlodla



Springbok No.	119
Nickname	-
Position	Lock
Played (XVs)	2018-2022
Caps	7
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1994-04-25
	-

Test Matches

2018-11-17 ESP	2018-11-25 ITA
2019-08-09 UGA	2019-09-21 ESP
2019-09-30 SCO	2019-10-05 SCO
2022-06-15 ZIM	

Pennbry McNamara**Test Matches**

2018-11-17 ESP

Selected but didn't play

2018-11-25 ITA

Springbok No.	120
Nickname	-
Position	Hooker
Played (XVs)	2018-2018
Caps	1
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1994-09-12
	-

Kamohele Makoele**Test Matches**

2018-11-17 ESP

Other Matches2017-10-14 BAR 2017-10-18 EAC
2017-10-22 EAC

Springbok No.	121
Nickname	-
Position	Loose Forward
Played (XVs)	2018-2018
Caps	1
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1993-04-26
	-

Eloise Webb



Springbok No.	122
Nickname	-
Position	Fullback
Played (XVs)	2019-2025
Caps	20
Points	36
Tries/Conversions	6/3
Penalties/Drop Goals	-
7s Caps	15
Born	1996-03-05
	-

Test Matches

2019-08-09 UGA	2019-08-13 MAD
2019-08-17 KEN	2021-08-12 KEN
2021-08-16 KEN	2021-11-06 FRA
2021-11-13 WLS	2022-10-08 FRA
2022-10-16 FIJ	2022-10-23 ENG
2024-09-19 ESP	2024-09-27 JPN
2024-10-05 AUS	2024-10-12 ITA
2025-04-19 ESP	2025-07-05 CAN
2025-07-12 CAN	2025-08-31 ITA
2025-09-07 FRA	2025-09-13 NZL

Other Matches

2021-11-27 BRB	2024-09-07 BRB
2025-04-12 END	2025-07-26 NZX
2025-08-02 NZX	

Sevens Tournaments

- 2016 World Series Dubai (inv)
- 2017 World Series Dubai (inv)
- 2017 Vancouver Rugby Festival
- 2017 Africa Cup IX
- 2018 World Cup 7s III
- 2018 World Series 2017/18 - Qualifier
- 2018 Super7sBrisbane
- 2018 Dubai Sevens Invitational
- 2018 Commonwealth Games
- 2019 World Series Cape Town (inv)
- 2019 Africa Cup XI
- 2019 Centrale Sevens Invitational
- 2019 Stanislas Sevens Invitational
- 2020 Hermanus Sevens
- 2022 World Series Dubai (inv)
- 2022 World Cup 7s IV
- 2022 World Series Toulouse (inv)
- 2022 Africa Cup XII
- 2023 Challenger 7s Series - L2
- 2023 Africa Cup XIII
- 2023 Challenger Sevens Series - L1
- 2024 Challenger 7s Series
- 2024 World Series XI - L7
- 2024 World Series XI - L5
- 2024 World Series XI - L4
- 2024 World Series XI - L3

Player facts

- ★ 2021 RWC Squad
- ★ 2025 RWC Squad

Rights Mkhari



Springbok No.	123
Nickname	-
Position	Loose Forward
Played (XVs)	2019-2023
Caps	13
Points	45
Tries/Conversions	9/-
Penalties/Drop Goals	-
7s Caps	12
Born	1994-09-09
	-

Test Matches

2019-08-09 UGA	2019-08-13 MAD
2019-08-17 KEN	2021-11-06 FRA
2021-11-13 WLS	2022-07-24 JPN
2022-07-30 JPN	2022-08-13 ESP
2022-10-08 FRA	2022-10-16 FIJ
2023-05-20 CMR	2023-05-24 KEN
2023-10-27 SAM	

Other Matches

2017-10-14 BAR	2017-10-18 EAC
2017-10-22 EAC	2021-11-21 E20
2021-11-27 BRB	

Sevens Tournaments

- 2017 Vancouver Rugby Festival
- 2017 Africa Cup IX
- 2018 Super7sBrisbane
- 2019 World Series Cape Town (inv)
- 2019 Africa Cup XI
- 2019 Centrale Sevens Invitational
- 2019 Stanislas Sevens Invitational
- 2020 Hermanus Sevens
- 2022 World Series Cape Town (inv)
- 2022 World Series Dubai (inv)
- 2022 Africa Cup XII
- 2023 World Series XI - L2
- 2023 World Series XI - L1
- 2023 Challenger 7s Series - L2
- 2023 Africa Cup XIII
- 2023 Challenger Sevens Series - L1
- 2025 Challenger Series - L2
- 2025 Challenger Series - L1
- 2025 Challenger Series - L3
- 2025 HSBC SVNS Play-off

Player facts

- ★ 2021 RWC Squad
- ★ 2023 MyPlayers Player of the year

Ayanda Malinga



Springbok No.	124
Nickname	-
Position	Wing
Played (XVs)	2019-2025
Caps	17
Points	80
Tries/Conversions	16/-
Penalties/Drop Goals	-
7s Caps	18
Born	1998-06-23
	-

Test Matches

2019-08-09 UGA	2019-08-13 MAD
2021-08-16 KEN	2021-11-06 FRA
2022-06-15 ZIM	2022-06-23 NAM
2022-07-30 JPN	2022-08-13 ESP
2024-09-27 JPN	2024-10-05 AUS
2024-10-12 ITA	2025-04-19 ESP
2025-07-05 CAN	2025-07-12 CAN
2025-08-24 BRA	2025-08-31 ITA
2025-09-13 NZL	

Other Matches

2021-11-21 E20	2021-11-27 BRB
2024-09-07 BRB	2025-08-02 NZX

Sevens Tournaments

- 2018 Dubai Sevens Invitational
- 2022 World Cup 7s IV
- 2022 World Series Toulouse (inv)
- 2023 World Series XI - L2
- 2023 World Series XI - L1
- 2023 Challenger 7s Series - L2
- 2023 Africa Cup XIII
- 2023 Challenger Sevens Series - L1
- 2024 Challenger 7s Series
- 2024 World Series XI - L7
- 2024 World Series XI - L5
- 2024 Olympic Games
- 2024 World Series XI - L4
- 2024 World Series XI - L3
- 2024 World Series XI - L6
- 2024 Africa Cup XIV
- 2025 Challenger Series - L2
- 2025 Challenger Series - L1
- 2025 Challenger Series - L3
- 2025 HSBC SVNS Play-off

Player facts

- ★ 2024 Olympic Sevens Squad Member
- ★ 2025 RWC Squad

Onako Jita



Springbok No.	125
Nickname	-
Position	Prop
Played (XVs)	2019-2019
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1992-10-20
	-

Test Matches

2019-08-13 MAD 2019-08-17 KEN

Other Matches

2019-09-14 SPI

Selected but didn't play

2019-08-09 UGA 2019-09-21 ESP
2019-09-30 SCO 2019-10-05 SCO

Sizophila Solontsi



Springbok No.	126
Nickname	Sizo
Position	Loose Forward
Played (XVs)	2019-2025
Caps	31
Points	50
Tries/Conversions	10/-
Penalties/Drop Goals	-
7s Caps	7
Born	1992-03-09
	-

Test Matches

2019-08-09 UGA 2019-08-13 MAD
2019-08-17 KEN 2019-09-21 ESP
2021-08-12 KEN 2021-08-16 KEN
2021-11-06 FRA 2021-11-13 WLS
2022-06-15 ZIM 2022-06-23 NAM
2022-07-30 JPN 2022-08-13 ESP
2022-08-19 ESP 2022-10-08 FRA
2022-10-16 FIJ 2022-10-23 ENG
2023-05-24 KEN 2023-05-28 MAD
2024-05-04 CMR 2024-05-08 KEN
2024-05-12 MAD 2024-09-19 ESP
2024-09-27 JPN 2024-10-05 AUS
2024-10-12 ITA 2025-04-19 ESP
2025-07-05 CAN 2025-07-12 CAN
2025-08-24 BRA 2025-08-31 ITA
2025-09-13 NZL

Other Matches

2019-09-14 SPI 2021-11-21 E20
2021-11-27 BRB 2024-09-07 BRB

Sevens Tournaments

- 2018 Dubai Sevens Invitational
- 2019 World Series Cape Town (inv)
- 2019 Africa Cup XI
- 2019 Centrale Sevens Invitational
- 2019 Stanislas Sevens Invitational
- 2020 Hermanus Sevens
- 2022 World Series Dubai (inv)
- 2022 World Cup 7s IV
- 2022 World Series Toulouse (inv)
- 2022 Africa Cup XII
- 2023 Challenger 7s Series - L2
- 2023 Challenger Sevens Series - L1
- 2024 Challenger 7s Series
- 2024 Olympic Games

Player facts

- ★ 2021 RWC Squad
- ★ 2024 Olympic Sevens Squad Member
- ★ 2025 Bulls Daisies MVP and Players' Player of the Year
- ★ 2025 MyPlayers' Bulls Daisies Representative
- ★ 2025 RWC Squad
- ★ Honours in Sports Science
- ★ Qualified Teacher

Nqobile Mhlangu



Springbok No.	127
Nickname	Tecia
Position	Wing
Played (XVs)	2019-2019
Caps	3
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1991-10-20
	-

Test Matches

2019-08-13 MAD 2019-08-17 KEN
2019-09-21 ESP

Other Matches

2019-09-14 SPI

Nomsa Mokwai



Springbok No.	128
Nickname	-
Position	Loose Forward
Played (XVs)	2019-2025
Caps	14
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	5
Born	1992-08-30
	-

Test Matches

2019-08-13 MAD 2019-08-17 KEN
2019-09-21 ESP 2022-06-23 NAM
2024-03-30 USA 2024-05-04 CMR
2024-05-08 KEN 2024-05-12 MAD
2025-06-07 UGA 2025-06-11 KEN
2025-06-15 MAD 2025-07-05 CAN
2025-07-12 CAN 2025-09-07 FRA

Other Matches

2019-09-14 SPI 2025-04-12 END

Selected but didn't play

2022-06-15 ZIM

Sevens Tournaments

- 2013 Dubai Sevens Invitational
- 2014 Africa Cup VI
- 2014 Hong Kong 7s
- 2015 World Series Dubai (inv)
- 2016 Las Vegas Invitational
- 2016 Africa Cup VIII
- 2016 World Series Dubai (inv)
- 2016 Roma Sevens
- 2016 Hong Kong 7s
- 2016 Paris 7s Invitational
- 2017 Vancouver Rugby Festival
- 2017 Hong Kong 7s
- 2017 Hokkaido Sevens
- 2018 Commonwealth Games

Player facts

- ★ 2014 SARU High Performance Contracted Player (7s)
- ★ 2025 RWC Squad
- ★ ER Nurse

Piwokuhle Nyanda



Springbok No.	129
Nickname	-
Position	Centre
Played (XVs)	2019-2024
Caps	12
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1993-11-13
	-

Test Matches

2019-09-21 ESP	2019-09-30 SCO
2019-10-05 SCO	2023-09-16 KEN
2023-10-07 SAM	2023-10-13 SCO
2023-10-20 ITA	2023-10-27 SAM
2024-03-23 ESP	2024-03-30 USA
2024-05-04 CMR	2024-05-08 KEN

Other Matches

2019-09-14 SPI	2023-09-19 SCR
2023-09-23 BRB	

Nompumelelo Mathe



Springbok No.	130
Nickname	Mpumie
Position	Lock
Played (XVs)	2019-2025
Caps	22
Points	25
Tries/Conversions	5/-
Penalties/Drop Goals	-
7s Caps	1
Born	1999-10-30
	-

Test Matches

2019-09-21 ESP	2019-09-30 SCO
2019-10-05 SCO	2021-08-12 KEN
2021-08-16 KEN	2022-06-15 ZIM
2022-06-23 NAM	2022-08-19 ESP
2022-10-23 ENG	2023-04-01 ESP
2023-05-20 CMR	2023-05-24 KEN
2023-05-28 MAD	2023-09-16 KEN
2023-10-07 SAM	2023-10-20 ITA
2023-10-27 SAM	2024-05-04 CMR
2024-05-08 KEN	2024-05-12 MAD
2025-06-11 KEN	2025-06-15 MAD

Sevens Tournaments

- 2024 Africa Cup XIV
- 2024 Dubai Sevens Invitational

Player facts

- ★ 2021 RWC Squad

Other Matches

2019-09-14 SPI	2023-09-19 SCR
2023-09-23 BRB	

Selected but didn't play

2023-03-25 CAN

Sesethu Mtshazi



Springbok No.	131
Nickname	Sese
Position	Centre
Played (XVs)	2019-2019
Caps	3
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1997-10-17

Test Matches

2019-09-21	ESP	2019-09-30	SCO
2019-10-05	SCO		

Other Matches

2019-09-14	SPI
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Unam Tose



Springbok No.	132
Nickname	-
Position	Scrumhalf
Played (XVs)	2019-2025
Caps	29
Points	17
Tries/Conversions	3/1
Penalties/Drop Goals	-
7s Caps	-
Born	2000-05-03

Test Matches

2019-09-21	ESP	2019-09-30	SCO
2019-10-05	SCO	2021-11-06	FRA
2021-11-13	WLS	2022-06-15	ZIM
2022-06-23	NAM	2022-07-24	JPN
2022-07-30	JPN	2022-08-13	ESP
2022-08-19	ESP	2022-10-08	FRA
2022-10-16	FIJ	2023-03-25	CAN
2023-05-20	CMR	2023-05-24	KEN
2023-09-16	KEN	2023-10-07	SAM
2023-10-20	ITA	2023-10-27	SAM
2024-09-27	JPN	2024-10-05	AUS
2024-10-12	ITA	2025-06-07	UGA
2025-06-11	KEN	2025-06-15	MAD
2025-07-12	CAN	2025-08-24	BRA
2025-08-31	ITA		

Player facts

- * 2021 RWC Squad
- * 2025 RWC Squad

Other Matches

2019-09-14	SPI	2021-11-27	BRB
2023-09-19	SCR	2023-09-23	BRB
2025-04-12	END	2025-08-02	NZX

Phelisa Mrwebi



Springbok No.	133
Nickname	-
Position	Loose Forward
Played (XVs)	2019-2019
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1999-01-22
	-

Test Matches

2019-09-30 SCO 2019-10-05 SCO

Other Matches

2019-09-14 SPI

Anacardia Minnaar



Springbok No.	134
Nickname	-
Position	Flyhalf
Played (XVs)	2019-2019
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	2
Born	2000-08-04
	-

Test Matches

2019-09-30 SCO 2019-10-05 SCO

Sevens Tournaments

- 2022 World Series Cape Town (inv)
- 2022 World Series Toulouse (inv)
- 2022 Commonwealth Games
- 2022 Africa Cup XII

Chumisa Qawe



Captain (3x)

Springbok No.	135
Nickname	-
Position	Centre
Played (XVs)	2019-2025
Caps	24
Points	20
Tries/Conversions	4/-
Penalties/Drop Goals	-
7s Caps	-
Born	1999-11-15
	-

Test Matches

2019-09-30	SCO	2019-10-05	SCO
2021-08-12	KEN	2021-08-16	KEN
2021-11-06	FRA	2021-11-13	WLS
2022-07-24	JPN	2022-07-30	JPN
2022-08-13	ESP	2022-10-23	ENG
2023-03-25	CAN	2023-04-01	ESP
2023-05-20	CMR	2023-05-24	KEN
2023-05-28	MAD	2024-09-19	ESP
2024-09-27	JPN	2024-10-05	AUS
2024-10-12	ITA	2025-04-19	ESP
2025-07-05	CAN	2025-07-12	CAN
2025-08-31	ITA	2025-09-07	FRA

Player facts

- * 2021 RWC Squad
- * 2025 RWC Squad
- * Twin sister of Springbok Chuma Qawe (#138)

Other Matches

2019-09-14	SPI	2021-11-21	E20
2021-11-27	BRB	2023-09-19	SCR
2024-09-07	BRB	2025-04-12	END
2025-07-26	NZX		

Nomawethu Mabenge



Springbok No.	136
Nickname	Sbu
Position	Wing
Played (XVs)	2019-2025
Caps	20
Points	80
Tries/Conversions	16/-
Penalties/Drop Goals	-
7s Caps	-
Born	1996-08-27
	-

Test Matches

2019-09-30	SCO	2019-10-05	SCO
2021-11-06	FRA	2021-11-13	WLS
2022-06-15	ZIM	2022-06-23	NAM
2022-07-24	JPN	2022-08-19	ESP
2022-10-08	FRA	2022-10-16	FIJ
2022-10-23	ENG	2023-03-25	CAN
2023-04-01	ESP	2023-05-24	KEN
2023-05-28	MAD	2024-05-04	CMR
2024-05-08	KEN	2024-10-12	ITA
2025-06-07	UGA	2025-06-15	MAD

Player facts

- * 2021 RWC Squad
- * 2022 World Rugby Women's Try of The Year Nominee (2022-08-19 ESP)

Other Matches

2021-11-21	E20	2021-11-27	BRB
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Selected but didn't play

2022-07-30	JPN
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Edwaline Dickson



Springbok No.	137
Nickname	Rasta
Position	Loose Forward
Played (XVs)	2019-2019
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	2000-02-22
	-

Test Matches

2019-09-30 SCO	2019-10-05 SCO
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Chuma Qawe



Springbok No.	138
Nickname	-
Position	Fullback
Played (XVs)	2019-2025
Caps	14
Points	2
Tries/Conversions	-/1
Penalties/Drop Goals	-
7s Caps	-
Born	1999-11-15
	-

Test Matches

2019-09-30 SCO	2019-10-05 SCO
2022-08-13 ESP	2022-10-23 ENG
2023-10-13 SCO	2023-10-20 ITA
2023-10-27 SAM	2024-03-23 ESP
2024-03-30 USA	2024-05-04 CMR
2024-05-12 MAD	2025-06-07 UGA
2025-06-11 KEN	2025-06-15 MAD

Player facts

- * 2021 RWC Squad
- * Twin sister of Springbok Chumisa Qawe (#135)

Other Matches

2019-09-14 SPI

Selected but didn't play

2019-09-21 ESP	2022-08-19 ESP
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Shuneez van Heerden



Springbok No.	139
Nickname	Verana/Ferrari
Position	Wing
Played (XVs)	2019-2019
Caps	1
Points	3
Tries/Conversions	-
Penalties/Drop Goals	1/-
7s Caps	-
Born	1988-11-25
	-

Test Matches

2019-10-05 SCO

Sevens Tournaments

o 2017 Hokkaido Sevens

Prelene Pegram



Springbok No.	140
Nickname	-
Position	Lock
Played (XVs)	2019-2019
Caps	1
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1997-03-02
	-

Test Matches

2019-10-05 SCO

Other Matches

2019-09-14 SPI

Selected but didn't play

2019-09-21 ESP 2019-09-30 SCO

Alichia Arries



Springbok No.	141
Nickname	-
Position	Wing
Played (XVs)	2021-2021
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	4
Born	2002-05-02
	-

Test Matches

2021-08-12 KEN	2021-08-16 KEN
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Sevens Tournaments

- 2022 World Series Toulouse (inv)
- 2022 Africa Cup XII
- 2023 Dubai Sevens Invitational
- 2024 World Series XI - L5
- 2024 World Series XI - L4
- 2024 World Series XI - L6

Catha Jacobs



Springbok No.	142
Nickname	-
Position	Lock
Played (XVs)	2021-2025
Caps	26
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	1
Born	1998-02-06
	-

Test Matches

2021-08-12 KEN	2021-08-16 KEN
2021-11-06 FRA	2021-11-13 WLS
2022-07-30 JPN	2022-08-13 ESP
2022-08-19 ESP	2022-10-08 FRA
2022-10-23 ENG	2023-03-25 CAN
2023-09-16 KEN	2023-10-07 SAM
2023-10-13 SCO	2023-10-20 ITA
2023-10-27 SAM	2024-09-19 ESP
2024-09-27 JPN	2024-10-05 AUS
2024-10-12 ITA	2025-04-19 ESP
2025-07-05 CAN	2025-07-12 CAN
2025-08-24 BRA	2025-08-31 ITA
2025-09-07 FRA	2025-09-13 NZL

Sevens Tournaments

- 2019 World Series Cape Town (inv)
- 2019 Africa Cup XI
- 2019 Centrale Sevens Invitational
- 2019 Stanislas Sevens Invitational

Player facts

- ★ 2021 RWC Squad
- ★ 2022 Saracens (UK)
- ★ 2023 Leicester Tigers Women (UK)
- ★ 2025 RWC Squad
- ★ Professional Rower prior to rugby

Other Matches

2021-11-21 E20	2021-11-27 BRB
2023-09-23 BRB	2025-04-12 END
2025-07-26 NZX	2025-08-02 NZX

Donelle Snyders



Springbok No.	143
Nickname	Pakkie
Position	Scrumhalf
Played (XVs)	2021-2021
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	4
Born	2001-04-08
	-

Test Matches

2021-08-12 KEN	2021-08-16 KEN
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Other Matches

2021-11-21 E20	2021-11-27 BRB
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Sevens Tournaments

- 2022 Challenger 7s Series
- 2022 World Series Toulouse (inv)
- 2022 Commonwealth Games
- 2022 Africa Cup XII
- 2024 World Series XI - L6

Libbie Janse van Rensburg



Springbok No.	144
Nickname	-
Position	Flyhalf
Played (XVs)	2021-2025
Caps	30
Points	219
Tries/Conversions	14/55
Penalties/Drop Goals	12/1
7s Caps	5
Born	1994-09-28
	-

Test Matches

2021-08-12 KEN	2021-08-16 KEN
2021-11-06 FRA	2021-11-13 WLS
2022-06-15 ZIM	2022-06-23 NAM
2022-07-24 JPN	2022-07-30 JPN
2022-08-13 ESP	2022-08-19 ESP
2022-10-08 FRA	2022-10-16 FIJ
2023-03-25 CAN	2023-04-01 ESP
2023-05-20 CMR	2023-05-24 KEN
2023-05-28 MAD	2023-09-16 KEN
2023-10-07 SAM	2023-10-13 SCO
2023-10-20 ITA	2023-10-27 SAM
2024-09-19 ESP	2024-09-27 JPN
2025-04-19 ESP	2025-07-05 CAN
2025-07-12 CAN	2025-08-24 BRA
2025-08-31 ITA	2025-09-13 NZL

Other Matches

2021-11-21 E20	2023-09-19 SCR
2023-09-23 BRB	2024-09-07 BRB
2025-04-12 END	2025-07-26 NZX
2025-08-02 NZX	

Sevens Tournaments

- 2016 Las Vegas Invitational
- 2016 Paris 7s Invitational
- 2023 World Series XI - L1
- 2023 Challenger 7s Series - L2
- 2023 Challenger Sevens Series - L1
- 2024 Challenger 7s Series
- 2024 Olympic Games

Player facts

- ★ 2021 RWC Squad
- ★ 2023 Springbok Women's Player of the year
- ★ 2024 First player to score more than 200 points (2024-09-19 ESP)
- ★ 2024 Olympic Sevens Squad Member
- ★ 2025 RWC Squad

Sanelisiwe Charlie



Springbok No.	145
Nickname	-
Position	Prop
Played (XVs)	2021-2025
Caps	29
Points	10
Tries/Conversions	2/-
Penalties/Drop Goals	-
7s Caps	-
Born	2000-05-01
	-

Test Matches

2021-08-12 KEN	2021-08-16 KEN
2022-07-24 JPN	2022-10-08 FRA
2022-10-16 FIJ	2022-10-23 ENG
2023-03-25 CAN	2023-04-01 ESP
2023-05-20 CMR	2023-05-24 KEN
2023-05-28 MAD	2023-10-13 SCO
2023-10-20 ITA	2023-10-27 SAM
2024-03-23 ESP	2024-03-30 USA
2024-05-04 CMR	2024-05-08 KEN
2024-05-12 MAD	2024-09-19 ESP
2024-09-27 JPN	2024-10-05 AUS
2024-10-12 ITA	2025-04-19 ESP
2025-07-05 CAN	2025-07-12 CAN
2025-08-24 BRA	2025-08-31 ITA
2025-09-13 NZL	

Player facts

- ★ 2021 RWC Squad
- ★ 2025 RWC Squad

Other Matches

2021-11-21 E20	2021-11-27 BRB
2024-09-07 BRB	2025-04-12 END
2025-07-26 NZX	

Selected but didn't play

2022-08-19 ESP

Micke Günter



Springbok No.	146
Nickname	-
Position	Hooker
Played (XVs)	2021-2025
Caps	16
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	-
Born	1998-10-25
	-

Test Matches

2021-08-16 KEN	2022-07-24 JPN
2022-07-30 JPN	2022-10-23 ENG
2023-09-16 KEN	2023-10-07 SAM
2023-10-13 SCO	2023-10-20 ITA
2024-09-27 JPN	2024-10-05 AUS
2024-10-12 ITA	2025-07-05 CAN
2025-07-12 CAN	2025-08-24 BRA
2025-08-31 ITA	2025-09-07 FRA

Player facts

- ★ 2021 RWC Squad
- ★ 2025 Contracted by Leicester Tigers
- ★ 2025 RWC Squad

Other Matches

2021-11-21 E20	2021-11-27 BRB
2023-09-19 SCR	2023-09-23 BRB
2024-09-07 BRB	2025-07-26 NZX

Selected but didn't play

2021-08-12 KEN

Jacomina Cilliers



Springbok No.	147
Nickname	Jakkie
Position	Centre
Played (XVs)	2021-2025
Caps	21
Points	95
Tries/Conversions	9/19
Penalties/Drop Goals	4/-
7s Caps	2
Born	2000-10-30
	-

Test Matches

2021-08-16 KEN	2021-11-06 FRA
2022-10-23 ENG	2023-03-25 CAN
2023-04-01 ESP	2023-05-20 CMR
2023-05-24 KEN	2023-05-28 MAD
2023-09-16 KEN	2024-03-23 ESP
2024-03-30 USA	2024-05-08 KEN
2024-05-12 MAD	2024-09-19 ESP
2024-09-27 JPN	2024-10-05 AUS
2025-04-19 ESP	2025-07-05 CAN
2025-07-12 CAN	2025-08-24 BRA
2025-09-07 FRA	

Sevens Tournaments

- 2022 World Series Cape Town (inv)
- 2022 World Series Dubai (inv)
- 2023 Challenger 7s Series - L2
- 2023 Challenger Sevens Series - L1

Player facts

- ★ 2021 RWC Squad
- ★ 2024 SA Rugby Provincial Women's Player of the Year
- ★ 2025 RWC Squad

Other Matches

2021-11-21 E20	2021-11-27 BRB
2023-09-19 SCR	2023-09-23 BRB
2024-09-07 BRB	2025-04-12 END
2025-07-26 NZX	2025-08-02 NZX

Buhlebethu Sonamzi



Springbok No.	148
Nickname	BooBoo
Position	Hooker
Played (XVs)	2021-2021
Caps	1
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	2
Born	1997-02-18
	-

Test Matches

2021-08-16 KEN

Other Matches

2019-09-14 SPI

Sevens Tournaments

- 2018 World Cup 7s III
- 2018 Dubai Sevens Invitational
- 2019 World Series Cape Town (inv)
- 2019 Africa Cup XI
- 2019 Centrale Sevens Invitational
- 2019 Stanislas Sevens Invitational
- 2020 Hermanus Sevens

Ziyanda Ngohlekana



Springbok No.	149
Nickname	-
Position	Loose Forward
Played (XVs)	2021-2025
Caps	3
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1992-09-19
	-

Test Matches

2021-08-16 KEN 2021-11-06 FRA
 2025-06-15 MAD

Player facts

- * Serving in SA Defence Force
- * Sports Management Degree

Other Matches

2021-11-21 E20

Selected but didn't play

2021-08-12 KEN

Amahle Nyoba



Springbok No.	150
Nickname	-
Position	Prop
Played (XVs)	2021-2021
Caps	3
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	2000-10-01
	-

Test Matches

2021-08-12 KEN 2021-08-16 KEN
 2021-11-06 FRA

Other Matches

2021-11-21 E20

Selected but didn't play

2021-11-13 WLS

Nadine Roos



Springbok No.	151
Nickname	Rooseie
Position	Back
Played (XVs)	2021-2025
Caps	22
Points	50
Tries/Conversions	8/5
Penalties/Drop Goals	-
7s Caps	27
Born	1996-05-09
	-

Test Matches

2021-11-06 FRA	2021-11-13 WLS
2022-06-15 ZIM	2022-06-23 NAM
2022-07-24 JPN	2022-07-30 JPN
2022-08-13 ESP	2022-08-19 ESP
2022-10-08 FRA	2022-10-16 FIJ
2022-10-23 ENG	2024-09-19 ESP
2024-09-27 JPN	2024-10-05 AUS
2024-10-12 ITA	2025-04-19 ESP
2025-07-05 CAN	2025-07-12 CAN
2025-08-24 BRA	2025-08-31 ITA
2025-09-07 FRA	2025-09-13 NZL

Other Matches

2021-11-21 E20	2024-09-07 BRB
2025-07-26 NZX	2025-08-02 NZX

Player facts

- * 2021 RWC Squad
- * 2022 First SA Women's player to sign for a Japanese club (Nagato Blue Angels)
- * 2022 MyPlayers Women's Player of the Year
- * 2022 Springbok Women's Player of the year
- * 2024 Olympic Sevens Squad Member
- * 2024 SA Rugby Women's Player of the Year
- * 2025 RWC Squad

Sevens Tournaments

- o 2016 Las Vegas Invitational
- 2016 Africa Cup VIII
- 2016 Hong Kong 7s
- o 2016 Roma Sevens
- o 2016 World Series Dubai (inv)
- o 2016 Paris 7s Invitational
- o 2017 World Series Dubai (inv)
- 2017 Hong Kong 7s
- 2017 Africa Cup IX
- 2018 World Cup 7s III
- 2018 World Series 2017/18 - Qualifier
- o 2018 Super7sBrisbane
- o 2018 Dubai Sevens Invitational
- 2018 Commonwealth Games
- o 2019 World Series Cape Town (inv)
- 2019 Africa Cup XI
- o 2019 Centrale Sevens Invitational
- o 2019 Stanislas Sevens Invitational
- o 2020 Hermanus Sevens
- o 2022 World Series Cape Town (inv)
- o 2022 World Series Dubai (inv)
- 2022 World Cup 7s IV
- o 2022 World Series Toulouse (inv)
- 2022 Africa Cup XII
- 2023 World Series XI - L2
- 2023 World Series XI - L1
- 2023 Challenger 7s Series - L2
- 2023 Africa Cup XIII
- 2023 Challenger Sevens Series - L1
- 2024 Challenger 7s Series
- 2024 World Series XI - L7
- 2024 World Series XI - L5
- 2024 Olympic Games
- 2024 World Series XI - L4
- 2024 World Series XI - L3
- 2024 World Series XI - L6
- 2024 Africa Cup XIV
- 2025 Challenger Series - L2
- 2025 Challenger Series - L1
- 2025 Challenger Series - L3
- 2025 HSBC SVNS Play-off

Roseline Botes



Springbok No.	152
Nickname	-
Position	Hooker
Played (XVs)	2021-2025
Caps	24
Points	35
Tries/Conversions	7/-
Penalties/Drop Goals	-
7s Caps	-
Born	1999-11-25
	-

Test Matches

2021-11-06 FRA	2021-11-13 WLS
2022-06-23 NAM	2022-08-13 ESP
2022-08-19 ESP	2022-10-08 FRA
2022-10-16 FIJ	2022-10-23 ENG
2023-04-01 ESP	2023-05-20 CMR
2023-05-24 KEN	2023-09-16 KEN
2023-10-07 SAM	2023-10-13 SCO
2023-10-27 SAM	2024-03-23 ESP
2024-03-30 USA	2024-05-04 CMR
2024-05-08 KEN	2024-09-19 ESP
2024-09-27 JPN	2024-10-05 AUS
2025-06-07 UGA	2025-06-11 KEN

Player facts

- ★ 2021 RWC Squad

Other Matches

2021-11-21 E20	2023-09-19 SCR
2023-09-23 BRB	2025-07-26 NZX

Selected but didn't play

2023-03-25 CAN

Simamkele Namba



Springbok No.	153
Nickname	Sima
Position	Wing
Played (XVs)	2021-2025
Caps	14
Points	45
Tries/Conversions	9/-
Penalties/Drop Goals	-
7s Caps	11
Born	1998-10-03
	-

Test Matches

2021-11-13 WLS	2022-06-23 NAM
2022-07-24 JPN	2022-07-30 JPN
2022-08-13 ESP	2022-08-19 ESP
2022-10-08 FRA	2022-10-16 FIJ
2023-05-20 CMR	2023-05-24 KEN
2023-05-28 MAD	2025-06-07 UGA
2025-06-11 KEN	2025-06-15 MAD

Other Matches

2021-11-21 E20	2021-11-27 BRB
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Sevens Tournaments

- 2022 World Series Cape Town (inv)
- 2022 World Series Dubai (inv)
- 2022 World Cup 7s IV
- 2023 World Series XI - L1
- 2023 Challenger 7s Series - L2
- 2023 Africa Cup XIII
- 2023 Challenger Sevens Series - L1
- 2024 World Series XI - L7
- 2024 World Series XI - L5
- 2024 World Series XI - L4
- 2024 World Series XI - L3
- 2024 World Series XI - L6
- 2025 HSBC SVNS Play-off

Player facts

- ★ 2021 RWC Squad

Lerato Makua



Springbok No.	154
Nickname	-
Position	Lock
Played (XVs)	2021-2025
Caps	19
Points	25
Tries/Conversions	5/-
Penalties/Drop Goals	-
7s Caps	1
Born	1999-12-07
	-

Test Matches

2021-11-13 WLS	2022-06-23 NAM
2022-07-24 JPN	2022-08-13 ESP
2022-08-19 ESP	2022-10-16 FIJ
2022-10-23 ENG	2023-05-20 CMR
2023-05-24 KEN	2023-05-28 MAD
2025-06-07 UGA	2025-06-11 KEN
2025-06-15 MAD	2025-07-05 CAN
2025-07-12 CAN	2025-08-24 BRA
2025-08-31 ITA	2025-09-07 FRA
2025-09-13 NZL	

Sevens Tournaments

- 2022 World Cup 7s IV
- 2022 World Series Toulouse (inv)

Player facts

- ★ 2021 RWC Squad
- ★ 2025 RWC Squad

Other Matches

2021-11-21 E20	2021-11-27 BRB
2023-09-19 SCR	2023-09-23 BRB
2025-04-12 END	2025-07-26 NZX
2025-08-02 NZX	

Selected but didn't play

2021-08-12 KEN	2021-08-16 KEN
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Nokubonga Siko



Springbok No.	155
Nickname	Bonga
Position	Flanker
Played (XVs)	2022-2022
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1993-11-07
	-

Test Matches

2022-06-23 NAM	2022-07-24 JPN
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Selected but didn't play

2022-06-15 ZIM

Azisa Mkiva



Springbok No.	156
Nickname	-
Position	Prop
Played (XVs)	2022-2025
Caps	14
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1999-02-09
	-

Test Matches

2022-06-23	NAM	2022-10-23	ENG
2023-03-25	CAN	2023-05-20	CMR
2023-05-24	KEN	2023-05-28	MAD
2024-05-04	CMR	2024-05-08	KEN
2024-05-12	MAD	2024-09-19	ESP
2024-09-27	JPN	2024-10-05	AUS
2025-04-19	ESP	2025-07-12	CAN

Player facts

★ 2021 RWC Squad

Other Matches

2024-09-07	BRB	2025-04-12	END
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Selected but didn't play

2022-06-15	ZIM	2022-08-19	ESP
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Rumandi Potgieter



Springbok No.	157
Nickname	-
Position	Scrumhalf
Played (XVs)	2022-2024
Caps	16
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1997-10-05
	-

Test Matches

2022-07-24	JPN	2022-08-13	ESP
2022-08-19	ESP	2022-10-23	ENG
2023-04-01	ESP	2023-05-20	CMR
2023-05-28	MAD	2023-09-16	KEN
2023-10-07	SAM	2023-10-13	SCO
2023-10-27	SAM	2024-03-23	ESP
2024-03-30	USA	2024-05-04	CMR
2024-05-08	KEN	2024-05-12	MAD

Player facts

★ 2021 RWC Squad

Other Matches

2021-11-21	E20	2021-11-27	BRB
2023-09-19	SCR	2023-09-23	BRB

Monica Mazibukwana



Springbok No.	158
Nickname	Monza
Position	Prop
Played (XVs)	2022-2022
Caps	4
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1998-05-28
	-

Test Matches

2022-07-24 JPN	2022-07-30 JPN
2022-08-13 ESP	2022-10-16 FIJ

Player facts

- * 2021 RWC Squad

Other Matches

2019-09-14 SPI	2021-11-21 E20
2021-11-27 BRB	

Selected but didn't play

2022-10-08 FRA

Danelle Lochner



Springbok No.	159
Nickname	-
Position	Lock
Played (XVs)	2023-2025
Caps	22
Points	10
Tries/Conversions	2/-
Penalties/Drop Goals	-
7s Caps	-
Born	1997-05-16
	-

Test Matches

2023-03-25 CAN	2023-04-01 ESP
2023-05-20 CMR	2023-05-24 KEN
2023-05-28 MAD	2023-09-16 KEN
2023-10-07 SAM	2023-10-13 SCO
2023-10-20 ITA	2023-10-27 SAM
2024-03-23 ESP	2024-03-30 USA
2024-09-19 ESP	2024-09-27 JPN
2024-10-05 AUS	2024-10-12 ITA
2025-04-19 ESP	2025-07-05 CAN
2025-07-12 CAN	2025-08-24 BRA
2025-08-31 ITA	2025-09-13 NZL

Player facts

- * 2023 Harlequins Women (UK)
- * 2025 RWC Squad
- * Former Protea netball player

Other Matches

2023-09-23 BRB	2024-09-07 BRB
2025-04-12 END	2025-08-02 NZX

Shaunique Hess



Springbok No.	160
Nickname	-
Position	Centre
Played (XVs)	2023-2024
Caps	6
Points	15
Tries/Conversions	3/-
Penalties/Drop Goals	-
7s Caps	-
Born	1999-02-27
	-

Test Matches

2023-03-25	CAN	2023-04-01	ESP
2023-10-13	SCO	2023-10-20	ITA
2023-10-27	SAM	2024-09-19	ESP

Sevens Tournaments

- 2017 Hokkaido Sevens

Mary Zulu



Springbok No.	161
Nickname	-
Position	Fullback
Played (XVs)	2023-2025
Caps	15
Points	42
Tries/Conversions	-/21
Penalties/Drop Goals	-
7s Caps	-
Born	2002-12-06
	-

Test Matches

2023-03-25	CAN	2023-05-20	CMR
2023-05-28	MAD	2023-09-16	KEN
2023-10-07	SAM	2023-10-13	SCO
2024-03-23	ESP	2024-03-30	USA
2024-05-04	CMR	2024-05-08	KEN
2024-05-12	MAD	2025-06-07	UGA
2025-06-11	KEN	2025-06-15	MAD
2025-09-07	FRA		

Player facts

- ★ 2025 RWC Squad

Other Matches

2023-09-19	SCR	2025-04-12	END
2025-07-26	NZX		

Selected but didn't play

2023-04-01	ESP
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Byrhandré Dolf



Springbok No.	162
Nickname	-
Position	Flyhalf/Fullback
Played (XVs)	2023-2025
Caps	26
Points	64
Tries/Conversions	7/13
Penalties/Drop Goals	1/-
7s Caps	4
Born	2003-07-04
	-

Test Matches

2023-03-25 CAN	2023-04-01 ESP
2023-05-20 CMR	2023-05-24 KEN
2023-05-28 MAD	2023-09-16 KEN
2023-10-07 SAM	2023-10-20 ITA
2023-10-27 SAM	2024-03-23 ESP
2024-03-30 USA	2024-05-04 CMR
2024-05-08 KEN	2024-05-12 MAD
2024-10-05 AUS	2024-10-12 ITA
2025-04-19 ESP	2025-06-07 UGA
2025-06-11 KEN	2025-06-15 MAD
2025-07-05 CAN	2025-07-12 CAN
2025-08-24 BRA	2025-08-31 ITA
2025-09-07 FRA	2025-09-13 NZL

Sevens Tournaments

- 2023 World Series XI - L2
- 2024 Challenger 7s Series
- 2024 Olympic Games
- 2024 World Series XI - L3

Player facts

- ★ 2022 Captained Junior Springbok Women vs. Zimbabwe
- ★ 2024 Olympic Sevens Squad Member
- ★ 2025 RWC Squad

Other Matches

2023-09-23 BRB	2024-09-07 BRB
2025-04-12 END	2025-08-02 NZX

Vainah Ubisi



Springbok No.	163
Nickname	-
Position	Lock
Played (XVs)	2023-2025
Caps	22
Points	20
Tries/Conversions	4/-
Penalties/Drop Goals	-
7s Caps	-
Born	2003-02-20
	-

Test Matches

2023-04-01 ESP	2023-05-20 CMR
2023-05-24 KEN	2023-05-28 MAD
2023-09-16 KEN	2023-10-07 SAM
2023-10-13 SCO	2023-10-20 ITA
2023-10-27 SAM	2024-03-23 ESP
2024-03-30 USA	2024-05-04 CMR
2024-05-08 KEN	2024-05-12 MAD
2024-09-19 ESP	2024-09-27 JPN
2024-10-05 AUS	2024-10-12 ITA
2025-08-24 BRA	2025-08-31 ITA
2025-09-07 FRA	2025-09-13 NZL

Player facts

- ★ 2024 Women's Players' player of the year
- ★ 2025 RWC Squad

Other Matches

2023-09-19 SCR	2023-09-23 BRB
2024-09-07 BRB	2025-07-26 NZX
2025-08-02 NZX	

Asiphe Mayaba



Springbok No.	164
Nickname	-
Position	Wing
Played (XVs)	2023-2024
Caps	3
Points	25
Tries/Conversions	5/-
Penalties/Drop Goals	-
7s Caps	-
Born	2003-09-09
	-

Test Matches

2023-05-20	CMR	2023-05-28	MAD
2024-03-30	USA		

Sevens Tournaments

- o 2024 Dubai Sevens Invitational

Amber Schonert



Springbok No.	165
Nickname	-
Position	Prop
Played (XVs)	2023-2024
Caps	6
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1992-07-14
	-

Test Matches

2023-05-24	KEN	2023-05-28	MAD
2023-09-16	KEN	2023-10-13	SCO
2024-05-08	KEN	2024-05-12	MAD

Player facts

- * Tattoo artist
- * UK Record Holder Powerlifter

Other Matches

2023-09-19 SCR

Selected but didn't play

2023-10-07 SAM

Luchell Hanekom



Springbok No.	166
Nickname	Lulu
Position	Hooker
Played (XVs)	2023-2025
Caps	11
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	2001-01-17
	-

Test Matches

2023-05-28 MAD	2023-10-07 SAM
2023-10-20 ITA	2025-04-19 ESP
2025-06-07 UGA	2025-06-11 KEN
2025-06-15 MAD	2025-07-05 CAN
2025-07-12 CAN	2025-09-07 FRA
2025-09-13 NZL	

Player facts

- * 2025 RWC Squad

Other Matches

2023-09-19 SCR	2025-04-12 END
2025-08-02 NZX	

Selected but didn't play

2022-06-15 ZIM

Unathi Mali



Springbok No.	167
Nickname	-
Position	Wing
Played (XVs)	2023-2023
Caps	4
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	6
Born	1989-12-03
	-

Test Matches

2023-09-16 KEN	2023-10-07 SAM
2023-10-20 ITA	2023-10-27 SAM

Other Matches

2017-10-14 BAR	2017-10-18 EAC
2017-10-22 EAC	

Sevens Tournaments

- 2016 Las Vegas Invitational
- 2016 Hong Kong 7s
- 2017 World Series Dubai (inv)
- 2017 Vancouver Rugby Festival
- 2018 World Series 2017/18 - Qualifier
- 2018 Super7sBrisbane
- 2018 Commonwealth Games
- 2022 World Cup 7s IV
- 2022 Challenger 7s Series
- 2022 Commonwealth Games

Sinelitha Noxeke



Springbok No.	168
Nickname	-
Position	Lock
Played (XVs)	2023-2024
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	2002-03-19
	-

Test Matches

2023-09-16 KEN 2024-03-23 ESP

Player facts

- * Daughter of Springbok Zolisa Noxeke (#13)

Other Matches

2023-09-19 SCR 2024-09-07 BRB

Selected but didn't play

2024-03-30 USA

Maceala Samboya



Springbok No.	169
Nickname	-
Position	Wing
Played (XVs)	2023-2025
Caps	7
Points	20
Tries/Conversions	4/-
Penalties/Drop Goals	-
7s Caps	-
Born	1999-07-30
	-

Test Matches

2023-10-07 SAM 2023-10-13 SCO
 2024-03-23 ESP 2024-05-04 CMR
 2025-08-24 BRA 2025-09-07 FRA
 2025-09-13 NZL

Player facts

- * 2024 Western Cape Provincial Sport Awards: Sportswoman of the Year
- * 2025 RWC Squad

Other Matches

2023-09-19 SCR 2023-09-23 BRB
 2025-04-12 END 2025-07-26 NZX
 2025-08-02 NZX

Xoliswa Khuzwayo



Springbok No.	170
Nickname	Zulu
Position	Prop
Played (XVs)	2024-2025
Caps	9
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1999-06-17
	-

Test Matches

2024-03-23 ESP	2024-03-30 USA
2024-05-04 CMR	2024-05-08 KEN
2024-05-12 MAD	2025-06-07 UGA
2025-06-11 KEN	2025-06-15 MAD
2025-09-07 FRA	

Player facts

★ 2025 RWC Squad

Other Matches

2023-09-19 SCR	2023-09-23 BRB
2025-08-02 NZX	

Anathi Qolo



Springbok No.	171
Nickname	-
Position	Lock
Played (XVs)	2024-2025
Caps	11
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1998-02-21
	-

Test Matches

2024-03-23 ESP	2024-03-30 USA
2024-05-08 KEN	2024-05-12 MAD
2024-09-27 JPN	2025-04-19 ESP
2025-06-07 UGA	2025-06-11 KEN
2025-06-15 MAD	2025-09-07 FRA
2025-09-13 NZL	

Player facts

★ 2025 RWC Squad

Other Matches

2025-04-12 END	2025-07-26 NZX
2025-08-02 NZX	

Samantha Els



Springbok No.	172
Nickname	-
Position	Lock
Played (XVs)	2024-2024
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	1999-05-26
	-

Test Matches

2024-03-23 ESP 2024-05-04 CMR

Player facts

* Daughter of SA golfer Ernie 'The Big Easy' Els

Other Matches

2023-09-19 SCR

Aliyah Tchogna-Njamen



Springbok No.	173
Nickname	-
Position	Loose Forward
Played (XVs)	2024-2024
Caps	3
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	2001-06-23
	-

Test Matches

2024-03-23 ESP 2024-03-30 USA
2024-05-04 CMR

Other Matches

2023-09-23 BRB

Sikholiwe Mdletshe



Springbok No.	174
Nickname	Sne
Position	Wing
Played (XVs)	2024-2024
Caps	2
Points	20
Tries/Conversions	4/-
Penalties/Drop Goals	-
7s Caps	-
Born	1999-05-09
	-

Test Matches

2024-05-08 KEN 2024-05-12 MAD

Player facts

- * 2019 U21 SA Netball
- * 2020 SA Protea Netball Capped

Nombuyekezo Mdliki



Springbok No.	175
Nickname	Mado
Position	Prop
Played (XVs)	2024-2025
Caps	9
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	2002-03-19
	-

Test Matches

2024-10-12 ITA 2025-06-07 UGA
 2025-06-11 KEN 2025-06-15 MAD
 2025-07-05 CAN 2025-08-24 BRA
 2025-08-31 ITA 2025-09-07 FRA
 2025-09-13 NZL

Player facts

- * 2025 RWC Squad

Other Matches

2025-04-12 END 2025-07-26 NZX
 2025-08-02 NZX

Alicia Willemse



Springbok No.	176
Nickname	-
Position	Scrumhalf
Played (XVs)	2025-2025
Caps	1
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	3
Born	1997-05-18
	-

Test Matches

2025-04-19 ESP

Other Matches

2025-04-12 END

Sevens Tournaments

- 2025 Challenger Series - L2
- 2025 Challenger Series - L1
- 2025 HSBC SVNS Play-off

Anushka Groenewald



Springbok No.	177
Nickname	-
Position	Flanker
Played (XVs)	2025-2025
Caps	3
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	2004-10-21
	-

Test Matches

2025-06-07 UGA 2025-06-11 KEN
2025-06-15 MAD

Faith Ntsako Tshauke



Springbok No.	178
Nickname	-
Position	Number 8
Played (XVs)	2025-2025
Caps	4
Points	15
Tries/Conversions	3/-
Penalties/Drop Goals	-
7s Caps	-
Born	1995-12-16
	-

Test Matches

2025-06-07 UGA	2025-06-11 KEN
2025-06-15 MAD	2025-09-07 FRA

Player facts

- ★ 2025 Bulls Daisies Forward of the Year
- ★ 2025 RWC Squad

Other Matches

2025-04-12 END	2025-07-26 NZX
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Patience Mokone



Springbok No.	179
Nickname	-
Position	Wing
Played (XVs)	2025-2025
Caps	3
Points	20
Tries/Conversions	4/-
Penalties/Drop Goals	-
7s Caps	2
Born	2002-04-17
	-

Test Matches

2025-06-07 UGA	2025-06-11 KEN
2025-06-15 MAD	

Sevens Tournaments

- 2025 Challenger Series - L3
- 2025 HSBC SVNS Play-off

Player facts

- ★ 2025 Bulls Daisies Back of the Year

Sinothile Bhengu



Test Matches

2025-06-07 UGA 2025-06-11 KEN
 2025-06-15 MAD

Springbok No.	180
Nickname	-
Position	Prop
Played (XVs)	2025-2025
Caps	3
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	-
Born	2004-02-09
	-

Dineo Ndlhovu



Test Matches

2025-06-07 UGA 2025-06-11 KEN

Springbok No.	181
Nickname	-
Position	Lock
Played (XVs)	2025-2025
Caps	2
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	2004-07-21
	-

Nobuhle Mjwara



Test Matches

2025-06-07 UGA 2025-06-11 KEN
 2025-06-15 MAD

Springbok No.	182
Nickname	-
Position	Flanker
Played (XVs)	2025-2025
Caps	3
Points	5
Tries/Conversions	1/-
Penalties/Drop Goals	-
7s Caps	-
Born	2000-05-24
	-

Leigh Fortuin



Test Matches

2025-06-07 UGA 2025-06-11 KEN
 2025-06-15 MAD

Sevens Tournaments

- 2024 Africa Cup XIV
- 2024 Dubai Sevens Invitational
- 2025 Challenger Series - L2
- 2025 Challenger Series - L1
- 2025 HSBC SVNS Play-off

Player facts

- ★ 2024 Captain Springbok Women U20

Springbok No.	183
Nickname	-
Position	Centre
Played (XVs)	2025-2025
Caps	3
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	4
Born	2004-09-23
	-

Anuschka Ekron



Test Matches

2025-06-07 UGA 2025-06-11 KEN
 2025-06-15 MAD

Springbok No.	184
Nickname	-
Position	Prop
Played (XVs)	2025-2025
Caps	3
Points	-
Tries/Conversions	-
Penalties/Drop Goals	-
7s Caps	-
Born	2004-07-15
	-

7's Springboks (and uncapped 7's players)

The Springbok numbering sequence is for XV's Test matches only. Players representing South Africa in a Sevens tournament, are *Capped* but do not receive a Springbok Number²². This chapter contains all those players who are not listed in the XV's chapter, but represented South Africa in an international Sevens tournament. Both participation as "Women's Sevens" and "SA Select/A Team" are included. A Cap is awarded for participating in a *World Cup*, *Africa Cup*, *Olympic Games*, *Commonwealth Games*, *World Series*, and *World Series Challenger Series*. There is no cap awarded for participation in an *Invitational tournament*.

In this chapter a ● indicated a cap earning tournament and a ○ a non cap earning tournament²³.

²²SARU uses a sequence numbering system for Sevens players, but currently this is not public.

²³It's not always clear from the early tournaments whether they qualify as a cap-earning tournament.

Catherine Lowane



Sevens Tournaments

- 2006 Africa Cup I

Player facts

- * 2008 U20 Matches vs USA (2x)
- * 2019 Head Coach U18 Griffons
- * 2021/24 Coach U18 Valke
- * 2024 Backline Coach Valke Women

Nickname	Stompie
7s Springbok Caps	1
7s Tournaments	1
Position	Scrumhalf
Played (7s)	2006-2006
Born	1987-07-03
	-

Nomtha Xape



Sevens Tournaments

- 2007 Africa Cup II

Nickname	-
7s Springbok Caps	1
7s Tournaments	1
Position	-
Played (7s)	2007-2007
Born	-
	-

Masabata Finger



Nickname	-
7s Springbok Caps	-
7s Tournaments	1
Position	-
Played (7s)	2011-2011
Born	-

Sevens Tournaments

- o 2011 Challenge Cup - Leg 1

Zimkitha Tsilana



Nickname	-
7s Springbok Caps	-
7s Tournaments	1
Position	-
Played (7s)	2012-2012
Born	-

Sevens Tournaments

- o 2012 World Series Dubai (inv)

Marithy Pienaar



Nickname	-
7s Springbok Caps	16
7s Tournaments	25
Position	Flyhalf
Played (7s)	2013-2018
Born	1991-08-26
	-

Sevens Tournaments

- 2013 Dubai Sevens Invitational
- 2014 Africa Cup VI
- 2014 Hong Kong 7s
- 2014 World Series Amsterdam (inv)
- 2014 World Series 2014/15 - Qualifier
- 2014 World Series III - L1
- 2015 World Series III - L2
- 2015 World Series III - L3
- 2015 World Series III - L4
- 2015 World Series III - L5
- 2015 World Series 2015/16 - Qualifier
- 2015 Africa Cup VII
- 2015 World Series III - L6
- 2015 World Series Dubai (inv)
- 2016 Africa Cup VIII
- 2016 Hong Kong 7s
- 2016 World Series Dubai (inv)
- 2017 World Series Dubai (inv)
- 2017 Vancouver Rugby Festival
- 2017 Hong Kong 7s
- 2017 Hokkaido Sevens
- 2018 World Cup 7s III
- 2018 World Series 2017/18 - Qualifier
- 2018 Dubai Sevens Invitational
- 2018 Commonwealth Games

Player facts

- ★ 2014 RWC Squad (injured before RWC)
- ★ 2014 SARU High Performance Contracted Player (7s)
- ★ 2016 SA Rugby Women's Achiever award
- ★ 2018 HSBC Sevens Ambassador
- ★ 2019 Women's Sport Leadership Academy for HP Coaches (IOC)

Nicolene Barendse



Nickname	-
7s Springbok Caps	-
7s Tournaments	1
Position	Wing
Played (7s)	2013-2013
Born	-
	-

Sevens Tournaments

- 2013 Dubai Sevens Invitational

Player facts

- ★ 2024 Assistant Coach Eagirls

Zaandre Theron



Nickname	-
7s Springbok Caps	4
7s Tournaments	5
Position	-
Played (7s)	2013-2015
Born	-

Sevens Tournaments

- 2013 World Series Houston (inv)
- 2015 World Series III - L3
- 2015 World Series III - L5
- 2015 World Series 2015/16 - Qualifier
- 2015 World Series III - L6

Player facts

- ★ 2014 (?) SA touch rugby selection
- ★ SA Netball U19
- ★ SA Softball U21

Ntombifuthi Sibiloane



Nickname	-
7s Springbok Caps	-
7s Tournaments	1
Position	-
Played (7s)	2013-2013
Born	-

Sevens Tournaments

- 2013 Dubai Sevens Invitational

Jacqueline Kriel



Nickname	Jackie
7s Springbok Caps	13
7s Tournaments	20
Position	Utility Back
Played (7s)	2014-2017
Born	-

Sevens Tournaments

- 2014 Africa Cup VI
- 2014 Hong Kong 7s
- 2014 World Series Amsterdam (inv)
- 2014 World Series III - L1
- 2015 World Series III - L2
- 2015 World Series III - L3
- 2015 World Series III - L4
- 2015 World Series III - L5
- 2015 World Series 2015/16 - Qualifier
- 2015 Africa Cup VII
- 2015 World Series III - L6
- 2016 Africa Cup VIII
- 2016 World Series Dubai (inv)
- 2016 Roma Sevens
- 2016 Hong Kong 7s
- 2016 Paris 7s Invitational
- 2017 World Series Dubai (inv)
- 2017 Vancouver Rugby Festival
- 2017 Hong Kong 7s
- 2017 Africa Cup IX

Player facts

- ★ 2024 Backs Coach Potchefstroom Dorp club and Leopards Women's Teams
- ★ 2024 Gallagher High Performance Academy
- ★ 2024 Head Coach South Africa Students
- ★ physiotherapist

Chané Stadler



Nickname	-
7s Springbok Caps	4
7s Tournaments	9
Position	-
Played (7s)	2015-2018
Born	1994-03-30

Sevens Tournaments

- 2015 World Series Dubai (inv)
- 2016 Las Vegas Invitational
- 2017 World Series Dubai (inv)
- 2017 Vancouver Rugby Festival
- 2017 Hong Kong 7s
- 2017 Africa Cup IX
- 2018 World Series 2017/18 - Qualifier
- 2018 Super7sBrisbane
- 2018 Commonwealth Games

Player facts

- ★ 2015 Western Province Women's Rugby Player of the Year

Sunelle Barnard



Nickname	-
7s Springbok Caps	3
7s Tournaments	3
Position	-
Played (7s)	2015-2015
Born	-

Sevens Tournaments

- 2015 World Series III - L3
- 2015 World Series III - L4
- 2015 World Series III - L6

Player facts

- * Provincial netball player

Tyler Botha



Nickname	-
7s Springbok Caps	1
7s Tournaments	1
Position	-
Played (7s)	2016-2016
Born	-

Sevens Tournaments

- 2016 Hong Kong 7s

Christelene Steinhobel



Nickname	Softpad
7s Springbok Caps	5
7s Tournaments	14
Position	Prop
Played (7s)	2016-2020
Born	1990-09-20
	-

Sevens Tournaments

- 2016 World Series Dubai (inv)
- 2016 Roma Sevens
- 2016 Hong Kong 7s
- 2017 World Series Dubai (inv)
- 2017 Vancouver Rugby Festival
- 2017 Hong Kong 7s
- 2017 Africa Cup IX
- 2018 World Cup 7s III
- 2018 World Series 2017/18 - Qualifier
- 2018 Super7sBrisbane
- 2019 World Series Cape Town (inv)
- 2019 Centrale Sevens Invitational
- 2019 Stanislas Sevens Invitational
- 2020 Hermanus Sevens

Megan Comley



Nickname	-
7s Springbok Caps	5
7s Tournaments	9
Position	Centre
Played (7s)	2016-2018
Born	-
	-

Sevens Tournaments

- 2016 Roma Sevens
- 2016 Hong Kong 7s
- 2017 World Series Dubai (inv)
- 2017 Vancouver Rugby Festival
- 2017 Hong Kong 7s
- 2017 Africa Cup IX
- 2018 World Series 2017/18 - Qualifier
- 2018 Super7sBrisbane
- 2018 Commonwealth Games

Kimico Manuel



Nickname	Kimmy
7s Springbok Caps	1
7s Tournaments	2
Position	Wing
Played (7s)	2017-2018
Born	1996-08-04
	-

Sevens Tournaments

- 2017 Hokkaido Sevens
- 2018 World Cup 7s III

Player facts

- ★ 2013 Youth Olympics 7s in Australia
- ★ 2018 RWC 7s Squad
- ★ 2018 second SA woman to score hat-trick (RWC vs. Mexico)
- ★ 2020 second SA player to sign pro contract abroad (SC Neuenheim, Germany)

Bianca Meyer



Nickname	-
7s Springbok Caps	-
7s Tournaments	1
Position	-
Played (7s)	2017-2017
Born	-
	-

Sevens Tournaments

- 2017 Hokkaido Sevens

Other XV Matches

2017-10-14 BAR	2017-10-18 EAC
2017-10-22 EAC	

Nellodene de Wee



Sevens Tournaments

- 2017 Hokkaido Sevens

Nickname	-
7s Springbok Caps	-
7s Tournaments	1
Position	-
Played (7s)	2017-2017
Born	-

Shaylin Simons



Sevens Tournaments

- 2017 Hokkaido Sevens

Nickname	-
7s Springbok Caps	-
7s Tournaments	1
Position	-
Played (7s)	2017-2017
Born	-

Voice Ndou



Nickname	-
7s Springbok Caps	-
7s Tournaments	2
Position	-
Played (7s)	2018-2024
Born	-

Sevens Tournaments

- 2018 Dubai Sevens Invitational
- 2024 Dubai Sevens Invitational

Claudine Marais



Nickname	Klokkies
7s Springbok Caps	-
7s Tournaments	1
Position	-
Played (7s)	2018-2018
Born	-

Sevens Tournaments

- 2018 Dubai Sevens Invitational

Players 7s

Courtney Groener



Sevens Tournaments

- 2018 Dubai Sevens Invitational

Nickname	-
7s Springbok Caps	-
7s Tournaments	1
Position	Wing
Played (7s)	2018-2018
Born	-

Nokuthla Nene



Sevens Tournaments

- 2018 Dubai Sevens Invitational

Nickname	-
7s Springbok Caps	-
7s Tournaments	1
Position	-
Played (7s)	2018-2018
Born	-

Liske Lategan



Nickname	-
7s Springbok Caps	16
7s Tournaments	21
Position	Prop
Played (7s)	2019-2024
Born	1998-11-25
	-

Sevens Tournaments

- 2019 World Series Cape Town (inv)
- 2019 Africa Cup XI
- 2020 Hermanus Sevens
- 2022 World Series Cape Town (inv)
- 2022 World Series Dubai (inv)
- 2022 Challenger 7s Series
- 2022 World Series Toulouse (inv)
- 2022 Commonwealth Games
- 2022 Africa Cup XII
- 2023 World Series XI - L2
- 2023 World Series XI - L1
- 2023 Challenger 7s Series - L2
- 2023 Africa Cup XIII
- 2023 Challenger Sevens Series - L1
- 2024 Challenger 7s Series
- 2024 World Series XI - L7
- 2024 World Series XI - L5
- 2024 Olympic Games
- 2024 World Series XI - L3
- 2024 World Series XI - L6
- 2024 Africa Cup XIV

Meghan Phillips



Nickname	-
7s Springbok Caps	1
7s Tournaments	3
Position	-
Played (7s)	2019-2020
Born	-
	-

Sevens Tournaments

- 2019 World Series Cape Town (inv)
- 2019 Africa Cup XI
- 2020 Hermanus Sevens

Kelly van der Berg



Nickname	-
7s Springbok Caps	-
7s Tournaments	2
Position	-
Played (7s)	2019-2019
Born	-

Sevens Tournaments

- 2019 Centrale Sevens Invitational
- 2019 Stanislas Sevens Invitational

Player facts

- * Played for South African Women's Touch Rugby team

Conley Alyssa



Nickname	-
7s Springbok Caps	-
7s Tournaments	1
Position	-
Played (7s)	2020-2020
Born	1991-04-27

Sevens Tournaments

- 2020 Hermanus Sevens

Player facts

- * Former SA 100m and 200m Champion - Team SA 2016 Olympics

Kemisetso Baloyi



Nickname	-
7s Springbok Caps	17
7s Tournaments	21
Position	Scrumhalf
Played (7s)	2022-2025
Born	1998-03-08
	-

Sevens Tournaments

- 2022 World Series Cape Town (inv)
- 2022 World Series Dubai (inv)
- 2022 Challenger 7s Series
- 2022 Commonwealth Games
- 2023 World Series XI - L2
- 2023 Challenger 7s Series - L2
- 2023 Africa Cup XIII
- 2023 Challenger Sevens Series - L1
- 2023 Dubai Sevens Invitational
- 2024 Challenger 7s Series
- 2024 World Series XI - L7
- 2024 World Series XI - L5
- 2024 Olympic Games
- 2024 World Series XI - L4
- 2024 World Series XI - L3
- 2024 World Series XI - L6
- 2024 Africa Cup XIV
- 2024 Dubai Sevens Invitational
- 2025 Challenger Series - L2
- 2025 Challenger Series - L1
- 2025 Challenger Series - L3

Luleka Tyibilika



Nickname	Lulu
7s Springbok Caps	1
7s Tournaments	1
Position	Wing
Played (7s)	2022-2022
Born	1993-09-11
	-

Sevens Tournaments

- 2022 Commonwealth Games

Zandile Masuku



Sevens Tournaments

- 2022 Challenger 7s Series
- 2022 Commonwealth Games
- 2023 Challenger 7s Series - L2
- 2023 Challenger Sevens Series - L1
- 2023 Dubai Sevens Invitational
- 2024 World Series XI - L6
- 2024 Africa Cup XIV
- 2024 Dubai Sevens Invitational
- 2025 Challenger Series - L3
- 2025 HSBC SVNS Play-off

Nickname	Zaza
7s Springbok Caps	8
7s Tournaments	10
Position	Scrumhalf
Played (7s)	2022-2025
Born	1998-12-01
	-

Kirsten Eastes



Sevens Tournaments

- 2022 World Cup 7s IV
- 2022 Challenger 7s Series

Nickname	-
7s Springbok Caps	2
7s Tournaments	2
Position	-
Played (7s)	2022-2022
Born	-
	-

Miche Pretorius



Sevens Tournaments

- 2022 Challenger 7s Series

Nickname	-
7s Springbok Caps	1
7s Tournaments	1
Position	-
Played (7s)	2022-2022
Born	-

Nontuthuko Shongwe



Sevens Tournaments

- 2022 Challenger 7s Series
- 2022 Commonwealth Games

Nickname	-
7s Springbok Caps	2
7s Tournaments	2
Position	-
Played (7s)	2022-2022
Born	-

Kyla de Vries



Nickname	Kat
7s Springbok Caps	8
7s Tournaments	8
Position	Prop
Played (7s)	2022-2025
Born	1995-11-09
	-

Sevens Tournaments

- 2022 Commonwealth Games
- 2023 World Series XI - L2
- 2023 World Series XI - L1
- 2023 Africa Cup XIII
- 2024 World Series XI - L7
- 2024 World Series XI - L3
- 2024 World Series XI - L6
- 2025 Challenger Series - L3

Bianca Augustyn



Nickname	Bee
7s Springbok Caps	3
7s Tournaments	3
Position	Prop
Played (7s)	2022-2024
Born	1998-03-18
	-

Sevens Tournaments

- 2022 Commonwealth Games
- 2024 World Series XI - L5
- 2024 World Series XI - L4

Asisipho Plaatjies



Nickname	-
7s Springbok Caps	6
7s Tournaments	9
Position	Prop
Played (7s)	2022-2023
Born	1996-04-24
	-

Sevens Tournaments

- 2022 World Series Cape Town (inv)
- 2022 World Series Dubai (inv)
- 2022 World Cup 7s IV
- 2022 World Series Toulouse (inv)
- 2022 Commonwealth Games
- 2022 Africa Cup XII
- 2023 World Series XI - L2
- 2023 World Series XI - L1
- 2023 Africa Cup XIII

Marlize de Bruin



Nickname	Mara
7s Springbok Caps	9
7s Tournaments	11
Position	Centre
Played (7s)	2022-2024
Born	1994-11-11
	-

Sevens Tournaments

- 2022 World Series Cape Town (inv)
- 2022 World Series Dubai (inv)
- 2022 World Cup 7s IV
- 2022 Challenger 7s Series
- 2023 World Series XI - L2
- 2023 World Series XI - L1
- 2023 Africa Cup XIII
- 2024 World Series XI - L5
- 2024 Olympic Games
- 2024 World Series XI - L4
- 2024 World Series XI - L3

Nolwazi Hlabangane



Nickname	-
7s Springbok Caps	2
7s Tournaments	2
Position	Centre
Played (7s)	2022-2022
Born	1995-06-07
	-

Sevens Tournaments

- 2022 World Cup 7s IV
- 2022 Challenger 7s Series

Maria Tshiremba



Nickname	-
7s Springbok Caps	13
7s Tournaments	13
Position	Wing
Played (7s)	2023-2025
Born	1995-12-29
	-

Sevens Tournaments

- 2023 World Series XI - L2
- 2023 World Series XI - L1
- 2023 Africa Cup XIII
- 2024 Challenger 7s Series
- 2024 World Series XI - L7
- 2024 Olympic Games
- 2024 World Series XI - L4
- 2024 World Series XI - L3
- 2024 Africa Cup XIV
- 2025 Challenger Series - L2
- 2025 Challenger Series - L1
- 2025 Challenger Series - L3
- 2025 HSBC SVNS Play-off

Marli Meiring



Nickname	-
7s Springbok Caps	-
7s Tournaments	1
Position	-
Played (7s)	2023-2023
Born	-

Sevens Tournaments

- 2023 Dubai Sevens Invitational

Player facts

- ★ 2017 Judo - 1st at African Cadets Championships
- ★ 2018 Judo - 2nd at African Cadet Championships
- ★ 2018 Judo - 3rd at Tunis cadets african Cup

Elitha Sylvester



Nickname	-
7s Springbok Caps	-
7s Tournaments	1
Position	-
Played (7s)	2023-2023
Born	-

Sevens Tournaments

- 2023 Dubai Sevens Invitational

Shiniqwa Lamprecht



Nickname	Lampies
7s Springbok Caps	14
7s Tournaments	15
Position	Centre
Played (7s)	2023-2025
Born	2003-04-24
	-

Sevens Tournaments

- 2023 World Series XI - L2
- 2023 World Series XI - L1
- 2024 Challenger 7s Series
- 2024 World Series XI - L7
- 2024 World Series XI - L5
- 2024 Olympic Games
- 2024 World Series XI - L4
- 2024 World Series XI - L3
- 2024 World Series XI - L6
- 2024 Africa Cup XIV
- 2024 Dubai Sevens Invitational
- 2025 Challenger Series - L2
- 2025 Challenger Series - L1
- 2025 Challenger Series - L3
- 2025 HSBC SVNS Play-off

Ankia Viljoen



Nickname	-
7s Springbok Caps	-
7s Tournaments	1
Position	-
Played (7s)	2023-2023
Born	-
	-

Sevens Tournaments

- 2023 Dubai Sevens Invitational

Antonecia Hannies



Nickname	-
7s Springbok Caps	-
7s Tournaments	1
Position	-
Played (7s)	2023-2023
Born	-

Sevens Tournaments

- o 2023 Dubai Sevens Invitational

Gaamiela Josephs



Nickname	-
7s Springbok Caps	-
7s Tournaments	1
Position	-
Played (7s)	2023-2023
Born	-

Sevens Tournaments

- o 2023 Dubai Sevens Invitational

Ruzanne George



Nickname	-
7s Springbok Caps	-
7s Tournaments	1
Position	-
Played (7s)	2023-2023
Born	-

Sevens Tournaments

- 2023 Dubai Sevens Invitational

Vianca Boer



Nickname	-
7s Springbok Caps	1
7s Tournaments	3
Position	Centre
Played (7s)	2023-2025
Born	2001-12-10

Sevens Tournaments

- 2023 Dubai Sevens Invitational
- 2024 Dubai Sevens Invitational
- 2025 Challenger Series - L3

Kayla Swarts



Nickname	-
7s Springbok Caps	2
7s Tournaments	3
Position	Centre
Played (7s)	2024-2025
Born	2003-05-24
	-

Sevens Tournaments

- 2024 Dubai Sevens Invitational
- 2025 Challenger Series - L2
- 2025 Challenger Series - L1

Player facts

- ★ 2024 Proteas Hockey Player Olympics

Donëy Filies



Nickname	-
7s Springbok Caps	-
7s Tournaments	1
Position	-
Played (7s)	2024-2024
Born	-
	-

Sevens Tournaments

- 2024 Dubai Sevens Invitational

Anja le Roux



Sevens Tournaments

- 2024 Dubai Sevens Invitational

Nickname	-
7s Springbok Caps	-
7s Tournaments	1
Position	-
Played (7s)	2024-2024
Born	-

Danaé van der Bergh



Sevens Tournaments

- 2024 Dubai Sevens Invitational

Nickname	-
7s Springbok Caps	-
7s Tournaments	1
Position	-
Played (7s)	2024-2024
Born	-

Uncapped XV's Players

There are a few players who played in non test match(es) only. (Like warm up matches or Select/Invitational teams.) They are uncapped players.

Thuliswa Capa



Nickname	-
Position	-
Born	-

Other Matches

2017-10-14 BAR 2017-10-18 EAC
 2017-10-22 EAC

Aldine Coetzee



Nickname	-
Position	-
Born	-

Other Matches

2003-05-31 END

Xolelwa Diliza



Nickname	-
Position	Hooker
Born	1996-12-15

Other Matches

2025-04-12 END

Lindie Fitchet



Nickname	-
Position	-
Born	-

Abigail Jantjies



Nickname	-
Position	Hooker
Born	-

Megan Kannemeyer



Nickname	-
Position	Centre
Born	-

Other Matches

2003-05-31 END

Other Matches

2017-10-14 BAR 2017-10-18 EAC
2017-10-22 EAC

Other Matches

2017-10-14 BAR 2017-10-18 EAC
2017-10-22 EAC

Uncapped 15s

Amykay Klaasen



Nickname	-
Position	Lock
Born	-

Other Matches

2017-10-14 BAR 2017-10-18 EAC
2017-10-22 EAC

Ncediswa Mahijani



Nickname	-
Position	-
Born	-

Other Matches

2017-10-14 BAR 2017-10-18 EAC
2017-10-22 EAC

Noxolo Mankayi



Nickname	Noxie
Position	-
Born	1993-12-31

Other Matches

2019-09-14 SPI

Selected but didn't play

2019-09-21 ESP 2019-09-30 SCO
2019-10-05 SCO

Noluthando Mbambo



Nickname	-
Position	Forward
Born	-

Other Matches

2019-09-14 SPI

Yolanda Ntibane



Nickname	-
Position	-
Born	-

Other Matches

2023-09-19 SCR

Monica Petersen



Nickname	-
Position	-
Born	-

Other Matches

2003-05-31 END

Uncapped 15s

Tanya Scholtz



Nickname	-
Position	Hooker
Born	-

Other Matches

2021-11-21 E20

Player facts

- * Daughter of Ronald Scholtz, captain of non racial SARU team (1970-81)- not allowed to play for Springboks under apartheid.

Carli van Wyk



Nickname	-
Position	-
Born	-

Other Matches

2003-05-31 END

Uncapped 15s

Staff

All staff members of the XV's and Sevens Teams.

Staff

Team Manager



Tania Herwill
2003-2004



Dana Eitzen
2004-2005



Nonkongozelo Ndiki
2006-2006



Kaya Malotana
2008-2008



Cynthia Field
2009-2009



Orna Prinsloo
2010-2013



Nomsebenzi Tsotsobe
2014-2022



Thandiswa Nxomani
2023-2025

Head Coach



Thobile Dunjwa
2003-2005



David Dobela
2006-2007



Denver Wannies
2008-2012



Aslam Abrahams
2013-2013



Lawrence Sephaka
2014-2014



Eddie Myners
2015-2015



Stanley Raubenheimer
2018-2022



Louis Koen
2023-2024



Swys de Bruin
2024-2025

Sevens Coach



Denver Wannies
2008-2013



Renfred Dazel
2013-2017



Paul Delpont
2018-2022



Renfred Dazel
2022-2025

Assistant Coach



Jan Hanekom
2003-2004



Christie Noble
2004-2004



Sammy Horne
2006-2006



Braam Scheepers
2006-2006



Rhudolph Gerber
2010-2010



Kaya Malotana
2010-2010



Dumisano Mhani
2011-2011



Gerhardus Oelofsen
2014-2014



Renfred Dazel
2014-2014



Lungisa Kama
2018-2022



Eddie Myners
2018-2022



Laurian Johannes-Haupt
2023-2025



Franzel September
2023-2025



Bafana Nhleko
2024-2025



Zenay Jordaan
2025-2025

Conditioning/Fitness Coach



Sandile Sibeko
2019-2021



Bianca Joseph
2021-2022



Naasier Parker
2022-2025

High Performance Manager



Lynne Cantwell
2021-2024

Physiotherapist



Tanushree Pillay
2003-2014



Rochelle Mapaling
2003-2003



Ronel Spijkerman
2004-2004



Jacqui McCord
2004-2004

Staff



Rashaad Jakoet
2007-2008



Nontobeko Nyalunga
2019-2019



Reagan Cele
2022-2022



Lezane Ward
2022-2025



Neda Isaacs
2024-2025

Doctor



Ryan Kohler
2004-2004



Karen Schwabe
2008-2009



Jacoba Lindique
2010-2010



Lehlogonolo Mampane
2013-2014



Moshe Magethi
2019-2025

Biokineticist



Nceba Hene
2003-2009



Denzil van Heerden
2010-2012



Heyno Kraft
2014-2014

Dietitian



Robyn Moore
2020-2024



Zeenat Simjee
2024-2025



Rosey Lombard
2025-2025

Staff

Analyst



Anthony Heugh
2010-2010



Bahle Jjuuku
2018-2019



Gillian Bourke
2022-2022



Zwonaka Mbedzi
2023-2025

Media Manager



Rayaan Adriaanse
2010-2010



Zeena Isaacs
2014-2014



JJ Harmse
2021-2025

Sevens Select Coach



Jongi Nokwe
2017-2017



Nic Ferreira
2023-2023

Sevens Assistant Coach



Tim Qumbu
2018-2019



Cecil Afrika
2023-2025



Obakeng Molopyane
2023-2025

Sevens Analyst



Jenna Morkel
2024-2025

Staff

Operations Manager



Thembisa Nxopo
2025-2025

Manager Women's Rugby and Sevens



Mahlubi Puzi
2000-2019

Staff

XV's Matches

A list of all XV's matches played. Test matches are indicated as follows: T20. The 20 means it is the 20th Test.

2003 England Development Team Tour to South Africa

	L	2003-05-31	END	RSA	0 - 45	END	England Development Team
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2004 Wales Tour to South Africa

T 1	L	2004-05-29	WLS	RSA	5 - 8	WLS	Wales
T 2	L	2004-06-05	WLS	RSA	15 - 16	WLS	Wales

2005 Springbok Tour to the UK

	W	2005-04-26	WLA	WLA	10 - 17	RSA	Wales A
T 3	W	2005-04-30	WLS	WLS	9 - 24	RSA	Wales
	W	2005-05-03	ENS	ENS	5 - 31	RSA	England Students
	L	2005-05-07	ENA	ENA	42 - 12	RSA	England A
	L	2005-05-10	EAC	EAC	25 - 19	RSA	England Academy
T 4	L	2005-05-14	ENG	ENG	101 - 0	RSA	England

2006 Netherlands Tour to South Africa

T 5	W	2006-06-17	NED	RSA	43 - 12	NED	Netherlands
T 6	W	2006-06-24	NED	RSA	35 - 0	NED	Netherlands

2006 Women's Rugby World Cup

T 7	L	2006-08-31	AUS	AUS	68 - 12	RSA	Australia
T 8	L	2006-09-04	ENG	ENG	74 - 8	RSA	England
T 9	L	2006-09-08	IRE	IRE	37 - 0	RSA	Ireland
T 10	L	2006-09-12	SAM	SAM	43 - 10	RSA	Samoa
T 11	L	2006-09-16	KAZ	RSA	0 - 36	KAZ	Kazakhstan

2008 Nomads Tour to South Africa

	L	2008-08-09	NOM	RSA	34 - 40	NOM	Nomads
	L	2008-08-16	NOM	RSA	0 - 29	NOM	Nomads

2009 Women's Nations Cup

T 12	D	2009-08-10	FRA	FRA	17 - 17	RSA	France
T 13	L	2009-08-13	CAN	CAN	35 - 17	RSA	Canada
T 14	L	2009-08-16	USA	RSA	0 - 39	USA	United States
T 15	L	2009-08-19	ENG	ENG	25 - 0	RSA	England

2010 Springboks Visit to Dubai

T 16	W	2010-04-08	KAZ	RSA	22 - 17	KAZ	Kazakhstan
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T 17	W	2010-04-10	KAZ	RSA	38 - 0	KAZ	Kazakhstan
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2010 Springboks Visit to Scotland

T 18	W	2010-06-05	SCO	SCO	8 - 27	RSA	Scotland
T 19	W	2010-06-12	SCO	SCO	17 - 41	RSA	Scotland

2010 Women's Rugby World Cup

T 20	L	2010-08-20	NZL	NZL	55 - 3	RSA	New Zealand
T 21	W	2010-08-24	WLS	WLS	10 - 15	RSA	Wales
T 22	L	2010-08-28	AUS	AUS	62 - 0	RSA	Australia
T 23	W	2010-09-01	KAZ	RSA	25 - 10	KAZ	Kazakhstan
T 24	L	2010-09-05	WLS	WLS	29 - 17	RSA	Wales

2011 Women's Nations Cup

T 25	L	2011-08-02	CAN	CAN	52 - 17	RSA	Canada
T 26	L	2011-08-05	ENG	ENG	46 - 8	RSA	England
T 27	W	2011-08-09	USA	RSA	26 - 23	USA	United States
T 28	L	2011-08-13	USA	USA	29 - 9	RSA	United States

2012 Nomads Tour to South Africa

	W	2012-06-23	NOM	RSA	28 - 17	NOM	Nomads
	W	2012-06-30	NOM	RSA	17 - 15	NOM	Nomads

2013 Women's Nations Cup

T 29	L	2013-07-30	USA	USA	32 - 22	RSA	United States
T 30	L	2013-08-04	ENG	ENG	18 - 17	RSA	England
T 31	L	2013-08-07	CAN	CAN	53 - 17	RSA	Canada
T 32	L	2013-08-10	USA	USA	61 - 5	RSA	United States

2013 Women's RWC 2014 Qualifier

T 33	W	2013-09-07	UGA	RSA	63 - 3	UGA	Uganda
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2014 RWC 2014 Preparations

	W	2014-06-28	NOM	NOM	5 - 20	RSA	Nomads
	W	2014-07-01	NOM	NOM	24 - 32	RSA	Nomads
T 34	L	2014-07-04	FRA	FRA	46 - 8	RSA	France

2014 Women's Rugby World Cup

T 35	L	2014-08-01	AUS	AUS	26 - 3	RSA	Australia
T 36	L	2014-08-05	FRA	FRA	55 - 3	RSA	France
T 37	L	2014-08-09	WLS	WLS	35 - 3	RSA	Wales
T 38	W	2014-08-13	SAM	RSA	25 - 24	SAM	Samoa
T 39	L	2014-08-17	ESP	RSA	0 - 36	ESP	Spain

2017 Springboks Select Team Visit to England

	W	2017-10-14	BAR	BAR	5 - 27	RSA	British Armed Forces W
	L	2017-10-18	EAC	EAC	47 - 12	RSA	England Academy
	W	2017-10-22	EAC	EAC	12 - 15	RSA	England Academy

2018 Springbok Tour to Europe

	W	2018-11-02	BAR	BAR	12 - 31	RSA	British Armed Forces W
T 40	L	2018-11-10	WLS	WLS	19 - 5	RSA	Wales
T 41	L	2018-11-17	ESP	ESP	17 - 5	RSA	Spain
T 42	L	2018-11-25	ITA	ITA	35 - 10	RSA	Italy

2019 Women's Africa Cup

T 43	W	2019-08-09	UGA	RSA	89 - 5	UGA	Uganda
T 44	W	2019-08-13	MAD	MAD	0 - 73	RSA	Madagascar
T 45	W	2019-08-17	KEN	RSA	39 - 0	KEN	Kenya

2019 Friendly

	L	2019-09-14	SPI	RSA	5 - 17	SPI	Spain Invitational
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2019 Spain Tour to South Africa

T 46	L	2019-09-21	ESP	RSA	12 - 29	ESP	Spain
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2019 Scotland Tour to South Africa

T 47	L	2019-09-30	SCO	RSA	5 - 47	SCO	Scotland
T 48	L	2019-10-05	SCO	RSA	15 - 38	SCO	Scotland

2021 Kenya Visit to South Africa

T 49	W	2021-08-12	KEN	RSA	66 - 0	KEN	Kenya
T 50	W	2021-08-16	KEN	RSA	29 - 22	KEN	Kenya

2021 Springbok Tour to Europe

T 51	L	2021-11-06	FRA	FRA	46 - 3	RSA	France
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Springbok Women Logbook 2004 - RWC 2025

T 52	L	2021-11-13	WLS	WLS	29 - 19	RSA	Wales
	W	2021-11-21	E20	E20	5 - 38	RSA	England U20
	L	2021-11-27	BRB	BRB	60 - 5	RSA	Barbarians Women

2022 Women's Africa Cup

T 53	W	2022-06-15	ZIM	RSA	108 - 0	ZIM	Zimbabwe
T 54	W	2022-06-23	NAM	RSA	128 - 3	NAM	Namibia

2022 Springbok Tour to Japan

T 55	L	2022-07-24	JPN	JPN	15 - 6	RSA	Japan
T 56	W	2022-07-30	JPN	JPN	10 - 20	RSA	Japan

2022 Spain Tour to South Africa

T 57	W	2022-08-13	ESP	RSA	44 - 5	ESP	Spain
T 58	W	2022-08-19	ESP	RSA	37 - 14	ESP	Spain

2022 Rugby World Cup 2021

T 59	L	2022-10-08	FRA	RSA	5 - 40	FRA	France
T 60	L	2022-10-16	FIJ	FIJ	21 - 17	RSA	Fiji
T 61	L	2022-10-23	ENG	ENG	75 - 0	RSA	England

2023 Friendly

	W	2023-03-10	BLD	RSA	82 - 0	BLD	Boland Dames
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2023 Springboks Visit Spain

T 62	L	2023-03-25	CAN	CAN	66 - 7	RSA	Canada
T 63	W	2023-04-01	ESP	ESP	20 - 35	RSA	Spain

2023 Women's Africa Cup

T 64	W	2023-05-20	CMR	RSA	87 - 0	CMR	Cameroon
T 65	W	2023-05-24	KEN	RSA	48 - 0	KEN	Kenya
T 66	W	2023-05-28	MAD	RSA	79 - 8	MAD	Madagascar

2023 WXV2 2023 Preparations

T 67	W	2023-09-16	KEN	RSA	77 - 12	KEN	Kenya
	W	2023-09-19	SCR	RSA	22 - 17	SCR	San Clemente Rhinos Women
	L	2023-09-23	BRB	RSA	26 - 38	BRB	Barbarians Women
T 68	D	2023-10-07	SAM	RSA	17 - 17	SAM	Samoa

2023 WXV2 2023

T 69	L	2023-10-13	SCO	SCO	31 - 17	RSA	Scotland
T 70	L	2023-10-20	ITA	ITA	36 - 18	RSA	Italy
T 71	W	2023-10-27	SAM	RSA	33 - 7	SAM	Samoa

2024 Springbok Tour to Europe

T 72	W	2024-03-23	ESP	ESP	13 - 15	RSA	Spain
T 73	L	2024-03-30	USA	RSA	17 - 38	USA	United States

2024 Women's Africa Cup

T 74	W	2024-05-04	CMR	RSA	55 - 0	CMR	Cameroon
T 75	W	2024-05-08	KEN	RSA	63 - 5	KEN	Kenya
T 76	W	2024-05-12	MAD	MAD	17 - 46	RSA	Madagascar

2024 WXV2 2024 Preparations

	W	2024-09-07	BRB	RSA	59 - 17	BRB	Barbarians Women
T 77	W	2024-09-19	ESP	RSA	36 - 19	ESP	Spain

2024 WXV2 2024

T 78	W	2024-09-27	JPN	RSA	31 - 24	JPN	Japan
T 79	L	2024-10-05	AUS	RSA	26 - 33	AUS	Australia
T 80	L	2024-10-12	ITA	RSA	19 - 23	ITA	Italy

2025 European Tour - RWC Preparations

	W	2025-04-12	END	RSA	50 - 17	END	England Development Team
T 81	W	2025-04-19	ESP	ESP	26 - 48	RSA	Spain

2025 Women's Africa Cup

T 82	W	2025-06-07	UGA	RSA	62 - 7	UGA	Uganda
T 83	W	2025-06-11	KEN	RSA	19 - 12	KEN	Kenya
T 84	W	2025-06-15	MAD	RSA	61 - 17	MAD	Madagascar

2025 Castle Lager Incoming Series

T 85	L	2025-07-05	CAN	RSA	20 - 50	CAN	Canada
T 86	L	2025-07-12	CAN	RSA	5 - 33	CAN	Canada

2025 Friendly

L	2025-07-26	NZX	RSA	26 - 34	NZX	Black Ferns XV (NZL Development)
W	2025-08-02	NZX	RSA	41 - 24	NZX	Black Ferns XV (NZL Development)

2025 Women's Rugby World Cup 2025

T 87	W	2025-08-24	BRA	RSA	66 - 6	BRA	Brazil
T 88	W	2025-08-31	ITA	ITA	24 - 29	RSA	Italy
T 89	L	2025-09-07	FRA	FRA	57 - 10	RSA	France
T 90	L	2025-09-13	NZL	NZL	46 - 17	RSA	New Zealand

XV's Match Lineups

Used abbreviations:

D	test debut	C	player is captain
CPS	number of caps	P(N)	player did not play
T/TR	number of tries	CV	number of conversions
P/PN	number of penalties	DG	number of drop Goals
PT	penalty tries	PTS	points scored
Y/YC	yellow card	R/RD	red card
>	onto field	<	off field

'WR Ranking' is World Rugby's global ranking.

In team photos, uncapped players can be identified by the fact that they are not wearing Springbok jackets. Players cannot wear the jacket until they have officially earned their cap.

South Africa - Wales 5-8

Event Wales Tour to South Africa
Venue Adcock Stadium (Gqeberha (Port Elizabeth), South Africa)
Referee Jenny Bentel (ZA, first woman to referee a test match in South Africa)
WR Ranking South Africa: -, Wales: 10
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
D 1. Louise du Pisanie	-	-	-	-	-	-	-	-	-	-	
D 2. Nosipho Poswa	-	-	-	-	-	-	-	-	-	-	
D 3. Cebisa Kula	-	-	-	-	-	-	-	-	Y	-	
D 4. Anne-Marie van Biljon	-	-	-	-	-	-	-	-	-	-	
D 5. Wendy Adlem	-	-	-	-	-	-	-	-	Y	-	
D 6. Nomsebenzi Tsotsobe	(C)	-	-	-	-	-	-	-	-	-	
D 7. Nadine Barnard	-	-	-	-	-	-	-	-	-	-	
D 8. Vuyokasi Mbonda	-	-	-	-	-	-	-	-	-	-	
D 9. Naomi Groenewald	-	-	-	-	-	-	-	-	-	-	
D 10. Lebeth Oktober	-	-	-	-	-	-	-	-	-	-	
D 11. Ronwin Kelly	-	-	1	-	-	-	-	5	-	-	
D 12. Izan Nieuwoudt	-	-	-	-	-	-	-	-	-	-	
D 13. Zolisa Noxeke	-	-	-	-	-	-	-	-	-	-	
D 14. Nomsa Tendekwana	-	-	-	-	-	-	-	-	-	-	
D 15. Magdalene Pylman	-	-	-	-	-	-	-	-	-	-	
D 16. Annelien Klopper	-	-	-	-	-	-	-	-	-	-	
D 17. Zilungile Makaula	-	-	-	-	-	-	-	-	-	-	
D 18. Denise Vermeulen	-	-	-	-	-	-	-	-	-	-	
D 19. Saloma Booysen	-	-	-	-	-	-	-	-	-	-	
D 20. Jackie Potgieter	-	-	-	-	-	-	-	-	-	-	
21. Gloria Sullivan	-	N	-	-	-	-	-	-	-	-	
22. Ingrid Botha	-	N	-	-	-	-	-	-	-	-	

Experience: - caps



Lineups 15s

South Africa - Wales 15-16

Event Wales Tour to South Africa
Venue Loftus Versfeld Stadium (Pretoria, South Africa)
Referee - (-)
WR Ranking South Africa: 26, Wales: 10
Remark Wales women: first evert Welsh team to win test series in South Africa

	C	P	T	R	C	V	P	N	D	G	P	T	S	Y	R	Remark
1. Louise du Pisanie	1															
2. Annelien Klopper	1															
3. Zilungile Makaula	1															
4. Anne-Marie van Biljon	1			1	1									5		
5. Wendy Adlem	1															
6. Nomsebenzi Tsotsobe	(C)	1														
7. Nadine Barnard	1	1												5		
8. Vuyokasi Mbonda	1															
9. Saloma Booysen	1															
10. Magdalene Pylman	1															
11. Ronwin Kelly	1	1												5		
12. Izan Nieuwoudt	1															
D 13. Ingrid Botha	-															
14. Nomsa Tendekwana	1															
15. Jackie Potgieter	1															
16. Zolisa Noxeke	1															
17. Naomi Groenewald	1															
18. Cebisa Kula	1															
19. Nosipho Poswa	1															
20. Denise Vermeulen	1															
D 21. Gloria Sullivan	-															
D 22. Yolanda Meiring	-															

Experience: 19 caps



2005-04-26 WLA

Other Match 2 (W)

Wales A - South Africa
10-17

Event Springbok Tour to the UK
Venue UWIC (Cardiff, Wales)
Referee - (-)
WR Ranking South Africa: 26, Wales A: -
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
. Zandile Nojoko	-	-	-	-	-	-	-	-	-	-	
. Thenjiwe Ncwandi	-	-	-	-	-	-	-	-	-	-	
. Lorinda Brown	-	-	-	-	-	-	-	-	-	-	
. Natasha Hofmeester	-	-	-	-	-	-	-	-	-	-	
. Magdalene Pylman	(C)	2	-	-	-	-	-	-	-	-	
. Nadia Muller	-	-	-	-	-	-	-	-	-	-	
. Melissa Sonnekus	-	-	-	-	-	-	-	-	-	-	
. W Khumalo	-	-	-	-	-	-	-	-	-	-	
. Marie Schoeman	-	-	-	-	-	-	-	-	-	-	
. Dolly Mavumengwana	-	-	-	-	-	-	-	-	-	-	
. Zilungile Makaula	2	-	-	-	-	-	-	-	-	-	
. Babalwa Vena	-	-	-	-	-	-	-	-	-	-	
. Adele van der Westhuizen	-	-	-	-	-	-	-	-	-	-	
. Elanza Coetzee	-	-	-	-	-	-	-	-	-	-	
. Sharonita Heneke	-	-	-	-	-	-	-	-	-	-	
. Louise du Pisanie	2	-	-	-	-	-	-	-	-	-	
. Elmaré Erasmus	-	-	-	-	-	-	-	-	-	-	
. Marijke Nel	-	-	-	-	-	-	-	-	-	-	
. Dinah Zweni	-	-	-	-	-	-	-	-	-	-	
. Lily Coetzee	-	-	-	-	-	-	-	-	-	-	
. Ntombizanele Majeke	-	-	-	-	-	-	-	-	-	-	Possibly played in this match
9. Mariska Loots	-	-	-	-	-	-	-	-	-	-	confirmed by mariska she has jersey #9

Experience: 6 caps



Travel squad 2005 UK Tour

Lineups 15s

2005-04-30 WLS

Test Match 3 (W)

Wales - South Africa 9-24

Event Springbok Tour to the UK
Venue Eugene Cross Park (Ebbw Vale, Wales)
Referee - (-)
WR Ranking South Africa: 26, Wales: 10
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Louise du Pisanie	2	-	-	-	-	-	-	-	-	-	
D 2. Yolandi Marais	-	-	-	-	-	-	-	-	-	-	
3. Cebisa Kula	2	-	-	-	-	-	-	-	-	-	
4. Anne-Marie van Biljon	2	-	3	1	-	-	-	9	-	-	
5. Wendy Adlem	2	-	-	-	-	-	-	-	-	-	
6. Nomsebenzi Tsotsobe (C)	2	-	-	-	-	-	-	-	-	-	
D 7. Melissa Sonnekus	-	1	-	-	-	-	-	5	-	-	
D 8. Mandisa Williams	-	-	-	-	-	-	-	-	-	-	
D 9. Elmaré Erasmus	-	-	-	-	-	-	-	-	-	-	
10. Lebeth Oktober	1	-	-	-	-	-	-	-	-	-	
11. Ronwin Kelly	2	2	-	-	-	-	-	10	-	-	
12. Zolisa Noxeke	2	-	-	-	-	-	-	-	-	-	
13. Ingrid Botha	1	-	-	-	-	-	-	-	-	-	
14. Nomsa Tendekwana	2	-	-	-	-	-	-	-	-	-	
15. Yolanda Meiring	1	-	-	-	-	-	-	-	-	-	
D 16. Babalwa Vena	-	-	-	-	-	-	-	-	-	-	
17. Zilungile Makaula	2	-	-	-	-	-	-	-	-	-	
D 18. Dolly Mavumengwana	-	-	-	-	-	-	-	-	-	-	
D 19. Nadia Muller	-	-	-	-	-	-	-	-	-	-	
D 20. Lily Coetzee	-	-	-	-	-	-	-	-	-	-	
21. Magdalene Pylman	2	-	-	-	-	-	-	-	-	-	
D 22. Dinah Zweni	-	-	-	-	-	-	-	-	-	-	

*) Above scores as of World Rugby website (currently defunct) - conflicting information on WRU websites:
 R.Kelly 2 Tries, N.Tendekwana 2 Tries and L.Oktober 1 Conversion
 Experience: 23 caps

2005-05-03 ENS

Other Match 3 (W)

England Students - South Africa 5-31

Event Springbok Tour to the UK
Venue (Aylesbury) (Aylesbury, England)
Referee - (-)
WR Ranking South Africa: 24, England Students: -
Remark No online information found

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark

Experience: - caps											

2005-05-07 ENA

Other Match 4 (L)

England A - South Africa 42 - 12

Event Springbok Tour to the UK
Venue Old Albanians (St Albans, England)
Referee - (-)
WR Ranking South Africa: 24, England A: -
Remark No online information found

|CPS|P|TR|CV|PN|DG|PT|PTS|Y|R|Remark

Experience: - caps

2005-05-10 EAC

Other Match 5 (L)

England Academy - South Africa 25 - 19

Event Springbok Tour to the UK
Venue Old Albanians (St Albans, England)
Referee - (-)
WR Ranking South Africa: 24, England Academy: -
Remark No online information found

|CPS|P|TR|CV|PN|DG|PT|PTS|Y|R|Remark

Experience: - caps

2005-05-14 ENG

Test Match 4 (L)

England - South Africa
101 - 0

Event Springbok Tour to the UK
Venue Imber Court (London, England)
Referee - (-)
WR Ranking South Africa: 24, England: 3
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Louise du Pisanie	3	-	-	-	-	-	-	-	-	-	
2. Babalwa Vena	1	-	-	-	-	-	-	-	-	-	
3. Cebisa Kula	3	-	-	-	-	-	-	-	-	-	
4. Wendy Adlem	3	-	-	-	-	-	-	-	-	-	
5. Dolly Mavumengwana	1	-	-	-	-	-	-	-	-	-	
6. Nomsebenzi Tsotsobe	(C) 3	-	-	-	-	-	-	-	-	-	
7. Nadia Muller	1	-	-	-	-	-	-	-	-	-	
8. Mandisa Williams	1	-	-	-	-	-	-	-	-	-	
9. Lily Coetzee	1	-	-	-	-	-	-	-	-	-	
10. Lebeth Oktober	2	-	-	-	-	-	-	-	-	-	
D 11. Natasha Hofmeester	-	-	-	-	-	-	-	-	-	-	
12. Yolanda Meiring	2	-	-	-	-	-	-	-	-	-	
13. Ingrid Botha	2	-	-	-	-	-	-	-	-	-	
14. Nomsa Tendekwana	3	-	-	-	-	-	-	-	-	-	
D 15. Zandile Nojoko	-	-	-	-	-	-	-	-	-	-	
D 16. Elanza Coetzee	-	-	-	-	-	-	-	-	-	-	
17. Zilungile Makaula	3	-	-	-	-	-	-	-	-	-	
18. Anne-Marie van Biljon	3	-	-	-	-	-	-	-	-	-	
D 19. W Khumalo	-	-	-	-	-	-	-	-	-	-	
20. Elmaré Erasmus	1	-	-	-	-	-	-	-	-	-	
D 21. Marijke Nel	-	-	-	-	-	-	-	-	-	-	
D 22. Lorinda Brown	-	-	-	-	-	-	-	-	-	-	

Experience: 33 caps

2006-06-17 NED

Test Match 5 (W)

South Africa - Netherlands
43 - 12

Event Netherlands Tour to South Africa
Venue Boet Erasmus Stadium (Gqeberha (PE), South Africa)
Referee Jenny Bentel (ZA, first woman to referee a test match in South Africa)
WR Ranking South Africa: 24, Netherlands: 15
Remark Curtain Raiser Springbok Men-Scotland

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Louise du Pisanie	4	-	-	-	-	-	-	-	-	-	
2. Yolandi Marais	1	1	-	-	-	-	-	5	-	-	
3. Cebisa Kula	4	-	-	-	-	-	-	-	-	-	
4. Dolly Mavumengwana	2	-	-	-	-	-	-	-	-	-	
5. Wendy Adlem	4	-	-	-	-	-	-	-	-	-	
6. Nomsebenzi Tsotsobe	(C) 4	-	-	-	-	-	-	-	-	-	
7. Nadine Barnard	2	-	-	-	-	-	-	-	-	-	
8. Mandisa Williams	2	-	-	-	-	-	-	-	-	-	
9. Saloma Booysen	2	-	-	-	-	-	-	-	-	-	
10. Magdalene Pylman	3	-	2	-	-	-	-	6	-	-	
11. Natasha Hofmeester	1	3	-	-	-	-	-	15	-	-	
12. Zolisa Noxeke	3	-	-	-	-	-	-	-	-	-	
13. Ingrid Botha	3	1	-	-	-	-	-	5	-	-	
D 14. Thenjiwe Ncwandi	-	1	-	-	-	-	-	5	-	-	
15. Marijke Nel	1	-	-	-	-	-	-	-	-	-	
D 16. Fundiswa Plaatjie	-	1	1	-	-	-	-	7	-	-	
17. Babalwa Vena	2	-	-	-	-	-	-	-	-	-	
D 18. Ramona Brown	-	-	-	-	-	-	-	-	-	-	
D 19. Marie Schoeman	-	-	-	-	-	-	-	-	-	-	
20. W Khumalo	1	-	-	-	-	-	-	-	-	-	
D 21. Marie-Lee Erasmus	-	-	-	-	-	-	-	-	-	-	
22. Zandile Nojoko	1	-	-	-	-	-	-	-	-	-	

Experience: 40 caps

Lineups 15s

2006-06-24 NED

Test Match 6 (W)

South Africa - Netherlands
35-0

Event Netherlands Tour to South Africa
Venue King's Park 10 (Durban, South Africa)
Referee Kim Smit (South Africa)
WR Ranking South Africa: 22, Netherlands: 17
Remark Debut test for referee Kim Smit

	C	P	T	R	V	P	N	D	G	P	T	S	Y	R	Remark
1. Louise du Pisanie	5	1	-	-	-	-	-	-	-	-	-	5			
2. Yolandi Marais	2	-	-	-	-	-	-	-	-	-	-	5			
3. Cebisa Kula	5	-	-	-	-	-	-	-	-	-	-	5			
4. Dolly Mavumengwana	3	-	-	-	-	-	-	-	-	-	-	5			
5. Wendy Adlem	5	-	-	-	-	-	-	-	-	-	-	5			
6. Nomsebenzi Tsotsobe	(C) 5	-	-	-	-	-	-	-	-	-	-	5			
7. Nadine Barnard	3	-	-	-	-	-	-	-	-	-	-	5			
8. Mandisa Williams	3	-	-	-	-	-	-	-	-	-	-	5			
9. Saloma Booysen	3	-	-	-	-	-	-	-	-	-	-	5			
10. Magdalene Pylman	4	1	-	-	-	-	-	-	-	-	-	5			
11. Natasha Hofmeester	2	1	-	-	-	-	-	-	-	-	-	5			
12. Zolisa Noxeke	4	1	-	-	-	-	-	-	-	-	-	5			
13. Ingrid Botha	4	-	-	-	-	-	-	-	-	-	-	5			
14. Yolanda Meiring	3	1	-	-	-	-	-	-	-	-	-	5			
15. Marijke Nel	2	-	5	-	-	-	-	-	-	-	-	10			
16. Babalwa Vena	3	-	-	-	-	-	-	-	-	-	-	5			
17. Ramona Brown	1	-	-	-	-	-	-	-	-	-	-	5			
18. Marie Schoeman	1	-	-	-	-	-	-	-	-	-	-	5			
19. W Khumalo	2	-	-	-	-	-	-	-	-	-	-	5			
20. Fundiswa Platjtie	1	-	-	-	-	-	-	-	-	-	-	5			
21. Marie-Lee Erasmus	1	-	-	-	-	-	-	-	-	-	-	5			
22. Nomsa Tendekwana	4	-	-	-	-	-	-	-	-	-	-	5			

Experience: 66 caps



Pictures from social event and match (17 & 24 June)

Lineups 15s

**Australia - South Africa
68 - 12**

Event Women's Rugby World Cup
Venue St. Albert Rugby Football Club (St. Albert, Canada)
Referee Nicky Inwood (New Zealand)
WR Ranking South Africa: 22, Australia: 4
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Ramona Brown	2	-	-	-	-	-	-	-	-	-	<61'
2. Yolandi Marais	3	-	-	-	-	-	-	-	-	-	<53'
3. Cebisa Kula	6	-	-	-	-	-	-	-	-	-	
4. Dolly Mavumengwana	4	-	-	-	-	-	-	-	-	-	
5. Wendy Adlem	6	-	-	-	-	-	-	-	-	-	<9', >11'
6. Nomsebenzi Tsotsobe	(C) 6	-	-	-	-	-	-	-	-	-	
7. Nadine Barnard	4	-	-	-	-	-	-	-	-	-	
8. Mandisa Williams	4	1	-	-	-	-	-	5	-	-	T69'
9. Saloma Booysen	4	-	-	-	-	-	-	-	-	-	
10. Magdalene Pylman	5	-	-	-	-	-	-	-	-	-	<41'
11. Natasha Hofmeester	3	-	-	-	-	-	-	-	-	-	<19'
12. Zolisa Noxeke	5	1	-	-	-	-	-	5	-	-	T26'
13. Ingrid Botha	5	-	-	-	-	-	-	-	-	-	
14. Nomsa Tendekwana	5	-	-	-	-	-	-	-	-	-	
15. Zandile Nojoko	2	-	-	-	-	-	-	-	-	-	
16. Babalwa Vena	4	-	-	-	-	-	-	-	-	-	>53'
D 17. Sipokazi Jonga	-	-	-	-	-	-	-	-	-	-	>61'
18. Marie Schoeman	2	-	-	-	-	-	-	-	-	-	>9', <11'
D 19. Lamla Momoti	-	-	-	-	-	-	-	-	-	-	>67'
20. Fundiswa Platjtie	2	N	-	-	-	-	-	-	-	-	
21. Marie-Lee Erasmus	2	-	-	-	-	-	-	-	-	-	>19'
22. Marijke Nel	3	-	1	-	-	-	-	2	-	-	>41', C70'

Experience: 77 caps



Singing of the National Anthem

2006-09-04 ENG

Test Match 8 (L)

England-South Africa

74-8

Event Women's Rugby World Cup
Venue Ellerslie Rugby Park (Edmonton, Canada)
Referee Sarah Corrigan (Australia, First female referee to officiate an international men's match)
WR Ranking South Africa: 22, England: 2
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Louise du Pisanie	6	-	-	-	-	-	-	-	-	-	<75'
2. Babalwa Vena	5	-	-	-	-	-	-	-	-	-	
3. Cebisa Kula	7	-	-	-	-	-	-	-	-	-	<43'
4. Dolly Mavumengwana	5	-	-	-	-	-	-	-	-	-	<43'
5. Wendy Adlem	7	-	-	-	-	-	-	-	-	-	<65'
6. W Khumalo	3	1	-	-	-	-	-	5	-	-	T62'
7. Nadine Barnard	5	-	-	-	-	-	-	-	-	-	<56'
8. Mandisa Williams	5	-	-	-	-	-	-	-	-	-	
9. Saloma Booysen	5	-	-	-	-	-	-	-	-	-	
10. Marie-Lee Erasmus	3	-	-	-	-	-	-	-	-	-	
11. Natasha Hofmeester	4	-	-	-	-	-	-	-	-	-	
12. Zolisa Noxeke	6	-	-	-	-	-	-	-	-	-	
13. Ingrid Botha	(C) 6	-	-	-	-	-	-	-	-	-	
14. Yolanda Meiring	4	-	-	-	-	-	-	3	Y	-	YC71'
15. Marijke Nel	4	-	-	1	-	-	-	-	-	-	P52', <58'
16. Sipokazi Jonga	1	-	-	-	-	-	-	-	-	-	>75'
17. Ramona Brown	3	-	-	-	-	-	-	-	-	-	>43'
18. Marie Schoeman	3	-	-	-	-	-	-	-	-	-	>56'
D 19. Namhla Siyolo	-	-	-	-	-	-	-	-	-	-	>65'
20. Lamla Momoti	1	-	-	-	-	-	-	-	-	-	>58'
21. Fundiswa Plaatjie	2	-	-	-	-	-	-	-	-	-	>65'
22. Zandile Nojoko	3	-	-	-	-	-	-	-	-	-	

Experience: 88 caps



Left to Right: #8, #13, #14, and #18

2006-09-08 IRE

Test Match 9 (L)

Ireland - South Africa 37-0

Event Women's Rugby World Cup
Venue St. Albert Rugby Football Club (St. Albert, Canada)
Referee Clare Daniels (England)
WR Ranking South Africa: 22, Ireland: 9
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Louise du Pisanie	7	-	-	-	-	-	-	-	Y		YC26', <56'
2. Babalwa Vena	6	-	-	-	-	-	-	-			<65'
3. Cebisa Kula	8	-	-	-	-	-	-	-			
4. Dolly Mavumengwana	6	-	-	-	-	-	-	-			
5. Wendy Adlem	8	-	-	-	-	-	-	-			<28', >36', <28'
6. W Khumalo	4	-	-	-	-	-	-	-			<46'
7. Nadine Barnard	6	-	-	-	-	-	-	-			
8. Mandisa Williams	6	-	-	-	-	-	-	-			
9. Saloma Booysen	6	-	-	-	-	-	-	-			<59'
10. Marie-Lee Erasmus	4	-	-	-	-	-	-	-			
11. Natasha Hofmeester	5	-	-	-	-	-	-	-			
12. Zolisa Noxeke	7	-	-	-	-	-	-	-			
13. Ingrid Botha	5	-	-	-	-	-	-	-			<75'
14. Yolanda Meiring	7	-	-	-	-	-	-	-			
15. Zandile Nojoko	4	-	-	-	-	-	-	-			
16. Yolandi Marais	4	-	-	-	-	-	-	-			>65'
17. Ramona Brown	4	-	-	-	-	-	-	-			>28', <36', >56'
18. Sipokazi Jonga	2	N	-	-	-	-	-	-			
19. Namhla Siyolo	1	-	-	-	-	-	-	-			>46'
20. Fundiswa Plaatjie	3	-	-	-	-	-	-	-			>59'
21. Nomsebenzi Tsotsobe	7	-	-	-	-	-	-	-			>46'
22. Lamla Momoti	2	-	-	-	-	-	-	-			>75'

Experience: 112 caps

2006-09-12 SAM

Test Match 10 (L)

Samoa - South Africa 43-10

Event Women's Rugby World Cup
Venue St. Albert Rugby Football Club (St. Albert, Canada)
Referee Lyndon Bray (New Zealand)
WR Ranking South Africa: 22, Samoa: 13
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Ramona Brown	5	-	-	-	-	-	-	-			
2. Yolandi Marais	5	-	-	-	-	-	-	-			<52', >62'
3. Louise du Pisanie	8	-	-	-	-	-	-	-			<49'
4. Dolly Mavumengwana	7	-	-	-	-	-	-	-			<41'
5. Namhla Siyolo	2	-	-	-	-	-	-	-			
6. Nomsebenzi Tsotsobe	8	1	-	-	-	-	-	5			T71'
7. Nadine Barnard	7	-	-	-	-	-	-	-			
8. Mandisa Williams	7	-	-	-	-	-	-	-			
9. Fundiswa Plaatjie	4	-	-	-	-	-	-	-			<35'
10. Magdalene Pylman	6	-	-	-	-	-	-	-			<35'
11. Natasha Hofmeester	6	-	-	-	-	-	-	-			
12. Marie-Lee Erasmus	5	1	-	-	-	-	-	5			T45', <52'
13. Ingrid Botha	8	-	-	-	-	-	-	-			
14. Yolanda Meiring	6	-	-	-	-	-	-	-			
15. Zandile Nojoko	5	-	-	-	-	-	-	-			
16. Babalwa Vena	7	-	-	-	-	-	-	-			>52'
17. Cebisa Kula	9	-	-	-	-	-	-	-			>49'
18. Wendy Adlem	9	-	-	-	-	-	-	-			>41'
19. W Khumalo	5	-	-	-	-	-	-	-			>52', <62'
20. Saloma Booysen	7	-	-	-	-	-	-	-			>35'
21. Zolisa Noxeke	8	-	-	-	-	-	-	-			>35'
22. Lamla Momoti	3	N	-	-	-	-	-	-			

Experience: 137 caps

2006-09-16 KAZ

Test Match 11 (L)

South Africa - Kazakhstan

0-36

Event Women's Rugby World Cup
Venue Ellerslie Rugby Park (Edmonton, Canada)
Referee Dana Teagarden (USA)
WR Ranking South Africa: 22, Kazakhstan: 12
Remark 11th Place Play-Off

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sipokazi Jonga	2	-	-	-	-	-	-	-	-	-	
2. Babalwa Vena	8	-	-	-	-	-	-	-	-	-	
3. Ramona Brown	6	-	-	-	-	-	-	-	-	-	<41', >78'
4. Marie Schoeman	4	-	-	-	-	-	-	-	-	-	<35'
5. Namhla Siyolo	3	-	-	-	-	-	-	-	-	-	<41'
6. Nomsebenzi Tsotsobe	(C) 9	-	-	-	-	-	-	-	-	-	<78'
7. Nadine Barnard	8	-	-	-	-	-	-	-	-	-	<41'
8. Lamla Momoti	3	-	-	-	-	-	-	-	-	-	<41'
9. Fundiswa Plaatjie	5	-	-	-	-	-	-	-	-	-	<59'
10. Zandile Nojoko	6	-	-	-	-	-	-	-	-	-	
11. Natasha Hofmeester	7	-	-	-	-	-	-	-	-	-	
12. Marie-Lee Erasmus	6	-	-	-	-	-	-	-	-	-	
13. Yolanda Meiring	7	-	-	-	-	-	-	-	-	-	
14. Ingrid Botha	9	-	-	-	-	-	-	-	-	-	
15. Marijke Nel	5	-	-	-	-	-	-	-	-	-	<64', >73'
16. Louise du Pisanie	9	-	-	-	-	-	-	-	-	-	>41'
17. Wendy Adlem	10	-	-	-	-	-	-	-	Y	-	>41', YC77'
18. Cebisa Kula	10	-	-	-	-	-	-	-	-	-	>41'
19. Dolly Mavumengwana	8	-	-	-	-	-	-	-	-	-	>35'
20. Saloma Booysen	8	-	-	-	-	-	-	-	-	-	>59'
21. Magdalene Pylman	7	-	-	-	-	-	-	-	-	-	>64', <73'
22. Mandisa Williams	8	-	-	-	-	-	-	-	-	-	>41'

Experience: 148 caps

2008-08-09 NOM

Other Match 6 (L)

South Africa - Nomads

34-40

Event Nomads Tour to South Africa
Venue Emirates Airlines Park (Johannesburg, South Africa)
Referee - (-)
WR Ranking South Africa: 21, Nomads: -
Remark curtain-raiser for the Nelson Mandela Tribute Test Springbok Men - Argentina

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
. Portia Jonga	-	-	-	-	-	-	-	-	-	-	
. Namhla Siyolo	4	-	-	-	-	-	-	-	-	-	
. Nombulelo Mayongo	-	-	-	-	-	-	-	-	-	-	
. Fundiswa Plaatjie	6	-	-	-	-	-	-	-	-	-	
. Phumeza Gadu	-	-	-	-	-	-	-	-	-	-	
1. Ramona Brown	7	-	-	-	-	-	-	-	-	-	
2. Nosipho Poswa	2	-	-	-	-	-	-	-	-	-	
3. Cebisa Kula	11	-	-	-	-	-	-	-	-	-	
4. Dolly Mavumengwana	9	-	-	-	-	-	-	-	-	-	
5. Nomathamsanqa Faleni	-	-	-	-	-	-	-	-	-	-	
6. W Khumalo	6	-	-	-	-	-	-	-	-	-	
7. Nadine Barnard	9	-	-	-	-	-	-	-	-	-	
8. Mandisa Williams	(C) 9	-	-	-	-	-	-	-	-	-	
9. Saloma Booysen	9	-	-	-	-	-	-	-	-	-	
10. Claudia Thompson	-	-	-	-	-	-	-	-	-	-	
11. Natasha Hofmeester	8	-	-	-	-	-	-	-	-	-	
12. Zandile Nojoko	7	-	-	-	-	-	-	-	-	-	
13. Lorinda Brown	1	-	-	-	-	-	-	-	-	-	
14. Yolanda Meiring	8	-	-	-	-	-	-	-	-	-	
15. Aimee Barrett	-	-	-	-	-	-	-	-	-	-	

*) Assumption: full bench played
 Experience: 96 caps

2008-08-16 NOM

Other Match 7 (L)

South Africa - Nomads 0-29

Event Nomads Tour to South Africa
Venue Newlands (Cape Town, South Africa)
Referee - (-)
WR Ranking South Africa: 21, Nomads: -
Remark curtain raiser Tri-Nations test Springbok Men - New Zealand

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
. Claudia Thompson	-	-	-	-	-	-	-	-	-	-	
. Saloma Booyesen	9	-	-	-	-	-	-	-	-	-	
. W Khumalo	6	-	-	-	-	-	-	-	-	-	
. Michelle Kona	-	-	-	-	-	-	-	-	-	-	
. Portia Jonga	-	-	-	-	-	-	-	-	-	-	
. Nombulelo Mayongo	-	-	-	-	-	-	-	-	-	-	
. Phumeza Gadu	-	-	-	-	-	-	-	-	-	-	
1. Ramona Brown	7	-	-	-	-	-	-	-	-	-	
2. Nosipho Poswa	2	-	-	-	-	-	-	-	-	-	
3. Cebisa Kula	11	-	-	-	-	-	-	-	-	-	
4. Dolly Mavumengwana	9	-	-	-	-	-	-	-	-	-	
5. Namhla Siyolo	4	-	-	-	-	-	-	-	-	-	
6. Nomathamsanqa Faleni	-	-	-	-	-	-	-	-	-	-	
7. Nadine Barnard	9	-	-	-	-	-	-	-	-	-	
8. Mandisa Williams	(C) 9	-	-	-	-	-	-	-	-	-	
9. Fundiswa Plaatjie	6	-	-	-	-	-	-	-	-	-	
10. Zandile Nojoko	7	-	-	-	-	-	-	-	-	-	
11. Natasha Hofmeester	8	-	-	-	-	-	-	-	-	-	
12. Lorinda Brown	1	-	-	-	-	-	-	-	-	-	
13. Yolanda Meiring	8	-	-	-	-	-	-	-	-	-	
14. Ingrid Botha	10	-	-	-	-	-	-	-	-	-	
15. Aimee Barrett	-	-	-	-	-	-	-	-	-	-	

*) Assumption: full bench played
 Experience: 106 caps

2009-08-10 FRA

Test Match 12 (D)

France - South Africa 17-17

Event Women's Nations Cup
Venue Appleby College (Oakville, Canada)
Referee Joyce Henry (Canada)
WR Ranking South Africa: 21, France: 5
Remark Pool

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Ramona Brown	7	-	-	-	-	-	-	-	-	-	<51'
2. Nosipho Poswa	2	-	-	-	-	-	-	-	-	-	
3. Cebisa Kula	11	-	-	-	-	-	-	-	-	-	
4. Namhla Siyolo	4	-	-	-	-	-	-	-	-	-	
5. Dolly Mavumengwana	9	-	-	-	-	-	-	-	-	-	
D 6. Nomathamsanqa Faleni	-	-	-	-	-	-	-	-	-	-	<64'
7. Lamla Momoti	4	-	-	-	-	-	-	-	-	-	
8. Mandisa Williams	(C) 9	-	-	-	-	-	-	-	-	-	
9. Saloma Booyesen	9	-	-	-	-	-	-	-	-	-	
10. Zandile Nojoko	7	1	2	1	-	-	-	12	-	-	C29', T40', C40', P67'
11. Natasha Hofmeester	8	-	-	-	-	-	-	-	-	-	<62'
12. Yolanda Meiring	8	-	-	-	-	-	-	-	-	-	
13. Lorinda Brown	1	-	-	-	-	-	-	-	-	-	
D 14. Marlize Jordaan	-	-	1	-	-	-	-	5	-	-	T28'
D 15. Aimee Barrett	-	-	-	-	-	-	-	-	-	-	
D 16. Donna Sidumba	-	-	-	-	-	-	-	-	-	-	>51'
17. Portia Jonga	-	N	-	-	-	-	-	-	-	-	
18. W Khumalo	6	N	-	-	-	-	-	-	-	-	
D 19. Nombulelo Mayongo	-	-	-	-	-	-	-	-	-	-	>64'
20. Fundiswa Plaatjie	6	N	-	-	-	-	-	-	-	-	
D 21. Phumeza Gadu	-	-	-	-	-	-	-	-	Y	-	>62', YC75'
D 22. Claudia Thompson	-	-	-	-	-	-	-	-	-	-	confirmed by C. Thompson

Experience: 91 caps

2009-08-13 CAN

Test Match 13 (L)

Canada - South Africa 35 - 17

Event Women's Nations Cup
Venue Appleby College (Oakville, Canada)
Referee Clare Daniels (England)
WR Ranking South Africa: 21, Canada: 3
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Ramona Brown	8		-	-	-	-	-				<36', >70'
2. Nosipho Poswa	3		-	-	-	-	-				<70'
3. Cebisa Kula	12		-	-	-	-	-				<70'
4. Dolly Mavumengwana	10		-	-	-	-	-				<78'
5. Namhla Siyolo	5		-	-	-	-	-				
6. Nombulelo Mayongo	1		-	-	-	-	-				<62'
7. Nomathamsanqa Faleni	1		-	-	-	-	-				
8. Mandisa Williams	(C) 10		-	-	-	-	-				
9. Saloma Booysen	10		-	-	-	-	-				
10. Zandile Nojoko	8	1	2	1	-	-	-	12			P43', T61', C62', C71', <75'
11. Natasha Hofmeester	9	1	-	-	-	-	-	5			T70'
12. Yolanda Meiring	9		-	-	-	-	-				
13. Lorinda Brown	2		-	-	-	-	-				
14. Marlize Jordaan	1		-	-	-	-	-				<40'
15. Aimee Barrett	1		-	-	-	-	-				
16. Donna Sidumba	1		-	-	-	-	-				>70'
D 17. Portia Jonga	-		-	-	-	-	-				>36'
D 18. Onicca Moaga	-		-	-	-	-	-				>78'
19. W Khumalo	6		-	-	-	-	-				>62'
20. Fundiswa Plaatjie	6	N	-	-	-	-	-				
D 21. Cherné Roberts	-		-	-	-	-	-				>40'
22. Claudia Thompson	1		-	-	-	-	-				>75'

Experience: 104 caps

2009-08-16 USA

Test Match 14 (L)

South Africa - United States 0 - 39

Event Women's Nations Cup
Venue Appleby College (Oakville, Canada)
Referee Karen Lozada (Canada)
WR Ranking South Africa: 21, United States: 6
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Ramona Brown	9		-	-	-	-	-				<47'
2. Nosipho Poswa	4		-	-	-	-	-				<47', >61'
3. Cebisa Kula	13		-	-	-	-	-				
4. Dolly Mavumengwana	11		-	-	-	-	-				
5. Namhla Siyolo	6		-	-	-	-	-				
6. Lamla Momoti	5		-	-	-	-	-				<61'
7. Nomathamsanqa Faleni	2		-	-	-	-	-				>76'
8. Mandisa Williams	(C) 11		-	-	-	-	-				
9. Saloma Booysen	11		-	-	-	-	-	Y			YC38', <68' repeated team infringements
10. Zandile Nojoko	9		-	-	-	-	-				<53'
11. Natasha Hofmeester	10		-	-	-	-	-				
12. Yolanda Meiring	10		-	-	-	-	-				
13. Lorinda Brown	3		-	-	-	-	-				<59', >65'
14. Phumeza Gadu	1		-	-	-	-	-				
15. Aimee Barrett	2		-	-	-	-	-				
16. Donna Sidumba	2		-	-	-	-	-				>47'
17. Portia Jonga	1		-	-	-	-	-	Y			>47', YC61'
18. Onicca Moaga	1	N	-	-	-	-	-				
19. Nombulelo Mayongo	2		-	-	-	-	-				>76'
20. Fundiswa Plaatjie	6		-	-	-	-	-				>68'
D 21. Zenay Jordaan	-		-	-	-	-	-	Y			>53'
22. Cherné Roberts	1		-	-	-	-	-	Y			>59', <66', YC66'

Experience: 120 caps

2009-08-19 ENG

Test Match 15 (L)

England - South Africa 25-0

Event Women's Nations Cup
Venue Appleby College (Oakville, Canada)
Referee Karen Lozada (Canada)
WR Ranking South Africa: 20, England: 2
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Portia Jonga	2		-	-	-	-	-				<40', >62'
2. Nosipho Poswa	5		-	-	-	-	-				
3. Cebisa Kula	14		-	-	-	-	-				<62'
4. Dolly Mavumengwana	12		-	-	-	-	-				
5. Namhla Siyolo	7		-	-	-	-	-				<71'
6. Nombulelo Mayongo	3		-	-	-	-	-				
7. Nomathamsanqa Faleni	3		-	-	-	-	-				<52'
8. Mandisa Williams	(C) 12		-	-	-	-	-				
9. Saloma Booysen	12		-	-	-	-	-				<70'
10. Zenay Jordaan	1		-	-	-	-	-				
11. Natasha Hofmeester	11		-	-	-	-	-				<63'
12. Yolanda Meiring	11		-	-	-	-	-				
13. Lorinda Brown	4		-	-	-	-	-				
14. Phumeza Gadu	2		-	-	-	-	-				
15. Aimee Barrett	3		-	-	-	-	-				
16. Donna Sidumba	3		-	-	-	-	-				>40', <73'
D 17. Michelle Kona	-		-	-	-	-	-				>73'
18. Onicca Moaga	1		-	-	-	-	-				>71'
19. W Khumalo	7		-	-	-	-	-				>52'
20. Fundiswa Plaatjie	7		-	-	-	-	-				>70'
21. Cherné Roberts	2		-	-	-	-	-				>63'

Experience: 122 caps

2010-04-08 KAZ

Test Match 16 (W)

South Africa - Kazakhstan 22-17

Event Springboks Visit to Dubai
Venue Palm Sports Resort (Al Ain, United Arab Emirates)
Referee - (-)
WR Ranking South Africa: 20, Kazakhstan: 11
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
D 1. Nedene Botha	-		-	-	-	-	-				
2. Nosipho Poswa	6		-	-	-	-	-				
3. Cebisa Kula	15		1	-	-	-	-	5			
D 4. Nolusindiso Boo	-		-	-	-	-	-				
5. Dolly Mavumengwana	13		-	-	-	-	-				
6. Lamla Momoti	6		-	-	-	-	-				
7. Nombulelo Mayongo	4		-	-	-	-	-				
8. Mandisa Williams	(C) 13		-	-	-	-	-				
9. Saloma Booysen	13		-	-	-	-	-				
10. Zandile Nojoko	10		1	-	-	-	-	5			
11. Phumeza Gadu	3		1	-	-	-	-	5			
12. Zenay Jordaan	2		-	-	-	-	-				
13. Lorinda Brown	5		-	-	-	-	-				
D 14. Ziyanda Tywaleni	-		-	-	-	-	-				
15. Yolanda Meiring	12		-	2	1	-	-	7			
16. Donna Sidumba	4	N	-	-	-	-	-				
17. Portia Jonga	3		-	-	-	-	-				
18. Namhla Siyolo	8		-	-	-	-	-				
19. Onicca Moaga	2	N	-	-	-	-	-				
20. Fundiswa Plaatjie	8	N	-	-	-	-	-				
21. Charmaine Kayser	-	N	-	-	-	-	-				
22. Aimee Barrett	4		-	-	-	-	-				

Experience: 131 caps

2010-04-10 KAZ

Test Match 17 (W)

South Africa - Kazakhstan
38-0

Event Springboks Visit to Dubai
Venue Palm Sports Resort (Al Ain, United Arab Emirates)
Referee - (-)
WR Ranking South Africa: 20, Kazakhstan: 11
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Nedene Botha	1	-	-	-	-	-	-	-	-	-	
2. Nosipho Poswa	7	-	-	-	-	-	-	-	-	-	
3. Cebisa Kula	16	-	-	-	-	-	-	-	-	-	
4. Nolusindiso Boo	1	-	-	-	-	-	-	-	-	-	
5. Dolly Mavumengwana	14	2	-	-	-	-	-	10	-	-	
6. Lamla Momoti	7	-	-	-	-	-	-	-	-	-	
7. Mandisa Williams	(C) 14	-	-	-	-	-	-	-	-	-	
8. Namhla Siyolo	9	-	-	-	-	-	-	-	-	-	
9. Saloma Booysen	14	-	-	-	-	-	-	-	-	-	
10. Zenay Jordaan	3	1	-	-	-	-	-	5	-	-	
11. Phumeza Gadu	4	1	-	-	-	-	-	5	-	-	
12. Lorinda Brown	6	-	-	-	-	-	-	-	-	-	
D 13. Charmaine Kayser	-	-	-	-	-	-	-	-	-	-	
14. Ziyanda Tywaleni	1	1	-	-	-	-	-	5	-	-	
15. Yolanda Meiring	13	-	2	3	-	-	-	13	-	-	
16. Donna Sidumba	4	-	-	-	-	-	-	-	-	-	
17. Portia Jonga	4	-	-	-	-	-	-	-	-	-	
18. Onicca Moaga	2	-	-	-	-	-	-	-	-	-	
19. Fundiswa Platjje	8	-	-	-	-	-	-	-	-	-	
20. Aimee Barrett	5	-	-	-	-	-	-	-	-	-	
D 21. Pulane Ivonne Motloun	-	-	-	-	-	-	-	-	-	-	
22. Zandile Nojoko	11	-	-	-	-	-	-	-	-	-	

Experience: 144 caps

2010-06-05 SCO

Test Match 18 (W)

Scotland - South Africa
8-27

Event Springboks Visit to Scotland
Venue Hawthornden (Bonnyrigg, Scotland)
Referee Clare Daniels (England)
WR Ranking South Africa: 19, Scotland: 10
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Nedene Botha	2	-	-	-	-	-	-	-	-	-	
2. Donna Sidumba	5	-	-	-	-	-	-	-	-	-	
3. Cebisa Kula	17	-	-	-	-	-	-	-	-	-	
4. Nolusindiso Boo	2	-	-	-	-	-	-	-	-	-	
5. Dolly Mavumengwana	15	-	-	-	-	-	-	-	-	-	
6. Lamla Momoti	8	-	-	-	-	-	-	-	Y	-	
7. Mandisa Williams	(C) 15	1	-	-	-	-	-	5	-	-	
8. Namhla Siyolo	10	1	-	-	-	-	-	5	-	-	
9. Saloma Booysen	15	-	-	-	-	-	-	-	-	-	
10. Zenay Jordaan	4	1	-	-	-	-	-	5	-	-	
11. Phumeza Gadu	5	-	-	-	-	-	-	-	-	-	
12. Lorinda Brown	7	1	-	-	-	-	-	5	Y	-	
13. Charmaine Kayser	1	-	-	-	-	-	-	-	-	-	
14. Marlize Jordaan	2	-	-	-	-	-	-	-	-	-	
15. Yolanda Meiring	14	-	2	1	-	-	-	7	-	-	
16. Nosipho Poswa	8	-	-	-	-	-	-	-	Y	-	
17. Portia Jonga	5	-	-	-	-	-	-	-	-	-	
18. Onicca Moaga	3	N	-	-	-	-	-	-	-	-	
19. Nomathamsanqa Faleni	4	-	-	-	-	-	-	-	-	-	
20. Cherné Roberts	3	-	-	-	-	-	-	-	Y	-	
D 21. Daphne Scheepers	-	-	-	-	-	-	-	-	-	-	
22. Zandile Nojoko	12	-	-	-	-	-	-	-	-	-	

Experience: 157 caps

Lineups 15s

2010-06-12 SCO

Test Match 19 (W)

Scotland - South Africa 17-41

Event Springboks Visit to Scotland
Venue Hawthornden (Bonnyrigg, Scotland)
Referee Clare Daniels (England)
WR Ranking South Africa: 17, Scotland: 10
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Nedene Botha	3										
2. Donna Sidumba	6										
3. Cebisa Kula	18										
4. Nolusindiso Booi	3										
5. Dolly Mavumengwana	16										
6. Nomathamsanga Faleni	5										
7. Mandisa Williams	16	(C)									Player of the Match
8. Namhla Siyolo	11										
9. Saloma Booysen	16										
10. Zenay Jordaan	5		2						10		
11. Phumeza Gadu	6										
12. Daphne Scheepers	1									Y	
13. Lorinda Brown	8		2						10		
14. Yolanda Meiring	15		1						5		
15. Zandile Nojoko	13			4	1				11		
16. Nosipho Poswa	9										
17. Portia Jonga	6										
18. Onicca Moaga	3										
19. Lamla Momoti	9		1						5		
20. Fundiswa Platjje	9										
21. Charmaine Kayser	2										
22. Aimee Barrett	6										

*) Conflicting information found. M. Williams or Y. Meiring scored a try.
 Experience: 186 caps

2010-08-20 NZL

Test Match 20 (L)

New Zealand - South Africa

55-3

Event Women's Rugby World Cup
Venue Surrey Sports Park (Guildford, England)
Referee Andrew McMenemy (Scotland)
WR Ranking South Africa: 14, New Zealand: 1
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Nedene Botha	4										<67'
2. Donna Sidumba	7										
3. Cebisa Kula	19										
4. Nolusindiso Boooi	4										
5. Dolly Mavumengwana	17										
6. Lamla Momoti	10										
7. Mandisa Williams	17	(C)									
8. Namhla Siyolo	12										
9. Saloma Booysen	17										
10. Zenay Jordaan	6										
11. Phumeza Gadu	7										<53'
12. Daphne Scheepers	2										
13. Lorinda Brown	9										
14. Yolanda Meiring	16										
15. Zandile Nojoko	14				1			3			P65'
16. Nosipho Poswa	10	N									
17. Portia Jonga	7										>67'
18. Laurian Johannes	-	N									
19. Nombulelo Mayongo	5	N									
20. Fundiswa Platjtie	10	N									
21. Charmaine Kayser	3										>53'
22. Ziyanda Tywaleni	2	N									

Experience: 198 caps



2010 Rugby World Cup Squad

2010-08-24 WLS

Test Match 21 (W)

Wales-South Africa 10-15

Event Women's Rugby World Cup
Venue Surrey Sports Park (Guildford, England)
Referee Joyce Henry (Canada)
WR Ranking South Africa: 14, Wales: 8
Remark Pool A

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Nedene Botha	5		-	-	-	-	-				<80'
2. Donna Sidumba	8		-	-	-	-	-				<80'
3. Cebisa Kula	20		-	-	-	-	-				
4. Nolusindiso Booi	5		-	-	-	-	-				<40' Hospital visit (eye injury)
5. Dolly Mavumengwana	18		-	-	-	-	-				
6. Lamla Momoti	11		-	-	-	-	-				
7. Mandisa Williams	18	(C)	-	-	-	-	-				
8. Namhla Siyolo	13		1	-	-	-	-	5	Y		T30',YC54'
9. Saloma Booysen	18		-	-	-	-	-				
10. Zenay Jordaan	7		-	-	-	-	-				
11. Charmaine Kayser	4		1	-	-	-	-	5			T40'
12. Daphne Scheepers	3		-	-	-	-	-				<65'
13. Lorinda Brown	10		-	-	-	-	-		Y		YC80'
14. Yolanda Meiring	17		-	-	-	-	-				
15. Zandile Nojoko	15		1	-	-	-	-	5			
16. Nosipho Poswa	10		-	-	-	-	-				>80'
D 17. Laurian Johannes	-		-	-	-	-	-				>80'
18. Onicca Moaga	4		-	-	-	-	-				>40'
19. Nombulelo Mayongo	5	N	-	-	-	-	-				
20. Fundiswa Plaatjie	10	N	-	-	-	-	-				
21. Phumeza Gadu	8		-	-	-	-	-				>65'
22. Ziyanda Tywaleni	2	N	-	-	-	-	-				

Experience: 211 caps

2010-08-28 AUS

Test Match 22 (L)

Australia - South Africa 62-0

Event Women's Rugby World Cup
Venue Surrey Sports Park (Guildford, England)
Referee David Keane (Ireland)
WR Ranking South Africa: 14, Australia: 5
Remark Pool A

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Nedene Botha	6	-	-	-	-	-	-	-	-	-	
2. Donna Sidumba	9	-	-	-	-	-	-	-	-	-	<61'
3. Laurian Johannes	1	-	-	-	-	-	-	-	-	-	<66'
4. Nolusindiso Booii	6	-	-	-	-	-	-	-	-	-	<47'
5. Dolly Mavumengwana	19	-	-	-	-	-	-	-	-	-	
6. Lamla Momoti	12	-	-	-	-	-	-	-	-	-	
7. Nombulelo Mayongo	5	-	-	-	-	-	-	-	-	-	<75'
8. Namhla Siyolo	14	-	-	-	-	-	-	-	Y	-	YC18'
9. Saloma Booysen	19	-	-	-	-	-	-	-	-	-	<68'
10. Zenay Jordaan	8	-	-	-	-	-	-	-	-	-	
11. Phumeza Gadu	9	-	-	-	-	-	-	-	Y	-	YC71'
12. Lorinda Brown	(C) 11	-	-	-	-	-	-	-	-	-	
13. Charmaine Kayser	5	-	-	-	-	-	-	-	-	-	
14. Yolanda Meiring	18	-	-	-	-	-	-	-	-	-	
15. Zandile Nojoko	16	-	-	-	-	-	-	-	-	-	
16. Nosipho Poswa	11	-	-	-	-	-	-	-	-	-	>61'
17. Portia Jonga	8	-	-	-	-	-	-	-	-	-	>66'
18. Onicca Moaga	5	-	-	-	-	-	-	-	-	-	>47'
19. Pulane Ivonne Motloug	1	-	-	-	-	-	-	-	-	-	>75'
20. Fundiswa Platjie	10	-	-	-	-	-	-	-	-	-	>68'
21. Ziyanda Tywaleni	2	-	-	-	-	-	-	-	-	-	>49'
22. Aimee Barrett	7	-	-	-	-	-	-	-	-	-	>61'

Experience: 202 caps



2010 RWC Squad

2010-09-01 KAZ

Test Match 23 (W)

**South Africa - Kazakhstan
25-10**

Event Women's Rugby World Cup
Venue Surrey Sports Park (Guildford, England)
Referee David Keane (Ireland)
WR Ranking South Africa: 11, Kazakhstan: 15
Remark 9th Place Semi Final

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Nedene Botha	7	-	-	-	-	-	-	-	Y		YC49', <77'
2. Nosipho Poswa	12	-	-	-	-	-	-	-			<60'
3. Laurian Johannes	2	-	-	-	-	-	-	-			<45', >77'
4. Onicca Moaga	6	-	-	-	-	-	-	-			
5. Dolly Mavumengwana	20	-	-	-	-	-	-	-	Y		YC31'
6. Lamla Momoti	13	-	-	-	-	-	-	-			
7. Nombulelo Mayongo	6	-	-	-	-	-	-	-			<52', >60', <60' (?)
8. Namhla Siyolo	15	-	-	-	-	-	-	-			
9. Saloma Booysen	20	-	-	-	-	-	-	-			
10. Zenay Jordaan	9	1	-	-	-	-	-	-	5		T76'
11. Phumeza Gadu	10	1	-	-	-	-	-	-	5		T39'
12. Daphne Scheepers	4	-	-	-	-	-	-	-			<71'
13. Lorinda Brown	(C) 12	-	-	-	-	-	-	-	Y		YC7'
14. Ziyanda Tywaleni	3	-	-	-	-	-	-	-			
15. Zandile Nojoko	17	-	2	2	-	-	-	-	10		P14', <C40', <P64', <C77'
16. Donna Sidumba	10	-	-	-	-	-	-	-			>52', <60', >60' (?)
17. Portia Jonga	9	-	-	-	-	-	-	-			>45'
18. Pulane Ivonne Motloug	2	-	-	-	-	-	-	-			>60'
19. Yolanda Meiring	19	-	-	-	-	-	-	-			confirmed by yolanda
20. Fundiswa Plaatjie	11	N	-	-	-	-	-	-			
21. Cherné Roberts	4	1	-	-	-	-	-	-	5		>79', T80'
22. Aimee Barrett	8	-	-	-	-	-	-	-			>71'

Experience: 219 caps

2010-09-05 WLS

Test Match 24 (L)

**Wales - South Africa
29-17**

Event Women's Rugby World Cup
Venue Surrey Sports Park (Guildford, England)
Referee Andrew McMenemy (Scotland)
WR Ranking South Africa: 11, Wales: 9
Remark 9th Place Play-Off

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Nedene Botha	8	-	-	-	-	-	-	-			
2. Nosipho Poswa	13	-	-	-	-	-	-	-			<59'
3. Portia Jonga	10	-	-	-	-	-	-	-			<59'
4. Onicca Moaga	7	-	-	-	-	-	-	-			
5. Dolly Mavumengwana	21	-	-	-	-	-	-	-			
6. Lamla Momoti	14	-	-	-	-	-	-	-			
7. Mandisa Williams	(C) 19	-	-	-	-	-	-	-			
8. Namhla Siyolo	16	-	-	-	-	-	-	-			
9. Saloma Booysen	21	-	-	-	-	-	-	-	Y		YC36'
10. Zenay Jordaan	10	1	-	-	-	-	-	-	5		T51'
11. Phumeza Gadu	11	1	-	-	-	-	-	-	5	Y	YC33', T84'
12. Lorinda Brown	13	-	-	-	-	-	-	-			
13. Charmaine Kayser	6	1	-	-	-	-	-	-	5		T69'
14. Ziyanda Tywaleni	4	-	-	-	-	-	-	-			
15. Zandile Nojoko	18	-	-	-	-	-	-	-			>59'
16. Donna Sidumba	11	-	-	-	-	-	-	-			>59'
17. Laurian Johannes	3	-	-	-	-	-	-	-			
18. Pulane Ivonne Motloug	3	N	-	-	-	-	-	-			
19. Yolanda Meiring	20	-	1	-	-	-	-	-	2		>62', <C85'
20. Fundiswa Plaatjie	11	N	-	-	-	-	-	-			
21. Cherné Roberts	5	-	-	-	-	-	-	-			>48'
22. Aimee Barrett	9	N	-	-	-	-	-	-			

Experience: 253 caps

2011-08-02 CAN

Test Match 25 (L)

Canada - South Africa 52-17

Event Women's Nations Cup
Venue Appleby College (Oakville, Canada)
Referee Nicky Inwood (New Zealand)
WR Ranking South Africa: 11, Canada: 6
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Nedene Botha	9	-	-	-	-	-	-	-	-	-	<66'
D 2. Denita Wentzel	-	-	-	-	-	-	-	-	-	-	<40'
3. Cebisa Kula	21	-	-	-	-	-	-	-	-	-	
4. Dolly Mavumengwana	22	-	-	-	-	-	-	-	-	-	<48'
5. Nolusindiso Booi	7	-	-	-	-	-	-	-	-	-	
6. Lamla Momoti	15	-	-	-	-	-	-	-	-	-	<66'
7. Mandisa Williams	(C) 20	1	-	-	-	-	-	5	-	-	T70'
8. Namhla Siyolo	17	-	-	3	-	-	-	9	-	-	<70'
9. Fundiswa Plaatjie	11	-	-	-	-	-	-	-	-	-	
10. Zenay Jordaan	11	-	-	-	-	-	-	-	-	-	<75'
11. Natasha Hofmeester	12	-	-	-	-	-	-	-	-	-	<54'
12. Daphne Scheepers	5	-	-	-	-	-	-	-	-	-	
13. Ziyanda Tywaleni	5	-	-	-	-	-	-	-	-	-	
14. Phumeza Gadu	12	-	-	-	-	-	-	-	-	-	
15. Zandile Nojoko	19	-	-	1	-	-	-	3	-	-	
16. Pulane Ivonne Motloug	3	-	-	-	-	-	-	-	-	-	>40'
17. Laurian Johannes	4	-	-	-	-	-	-	-	-	-	>66'
18. Onicca Moaga	8	-	-	-	-	-	-	-	-	-	>48'
19. Nomathamsanqa Faleni	6	-	-	-	-	-	-	-	-	-	>66'
D 20. Nwabisa Ngxatu	-	-	-	-	-	-	-	-	-	-	>70'
D 21. Janine Felix	-	-	-	-	-	-	-	-	-	-	>75'
22. Yolanda Meiring	21	-	-	-	-	-	-	-	-	-	>54'

Experience: 228 caps

2011-08-05 ENG

Test Match 26 (L)

England - South Africa 46-8

Event Women's Nations Cup
Venue Chatham-Kent Athletic Centre (Chatham-Kent, Canada)
Referee Sherry Trumbull (Canada)
WR Ranking South Africa: 11, England: 2
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Nedene Botha	10	-	-	-	-	-	-	-	-	-	<59', >73'
2. Pulane Ivonne Motloug	4	-	-	-	-	-	-	-	-	-	
3. Cebisa Kula	22	-	-	-	-	-	-	-	-	-	<73'
4. Dolly Mavumengwana	23	-	-	-	-	-	-	-	-	-	<65'
5. Nolusindiso Booi	8	-	-	-	-	-	-	-	-	-	
6. Nomathamsanqa Faleni	7	-	-	-	-	-	-	-	-	-	<65'
7. Mandisa Williams	(C) 21	-	-	-	-	-	-	-	-	-	<73'
8. Namhla Siyolo	18	-	-	-	-	-	-	-	-	-	
9. Fundiswa Plaatjie	12	-	-	-	-	-	-	-	-	-	
10. Zandile Nojoko	20	1	-	1	-	-	-	8	-	-	T33', P44'
11. Natasha Hofmeester	13	-	-	-	-	-	-	-	-	-	<61'
12. Daphne Scheepers	6	-	-	-	-	-	-	-	-	-	
13. Ziyanda Tywaleni	6	-	-	-	-	-	-	-	-	-	<40', >53', <72'
14. Phumeza Gadu	13	-	-	-	-	-	-	-	-	-	
15. Yolanda Meiring	22	-	-	-	-	-	-	-	-	-	
16. Denita Wentzel	1	N	-	-	-	-	-	-	-	-	
17. Laurian Johannes	5	-	-	-	-	-	-	-	-	-	>59'
18. Onicca Moaga	9	-	-	-	-	-	-	-	-	-	>65'
19. Lamla Momoti	16	-	-	-	-	-	-	-	-	-	>65'
D 20. Lusanda Mtiya	-	-	-	-	-	-	-	-	-	-	>72'
21. Janine Felix	1	-	-	-	-	-	-	-	-	-	>40', <53', >40'
22. Nwabisa Ngxatu	1	-	-	-	-	-	-	-	-	-	>73'

Experience: 238 caps

2011-08-09 USA

Test Match 27 (W)

South Africa - United States 26-23

Event Women's Nations Cup
Venue Appleby College (Oakville, Canada)
Referee Joyce Henry (Canada)
WR Ranking South Africa: 11, United States: 5
Remark This match resulted in a 10th position on World Rankings

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Nedene Botha	11										
2. Pulane Ivonne Motloun	5										
3. Cebisa Kula	23	1						5			T40' <62'
4. Dolly Mavumengwana	24										
5. Nolusindiso Boo	9										
6. Nomathamsanqa Faleni	8										<35', >40', <69'
7. Mandisa Williams	(C) 22										
8. Namhla Siyolo	19										73'
9. Fundiswa Plaatjie	13										
10. Zandile Nojoko	21			2				6			P12', P61'
11. Lusanda Mtiya	1										
12. Daphne Scheepers	7	1						5			T26' <68'
13. Ziyanda Tywaleni	7										
14. Phumeza Gadu	14										
15. Yolanda Meiring	23										
16. Denita Wentzel	1	N									
17. Laurian Johannes	6	N									
18. Onicca Moaga	10										>62'
19. Nwabisa Ngxatu	2										>35', <40', >73'
20. Lamla Momoti	17										>69'
21. Janine Felix	2	2						10			>68', T76', T79'
22. Natasha Hofmeester	14	N									

Experience: 259 caps

2011-08-13 USA

Test Match 28 (L)

United States - South Africa 29-9

Event Women's Nations Cup
Venue Appleby College (Oakville, Canada)
Referee - (-)
WR Ranking South Africa: 11, United States: 5
Remark 3rd Place Play-Off

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Nedene Botha	12										
2. Pulane Ivonne Motloun	6										
3. Cebisa Kula	24										
4. Onicca Moaga	11										
5. Nolusindiso Boo	10										
6. Nomathamsanqa Faleni	9										
7. Mandisa Williams	(C) 23										
8. Namhla Siyolo	20										
9. Fundiswa Plaatjie	14										
10. Zandile Nojoko	22			3				9			P17', P20', P46'
11. Lusanda Mtiya	2										
12. Daphne Scheepers	8										
13. Janine Felix	3										
14. Phumeza Gadu	15										
15. Yolanda Meiring	24										
16. Ziyanda Tywaleni	8										
17. Natasha Hofmeester	14										
18. Lamla Momoti	18										
19. Dolly Mavumengwana	25										
20. Denita Wentzel	1										
21. Laurian Johannes	6										
22. Nwabisa Ngxatu	3										

Experience: 278 caps

2012-06-23 NOM

Other Match 8 (W)

South Africa - Nomads 28-17

Event Nomads Tour to South Africa
Venue Goodwood RFC (Cape Town, South Africa)
Referee - (-)
WR Ranking South Africa: 11, Nomads: -
Remark No Line up published on World Rugby Website

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Nedene Botha	13	-	-	-	-	-	-	-	-	-	
2. Denita Wentzel	2	-	-	-	-	-	-	-	-	-	
3. Cebisa Kula	(C) 25	-	-	-	-	-	-	-	-	-	
4. Dolly Mavumengwana	26	1	-	-	-	-	-	5	-	-	
5. Nolusindiso Booï	11	-	-	-	-	-	-	-	-	-	
6. Nombulelo Mayongo	7	-	-	-	-	-	-	-	-	-	
7. Nomathamsanqa Faleni	10	-	-	-	-	-	-	-	-	-	
8. Lamla Momoti	19	-	-	-	-	-	-	-	-	-	
9. Fundiswa Plaatjie	15	-	-	-	-	-	-	-	-	-	
10. Zandile Nojoko	23	1	4	-	-	-	-	13	-	-	Could also be 2 penalties and 1 conversion
11. Natasha Hofmeester	15	1	-	-	-	-	-	5	-	-	
12. Daphne Scheepers	9	-	-	-	-	-	-	-	-	-	
13. Janine Felix	4	-	-	-	-	-	-	-	-	-	
14. Phumeza Gadu	16	1	-	-	-	-	-	5	-	-	
15. Yolanda Meiring	25	-	-	-	-	-	-	-	-	-	
15. Nosipho Poswa	14	-	-	-	-	-	-	-	-	-	
16. Katlego Moremi	-	-	-	-	-	-	-	-	-	-	
18. Sindiswa Matanda	-	-	-	-	-	-	-	-	-	-	
19. Mathrin Simmers	-	-	-	-	-	-	-	-	-	-	
20. Lusanda Mtiya	3	-	-	-	-	-	-	-	-	-	

Experience: 237 caps

2012-06-30 NOM

Other Match 9 (W)

South Africa - Nomads 17-15

Event Nomads Tour to South Africa
Venue Goodwood RFC (Cape Town, South Africa)
Referee - (-)
WR Ranking South Africa: 11, Nomads: -
Remark No Line up published on World Rugby Website

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Nedene Botha	13	-	-	-	-	-	-	-	-	-	
2. Nosipho Poswa	14	-	-	-	-	-	-	-	-	-	
3. Cebisa Kula	(C) 25	-	-	-	-	-	-	-	-	-	
4. Dolly Mavumengwana	26	-	-	-	-	-	-	-	-	-	
5. Nolusindiso Booï	11	-	-	-	-	-	-	-	-	-	
6. Nombulelo Mayongo	7	-	-	-	-	-	-	-	-	-	
7. Nomathamsanqa Faleni	10	-	-	-	-	-	-	-	-	-	
8. Lamla Momoti	19	-	-	-	-	-	-	-	-	-	
9. Fundiswa Plaatjie	15	-	-	-	-	-	-	-	-	-	
10. Zandile Nojoko	23	-	-	-	-	-	-	-	-	-	
11. Natasha Hofmeester	15	-	-	-	-	-	-	-	-	-	
12. Daphne Scheepers	9	-	-	-	-	-	-	-	-	-	
13. Janine Felix	4	-	-	-	-	-	-	-	-	-	
14. Phumeza Gadu	16	-	-	-	-	-	-	-	-	-	
15. Yolanda Meiring	25	-	-	-	-	-	-	-	-	-	
16. Katlego Moremi	-	-	-	-	-	-	-	-	-	-	
17. Denita Wentzel	2	-	-	-	-	-	-	-	-	-	
18. Mandisa Williams	24	-	-	-	-	-	-	-	-	-	
19. Mathrin Simmers	-	-	-	-	-	-	-	-	-	-	
21. Thantaswa Macingwane	-	-	-	-	-	-	-	-	-	-	confirmed by Thantaswa

Experience: 258 caps

2013-07-30 USA

Test Match 29 (L)

United States - South Africa 32 - 22

Event Women's Nations Cup
Venue University of Northern Colorado (Greeley/Denver, United States)
Referee Claire Hodnett (England)
WR Ranking South Africa: 11, United States: 7
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Nedene Botha	13	-	-	-	-	-	-	-	-	-	<40'
D 2. Celeste Marais	-	-	-	-	-	-	-	-	-	-	<44'
3. Portia Jonga	11	-	-	-	-	-	-	-	-	-	
4. Nolusindiso Booi	11	-	-	-	-	-	-	-	-	-	<40'
D 5. Andrea Mentoor	-	-	-	-	-	-	-	-	-	-	<50'
6. Lamla Momoti	19	-	-	-	-	-	-	-	-	-	
7. Nwabisa Ngxatu	4	-	-	-	-	-	-	-	-	-	<59'
8. Mandisa Williams	(C) 24	1	-	-	-	-	-	5	-	-	T50'
9. Fundiswa Plaatjie	15	-	-	-	-	-	-	-	-	-	
10. Zenay Jordaan	12	1	-	-	-	-	-	5	-	-	T79'
D 11. Marlien Cronje	-	1	-	-	-	-	-	5	-	-	T26', <65'
D 12. Vuyolwethu Vazi	-	-	-	-	-	-	-	-	-	-	
D 13. Mathrin Simmers	-	1	-	-	-	-	-	5	-	-	T18', <74'
14. Phumeza Gadu	16	-	-	-	-	-	-	-	-	-	
D 15. Marnazelle Rabie	-	-	-	-	-	-	-	-	-	-	<54'
D 16. Thandi Xwetu	-	-	-	-	-	-	-	-	-	-	>44'
17. Laurian Johannes	7	-	-	-	-	-	-	-	-	-	>40'
D 18. Annalie Pretorius	-	-	-	-	-	-	-	-	-	-	>40'
19. Vuyokasi Mbonda	2	-	-	-	-	-	-	-	-	-	>74'
20. Nomathamsanqa Faleni	10	-	-	-	-	-	-	Y	-	-	>50', YC80'
21. Zandile Nojoko	23	-	1	-	-	-	-	2	-	-	>54'
D 22. Veroeshka Grain	-	-	-	-	-	-	-	-	-	-	>65'
23. Daphne Scheepers	9	-	-	-	-	-	-	-	-	-	>59'

Experience: 176 caps



2013 Trainings photo (Test 29 or 33)

2013-08-04 ENG

Test Match 30 (L)

England-South Africa 18-17

Event Women's Nations Cup
Venue University of Northern Colorado (Greeley/Denver, United States)
Referee Sherry Trumbull (Canada)
WR Ranking South Africa: 11, England: 2
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Laurian Johannes	8		-	-	-	-	-				
2. Thandi Xwetu	1		-	-	-	-	-				<69'
3. Portia Jonga	12		-	-	-	-	-				
4. Nolusindiso Booii	12		1	-	-	-	-	5			T29'
5. Nwabisa Ngxatu	5		-	-	-	-	-				
6. Lamla Momoti	20		-	-	-	-	-				<73'
7. Nomathamsanqa Faleni	11		-	-	-	-	-				<59'
8. Mandisa Williams	(C) 25		-	-	-	-	-				
9. Fundiswa Plaatjie	16		-	-	-	-	-				YC53'
10. Zenay Jordaan	13		2	-	-	-	-	10			T8', T38'
11. Marlien Cronje	1		-	-	-	-	-				
12. Daphne Scheepers	10		-	-	-	-	-				
13. Vuyolwethu Vazi	1		-	-	-	-	-				<53'
14. Phumeza Gadu	17		-	-	-	-	-		Y		YC43'
15. Marnazelle Rabie	1		-	1	-	-	-	2			
16. Nedene Botha	14	N	-	-	-	-	-				
D 17. Simoné Vosloo	-		-	-	-	-	-				>69'
18. Annalie Pretorius	1		-	-	-	-	-				
19. Andrea Mentoor	1		-	-	-	-	-				>73'
20. Vuyokasi Mbonda	3		-	-	-	-	-				>59'
21. Zandile Nojoko	24		-	-	-	-	-				>79'
22. Veroeshka Grain	1		-	-	-	-	-				>53'
23. Lusanda Mtiya	3	N	-	-	-	-	-				

Experience: 200 caps

2013-08-07 CAN

Test Match 31 (L)

Canada-South Africa 53-17

Event Women's Nations Cup
Venue University of Northern Colorado (Greeley/Denver, United States)
Referee Leah Berard (USA)
WR Ranking South Africa: 11, Canada: 6
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Laurian Johannes	9		-	-	-	-	-				
2. Thandi Xwetu	2		-	-	-	-	-				
3. Portia Jonga	13		-	-	-	-	-				
4. Andrea Mentoor	2		-	-	-	-	-				
5. Nwabisa Ngxatu	6		-	-	-	-	-				
6. Lamla Momoti	21		-	-	-	-	-				
7. Nomathamsanqa Faleni	12		-	-	-	-	-				
8. Mandisa Williams	(C) 26		-	-	-	-	-				
9. Fundiswa Plaatjie	17		-	-	-	-	-				
10. Zenay Jordaan	14		2	-	-	-	-	10			T58', T58' (?)
11. Lusanda Mtiya	3		-	-	-	-	-				
12. Vuyolwethu Vazi	2		-	-	-	-	-				
13. Daphne Scheepers	11		-	-	-	-	-				
14. Marlien Cronje	2		1	-	-	-	-	5			T25'
15. Zandile Nojoko	25		-	-	-	-	-				
16. Marnazelle Rabie	2		-	1	-	-	-	2			
17. Phumeza Gadu	18		-	-	-	-	-				
18. Nolusindiso Booii	13		-	-	-	-	-				
19. Nedene Botha	14		-	-	-	-	-				
20. Annalie Pretorius	2		-	-	-	-	-				
21. Vuyokasi Mbonda	4		-	-	-	-	-				
22. Veroeshka Grain	2		-	-	-	-	-				
23. Simoné Vosloo	1		-	-	-	-	-				

Experience: 221 caps

2013-08-10 USA

Test Match 32 (L)

United States - South Africa 61-5

Event Women's Nations Cup
Venue Infinity Park (Glendale, United States)
Referee Claire Hodnett (England)
WR Ranking South Africa: 11, United States: 7
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Nedene Botha	15			-	-	-	-				
2. Simoné Vosloo	2			-	-	-	-				
3. Laurian Johannes	10			-	-	-	-				
4. Nolusindiso Booii	14			-	-	-	-				
5. Nwabisa Ngxatu	7			-	-	-	-				
6. Lamla Momoti	22			-	-	-	-				
7. Nomathamsanga Faleni	13			-	-	-	-				
8. Mandisa Williams	(C) 27			-	-	-	-				
9. Fundiswa Plaatjie	18			-	-	-	-				
10. Zenay Jordaan	15			-	-	-	-				
11. Marlien Cronje	3			-	-	-	-				
12. Vuyolwethu Vazi	3			-	-	-	-				
13. Veroeshka Grain	3		1	-	-	-	-	5			T34'
14. Phumeza Gadu	19			-	-	-	-				
15. Zandile Nojoko	26			-	-	-	-				
16. Marnazelle Rabie	3			-	-	-	-				
17. Mathrin Simmers	1	N		-	-	-	-				
18. Andrea Mentoer	3			-	-	-	-				
19. Celeste Marais	1			-	-	-	-				
20. Thandi Xwetu	3			-	-	-	-				
21. Annlie Pretorius	3			-	-	-	-				
22. Vuyokasi Mbonda	5			-	-	-	-				
23. Lusanda Mtiya	4	N		-	-	-	-				

Experience: 220 caps

2013-09-07 UGA

Test Match 33 (W)

South Africa - Uganda

63-3

Event Women's RWC 2014 Qualifier
Venue (East London) (East London, South Africa)
Referee - (-)
WR Ranking South Africa: 11, Uganda: 33
Remark New record points difference victory. Nienaber defence consultant

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Laurian Johannes	11	-	-	-	-	-	-	-	-	-	
2. Thandi Xwetu	4	-	-	-	-	-	-	-	-	-	
D 3. Asithandile Ntoyanto	-	2	-	-	-	-	-	10	-	-	T nr 7, T nr 8
4. Nolusindiso Booii	15	-	-	-	-	-	-	-	-	-	
5. Dolly Mavumengwana	26	-	-	-	-	-	-	-	-	-	T nr 3
6. Vuyolwethu Vazi	4	-	-	-	-	-	-	-	-	-	
7. Nwabisa Ngxatu	8	1	-	-	-	-	-	5	-	-	T nr 10
8. Mandisa Williams	(C) 28	1	-	-	-	-	-	5	-	-	
9. Fundiswa Plaatjie	19	-	-	-	-	-	-	-	-	-	
10. Zenay Jordaan	16	1	1	-	-	-	-	7	-	-	
11. Natasha Hofmeester	15	2	1	-	-	-	-	10	-	-	T nr 6
12. Daphne Scheepers	12	-	-	-	-	-	-	-	-	-	
13. Mathrin Simmers	1	1	-	-	-	-	-	5	-	-	T nr 1 (first 10 minutes)
14. Marlien Cronje	4	2	-	-	-	-	-	10	-	-	T nr 2 (4 minutes after try nr 1), T nr 9
15. Zandile Nojoko	27	1	2	-	-	-	-	9	-	-	T nr 4 (before HT), T nr 5 (after HT)
16. Denita Wentzel	2	-	-	-	-	-	-	-	-	-	
D 17. Sinazo Tsawu	-	-	-	-	-	-	-	-	-	-	
D 18. Amanda Tshidi	-	-	-	-	-	-	-	-	-	-	
19. Andrea Mentoor	4	-	-	-	-	-	-	-	-	-	
20. Lamla Momoti	23	-	-	-	-	-	-	-	-	-	
D 21. Tayla Kinsey	-	-	-	-	-	-	-	-	-	-	
22. Veroeshka Grain	4	-	-	-	-	-	-	-	-	-	
23. Marnazelle Rabie	4	-	1	-	-	-	-	2	-	-	

Experience: 227 caps



2014-06-28 NOM

Other Match 10 (W)

Nomads-South Africa 5-20

Event RWC 2014 Preparations
Venue Lensbury Club (Teddington, England)
Referee - (-)
WR Ranking South Africa: 11, Nomads: -
Remark No Test, lineup of more than 23 players

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Asithandile Ntoyanto	1	-	-	-	-	-	-	-	-	-	
2. Denita Wentzel	3	-	-	-	-	-	-	-	-	-	
3. Portia Jonga	14	-	-	-	-	-	-	-	-	-	
4. Celeste Adonis	-	-	-	-	-	-	-	-	-	-	
5. Nolusindiso Booi	16	-	-	-	-	-	-	-	-	-	
6. Lamla Momoti (C)	24	-	-	-	-	-	-	-	-	-	
7. Vuyolwethu Vazi	5	-	-	-	-	-	-	-	-	-	
8. Shona-Leah Weston	-	-	-	-	-	-	-	-	-	-	
9. Tayla Kinsey	1	-	-	1	-	-	-	3	-	-	P?' (2nd quarter of the game)
10. Zenay Jordaan	17	-	-	-	-	-	-	-	-	-	
11. Phumeza Gadu	20	1	-	-	-	-	-	5	-	-	T4'
12. Lorinda Brown	14	1	-	-	-	-	-	5	-	-	T?'(after Kinsey's penalty)
13. Benele Makwezela	-	-	-	-	-	-	-	-	-	-	
14. Veroeshka Grain	5	-	-	-	-	-	-	-	-	-	
15. Cindy Cant	-	1	1	-	-	-	-	7	-	-	T78'(?),C78'
16. Thantaswa Macingwane	-	-	-	-	-	-	-	-	-	-	
17. Cebisa Kula	25	-	-	-	-	-	-	-	-	-	
18. Nwabisa Ngxatu	9	-	-	-	-	-	-	-	-	-	
19. Nomathamsanqa Faleni	14	-	-	-	-	-	-	-	-	-	
20. Rachelle Geldenhuys	-	-	-	-	-	-	-	-	-	-	
21. Fundiswa Plaatjie	20	-	-	-	-	-	-	-	-	-	
22. Siviwe Basweni	-	-	-	-	-	-	-	-	-	-	
23. Nosiphiwo Goda	-	-	-	-	-	-	-	-	-	-	
24. Andrea Mentoor	5	-	-	-	-	-	-	-	-	-	
25. Zandile Nojoko	28	-	-	-	-	-	-	-	-	-	

Experience: 221 caps

2014-07-01 NOM

Other Match 11 (W)

Nomads-South Africa 24-32

Event RWC 2014 Preparations
Venue WASPS RC (London, England)
Referee - (-)
WR Ranking South Africa: 11, Nomads: -
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Cebisa Kula	25	-	-	-	-	-	-	-	Y		
2. Thantaswa Macingwane	-	-	-	-	-	-	-	-			
3. Nwabisa Ngxatu	9	1	-	-	-	-	-	5			
4. Nomathamsanqa Faleni	14	-	-	-	-	-	-				
5. Andrea Mentoer	5	-	-	-	-	-	-				
6. Rachelle Geldenhuys	-	1	-	-	-	-	-	5			
7. Vuyolwethu Vazi	5	1	-	-	-	-	-	5			
8. Lamla Momoti	(C) 24	1	-	-	-	-	-	5			
9. Fundiswa Plaatjie	20	-	-	-	-	-	-				
10. Zandile Nojoko	28	-	-	-	-	-	-				
11. Phumeza Gadu	20	1	-	-	-	-	-	5			
12. Benele Makwezela	-	-	-	-	-	-	-				
13. Veroeshka Grain	5	1	-	-	-	-	-	5			
14. Nosiphiwo Goda	-	-	-	-	-	-	-				
15. Siviwe Basweni	-	-	-	-	-	-	-				
16. Denita Wentzel	3	-	-	-	-	-	-				
17. Asithandile Ntoyanto	1	-	-	-	-	-	-				
18. Portia Jonga	14	-	-	-	-	-	-				
19. Celeste Adonis	-	-	-	-	-	-	-				
20. Nolusindiso Booie	16	-	-	-	-	-	-				
21. Shona-Leah Weston	-	-	-	-	-	-	-				
22. Tayla Kinsey	1	-	-	-	-	-	-				
23. Cindy Cant	-	-	-	-	-	-	-				
24. Zenay Jordaan	17	-	-	-	-	-	-				

Experience: 207 caps



2014-07-04 FRA

Test Match 34 (L)

France-South Africa 46-8

Event RWC 2014 Preparations
Venue Centre National du Rugby/FFR HQ (Marcoussis, France)
Referee Claire Hodnett (England)
WR Ranking South Africa: 11, France: 4
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Nwabisa Ngxatu	9	-	-	-	-	-	-	-			<27'
D 2. Thantaswa Macingwane	-	-	-	-	-	-	-	-			<60'
3. Portia Jonga	14	-	-	-	-	-	-	-	Y		YC50'
4. Nomathamsanqa Faleni	14	-	-	-	-	-	-	-			
5. Nolusindiso Booie	16	-	-	-	-	-	-	-			
D 6. Rachelle Geldenhuys	-	-	-	-	-	-	-	-			<30'
7. Vuyolwethu Vazi	5	-	-	-	-	-	-	-			
8. Lamla Momoti	(C) 24	-	-	-	-	-	-	-			<70'
9. Fundiswa Plaatjie	20	-	-	-	-	-	-	-			<67'
10. Zenay Jordaan	17	1	-	-	-	-	-	5			T75'
11. Phumeza Gadu	20	-	-	-	-	-	-	-			
12. Lorinda Brown	14	-	-	-	-	-	-	-			
13. Veroeshka Grain	5	-	-	-	-	-	-	-			
D 14. Nosiphiwo Goda	-	-	-	-	-	-	-	-			<60'
D 15. Cindy Cant	-	-	-	1	-	-	-	3			P30', <67'
16. Denita Wentzel	3	-	-	-	-	-	-	-			>60'
17. Cebisa Kula	25	-	-	-	-	-	-	-			>27'
18. Asithandile Ntoyanto	1	-	-	-	-	-	-	-			>70'
D 19. Celeste Adonis	-	-	-	-	-	-	-	-			>67'
D 20. Shona-Leah Weston	-	-	-	-	-	-	-	-			>30', <67'
21. Tayla Kinsey	1	-	-	-	-	-	-	-			>67'
22. Zandile Nojoko	28	-	-	-	-	-	-	-			>67'
D 23. Siviwe Basweni	-	-	-	-	-	-	-	-			>60'

Experience: 216 caps



RWC 2014 Preparations Squad

2014-08-01 AUS

Test Match 35 (L)

Australia - South Africa 26-3

Event Women's Rugby World Cup
Venue Centre National du Rugby/FFR HQ (Marcoussis, France)
Referee Leah Berard (USA)
WR Ranking South Africa: 11, Australia: 6
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Asithandile Ntoyanto	2										
2. Denita Wentzel	4										<72'
3. Cebisa Kula	26										<54'
4. Celeste Adonis	1										
5. Nolusindiso Booii	17										
6. Rachelle Geldenhuys	1										<40' Replaced Momoti (knee injury)
7. Vuyolwethu Vazi	6										<64'
8. Mandisa Williams	(C) 29										
9. Tayla Kinsey	2			1				3			P32', <40'
10. Zenay Jordaan	18										<72'
11. Phumeza Gadu	21										
12. Lorinda Brown	15										
D 13. Benele Makwezela	-										
14. Veroeshka Grain	6										
15. Cindy Cant	1										<40'
16. Thantaswa Macingwane	1										>72'
17. Nwabisa Ngxatu	10										>54'
18. Andrea Mentoor	5										>64'
19. Shona-Leah Weston	1								Y		>40', YC46'
20. Fundiswa Plaatjie	21										>40'
21. Zandile Nojoko	29										>72'
22. Siviwe Basweni	1										>40'

Experience: 217 caps



2014-08-05 FRA

Test Match 36 (L)

France-South Africa 55-3

Event Women's Rugby World Cup
Venue Centre National du Rugby/FFR HQ (Marcoussis, France)
Referee Amy Perrett (Australia)
WR Ranking South Africa: 11, France: 3
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Portia Jonga	15		-	-	-	-	-				<55', >69'
2. Denita Wentzel	5		-	-	-	-	-				
3. Cebisa Kula	27		-	-	-	-	-				
4. Celeste Adonis	2		-	-	-	-	-	Y			YC31', <53'
5. Nolusindiso Booi	18		-	-	-	-	-				
6. Lamla Momoti	25		-	-	-	-	-				
7. Vuyolwethu Vazi	7		-	-	-	-	-				<53'
8. Shona-Leah Weston	2		-	-	-	-	-				<60'
9. Fundiswa Plaatjie	22		-	-	-	-	-				<73'
10. Zenay Jordaan	(C) 19		-	-	1	-	-	3			P42'
11. Phumeza Gadu	22		-	-	-	-	-				<69'
12. Lorinda Brown	16		-	-	-	-	-				
13. Benele Makwezela	1		-	-	-	-	-				<79'
14. Veroeshka Grain	7		-	-	-	-	-				<54', >79'
15. Siviwe Basweni	2		-	-	-	-	-				
16. Nwabisa Ngxatu	11		-	-	-	-	-				>53'
17. Asithandile Ntoyanto	3		-	-	-	-	-				>55', <69'
18. Rachelle Geldenhuys	2		-	-	-	-	-				>60'
19. Andrea Mentoor	6		-	-	-	-	-				>53'
20. Tayla Kinsey	3		-	-	-	-	-				>73'
21. Zandile Nojoko	30		-	-	-	-	-				>69'
22. Cindy Cant	2		-	-	-	-	-				>54'

Experience: 247 caps

2014-08-09 WLS

Test Match 37 (L)

Wales-South Africa 35-3

Event Women's Rugby World Cup
Venue Centre National du Rugby/FFR HQ (Marcoussis, France)
Referee Jessica Beard (New Zealand)
WR Ranking South Africa: 11, Wales: 8
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Nwabisa Ngxatu	12		-	-	-	-	-				
2. Denita Wentzel	6		-	-	-	-	-				<74'
3. Cebisa Kula	28		-	-	-	-	-				
4. Celeste Adonis	3		-	-	-	-	-				<55'
5. Nolusindiso Booi	19		-	-	-	-	-				
6. Rachelle Geldenhuys	3		-	-	-	-	-				
7. Andrea Mentoor	7		-	-	-	-	-				<3'
8. Lamla Momoti	26		-	-	-	-	-				
9. Fundiswa Plaatjie	23		-	-	-	-	-				
10. Zandile Nojoko	31		-	-	1	-	-	3			P7'
11. Phumeza Gadu	23		-	-	-	-	-				<52'
12. Lorinda Brown	17		-	-	-	-	-				
13. Zenay Jordaan	(C) 20		-	-	-	-	-				
14. Siviwe Basweni	3		-	-	-	-	-				
15. Cindy Cant	3		-	-	-	-	-				<52'
16. Thantaswa Macingwane	2		-	-	-	-	-				>74'
17. Portia Jonga	16		-	-	-	-	-				>55'
18. Vuyolwethu Vazi	8		-	-	-	-	-				>3'
19. Shona-Leah Weston	3	N	-	-	-	-	-				
20. Tayla Kinsey	4	N	-	-	-	-	-				>52'
21. Veroeshka Grain	8	N	-	-	-	-	-				
D 22. Sinazo NobeLe	-		-	-	-	-	-				>52'

Experience: 265 caps

2014-08-13 SAM

Test Match 38 (W)

South Africa - Samoa 25-24

Event Women's Rugby World Cup
Venue Centre National du Rugby/FFR HQ (Marcoussis, France)
Referee Alhambra Nievas (Spain)
WR Ranking South Africa: 11, Samoa: 14
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Nwabisa Ngxatu	13		-	-	-	-	-				
2. Denita Wentzel	7		-	-	-	-	-				<47'
3. Portia Jonga	17		-	-	-	-	-				<59'
4. Celeste Adonis	4		-	-	-	-	-		Y		YC46', <56', >71', <76'
D 5. Nomaphelo Mayongo	-		-	-	-	-	-				
6. Rachelle Geldenhuys	4		1	-	-	-	-		5		T31', <51'
7. Shona-Leah Weston	3		-	-	-	-	-				>71', >76'
8. Lamla Momoti	27		-	-	-	-	-				
9. Fundiswa Plaatjie	24		-	-	-	-	-				
10. Zandile Nojoko	32		1	-	-	-	-		5		T1'
11. Sinazo Nobebe	1		-	-	-	-	-				
12. Lorinda Brown	18		-	-	-	-	-				
13. Zenay Jordaan	(C) 21		-	2	2	-	-		10		C2', P15', P20', C32'
14. Siviwe Basweni	4		-	-	-	-	-				<50'
15. Cindy Cant	4		-	-	-	-	-				
16. Thantaswa Macingwane	3		-	-	-	-	-				>47'
17. Cebisa Kula	29		-	-	-	-	-				>58'
18. Nolusindiso Booi	20		-	-	-	-	-				>56'
19. Vuyolwethu Vazi	9		-	-	-	-	-				>51'
20. Tayla Kinsey	5		N	-	-	-	-				
21. Veroeshka Grain	8		1	-	-	-	-		5		>50', T60'
22. Phumeza Gadu	24		N	-	-	-	-				

Experience: 277 caps

2014-08-17 ESP

Test Match 39 (L)

South Africa - Spain 0-36

Event Women's Rugby World Cup
Venue Centre National du Rugby/FFR HQ (Marcoussis, France)
Referee Jessica Beard (New Zealand)
WR Ranking South Africa: 11, Spain: 9
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Nwabisa Ngxatu	14		-	-	-	-	-				<69'
2. Thantaswa Macingwane	4		-	-	-	-	-				<74'
3. Portia Jonga	18		-	-	-	-	-				<40', >69'
4. Celeste Adonis	5		-	-	-	-	-				<59'
5. Nolusindiso Booi	21		-	-	-	-	-				
6. Vuyolwethu Vazi	10		-	-	-	-	-				<64'
7. Nomaphelo Mayongo	1		-	-	-	-	-				
8. Lamla Momoti	28		-	-	-	-	-				
9. Fundiswa Plaatjie	25		-	-	-	-	-				
10. Zenay Jordaan	(C) 22		-	-	-	-	-				<77'
11. Sinazo Nobebe	2		-	-	-	-	-				
12. Lorinda Brown	19		-	-	-	-	-				
13. Veroeshka Grain	9		-	-	-	-	-				<33'
14. Siviwe Basweni	5		-	-	-	-	-				<40'
15. Zandile Nojoko	33		-	-	-	-	-				<40'
16. Denita Wentzel	8		-	-	-	-	-				>74'
17. Cebisa Kula	30		-	-	-	-	-				>40'
18. Shona-Leah Weston	4		-	-	-	-	-		Y		>59', YC74'
D 19. Siphosethu Tshingana	-		-	-	-	-	-				>77'
20. Tayla Kinsey	5		-	-	-	-	-				>64'
21. Cindy Cant	5		-	-	-	-	-				>40'
22. Phumeza Gadu	24		-	-	-	-	-				>33'

Experience: 292 caps

2017-10-14 BAR

Other Match 12 (W)

British Armed Forces W-South Africa
5-27

Event Springboks Select Team Visit to England
Venue Army Rugby Stadium (Aldershot, England)
Referee - (-)
WR Ranking South Africa: 13, British Armed Forces W: -
Remark No Line up available - assuming full travelling squad played

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
. Nolusindiso Booi	22	-	-	-	-	-	-	-	-	-	
. Thuliswa Capa	-	-	-	-	-	-	-	-	-	-	
. Annique Caitlin Geswind	-	-	-	-	-	-	-	-	-	-	
. Lusanda Dumke	-	-	-	-	-	-	-	-	-	-	
. Asithandile Ntoyanto	4	-	-	-	-	-	-	-	-	-	
. Celeste Adonis	6	-	-	-	-	-	-	-	-	-	
. Charmaine Kayser	7	-	-	-	-	-	-	-	-	-	
. Amykay Klaasen	-	-	-	-	-	-	-	-	-	-	
. Babalwa Latsha	-	-	-	-	-	-	-	-	-	-	
. Ncediswa Mahijani	-	-	-	-	-	-	-	-	-	-	
. Sinazo Mcatshulwa	-	-	-	-	-	-	-	-	-	-	
. Thandi Xwetu	5	-	-	-	-	-	-	-	-	-	
. Aseza Hele	-	-	-	-	-	-	-	-	-	-	
. Abigail Jantjies	-	-	-	-	-	-	-	-	-	-	
. Kamohle Makoele	-	-	-	-	-	-	-	-	-	-	
. Rights Mkhari	-	-	-	-	-	-	-	-	-	-	
. Katlego Moremi	-	-	-	-	-	-	-	-	-	-	
. Nosiphiwo Goda	1	-	-	-	-	-	-	-	-	-	
. Unathi Mali	-	-	-	-	-	-	-	-	-	-	
. Aphiwe Ngwevu	-	-	-	-	-	-	-	-	-	-	
. Fundiswa Platjtie	26	-	-	-	-	-	-	-	-	-	
. Snehlanhla Shozi	-	-	-	-	-	-	-	-	-	-	
. Kirsten Conrad	-	-	-	-	-	-	-	-	-	-	
. Felicia Jacobs	-	-	-	-	-	-	-	-	-	-	
. Megan Kannemeyer	-	-	-	-	-	-	-	-	-	-	
. Vuyolwethu Maqholo	-	-	-	-	-	-	-	-	-	-	
. Bianca Meyer	-	-	-	-	-	-	-	-	-	-	
. Zinhle Ndawonde	-	-	-	-	-	-	-	-	-	-	

Experience: 71 caps



Travel Squad - Select Team 2017 England Tour

Lineups 15s

2017-10-18 EAC

Other Match 13 (L)

England Academy - South Africa
47 - 12

Event Springboks Select Team Visit to England
Venue Army Rugby Stadium (Aldershot, England)
Referee - (-)
WR Ranking South Africa: 13, England Academy: -
Remark No Line up available - assuming full travelling squad played

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
. Aphiwe Ngwevu	-	-	-	-	-	-	-	-	-	-	
. Fundiswa Plaatjie	26	-	-	-	-	-	-	-	-	-	
. Snehlanhla Shozi	-	-	-	-	-	-	-	-	-	-	
. Kirsten Conrad	-	-	-	-	-	-	-	-	-	-	
. Felicia Jacobs	-	-	-	-	-	-	-	-	-	-	
. Megan Kannemeyer	-	-	-	-	-	-	-	-	-	-	
. Vuyolwethu Maqholo	-	-	-	-	-	-	-	-	-	-	
. Bianca Meyer	-	-	-	-	-	-	-	-	-	-	
. Zinhle Ndawonde	-	-	-	-	-	-	-	-	-	-	
. Nolusindiso Booi	22	-	-	-	-	-	-	-	-	-	
. Thuliswa Capa	-	-	-	-	-	-	-	-	-	-	
. Lusanda Dumke	-	-	-	-	-	-	-	-	-	-	
. Asithandile Ntoyanto	4	-	-	-	-	-	-	-	-	-	
. Celeste Adonis	6	-	-	-	-	-	-	-	-	-	
. Annique Caitlin Geswind	-	-	-	-	-	-	-	-	-	-	
. Charmaine Kayser	7	-	-	-	-	-	-	-	-	-	
. Amykay Klaasen	-	-	-	-	-	-	-	-	-	-	
. Babalwa Latsha	-	-	-	-	-	-	-	-	-	-	
. Ncediswa Mahijani	-	-	-	-	-	-	-	-	-	-	
. Sinazo Mcatshulwa	-	-	-	-	-	-	-	-	-	-	
. Thandi Xwetu	5	-	-	-	-	-	-	-	-	-	
. Aseza Hele	-	-	-	-	-	-	-	-	-	-	
. Abigail Jantjies	-	-	-	-	-	-	-	-	-	-	
. Kamohlele Makoele	-	-	-	-	-	-	-	-	-	-	
. Rights Mkhari	-	-	-	-	-	-	-	-	-	-	
. Katlego Moremi	-	-	-	-	-	-	-	-	-	-	
. Nosiphiwo Goda	1	-	-	-	-	-	-	-	-	-	
. Unathi Mali	-	-	-	-	-	-	-	-	-	-	

Experience: 71 caps

2017-10-22 EAC

Other Match 14 (W)

England Academy - South Africa
12-15

Event Springboks Select Team Visit to England
Venue Army Rugby Stadium (Aldershot, England)
Referee - (-)
WR Ranking South Africa: 13, England Academy: -
Remark No Line up available - assuming full travelling squad played

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
. Nolusindiso Booi	22	-	-	-	-	-	-	-	-	-	
. Thuliswa Capa	-	-	-	-	-	-	-	-	-	-	
. Annique Caitlin Geswind	-	-	-	-	-	-	-	-	-	-	
. Lusanda Dumke	-	-	-	-	-	-	-	-	-	-	
. Asithandile Ntoyanto	4	-	-	-	-	-	-	-	-	-	
. Celeste Adonis	6	-	-	-	-	-	-	-	-	-	
. Charmaine Kayser	7	-	-	-	-	-	-	-	-	-	
. Amykay Klaasen	-	-	-	-	-	-	-	-	-	-	
. Babalwa Latsha	-	-	-	-	-	-	-	-	-	-	
. Ncediswa Mahijani	-	-	-	-	-	-	-	-	-	-	
. Sinazo Mcatshulwa	-	-	-	-	-	-	-	-	-	-	
. Thandi Xwetu	5	-	-	-	-	-	-	-	-	-	
. Aseza Hele	-	-	-	-	-	-	-	-	-	-	
. Abigail Jantjies	-	-	-	-	-	-	-	-	-	-	
. Kamohle Makoele	-	-	-	-	-	-	-	-	-	-	
. Rights Mkhari	-	-	-	-	-	-	-	-	-	-	
. Katlego Moremi	-	-	-	-	-	-	-	-	-	-	
. Nosiphiwo Goda	1	-	-	-	-	-	-	-	-	-	
. Unathi Mali	-	-	-	-	-	-	-	-	-	-	
. Aphiwe Ngwevu	-	-	-	-	-	-	-	-	-	-	
. Fundiswa Plaatjie	26	-	-	-	-	-	-	-	-	-	
. Snehlanhla Shozi	-	-	-	-	-	-	-	-	-	-	
. Kirsten Conrad	-	-	-	-	-	-	-	-	-	-	
. Felicia Jacobs	-	-	-	-	-	-	-	-	-	-	
. Vuyolwethu Maqholo	-	-	-	-	-	-	-	-	-	-	
. Bianca Meyer	-	-	-	-	-	-	-	-	-	-	
. Zinhle Ndawonde	-	-	-	-	-	-	-	-	-	-	
. Megan Kannemeyer	-	-	-	-	-	-	-	-	-	-	

Experience: 71 caps

**British Armed Forces W-South Africa
12-31**

Event Springbok Tour to Europe
Venue Rosslyn Park (Surrey, England)
Referee Nikki O'Donnell (England)
WR Ranking South Africa: 13, British Armed Forces W: -
Remark No Line up published on World Rugby Website

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Thantaswa Macingwane	5	-	-	-	-	-	-	-	-	-	
2. Annique Caitlin Geswind	-	-	-	-	-	-	-	-	-	-	
3. Babalwa Latsha	-	-	-	-	-	-	-	-	-	-	
4. Bernice Strydom	-	-	-	-	-	-	-	-	-	-	
5. Nolusindiso Booii	(C) 22	-	-	-	-	-	-	-	-	-	
6. Lusanda Dumke	-	-	-	-	-	-	-	-	-	-	
7. Sinazo Mcatshulwa	-	-	-	-	-	-	-	-	-	-	
8. Aseza Hele	-	2	-	-	-	-	-	10	-	-	
9. Fundiswa Plaatjie	26	-	1	-	-	-	-	2	-	-	
10. Zintle Mpupha	-	-	-	-	-	-	-	-	-	-	
11. Alana-Lee Horne	-	2	-	-	-	-	-	10	-	-	
12. Zinhle Ndawonde	-	-	-	-	-	-	-	-	-	-	
13. Aphwe Ngwevu	-	-	-	-	-	-	-	-	-	-	
14. Nosiphiwo Goda	1	1	-	-	-	-	-	5	-	-	
15. Vuyolwethu Maqholo	-	-	-	-	-	-	-	-	-	-	
16. Lindelwa Gwala	-	-	-	-	-	-	-	-	-	-	
17. Yonela Ngxingolo	-	-	-	-	-	-	-	-	-	-	
18. Nthabiseng Marutla	-	-	-	-	-	-	-	-	-	-	
19. Charmaine Kayser	7	-	-	-	-	-	-	-	-	-	
20. Felicia Jacobs	-	-	-	-	-	-	-	-	-	-	
21. Kirsten Conrad	-	-	2	-	-	-	-	4	-	-	
22. Demi Nel	-	-	-	-	-	-	-	-	-	-	

Experience: 61 caps



Travel Squad 2018 Europe Tour

Lineups 15s

2018-11-10 WLS

Test Match 40 (L)

Wales-South Africa 19-5

Event Springbok Tour to Europe
Venue Cardiff Arms Park (Cardiff, Wales)
Referee Nikki O'Donnell (England)
WR Ranking South Africa: 13, Wales: 9
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Thantaswa Macingwane	5	-	-	-	-	-	-	-	-	-	<73'
D 2. Annique Caitlin Geswind	-	-	-	-	-	-	-	-	-	-	<40'
D 3. Babalwa Latsha	-	-	-	-	-	-	-	-	-	-	<78'
D 4. Bernice Strydom	-	-	-	-	-	-	-	-	-	-	<73'
5. Nolusindiso Booi	(C) 22	-	-	-	-	-	-	-	-	-	
D 6. Lusanda Dumke	-	1	-	-	-	-	-	5	-	-	T64'
D 7. Sinazo Mcatshulwa	-	-	-	-	-	-	-	-	-	-	<73'
D 8. Aseza Hele	-	-	-	-	-	-	-	-	-	-	
9. Tayla Kinsey	6	-	-	-	-	-	-	-	-	-	<52'
D 10. Zintle Mpupha	-	-	-	-	-	-	-	-	-	-	
D 11. Snenhlanhla Shozi	-	-	-	-	-	-	-	-	-	-	
D 12. Zinhle Ndwonde	-	-	-	-	-	-	-	-	-	-	<40'
D 13. Demi Nel	-	-	-	-	-	-	-	-	-	-	
14. Nosiphiwo Goda	1	-	-	-	-	-	-	-	Y	-	YC31', <71'
D 15. Vuyolwethu Maqholo	-	-	-	-	-	-	-	-	-	-	
D 16. Lindelwa Gwala	-	-	-	-	-	-	-	-	-	-	>73'
D 17. Yonela Ngxingolo	-	-	-	-	-	-	-	-	-	-	>40'
D 18. Katlego Moremi	-	-	-	-	-	-	-	-	-	-	>78'
D 19. Nthabiseng Marutla	-	-	-	-	-	-	-	-	-	-	>73'
20. Charmaine Kayser	7	-	-	-	-	-	-	-	-	-	>71'
D 21. Felicia Jacobs	-	-	-	-	-	-	-	-	-	-	>73'
22. Fundiswa Plaatjie	26	-	-	-	-	-	-	-	-	-	>52'
D 23. Kirsten Conrad	-	-	-	-	-	-	-	-	-	-	>40'

Experience: 67 caps

2018-11-17 ESP

Test Match 41 (L)

Spain-South Africa 17-5

Event Springbok Tour to Europe
Venue Estadio El Pantano (Villajoyosa, Spain)
Referee Clara Munarini (Italy)
WR Ranking South Africa: 13, Spain: 10
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Thantaswa Macingwane	6	-	-	-	-	-	-	-	-	-	
2. Lindelwa Gwala	1	-	-	-	-	-	-	-	-	-	<47'
3. Babalwa Latsha	(C) 1	-	-	-	-	-	-	-	-	-	<75'
D 4. Karthy Dlodla	-	-	-	-	-	-	-	-	-	-	<56'
5. Sinazo Mcatshulwa	1	-	-	-	-	-	-	-	-	-	
6. Lusanda Dumke	1	-	-	-	-	-	-	-	-	-	<56'
D 7. Kamohlele Makoele	-	-	-	-	-	-	-	-	-	-	<46'
8. Aseza Hele	1	-	-	-	-	-	-	-	-	-	
9. Tayla Kinsey	7	-	-	-	-	-	-	-	-	-	<46'
10. Kirsten Conrad	1	-	-	-	-	-	-	-	-	-	<68'
D 11. Alana-Lee Horne	-	-	-	-	-	-	-	-	-	-	
12. Demi Nel	1	-	-	-	-	-	-	-	-	-	
13. Zintle Mpupha	1	-	-	-	-	-	-	-	-	-	
14. Nosiphiwo Goda	2	-	-	-	-	-	-	-	-	-	
15. Vuyolwethu Maqholo	1	1	-	-	-	-	-	5	-	-	T28'
16. Yonela Ngxingolo	1	-	-	-	-	-	-	-	-	-	>47'
17. Katlego Moremi	1	-	-	-	-	-	-	-	-	-	>75'
18. Bernice Strydom	1	-	-	-	-	-	-	-	-	-	>46'
19. Nthabiseng Marutla	1	N	-	-	-	-	-	-	-	-	
D 20. Pennbry McNamara	-	-	-	-	-	-	-	-	-	-	>56'
21. Charmaine Kayser	8	-	-	-	-	-	-	-	-	-	>56'
22. Felicia Jacobs	1	-	-	-	-	-	-	-	-	-	>68'
23. Fundiswa Plaatjie	27	-	-	-	-	-	-	-	-	-	>47'

Experience: 64 caps

2018-11-25 ITA

Test Match 42 (L)

Italy - South Africa 35 - 10

Event Springbok Tour to Europe
Venue Stadio Enrico Chersoni (Prato, Italy)
Referee Aurelie Groizeleau (France)
WR Ranking South Africa: 13, Italy: 7
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Babalwa Latsha	2	-	-	-	-	-	-	-			
2. Lindelwa Gwala	2	-	-	-	-	-	-	-			<76'
3. Katlego Moremi	2	-	-	-	-	-	-	-			<53'
4. Bernice Strydom	2	-	-	-	-	-	-	-			<68'
5. Nolusindiso Boozi	(C) 23	-	-	-	-	-	-	-			
6. Lusanda Dumke	2	-	-	-	-	-	-	-			<67'
7. Sinazo Mcatshulwa	2	-	-	-	-	-	-	-			
8. Aseza Hele	2	-	-	-	-	-	-	-			
9. Tayla Kinsey	8	-	-	-	-	-	-	-			<79'
10. Kirsten Conrad	2	-	-	-	-	-	-	-			
11. Alana-Lee Horne	1	-	-	-	-	-	-	-		Y	YC55', <76'
12. Demi Nel	2	-	1	1	-	-	-	-	5	Y	C7', YC33', P47', infringement at ruck
13. Zintle Mpupha	2	1	-	-	-	-	-	-	5		T6'
14. Nosiphiwo Goda	3	-	-	-	-	-	-	-			
15. Vuyolwethu Maqholo	2	-	-	-	-	-	-	-			
16. Annique Caitlin Geswind	1	N	-	-	-	-	-	-			>76'
17. Thantaswa Macingwane	7	-	-	-	-	-	-	-			>53'
18. Nthabiseng Marutla	1	N	-	-	-	-	-	-			
19. Karthy Dlodla	1	-	-	-	-	-	-	-			>68'
20. Charmaine Kayser	9	-	-	-	-	-	-	-			>67'
21. Pennbry McNamara	1	N	-	-	-	-	-	-			
22. Fundiswa Plaatjie	28	-	-	-	-	-	-	-			>79'
23. Snenhlanhla Shozi	1	-	-	-	-	-	-	-			>76'

Experience: 106 caps



Together with the Italian team

2019-08-09 UGA

Test Match 43 (W)

South Africa - Uganda 89-5

Event Women's Africa Cup
Venue Bosman Stadium (Brakpan, South Africa)
Referee Precious Pazani (Zimbabwe)
WR Ranking South Africa: 11, Uganda: 44
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Yonela Ngxingolo	2	1	-	-	-	-	-	5			T35'
2. Lindelwa Gwala	3	-	-	-	-	-	-				<60'
3. Babalwa Latsha	(C) 3	1	-	-	-	-	-	5			T23'
4. Celeste Adonis	6	-	-	-	-	-	-				
D 5. Rights Mkhari	-	3	-	-	-	-	-	15			T2', T6', T20', <67'
6. Lusanda Dumke	3	-	-	-	-	-	-				
7. Sinazo Mcatshulwa	3	2	-	-	-	-	-	10			T11', T62'
8. Aseza Hele	3	-	-	-	-	-	-				<60'
9. Tayla Kinsey	9	-	6	-	-	-	-	12			C7', C17', C24', C32', C36', C39', <46'
10. Zenay Jordaan	23	-	-	-	-	-	-				<47'
11. Snenhlanhla Shozi	2	2	1	-	-	-	-	12			T46', C63', T79'
12. Zinhle Ndawonde	1	-	-	-	-	-	-				<60'
13. Zintle Mpupha	3	2	-	-	-	-	-	10			T16', T32'
D 14. Ayanda Malinga	-	1	-	-	-	-	-	5			T27'
D 15. Eloise Webb	-	3	-	-	-	-	-	15			T38', T43', T65'
16. Annique Caitlin Geswind	2	-	-	-	-	-	-				>60'
17. Onako Jita	-	N	-	-	-	-	-				
18. Maxine Engelbrecht	-	N	-	-	-	-	-				
19. Karthy Dlodla	2	-	-	-	-	-	-				>67'
D 20. Sizophila Solontsi	-	-	-	-	-	-	-				>60'
21. Felicia Jacobs	2	-	-	-	-	-	-				>46'
22. Vuyolwethu Maqholo	3	-	-	-	-	-	-				>47'
D 23. Aphwe Ngwevu	-	-	-	-	-	-	-				>60'

Experience: 70 caps

2019-08-13 MAD

Test Match 44 (W)

Madagascar - South Africa 0-73

Event Women's Africa Cup
Venue Bosman Stadium (Brakpan, South Africa)
Referee Saudah Adiru (Uganda)
WR Ranking South Africa: 11, Madagascar: 41
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Yonela Ngxingolo	3	-	-	-	-	-	-				
2. Lindelwa Gwala	4	-	-	-	-	-	-				<68'
3. Babalwa Latsha	(C) 4	-	-	-	-	-	-				<68'
4. Celeste Adonis	7	-	-	-	-	-	-				
5. Rights Mkhari	1	3	-	-	-	-	-	15			T10', T16', T32'
6. Lusanda Dumke	4	-	-	-	-	-	-				<49'
7. Sinazo Mcatshulwa	4	-	-	-	-	-	-				
8. Aseza Hele	4	2	-	-	-	-	-	10			T38', T58', <66'
9. Tayla Kinsey	10	-	4	-	-	-	-	8			C33', C39', C43', C59'
10. Zenay Jordaan	24	-	-	-	-	-	-				<49'
11. Snenhlanhla Shozi	3	2	-	-	-	-	-	10			T21', T30'
12. Zinhle Ndawonde	2	-	-	-	-	-	-				<57'
13. Zintle Mpupha	4	1	-	-	-	-	-	5			T42'
14. Ayanda Malinga	1	2	-	-	-	-	-	10			T41', T48'
15. Eloise Webb	1	1	-	-	-	-	-	5			T4', <66'
16. Annique Caitlin Geswind	3	-	-	-	-	-	-				>68'
D 17. Onako Jita	-	-	-	-	-	-	-				>68'
18. Maxine Engelbrecht	-	N	-	-	-	-	-				
D 19. Nomsa Mokwai	-	-	-	-	-	-	-				>66'
20. Sizophila Solontsi	1	-	-	-	-	-	-				>49'
21. Mathrin Simmers	2	-	-	-	-	-	-				>49'
D 22. Nqobile Mhlangu	-	-	-	-	-	-	-				>66'
D 23. Aphwe Ngwevu	1	2	-	-	-	-	-	10			>57', T63', T70'

Experience: 83 caps

**South Africa - Kenya
39-0**

Event Women's Africa Cup
Venue Bosman Stadium (Brakpan, South Africa)
Referee Precious Pazani (Zimbabwe)
WR Ranking South Africa: 11, Kenya: 28
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Yonela Ngxingolo	4	-	-	-	-	-	-	-	-	-	
2. Lindelwa Gwala	5	1	-	-	-	-	-	5			T8'
3. Babalwa Latsha	(C) 5	-	-	-	-	-	-	-	-	-	
4. Celeste Adonis	8	-	-	-	-	-	-	-	-	-	<40'
5. Rights Mkhari	2	1	-	-	-	-	-	5			T79'
6. Sizophila Solontsi	2	-	-	-	-	-	-	-	-	-	
7. Sinazo Mcatshulwa	5	-	-	-	-	-	-	-	-	-	<31'
8. Aseza Hele	5	1	-	-	-	-	-	5			T67'
9. Tayla Kinsey	11	1	2	-	-	-	-	9			C5', C9', T14'
10. Zenay Jordaan	25	-	-	-	-	-	-	-	-	-	<69'
11. Snenhlanhla Shozi	4	1	-	-	-	-	-	5			T23', <40'
12. Zinhle Ndawonde	3	-	-	-	-	-	-	-	-	-	<62'
13. Zintle Mpupha	5	1	-	-	-	-	-	5			T4'
14. Nqobile Mhlangu	1	-	-	-	-	-	-	-	-	-	<76'
15. Eloise Webb	2	-	-	-	-	-	-	-	-	-	
16. Annique Caitlin Geswind	4	-	-	-	-	-	-	-	-	-	>62'
17. Onako Jita	1	-	-	-	-	-	-	-	-	-	>76'
18. Maxine Engelbrecht	-	N	-	-	-	-	-	-	-	-	
19. Nomsa Mokwai	1	-	-	-	-	-	-	-	-	-	>31'
20. Lusanda Dumke	5	-	-	-	-	-	-	-	-	-	>40', <62'
21. Mathrin Simmers	3	1	-	-	-	-	-	5			>40', T75'
22. Vuyolwethu Maqholo	4	-	-	-	-	-	-	-	-	-	>69'
23. Aphiwe Ngwevu	2	-	-	-	-	-	-	-	-	-	>62'

Experience: 107 caps



Lineups 15s

2019-09-14 SPI

Other Match 16 (L)

South Africa - Spain Invitational 5-17

Event Friendly
Venue (Gqeberha/Port Elizabeth) (Gqeberha, South Africa)
Referee - (-)
WR Ranking South Africa: 11, Spain Invitational: -
Remark South Africa Select vs. Spain Invitational XV

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Onako Jita	2	-	-	-	-	-	-	-	-	-	
2. Annique Caitlin Geswind	5	-	-	-	-	-	-	-	-	-	
3. Noxolo Mankayi	-	-	-	-	-	-	-	-	-	-	
4. Prelene Pegram	-	-	-	-	-	-	-	-	-	-	
5. Noluthando Mbambo	-	-	-	-	-	-	-	-	-	-	
6. Buhlebethu Sonamzi	-	-	-	-	-	-	-	-	-	-	
7. Phelisa Mrwebi	-	-	-	-	-	-	-	-	-	-	
8. Sizophila Solontsi (C)	3	-	-	-	-	-	-	-	-	-	
9. Unam Tose	-	-	-	-	-	-	-	-	-	-	
10. Kirsten Conrad	3	-	-	-	-	-	-	-	-	-	
11. Nqobile Mhlangu	2	-	-	-	-	-	-	-	-	-	
12. Sesethu Mtshazi	-	-	-	-	-	-	-	-	-	-	
13. Chumisa Qawe	-	-	-	-	-	-	-	-	-	-	
14. Piwokuhle Nyanda	-	1	-	-	-	-	-	5	-	-	T 80'
15. Chuma Qawe	-	-	-	-	-	-	-	-	-	-	
16. Monica Mazibukwana	-	-	-	-	-	-	-	-	-	-	
17. Yonela Ngxingolo	5	-	-	-	-	-	-	-	-	-	
18. Babalwa Latsha	6	-	-	-	-	-	-	-	-	-	
19. Nomsa Mokwai	2	-	-	-	-	-	-	-	-	-	
20. Nompumelelo Mathe	-	-	-	-	-	-	-	-	-	-	
21. Tayla Kinsey	12	-	-	-	-	-	-	-	-	-	
22. Vuyolwethu Maqholo	5	-	-	-	-	-	-	-	-	-	
23. Aphiwe Ngwevu	3	-	-	-	-	-	-	-	-	-	

Experience: 48 caps

2019-09-21 ESP

Test Match 46 (L)

South Africa - Spain 12-29

Event Spain Tour to South Africa
Venue WJ de Wet Stadium (Despatch, South Africa)
Referee Precious Pazani (Zimbabwe)
WR Ranking South Africa: 11, Spain: 9
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Yonela Ngxingolo	5	-	-	-	-	-	-	-	-	-	
2. Lindelwa Gwala	6	-	-	-	-	-	-	-	-	-	<57'
3. Babalwa Latsha (C)	6	1	-	-	-	-	-	5	-	-	T58'
4. Celeste Adonis	9	-	-	-	-	-	-	-	-	-	<57'
5. Karthy Dlodla	3	-	-	-	-	-	-	-	-	-	
6. Sizophila Solontsi	3	-	-	-	-	-	-	-	-	-	
7. Nomsa Mokwai	2	-	-	-	-	-	-	-	-	-	
8. Aseza Hele	6	-	-	-	-	-	-	-	-	-	
9. Tayla Kinsey	12	-	1	-	-	-	-	2	-	-	
10. Kirsten Conrad	3	-	-	-	-	-	-	-	-	-	<57'
D 11. Piwokuhle Nyanda	-	-	-	-	-	-	-	-	-	-	
12. Aphiwe Ngwevu	3	-	-	-	-	-	-	-	-	-	
13. Zinhle Ndawonde	4	-	-	-	-	-	-	-	-	-	
14. Nqobile Mhlangu	2	-	-	-	-	-	-	-	-	-	<56'
15. Vuyolwethu Maqholo	5	1	-	-	-	-	-	5	-	-	T40'
16. Annique Caitlin Geswind	5	-	-	-	-	-	-	-	-	-	>57'
17. Noxolo Mankayi	-	N	-	-	-	-	-	-	-	-	
18. Onako Jita	2	N	-	-	-	-	-	-	-	-	
19. Prelene Pegram	-	N	-	-	-	-	-	-	-	-	
D 20. Nompumelelo Mathe	-	-	-	-	-	-	-	-	-	-	>57'
D 21. Unam Tose	-	-	-	-	-	-	-	-	-	-	>57'
D 22. Sesethu Mtshazi	-	-	-	-	-	-	-	-	-	-	>56'
23. Chuma Qawe	-	N	-	-	-	-	-	-	-	-	

Experience: 76 caps

2019-09-30 SCO

Test Match 47 (L)

South Africa - Scotland

5-47

Event Scotland Tour to South Africa
Venue City Park (Cape Town, South Africa)
Referee Amelia Luciano (USA)
WR Ranking South Africa: 11, Scotland: 12
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Yonela Ngxingolo	6										
2. Lindelwa Gwala	7										<61'
3. Babalwa Latsha	(C) 7										
4. Celeste Adonis	10										
5. Karthy Dlodla	4										
D 6. Phelisa Mrwebi	-								Y		YC54', <65' Not rolling away
7. Nompumelelo Mathe	1										
8. Aseza Hele	7	1							5		T46'
9. Tayla Kinsey	13										
D 10. Anacadia Minnaar	-										<42'
11. Piwokuhle Nyanda	1										
12. Aphiwe Ngwevu	4										
D 13. Chumisa Qawe	-								Y		YC12' High Tackle
D 14. Nomawethu Mabenge	-										<61'
15. Vuyolwethu Maqholo	6										<61'
16. Annique Caitlin Geswind	6										>61'
17. Noxolo Mankayi	-	N									
18. Onako Jita	2	N									
19. Prelene Pegram	-	N									
D 20. Edwaline Dickson	-										>65'
21. Unam Tose	1										>42'
22. Sesethu Mtshazi	1										>61'
D 23. Chuma Qawe	-										>61'

Experience: 76 caps

South Africa - Scotland 15-38

Event Scotland Tour to South Africa
Venue City Park (Cape Town, South Africa)
Referee Amber McLachlan (Australia)
WR Ranking South Africa: 11, Scotland: 12
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Yonela Ngxingolo	7										
2. Annique Caitlin Geswind	7										<47', >70'
3. Babalwa Latsha	8	(C)									
4. Celeste Adonis	11										<47'
5. Karthy Dlodla	5										
6. Phelisa Mrwebi	1										<48'
7. Nompumelelo Mathe	2										
8. Edwaline Dickson	1										
9. Unam Tose	2										<48'
10. Anacadia Minnaar	1										
D 11. Shuneez van Heerden	-				1				3		P44'
12. Sesethu Mtshazi	2										<48'
13. Chumisa Qawe	1										
14. Piwokuhle Nyanda	2										
15. Chuma Qawe	1										<47'
16. Lindelwa Gwala	8										>47', <70'
17. Noxolo Mankayi	-	N									
18. Onako Jita	2	N									
D 19. Prelene Pegram	-										>47'
20. Aseza Hele	8	1							5		>48', T63'
21. Tayla Kinsey	14		1						2		>48', C50'
22. Aphwe Ngwevu	5	1							5		>48', T49'
23. Nomawethu Mabenge	1										>47'

Experience: 89 caps



2021-08-12 KEN

Test Match 49 (W)

South Africa - Kenya 66-0

Event Kenya Visit to South Africa
Venue Danie Craven Stadium (Stellenbosch, South Africa)
Referee Aimee Barrett-Theron (South Africa)
WR Ranking South Africa: 13, Kenya: 25
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Asithandile Ntoyanto	4	-	-	-	-	-	-	-	-	-	
2. Lindelwa Gwala	9	-	-	-	-	-	-	-	-	-	
3. Yonela Ngxingolo	8	-	-	-	-	-	-	-	-	-	<53'
4. Nompumelelo Mathe	3	-	-	-	-	-	-	-	-	-	
D 5. Catha Jacobs	-	-	-	-	-	-	-	-	-	-	
6. Lusanda Dumke	(C) 6	-	-	-	-	-	-	-	-	-	
7. Sinazo Mcatshulwa	6	1	-	-	-	-	-	5	-	-	T62'
8. Sizophila Solontsi	4	2	-	-	-	-	-	10	-	-	T40', T70'
9. Felicia Jacobs	3	1	-	-	-	-	-	5	-	-	T45'
10. Zenay Jordaan	26	-	-	-	-	-	-	-	-	-	<59'
D 11. Alichia Arries	-	-	-	-	-	-	-	-	-	-	
12. Chumisa Qawe	2	1	-	-	-	-	-	5	-	-	T50', <64'
13. Zintle Mpupha	6	4	3	-	-	-	-	26	-	-	T8', T11', C30', T37', C51', T55', C56', <59'
14. Veroeshka Grain	10	1	-	-	-	-	-	5	-	-	T25'
15. Eloise Webb	3	2	-	-	-	-	-	10	-	-	T14', T29'
16. Micke Günter	-	N	-	-	-	-	-	-	-	-	
D 17. Sanelisiwe Charlie	-	-	-	-	-	-	-	-	-	-	>59'
D 18. Amahle Nyoba	-	-	-	-	-	-	-	-	-	-	>53'
19. Lerato Makua	-	N	-	-	-	-	-	-	-	-	
20. Ziyanda Ngohlekana	-	N	-	-	-	-	-	-	-	-	
D 21. Donelle Snyders	-	-	-	-	-	-	-	-	-	-	>64'
D 22. Libbie Janse van Rensburg	-	-	-	-	-	-	-	-	-	-	>59'
23. Aphiwe Ngwevu	6	-	-	-	-	-	-	-	-	-	>59'

Experience: 96 caps



Lineups 15s

2021-08-16 KEN

Test Match 50 (W)

South Africa - Kenya 29 - 22

Event Kenya Visit to South Africa
Venue Danie Craven Stadium (Stellenbosch, South Africa)
Referee Ashleigh Murray-Pretorius (South Africa)
WR Ranking South Africa: 13, Kenya: 25
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Yonela Ngxingolo	9										
D 2. Micke Günter	-										<5'
3. Sanelisiwe Charlie	1										<47'
4. Nompumelelo Mathe	4										
5. Catha Jacobs	1										
6. Lusanda Dumke	(C) 7	2						10			T19', T78'
7. Sinazo Mcatshulwa	7										<62'
8. Sizophila Solontsi	5										
9. Felicia Jacobs	4										
10. Zenay Jordaan	27		2					4			C20', C79'
11. Alichia Arries	1										<48'
12. Chumisa Qawe	3										<66'
D 13. Jacomina Cilliers	-	1	1	1				10			T31', C32', P36', <54'
14. Veroeshka Grain	11										
15. Eloise Webb	4										
D 16. Buhlebethu Sonamzi	-										>5'
17. Asithandile Ntoyanto	5										>47'
18. Amahle Nyoba	1										>47'
19. Lerato Makua	-	N									
D 20. Ziyanda Ngholekana	-										>62'
21. Donelle Snyders	1										>66'
22. Libbie Janse van Rensburg	1	1						5			>54', T65'
23. Ayanda Malinga	2										>48'

Experience: 94 caps

**France-South Africa
46-3**

Event Springbok Tour to Europe
Venue Stade de la Rabine (Vannes, France)
Referee Sara Cox (England)
WR Ranking South Africa: 13, France: 4
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Yonela Ngxingolo	10	-	-	-	-	-	-	-	-	-	<68'
2. Lindelwa Gwala	10	-	-	-	-	-	-	-	-	-	<62'
3. Babalwa Latsha	9	-	-	-	-	-	-	-	-	-	<68'
4. Nolusindiso Booii	(C) 24	-	-	-	-	-	-	-	-	-	
5. Rights Mkhari	3	-	-	-	-	-	-	-	-	-	<51'
6. Lusanda Dumke	8	-	-	-	-	-	-	-	-	-	
7. Sinazo Mcatshulwa	8	-	-	-	-	-	-	-	-	-	<68'
8. Sizophila Solontsi	6	-	-	-	-	-	-	-	-	-	
9. Tayla Kinsey	15	-	-	-	-	-	-	-	-	-	<51'
10. Libbie Janse van Rensburg	2	-	-	-	-	-	-	-	-	-	<62'
D 11. Nadine Roos	-	-	-	-	-	-	-	-	-	-	
12. Chumisa Qawe	4	-	-	-	-	-	-	-	-	-	
13. Zintle Mpupha	7	-	-	-	-	-	-	-	-	-	
14. Nomawethu Mabenge	2	-	-	-	-	-	-	-	-	-	<60'
15. Eloise Webb	5	-	-	-	-	-	-	-	-	-	
D 16. Roseline Botes	-	-	-	-	-	-	-	-	-	-	>62'
17. Asithandile Ntoyanto	6	-	-	-	-	-	-	-	-	-	>68'
18. Amahle Nyoba	2	-	-	-	-	-	-	-	-	-	>68'
19. Catha Jacobs	2	-	-	-	-	-	-	-	-	-	>51'
20. Ziyanda Ngohlekana	1	-	-	-	-	-	-	-	-	-	>68'
21. Unam Tose	3	-	-	-	-	-	-	-	-	-	>51'
22. Jacomina Cilliers	1	-	-	1	-	-	-	3	-	-	>62', P79'
23. Ayanda Malinga	3	-	-	-	-	-	-	-	-	-	>60'

Experience: 131 caps



Travel Squad 2021 Europe Tour

2021-11-13 WLS

Test Match 52 (L)

Wales - South Africa
29 - 19

Event Springbok Tour to Europe
Venue Cardiff Arms Park (Cardiff, Wales)
Referee Clara Munarini (Italy)
WR Ranking South Africa: 13, Wales: 11
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Yonela Ngxingolo	11		-	-	-	-	-				<28'
2. Lindelwa Gwala	11		-	-	-	-	-				<40'
3. Babalwa Latsha	10		-	-	-	-	-				
4. Nolusindiso Booii	(C) 25		-	-	-	-	-				
5. Rights Mkhari	4		-	-	-	-	-				
6. Lusanda Dumke	9		-	-	-	-	-				
7. Sinazo Mcatshulwa	9		-	-	-	-	-				<46'
8. Sizophila Solontsi	7		-	-	-	-	-				
9. Tayla Kinsey	16		-	-	-	-	-				<40'
10. Zenay Jordaan	28		-	2	-	-	-	4			C55', C77'
11. Nadine Roos	1		-	-	-	-	-				
12. Chumisa Qawe	5		-	-	-	-	-				<60'
13. Zintle Mpupha	8		1	-	-	-	-				T75'
14. Nomawethu Mabenge	3		1	-	-	-	-	5			T54', <73'
15. Eloise Webb	6		-	-	-	-	-				<57'
16. Roseline Botes	1		-	-	-	-	-				>40'
17. Asithandile Ntoyanto	7		-	-	-	-	-				>28'
18. Amahle Nyoba	3	N	-	-	-	-	-				
D 19. Lerato Makua	-		-	-	-	-	-				>73'
20. Catha Jacobs	3		-	-	-	-	-				>46'
21. Unam Tose	4		-	-	-	-	-		Y		>40', YC62', High Tackle
22. Libbie Janse van Rensburg	3		1	-	-	-	-		5		>60', T80'
D 23. Simankele Namba	-		-	-	-	-	-				>57'

Experience: 174 caps



Travel Squad 2021 Europe Tour

Lineups 15s

**England U20-South Africa
5-38**

Event Springbok Tour to Europe
Venue London Irish Club (Surrey, England)
Referee - (-)
WR Ranking South Africa: 13, England U20: -
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	2										
2. Micke Günter	1										
3. Monica Mazibukwana	-										
4. Bernice Strydom	3										
5. Lerato Makua	1										
6. Ziyanda Ngholekana	2										
7. Catha Jacobs	4	(C)									
8. Sizophila Solontsi	8										
9. Rumandi Potgieter	-										
10. Libbie Janse van Rensburg	4	2							10		
11. Ayanda Malinga	4	2							10		
12. Chumisa Qawe	6										
13. Jacomina Cilliers	2		4						8		
14. Simamkele Namba	1										
15. Donelle Snyders	2		1						5		
16. Tanya Scholtz	-										
17. Yonela Ngxingolo	12										
18. Amahle Nyoba	3										
19. Rights Mkhari	5										
20. Roseline Botes	2										
21. Unam Tose	5	N									
22. Nadine Roos	2		1						5		
23. Nomawethu Mabenge	4										

Experience: 73 caps



Lineups 15s

2021-11-27 BRB

Other Match 18 (L)

Barbarians Women - South Africa

60-5

Event Springbok Tour to Europe
Venue Twickenham (London, England)
Referee Clara Munarini (Italy)
WR Ranking South Africa: 13, Barbarians Women: -
Remark Full bench Played? New world record: 29,581 attendance for women's rugby match

	C	P	P	T	R	C	V	P	N	D	G	P	T	P	T	S	Y	R	Remark
1. Asithandile Ntoyanto	8	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2. Micke Günter	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
3. Babalwa Latsha	11	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
4. Nolusindiso Boozi	26	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
5. Rights Mkhari	5	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
6. Lusanda Dumke	10	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
7. Catha Jacobs	4	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
8. Sizophila Solontsi	8	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
9. Unam Tose	5	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
10. Zenay Jordaan	29	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
11. Simamkele Namba	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
12. Chumisa Qawe	6	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	Y	-	YC55'
13. Jacomina Cilliers	2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
14. Nomawethu Mabenge	4	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
15. Eloise Webb	7	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
16. Lindelwa Gwala	12	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
17. Sanelisiwe Charlie	2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
18. Monica Mazibukwana	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
19. Lerato Makua	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
20. Sinazo Mcatshulwa	10	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
21. Rumandi Potgieter	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
22. Ayanda Malinga	4	1	-	-	-	-	-	-	-	-	-	-	-	-	-	5	-	-	T?' (Last 15 minutes?)
23. Donelle Snyders	2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	

Experience: 158 caps



2022-06-15 ZIM

Test Match 53 (W)

South Africa - Zimbabwe 108-0

Event Women's Africa Cup
Venue City Park (Cape Town, South Africa)
Referee Saudah Adiru (Uganda)
WR Ranking South Africa: 13, Zimbabwe: 49
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Yonela Ngxingolo	12		-	-	-	-	-				
2. Lindelwa Gwala	12		1	-	-	-	-	5			T9'
3. Babalwa Latsha	11		-	-	-	-	-				<66'
4. Nolusindiso Boozi	(C) 26		-	-	-	-	-				<45'
5. Nompumelelo Mathe	5		-	-	-	-	-				
6. Lusanda Dumke	10		1	-	-	-	-	5			T33'
7. Sinazo Mcatshulwa	10		1	-	-	-	-	5			T39'
8. Sizophila Solontsi	8		2	-	-	-	-	10			T20', T60'
9. Tayla Kinsey	17		1	2	1	-	-	12			P40', T51', <52'
10. Libbie Janse van Rensburg	4		-	4	-	-	-	8			C2', C5', C9', C25', <40'
11. Ayanda Malinga	4		2	-	-	-	-	10			T15', T73'
12. Aphwe Ngwevu	7		3	-	-	-	-	15			T57', T66', T70'
13. Zintle Mpupha	9		2	-	-	-	-	10			T5', T25'
14. Nomawethu Mabenge	4		3	-	-	-	-	15			T2', T36', T45'
15. Nadine Roos	2		1	-	-	-	-	5			T42'
16. Luchell Hanekom	-	N	-	-	-	-	-				
17. Asithandile Ntoyanto	8		-	-	-	-	-				>66'
18. Azisa Mkiva	-	N	-	-	-	-	-				
19. Karthy Dlodla	6		-	-	-	-	-				>45'
20. Nomsa Mokwai	3	N	-	-	-	-	-				
21. Nokubonga Siko	-	N	-	-	-	-	-				
22. Unam Tose	5		-	-	-	-	-				>52'
23. Zenay Jordaan	29		-	4	-	-	-	8			>40', C61', C66', C71', C73'

Experience: 192 caps

2022-06-23 NAM

Test Match 54 (W)

South Africa - Namibia 128-3

Event Women's Africa Cup
Venue City Park (Cape Town, South Africa)
Referee Eri Munarini (Italy)
WR Ranking South Africa: 13, Namibia: 57
Remark Pool A

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Yonela Ngxingolo	13		-	-	-	-	-				<55'
2. Lindelwa Gwala	13		-	-	-	-	-				<55'
3. Babalwa Latsha	(C) 12		-	-	-	-	-		Y		RC12' High tackle
4. Lerato Makua	1		-	-	-	-	-				<53'
5. Nompumelelo Mathe	6		2	-	-	-	-	10			T37', T48'
6. Lusanda Dumke	11	N	-	-	-	-	-				<0', Head clash during warm up
7. Sinazo Mcatshulwa	11		2	-	-	-	-	10			T45', T68'
8. Sizophila Solontsi	9		1	-	-	-	-	5			T27'
9. Tayla Kinsey	18		-	-	-	-	-				<55'
10. Libbie Janse van Rensburg	5		2	14	-	-	-	38			*) scores see footnote
11. Ayanda Malinga	5		1	-	-	-	-	5			T30'
12. Aphwe Ngwevu	8		1	-	-	-	-	5			T1', <42'
13. Zintle Mpupha	10		4	-	-	-	-	20			T14', T19', T24', T41', <42'
14. Nomawethu Mabenge	5		-	-	-	-	-				
15. Nadine Roos	3		2	-	-	-	-	10			T51', T59'
16. Roseline Botes	2		-	-	-	-	-				>55'
17. Asithandile Ntoyanto	9		1	-	-	-	-	5			>?'', T73'
D 18. Azisa Mkiva	-		-	-	-	-	-				>55'
19. Nomsa Mokwai	3		-	-	-	-	-				>53'
D 20. Nokubonga Siko	-		-	-	-	-	-				>0', Test start replacing L.Dumke
21. Unam Tose	6		-	-	-	-	-				>55'
22. Zenay Jordaan	30		-	-	-	-	-				>42'
23. Simamkele Namba	1		4	-	-	-	-	20			>42', T54', T56', T63, T78'

*) Scores: T5', C6', C1', C14', C19', C27', C31', C38', C45', C48', C51', C54', C59', T61', C61', C73'

Experience: 181 caps

2022-07-24 JPN

Test Match 55 (L)

Japan - South Africa 15-6

Event Springbok Tour to Japan
Venue Kamaishi Recovery Memorial Stadium (Kamashi, Japan)
Referee Amber McLachlan (Australia)
WR Ranking South Africa: 13, Japan: 12
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Yonela Ngxingolo	14		-	-	-	-	-				<61'
2. Lindelwa Gwala	14		-	-	-	-	-				<56'
3. Babalwa Latsha	13		-	-	-	-	-				<56'
4. Nolusindiso Booii	(C) 27		-	-	-	-	-				<48'
5. Lerato Makua	2		-	-	-	-	-				
6. Lusanda Dumke	11		-	-	-	-	-				
7. Sinazo Mcatshulwa	12		-	-	-	-	-				
8. Aseza Hele	9		-	-	-	-	-				<46'
D 9. Rumandi Potgieter	-		-	-	-	-	-				<56'
10. Libbie Janse van Rensburg	6		-	-	2	-	-	6			P12', P21'
11. Simamkele Namba	2		-	-	-	-	-				<69'
12. Aphiwe Ngwevu	9		-	-	-	-	-				<60'
13. Zintle Mpuha	11		-	-	-	-	-				
14. Nomawethu Mabenge	6		-	-	-	-	-				
15. Nadine Roos	4		-	-	-	-	-				
16. Micke Günter	1		-	-	-	-	-				>56'
17. Sanelisiwe Charlie	2		-	-	-	-	-				>61'
D 18. Monica Mazibukwana	-		-	-	-	-	-				>56'
19. Rights Mkhari	5		-	-	-	-	-				>48'
20. Nokubonga Siko	1		-	-	-	-	-				>46'
21. Unam Tose	7		-	-	-	-	-				>56'
22. Tayla Kinsey	19		-	-	-	-	-				>69'
23. Chumisa Qawe	6		-	-	-	-	-				>60'

Experience: 181 caps

2022-07-30 JPN

Test Match 56 (W)

Japan - South Africa 10-20

Event Springbok Tour to Japan
Venue Kumagaya Rugby Stadium (Saitama Prefecture, Kumagaya City, Japan)
Referee Maggie Cogger-Orr (New Zealand)
WR Ranking South Africa: 13, Japan: 12
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Asithandile Ntoyanto	10										<50'
2. Lindelwa Gwala	15										<68'
3. Babalwa Latsha	14										<63'
4. Nolusindiso Boozi	28	(C)									<50'
5. Rights Mkhari	6										
6. Lusanda Dumke	12										<54'
7. Sinazo Mcatshulwa	13										
8. Sizophila Solontsi	10										
9. Tayla Kinsey	20										<28'
10. Libbie Janse van Rensburg	7			1				5			C33', P59', <80'
11. Ayanda Malinga	6		2					10			T33', T34'
12. Aphwe Ngwevu	10										
13. Zintle Mpupha	12										
14. Simamkele Namba	3		1					5			T76'
15. Nadine Roos	5										
16. Micke Günter	2										>68'
17. Yonela Ngxingolo	15										>50'
18. Monica Mazibukwana	1										>63'
19. Catha Jacobs	4										>50'
20. Aseza Hele	10										>54'
21. Unam Tose	8										>28'
22. Chumisa Qawe	7										>80'
23. Nomawethu Mabenge	7	N									

Experience: 225 caps



South Africa - Spain
44-5

Event Spain Tour to South Africa
Venue Emirates Airlines Park (Johannesburg, South Africa)
Referee Clara Munarini (Italy)
WR Ranking South Africa: 13, Spain: 10
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Asithandile Ntoyanto	11	-	-	-	-	-	-	-	-	-	<51'
2. Lindelwa Gwala	16	-	-	-	-	-	-	-	-	-	<51'
3. Babalwa Latsha	15	-	-	-	-	-	-	-	-	-	<60'
4. Nolusindiso Booii	(C) 29	-	-	-	-	-	-	-	-	-	<18'
5. Catha Jacobs	5	-	-	-	-	-	-	-	-	-	
6. Sizophila Solontsi	11	-	-	-	-	-	-	-	-	-	
7. Rights Mkhari	7	-	-	-	-	-	-	-	-	-	
8. Aseza Hele	11	-	-	-	-	-	-	-	-	-	<51'
9. Unam Tose	9	-	-	-	-	-	-	-	-	-	<60'
10. Libbie Janse van Rensburg	8	-	5	3	-	-	-	19	-	-	C13', P18', P27', C36', C56', C62', C67', P77'
11. Simamkele Namba	4	1	-	-	-	-	-	5	-	-	T36'
12. Chumisa Qawe	8	-	-	-	-	-	-	-	-	-	<54'
13. Zintle Mpupha	13	-	-	-	-	-	-	-	-	-	<68'
14. Ayanda Malinga	7	2	-	-	-	-	-	10	-	-	T13', T67'
15. Nadine Roos	6	1	-	-	-	-	-	5	-	-	T56'
16. Roseline Botes	3	1	-	-	-	-	-	-	-	-	>51', T62'
17. Yonela Ngxingolo	16	-	-	-	-	-	-	-	-	-	>51'
18. Monica Mazibukwana	2	-	-	-	-	-	-	-	-	-	>60'
19. Lerato Makua	3	-	-	-	-	-	-	-	-	-	>18'
20. Lusanda Dumke	13	-	-	-	-	-	-	-	-	-	>51'
21. Rumandi Potgieter	1	-	-	-	-	-	-	-	-	-	>60'
22. Zenay Jordaan	31	-	-	-	-	-	-	-	-	-	>54'
23. Chuma Qawe	2	-	-	-	-	-	-	-	-	-	>68'

Experience: 231 caps



2022-08-19 ESP

Test Match 58 (W)

South Africa - Spain 37 - 14

Event Spain Tour to South Africa
Venue Fanie du Toit Stadium (Potchefstroom, South Africa)
Referee Aurelie Groizeleau (France)
WR Ranking South Africa: 12, Spain: 11
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Yonela Ngxingolo	17										
2. Roseline Botes	4		1					5			T9', <60'
3. Babalwa Latsha	(C) 16										
4. Lerato Makua	4										
5. Catha Jacobs	6								Y		YC18', <55' Repeated team infringements
6. Lusanda Dumke	14		1					5	Y		YC31', T69' Late Tackle
7. Sinazo Mcatshulwa	14		1					5			T46'
8. Aseza Hele	12										<65'
9. Unam Tose	10										<52'
10. Zenay Jordaan	32			1				2			C46', <52'
11. Simamkele Namba	5										
12. Aphwe Ngwevu	11										
13. Zintle Mpupha	14										
14. Nomawethu Mabenge	7		1					5	Y		T39', YC58' Deliberate Knock On
15. Nadine Roos	7		1					5			T55'
16. Lindelwa Gwala	17										>60'
17. Sanelisiwe Charlie	3	N									
18. Azisa Mkiva	1	N									
19. Nompumelelo Mathe	7										>55'
20. Sizophila Solontsi	12										>65'
21. Rumandi Potgieter	2										>52'
22. Libbie Janse van Rensburg	9			2		1	1	10			>52', C55', DG65', C69', P81'
23. Chuma Qawe	3	N									

Experience: 227 caps



Together with Junior Springbok Women Team that played Zimbabwe U20 the same day. They won 55-0.

2022-10-08 FRA

Test Match 59 (L)

South Africa - France 5 - 40

Event Rugby World Cup 2021
Venue Eden Park (Auckland, New Zealand)
Referee Maggie Cogger-Orr (New Zealand)
WR Ranking South Africa: 11, France: 4
Remark Rescheduled to 2022 due to Covid Pandemic

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	3	-	-	-	-	-	-	-	-	-	<61'
2. Lindelwa Gwala	18	-	-	-	-	-	-	-	-	-	<70'
3. Babalwa Latsha	17	-	-	-	-	-	-	-	-	-	
4. Nolusindiso Boozi	(C) 30	-	-	-	-	-	-	-	-	-	
5. Rights Mkhari	8	-	-	-	-	-	-	-	-	-	<62'
6. Sizophila Solontsi	13	-	-	-	-	-	-	-	Y	-	YC28', <50'
7. Sinazo Mcatshulwa	15	-	-	-	-	-	-	-	-	-	
8. Aseza Hele	13	-	-	-	-	-	-	-	-	-	
9. Tayla Kinsey	21	-	-	-	-	-	-	-	-	-	<50'
10. Libbie Janse van Rensburg	10	-	-	-	-	-	-	-	-	-	<25'
11. Simamkele Namba	6	-	-	-	-	-	-	-	-	-	<61'
12. Aphiwe Ngwevu	12	-	-	-	-	-	-	-	-	-	
13. Zintle Mpupha	15	-	-	-	-	-	-	-	-	-	
14. Nomawethu Mabenge	8	1	-	-	-	-	-	-	5	-	T49'
15. Nadine Roos	8	-	-	-	-	-	-	-	-	-	
16. Roseline Botes	5	-	-	-	-	-	-	-	-	-	>70'
17. Asithandile Ntoyanto	12	-	-	-	-	-	-	-	-	-	>61'
18. Monica Mazibukwana	3	N	-	-	-	-	-	-	-	-	
19. Catha Jacobs	7	-	-	-	-	-	-	-	-	-	>62'
20. Lusanda Dumke	15	-	-	-	-	-	-	-	-	-	>50'
21. Unam Tose	11	-	-	-	-	-	-	-	-	-	>50'
22. Zenay Jordaan	33	-	-	-	-	-	-	-	-	-	>25'
23. Eloise Webb	7	-	-	-	-	-	-	-	-	-	>61'

Experience: 290 caps



**Fiji - South Africa
21 - 17**

Event Rugby World Cup 2021
Venue The Trusts Arena (Auckland, New Zealand)
Referee Clara Munarini (Italy)
WR Ranking South Africa: 11, Fiji: 21
Remark Rescheduled to 2022 due to Covid Pandemic

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	4	-	-	-	-	-	-	-	-	-	<52'
2. Lindelwa Gwala	19	-	-	-	-	-	-	-	-	-	<40'
3. Babalwa Latsha	18	-	-	-	-	-	-	-	-	-	<71'
4. Nolusindiso Booi	(C) 31	-	-	-	-	-	-	-	-	-	
5. Rights Mkhari	9	-	-	-	-	-	-	-	-	-	<52'
6. Sizophila Solontsi	14	-	-	-	-	-	-	-	-	-	<47'
7. Sinazo Mcatshulwa	16	-	-	-	-	-	-	-	-	-	
8. Aseza Hele	14	1	-	-	-	-	-	5	-	-	T58'
9. Tayla Kinsey	22	-	-	-	-	-	-	-	-	-	<30'
10. Libbie Janse van Rensburg	11	-	2	1	-	-	-	7	-	-	C36', C59', P78'
11. Simamkele Namba	7	-	-	-	-	-	-	-	-	-	<40'
12. Aphwe Ngwevu	13	-	-	-	-	-	-	-	-	-	<48'
13. Zintle Mpupha	16	1	-	-	-	-	-	5	-	-	T35'
14. Nomawethu Mabenge	9	-	-	-	-	-	-	Y	-	-	YC6', Deliberate knock-down
15. Nadine Roos	9	-	-	-	-	-	-	-	-	-	
16. Roseline Botes	6	-	-	-	-	-	-	-	-	-	>40'
17. Asithandile Ntoyanto	13	-	-	-	-	-	-	-	-	-	>52'
18. Monica Mazibukwana	3	-	-	-	-	-	-	-	-	-	>71'
19. Lerato Makua	5	-	-	-	-	-	-	-	-	-	>52'
20. Lusanda Dumke	16	-	-	-	-	-	-	-	-	-	>46'
21. Unam Tose	12	-	-	-	-	-	-	-	-	-	>30'
22. Zenay Jordaan	34	-	-	-	-	-	-	-	-	-	>48'
23. Eloise Webb	8	-	-	-	-	-	-	-	-	-	>40'

Experience: 309 caps



2021 Rugby World Cup Squad

2022-10-23 ENG

Test Match 61 (L)

England - South Africa

75-0

Event Rugby World Cup 2021
Venue The Trusts Arena (Auckland, New Zealand)
Referee Lauren Jenner (New Zealand)
WR Ranking South Africa: 13, England: 1
Remark Rescheduled to 2022 due to Covid Pandemic

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	5	-	-	-	-	-	-	-			<55'
2. Roseline Botes	7	-	-	-	-	-	-	-			<63'
3. Babalwa Latsha	19	-	-	-	-	-	-	-			<72'
4. Nolusindiso Booii	(C) 32	-	-	-	-	-	-	-	Y		YC32', <63', maul infringement
5. Catha Jacobs	8	-	-	-	-	-	-	-	Y		YC13', <46', High Tackle on Poppy Cleall
6. Lusanda Dumke	17	-	-	-	-	-	-	-			
7. Lerato Makua	6	-	-	-	-	-	-	-			World Rugby Citing *) See footnote
8. Aseza Hele	15	-	-	-	-	-	-	-			<19', >26'
9. Tayla Kinsey	23	-	-	-	-	-	-	-			<46'
10. Zenay Jordaan	35	-	-	-	-	-	-	-			<63'
11. Nadine Roos	10	-	-	-	-	-	-	-			
12. Chumisa Qawe	9	-	-	-	-	-	-	-			
13. Zintle Mpupha	17	-	-	-	-	-	-	-			
14. Nomawethu Mabenge	10	-	-	-	-	-	-	-			<57'
15. Eloise Webb	9	-	-	-	-	-	-	-			
16. Micke Günter	3	-	-	-	-	-	-	-			>63'
17. Yonela Ngxingolo	18	-	-	-	-	-	-	-			>55'
18. Azisa Mkiya	1	-	-	-	-	-	-	-			>72'
19. Nompumelelo Mathe	8	-	-	-	-	-	-	-			>63'
20. Sizophila Solontsi	15	-	-	-	-	-	-	-			>19', <26', >46'
21. Rumandi Potgieter	3	-	-	-	-	-	-	-			>46'
22. Jacomina Cilliers	2	-	-	-	-	-	-	-			>57'
23. Chuma Qawe	3	-	-	-	-	-	-	-			>63'

*) Bit hand (in her face in a maul) 6 weeks suspension
 Experience: 275 caps



2023-03-10 BLD

Other Match 19 (W)

South Africa - Boland Dames
82-0

Event Friendly
Venue Helderberg Rugby Club (Cape Town, South Africa)
Referee - (-)
WR Ranking South Africa: 13, Boland Dames: -
Remark

|CPS|P|TR|CV|PN|DG|PT|PTS|Y|R|Remark

Experience: - caps

Canada - South Africa
66 - 7

Event Springboks Visit Spain
Venue Estadio Nacional Complutense (Madrid, Spain)
Referee Kat Roche (USA)
WR Ranking South Africa: 13, Canada: 4
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	6	-	-	-	-	-	-	-	-	-	<60'
2. Lindelwa Gwala	20	-	-	-	-	-	-	-	-	-	<71'
3. Babalwa Latsha	20	-	-	-	-	-	-	-	-	-	<71'
4. Nolusindiso Booi	33	(C)	-	-	-	-	-	-	-	-	<30'
D 5. Danelle Lochner	-	-	-	-	-	-	-	-	-	-	<30'
6. Lusanda Dumke	18	-	-	-	-	-	-	-	-	-	<40'
7. Catha Jacobs	9	-	-	-	-	-	-	-	Y	-	Dangerous tackle - 3 match suspension
8. Aseza Hele	16	-	-	-	-	-	-	-	-	-	<40'
9. Tayla Kinsey	24	-	-	-	-	-	-	-	-	-	<40'
10. Libbie Janse van Rensburg	12	-	1	-	-	-	-	2	-	-	C65'
11. Jacomina Cilliers	3	-	-	-	-	-	-	-	-	-	<40'
D 12. Aphwe Ngwevu	14	-	-	-	-	-	-	-	-	-	<40'
D 13. Shaunique Hess	-	-	-	-	-	-	-	-	-	-	<40'
14. Nomawethu Mabenge	11	-	1	-	-	-	-	5	-	-	T65'
D 15. Mary Zulu	-	-	-	-	-	-	-	-	-	-	<71'
16. Roseline Botes	8	N	-	-	-	-	-	-	-	-	>60'
17. Yonela Ngxingolo	19	-	-	-	-	-	-	-	-	-	>71'
18. Azisa Mkiva	2	-	-	-	-	-	-	-	-	-	>30'
19. Sinazo Mcatshulwa	17	-	-	-	-	-	-	-	-	-	>40'
20. Nompumelelo Mathe	9	N	-	-	-	-	-	-	-	-	>40'
21. Unam Tose	13	-	-	-	-	-	-	-	-	-	>40'
22. Chumisa Qawe	10	-	-	-	-	-	-	-	-	-	>40'
D 23. Byrhandré Dolf	-	-	-	-	-	-	-	-	-	-	>71'

Experience: 264 caps



2023-04-01 ESP

Test Match 63 (W)

Spain - South Africa 20-35

Event Springboks Visit Spain
Venue Estadio Nacional Complutense (Madrid, Spain)
Referee Precious Pazani (Zimbabwe)
WR Ranking South Africa: 13, Spain: 11
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	7		-	-	-	-	-				<52'
2. Lindelwa Gwala	21		1	-	-	-	-	5			T3', <52'
3. Babalwa Latsha	21		1	-	-	-	-	5			T24', <80'
4. Nolusindiso Booii	(C) 34		-	-	-	-	-				
5. Danelle Lochner	1		-	-	-	-	-				<69'
6. Lusanda Dumke	19		-	-	-	-	-	Y			YC48', <69'
7. Sinazo Mcatshulwa	18		-	-	-	-	-				
8. Aseza Hele	17		-	-	-	-	-				
9. Tayla Kinsey	25		-	-	-	-	-				<58'
10. Libbie Janse van Rensburg	13		1	1	1	-	-	10			C3', T39', P79'
11. Jacomina Cilliers	4		-	-	-	-	-				
12. Chumisa Qawe	11		-	-	-	-	-				<44'
13. Shaunique Hess	1		2	-	-	-	-	10			T20', T44'
14. Nomawethu Mabenge	12		-	-	-	-	-				
15. Byrhandré Dolf	1		-	-	-	-	-				
16. Roseline Botes	8		1	-	-	-	-	5			>52', T66'
17. Asithandile Ntoyanto	14		-	-	-	-	-				>52'
18. Yonela Ngxingolo	20		-	-	-	-	-				>80'
D 19. Vainah Ubisi	-		-	-	-	-	-				>69'
20. Nompumelelo Mathe	9		-	-	-	-	-				>69'
21. Rumandi Potgieter	4		-	-	-	-	-				>58'
22. Aphiwe Ngwevu	15		-	-	-	-	-				>44'
23. Mary Zulu	1	N	-	-	-	-	-				

Experience: 276 caps

2023-05-20 CMR

Test Match 64 (W)

South Africa - Cameroon 87-0

Event Women's Africa Cup
Venue Stade Makis (Antananarivo, Madagascar)
Referee Julie Randriarimanana (Madagascar)
WR Ranking South Africa: 13, Cameroon: 29
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
. Unknown or Team	-	N	-	-	-	-	1	7			PT28'
1. Asithandile Ntoyanto	15		1	-	-	-	-	5			T31', <40'
2. Roseline Botes	9		1	-	-	-	-	5			T3', <40'
3. Azisa Mkiva	3		-	-	-	-	-				<40'
4. Sinazo Mcatshulwa	19		-	-	-	-	-				<40'
5. Danelle Lochner	2		-	-	-	-	-				<40'
6. Lusanda Dumke	20		1	-	-	-	-	5			T36'
7. Nompumelelo Mathe	10		1	-	-	-	-	5	Y		YC22', T39'
8. Lerato Makua	7		-	-	-	-	-				
9. Rumandi Potgieter	5		-	-	-	-	-				<40'
10. Mary Zulu	1		-	1	-	-	-	2			C4', <40?'
11. Jacomina Cilliers	5		1	1	-	-	-	7			T7', C24', <40'
12. Zintle Mpupha	18		-	-	-	-	-				
13. Chumisa Qawe	(C) 12		-	-	-	-	-				
D 14. Asiphe Mayaba	-		4	-	-	-	-	20			T23', T42', T45', T71'
15. Byrhandré Dolf	2		-	-	-	-	-				
16. Lindelwa Gwala	22		1	-	-	-	-	5			>40'
17. Sanelisiwe Charlie	8		-	-	-	-	-				>40'
18. Yonela Ngxingolo	21		-	-	-	-	-				>40'
19. Vainah Ubisi	1		-	-	-	-	-				>40'
20. Rights Mkhari	10		2	-	-	-	-	10			>40', T77', T79'
21. Unam Tose	14		1	-	-	-	-	5			>40', T52',
22. Libbie Janse van Rensburg	14		-	3	-	-	-	6			>40', C46', C65', C79'
23. Simamkele Namba	8		1	-	-	-	-	5			>40'

Experience: 226 caps

South Africa - Kenya
48-0

Event Women's Africa Cup
Venue Stade Makis (Antananarivo, Madagascar)
Referee Maria Heitor (Portugal)
WR Ranking South Africa: 13, Kenya: 23
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	9	-	-	-	-	-	-	-	-	-	<54'
2. Lindelwa Gwala	23	-	-	-	-	-	-	-	-	-	<54'
3. Azisa Mkiya	4	-	-	-	-	-	-	-	-	-	<54'
4. Sinazo Mcatshulwa	20	-	-	-	-	-	-	-	-	-	<40'
5. Danelle Lochner	3	-	-	-	-	-	-	-	-	-	
6. Lusanda Dumke	21	-	-	-	-	-	-	-	Y	-	YC44', <54'
7. Lerato Makua	8	-	-	-	-	-	-	-	-	-	<54'
8. Sizophila Solontsi	16	1	-	-	-	-	-	-	5	-	T32'
9. Unam Tose	15	-	-	-	-	-	-	-	Y	-	YC59', <70'
10. Libbie Janse van Rensburg	15	-	4	-	-	-	-	-	8	-	C5', C26', C50', C80'
11. Jacomina Cilliers	6	-	-	-	-	-	-	-	-	-	
12. Zintle Mpupha	19	2	-	-	-	-	-	-	10	-	T3', T9'
13. Chumisa Qawe	(C) 13	1	-	-	-	-	-	-	5	-	T38'
14. Nomawethu Mabenge	13	4	-	-	-	-	-	-	20	Y	T15', T25', T40', YC53', T80'
15. Byrhandré Dolf	3	-	-	-	-	-	-	-	-	-	
16. Roseline Botes	10	-	-	-	-	-	-	-	-	-	>54'
17. Yonela Ngxingolo	22	-	-	-	-	-	-	-	-	-	>54'
18. Amber Schonert	-	-	-	-	-	-	-	-	-	-	>54'
19. Vainah Ubisi	2	-	-	-	-	-	-	-	-	-	>40'
20. Rights Mkhari	11	-	-	-	-	-	-	-	-	-	>54', <59'
21. Nompumelelo Mathe	11	-	-	-	-	-	-	-	-	-	>54'
22. Tayla Kinsey	26	-	-	-	-	-	-	-	-	-	>70'
23. Simamkele Namba	9	-	-	-	-	-	-	-	-	-	>59'

Experience: 279 caps



2023-05-28 MAD

Test Match 66 (W)

South Africa - Madagascar
79 - 8

Event Women's Africa Cup
Venue Stade Makis (Antananarivo, Madagascar)
Referee Precious Pazani (Zimbabwe)
WR Ranking South Africa: 13, Madagascar: 28
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	10		1					5			T10', <59'
2. Lindelwa Gwala	24		1					5			T5', <59'
3. Azisa Mkiya	5										<59'
4. Vainah Ubisi	3										
5. Danelle Lochner	4		1					5			T47', <57'
6. Lusanda Dumke	22		1					5			T75'
7. Lerato Makua	9										
8. Sizophila Solontsi	17		2					10			T25', T83'
9. Tayla Kinsey	27										<59'
10. Byrhandré Dolf	4										<59'
11. Simankele Namba	10		1					5			T50', <59'
12. Chumisa Qawe	14	(C)	1					5			T17'
13. Jacomina Cilliers	7			2				4			C36', C85'
14. Nomawethu Mabenge	14		2					10			T34', T43', <59'
15. Libbie Janse van Rensburg	16		1	5				15			C11', C18', C26', C35', C44', T54'
D 16. Luchell Hanekom	-										>59'
17. Asithandile Ntoyanto	16										>59'
18. Amber Schonert	1										>59'
19. Sinazo Mcatshulwa	21		1					5			>57', T60'
20. Nompumelelo Mathe	12										>59'
21. Rumandi Potgieter	6										>59'
22. Mary Zulu	2										>59'
23. Asiphe Mayaba	1		1					5			>59', T69'

Experience: 245 caps



Lineups 15s

2023-09-16 KEN

Test Match 67 (W)

South Africa - Kenya 77 - 12

Event WXV2 2023 Preparations
Venue University of the Western Cape Stadium (Cape Town, South Africa)
Referee Aimee Barrett-Theron (South Africa)
WR Ranking South Africa: 12, Kenya: 23
Remark Ubisi/Noxeke not correct on WR website

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Yonela Ngxingolo	23		1	-	-	-	-	5			T15', <51'
2. Roseline Botes	11		2	-	-	-	-	10			T9', T39', <51'
3. Babalwa Latsha	22	(C)	-	-	-	-	-				<56'
4. Sinazo Mcatshulwa	22		1	-	-	-	-	5			T50', <56'
5. Danelle Lochner	5		1	-	-	-	-	5			T44'
6. Nompumelelo Mathe	13		2	-	-	-	-	10	Y		YC25', T68', T81' High Tackle
7. Catha Jacobs	10		-	-	-	-	-				
8. Lusanda Dumke	23		-	-	-	-	-				<21'
9. Rumandi Potgieter	7		-	-	-	-	-				<53'
10. Libbie Janse van Rensburg	17		1	5	-	-	-	15			C10', C16', C45', C56', T63', C69'
D 11. Unathi Mali	-		1	-	-	-	-	5			T55', <60'
12. Piwokuhle Nyanda	3		-	-	-	-	-				
13. Jacomina Cilliers	8		-	-	-	-	-				
14. Veroeshka Grain	12		3	-	-	-	-	15			T3', T74', T77'
15. Byrhandré Dolf	5		1	-	-	-	-	5			T41'
16. Micke Günter	4		-	-	-	-	-				>51'
17. Asithandile Ntoyanto	17		-	-	-	-	-				>51'
18. Amber Schonert	2		-	-	-	-	-				>56'
19. Nolusindiso Booi	35		-	-	-	-	-				>56'
20. Vainah Ubisi	4		-	-	-	-	-				Player of the Match
D 21. Sinelitha Noxeke	-		-	-	-	-	-				>21'
22. Unam Tose	16		-	-	-	-	-				>53'
23. Mary Zulu	3		1	-	-	-	-	2			>60', C75'

Experience: 262 caps



2023-09-19 SCR

Other Match 20 (W)

**South Africa - San Clemente Rhinos Women
22-17**

Event WXV2 2023 Preparations
Venue False Bay Rugby Club (Cape Town, South Africa)
Referee Bulela Qwane (South Africa)
WR Ranking South Africa: 12, San Clemente Rhinos Women: -
Remark 1 yellow card – who?

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Xoliswa Khuzwayo	-	-	-	-	-	-	-	-	-	-	
2. Luchell Hanekom	1	-	1	-	-	-	-	5	-	-	
3. Amber Schonert	3	-	-	-	-	-	-	-	-	-	
4. Nolusindiso Booi	(C) 36	-	-	-	-	-	-	-	-	-	
5. Samantha Els	-	-	-	-	-	-	-	-	-	-	
6. Lerato Makua	10	-	-	-	-	-	-	-	-	-	
7. Sinelitha Noxeke	1	-	-	-	-	-	-	-	-	-	
8. Yolanda Ntibane	-	-	-	-	-	-	-	-	-	-	
9. Unam Tose	17	-	-	-	-	-	-	-	-	-	
10. Roseline Botes	12	-	-	-	-	-	-	-	-	-	
11. Jacomina Cilliers	9	-	1	-	-	-	-	2	-	-	
12. Chumisa Qawe	15	-	-	-	-	-	-	-	-	-	
13. Veroeshka Grain	13	-	-	-	-	-	-	-	-	-	
14. Maceala Samboya	-	2	-	-	-	-	-	10	-	-	
15. Mary Zulu	4	-	-	-	-	-	-	-	-	-	
16. Micke Günter	5	-	-	-	-	-	-	-	-	-	
17. Asithandile Ntoyanto	18	-	-	-	-	-	-	-	-	-	
18. Yonela Ngxingolo	24	-	-	-	-	-	-	-	-	-	
19. Vainah Ubisi	5	-	-	-	-	-	-	-	-	-	
20. Nompumelelo Mathe	14	-	-	-	-	-	-	-	-	-	
21. Rumandi Potgieter	8	-	-	-	-	-	-	-	-	-	
22. Libbie Janse van Rensburg	18	1	-	-	-	-	-	5	-	-	
23. Piwokuhle Nyanda	4	-	-	-	-	-	-	-	-	-	

Experience: 217 caps



Lineups 15s

2023-09-23 BRB

Other Match 21 (L)

South Africa - Barbarians Women 26-38

Event WXV2 2023 Preparations
Venue Athlone Stadium (Cape Town, South Africa)
Referee Aimee Barrett-Theron (South Africa)
WR Ranking South Africa: 12, Barbarians Women: -
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Xoliswa Khuzwayo	-	-	-	-	-	-	-	-	-	-	
2. Micke Günter	5	2	-	-	-	-	-	10	-	-	
3. Babalwa Latsha	(C) 23	-	-	-	-	-	-	-	-	-	
4. Sinazo Mcatshulwa	23	1	-	-	-	-	-	5	-	-	
5. Danelle Lochner	6	-	-	-	-	-	-	-	-	-	
6. Nompumelelo Mathe	14	-	-	-	-	-	-	-	-	-	
7. Lerato Makua	10	-	-	-	-	-	-	-	-	-	
8. Catha Jacobs	11	1	-	-	-	-	-	5	-	-	
9. Rumandi Potgieter	8	-	-	-	-	-	-	-	-	-	
10. Libbie Janse van Rensburg	18	-	3	-	-	-	-	6	-	-	
11. Jacomina Cilliers	9	-	-	-	-	-	-	-	-	-	
12. Piwokuhle Nyanda	4	-	-	-	-	-	-	-	-	-	
13. Veroeshka Grain	13	-	-	-	-	-	-	-	-	-	
14. Maceala Samboya	-	-	-	-	-	-	-	-	-	-	
15. Byrhandré Dolf	6	-	-	-	-	-	-	-	-	-	
16. Roseline Botes	12	-	-	-	-	-	-	-	-	-	
17. Asithandile Ntoyanto	18	-	-	-	-	-	-	-	-	-	
18. Yonela Ngxingolo	24	-	-	-	-	-	-	-	-	-	
19. Nolusindiso Booi	36	-	-	-	-	-	-	-	-	-	
20. Vainah Ubisi	5	-	-	-	-	-	-	-	-	-	
21. Aliyah Tchogna-Njamen	-	-	-	-	-	-	-	-	-	-	
22. Unam Tose	17	-	-	-	-	-	-	-	-	-	
23. Chumisa Qawe	15	N	-	-	-	-	-	-	-	-	Not fielded? (SARU Match centre no stats)

Experience: 277 caps

2023-10-07 SAM

Test Match 68 (D)

South Africa - Samoa 17-17

Event WXV2 2023 Preparations
Venue Boland Stadium (Wellington (ZA), South Africa)
Referee Precious Pazani (Zimbabwe)
WR Ranking South Africa: 12, Samoa: 16
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Asithandile Ntoyanto	18	-	-	-	-	-	-	-	-	-	<40'
2. Roseline Botes	12	-	-	-	-	-	-	-	-	-	<61'
3. Babalwa Latsha	(C) 23	1	-	-	-	-	-	5	-	-	T18'
4. Nolusindiso Booi	36	-	-	-	-	-	-	-	-	-	<50'
5. Vainah Ubisi	5	-	-	-	-	-	-	-	-	-	
6. Nompumelelo Mathe	14	-	-	-	-	-	-	-	-	-	<49'
7. Catha Jacobs	11	-	-	-	-	-	-	-	-	-	<53'
8. Lusanda Dumke	24	-	-	-	-	-	-	-	-	-	
9. Unam Tose	17	-	-	-	-	-	-	-	-	-	<62'
10. Libbie Janse van Rensburg	18	-	1	-	-	-	-	2	-	-	C57'
11. Unathi Mali	1	-	-	-	-	-	-	-	-	-	
12. Piwokuhle Nyanda	4	-	-	-	-	-	-	-	-	-	
13. Veroeshka Grain	13	1	-	-	-	-	-	5	-	-	T6'
D 14. Maceala Samboya	-	1	-	-	-	-	-	5	Y	-	T56', YC68'
15. Byrhandré Dolf	6	-	-	-	-	-	-	-	-	-	<18'
16. Luchell Hanekom	1	-	-	-	-	-	-	-	-	-	>61'
17. Yonela Ngxingolo	24	-	-	-	-	-	-	-	-	-	>40'
18. Amber Schonert	3	N	-	-	-	-	-	-	-	-	
19. Danelle Lochner	6	-	-	-	-	-	-	-	-	-	>50'
20. Sinazo Mcatshulwa	23	-	-	-	-	-	-	-	-	-	>53'
21. Micke Günter	5	-	-	-	-	-	-	-	-	-	>49'
22. Rumandi Potgieter	8	-	-	-	-	-	-	-	-	-	>62'
23. Mary Zulu	4	-	-	-	-	-	-	-	-	-	>18'

Experience: 276 caps

Scotland - South Africa 31 - 17

Event WXV2 2023
Venue Danie Craven Stadium (Stellenbosch, South Africa)
Referee Natarsha Ganley (New Zealand)
WR Ranking South Africa: 12, Scotland: 9
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	11	-	-	-	-	-	-	-	-	-	
2. Lindelwa Gwala	25	-	-	-	-	-	-	-	-	-	
3. Babalwa Latsha	(C) 24	-	-	-	-	-	-	-	-	-	
4. Vainah Ubisi	6	-	-	-	-	-	-	-	-	-	
5. Danelle Lochner	7	-	-	-	-	-	-	-	-	-	
6. Lusanda Dumke	25	-	-	-	-	-	-	-	-	-	
7. Sinazo Mcatshulwa	24	-	-	-	-	-	-	-	-	-	
8. Aseza Hele	18	1	-	-	-	-	-	-	5	-	
9. Tayla Kinsey	28	-	-	-	-	-	-	-	-	-	
10. Libbie Janse van Rensburg	19	-	2	1	-	-	-	-	7	-	C65'
11. Shaunique Hess	2	-	-	-	-	-	-	-	-	-	
12. Piwokuhle Nyanda	5	-	-	-	-	-	-	-	-	-	
13. Veroeshka Grain	14	-	-	-	-	-	-	-	-	-	
14. Maceala Samboya	1	-	-	-	-	-	-	-	-	-	
15. Chuma Qawe	4	-	-	-	-	-	-	-	-	-	
16. Roseline Botes	13	1	-	-	-	-	-	-	5	-	T64' (maul try)
17. Yonela Ngxingolo	25	-	-	-	-	-	-	-	-	-	
18. Amber Schonert	3	-	-	-	-	-	-	-	-	-	
19. Nolusindiso Booii	37	-	-	-	-	-	-	-	-	-	
20. Catha Jacobs	12	-	-	-	-	-	-	-	-	-	
21. Micke Günter	6	-	-	-	-	-	-	-	-	-	
22. Rumandi Potgieter	9	-	-	-	-	-	-	-	-	-	
23. Mary Zulu	5	-	-	-	-	-	-	-	-	-	

Experience: 323 caps



Lineups 15s

Italy - South Africa
36 - 18

Event WXV2 2023
Venue Athlone Stadium (Cape Town, South Africa)
Referee Aurelie Groizeleau (France)
WR Ranking South Africa: 13, Italy: 8
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	12	-	-	-	-	-	-	-	-	-	
2. Micke Günter	7	-	-	-	-	-	-	-	-	-	
3. Babalwa Latsha	25	1	-	-	-	-	-	5	-	-	T10'
4. Nolusindiso Booi	38	-	-	-	-	-	-	-	-	-	
5. Danelle Lochner	8	-	-	-	-	-	-	-	-	-	
6. Lusanda Dumke	26	-	-	-	-	-	-	-	-	-	
7. Catha Jacobs	13	-	-	-	-	-	-	-	-	-	
8. Aseza Hele	19	-	-	-	-	-	-	-	Y	-	RC50' head to head tackle, 3 match suspension
9. Tayla Kinsey	29	-	-	-	-	-	-	-	-	-	
10. Libbie Janse van Rensburg	20	-	1	2	-	-	-	8	-	-	C10',P?' (first half), P48'
11. Shaunique Hess	3	-	-	-	-	-	-	-	-	-	
12. Piwokuhle Nyanda	6	-	-	-	-	-	-	-	-	-	
13. Veroeshka Grain	15	-	-	-	-	-	-	-	Y	-	YC15' High Tackle
14. Byrhandré Dolf	7	1	-	-	-	-	-	5	-	-	T59'
15. Chuma Qawe	5	-	-	-	-	-	-	-	-	-	
16. Luchell Hanekom	2	-	-	-	-	-	-	-	-	-	<60' Injury, uncontested scrums
17. Asithandile Ntoyanto	19	-	-	-	-	-	-	-	-	-	
18. Yonela Ngxingolo	26	-	-	-	-	-	-	-	-	-	
19. Vainah Ubisi	7	-	-	-	-	-	-	-	-	-	
20. Sinazo Mcatshulwa	25	-	-	-	-	-	-	-	-	-	
21. Nompumelelo Mathe	15	-	-	-	-	-	-	-	-	-	
22. Unam Tose	18	-	-	-	-	-	-	-	-	-	
23. Unathi Mali	2	-	-	-	-	-	-	-	-	-	

Experience: 347 caps



South Africa - Samoa
33-7

Event WXV2 2023
Venue Athlone Stadium (Cape Town, South Africa)
Referee Clara Munarini (Italy)
WR Ranking South Africa: 13, Samoa: 15
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	13	-	-	-	-	-	-	-	-	-	
2. Lindelwa Gwala	26	-	-	-	-	-	-	-	-	-	
3. Babalwa Latsha	(C) 26	-	-	-	-	-	-	-	-	-	
4. Nolusindiso Booii	39	-	-	-	-	-	-	-	-	-	
5. Danelle Lochner	9	-	-	-	-	-	-	-	-	-	
6. Lusanda Dumke	27	1	-	-	-	-	-	5	-	-	T40' (?)
7. Sinazo Mcatshulwa	26	-	-	-	-	-	-	-	-	-	
8. Catha Jacobs	14	1	-	-	-	-	-	5	-	-	T11'
9. Unam Tose	19	-	-	-	-	-	-	-	-	-	
10. Libbie Janse van Rensburg	21	3	4	-	-	-	-	23	-	-	T6', C6', T24', C24', T76' (?)
11. Unathi Mali	3	-	-	-	-	-	-	-	-	-	
12. Piwokuhle Nyanda	7	-	-	-	-	-	-	-	-	-	
13. Shaunique Hess	4	-	-	-	-	-	-	-	-	-	
14. Veroeshka Grain	16	-	-	-	-	-	-	-	-	-	
15. Byrhandré Dolf	8	-	-	-	-	-	-	-	-	-	
16. Roseline Botes	14	-	-	-	-	-	-	-	-	-	
17. Asithandile Ntoyanto	20	-	-	-	-	-	-	-	-	-	
18. Yonela Ngxingolo	27	-	-	-	-	-	-	-	-	-	
19. Vainah Ubisi	8	-	-	-	-	-	-	-	-	-	
20. Rights Mkhari	12	-	-	-	-	-	-	-	-	-	
21. Nompumelelo Mathe	16	-	-	-	-	-	-	-	-	-	
22. Rumandi Potgieter	10	-	-	-	-	-	-	-	-	-	
23. Chuma Qawe	6	-	-	-	-	-	-	-	-	-	

Experience: 371 caps



WXV2 Squad

Spain - South Africa
13-15

Event Springbok Tour to Europe
Venue Estadio Pepe Rojo (Valladolid, Spain)
Referee Precious Pazani (Zimbabwe)
WR Ranking South Africa: 13, Spain: 12
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
. Unknown or Team	-	N	-	-	-	-	1	7			PT71' collapsing maul
D 1. Xoliswa Khuzwayo	-										
2. Lindelwa Gwala	27		1	-	-	-	-	5	Y		T34', YC71' High Tackle
3. Babalwa Latsha	27										
4. Nolusindiso Booii	(C) 40										
5. Vainah Ubisi	9										
6. Sinelitha Noxeke	1										
7. Sinazo Mcatshulwa	27										
D 8. Anathi Qolo	-										
9. Tayla Kinsey	30										
10. Byrhandré Dolf	9										
11. Jacomina Cilliers	9			1				3			P77'
12. Piwokuhle Nyanda	8										
13. Veroeshka Grain	17										
14. Maceala Samboya	2										
15. Chuma Qawe	7										
16. Roseline Botes	15										
17. Sanelisiwe Charlie	14										
D 18. Aliyah Tchogna-Njamen	-										
19. Danelle Lochner	10										
D 20. Samantha Els	-										
21. Rumandi Potgieter	11										
22. Mary Zulu	6										
23. Aphwe Ngwevu	16										

Experience: 285 caps



2024-03-30 USA

Test Match 73 (L)

South Africa - United States 17-38

Event Springbok Tour to Europe
Venue Ealing Tariffinders Rugby Club (London, England)
Referee Holly Wood (England)
WR Ranking South Africa: 12, United States: 9
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Xoliswa Khuzwayo	1										
2. Lindelwa Gwala	28		1					5			T72'
3. Babalwa Latsha	28										
4. Nolusindiso Booi	41	(C)									
5. Vainah Ubisi	10										
6. Sinelitha Noxeke	2	N									D. Lochner started
7. Sinazo Mcatshulwa	28										
8. Aseza Hele	20		1					5			T66'
9. Tayla Kinsey	31										
10. Mary Zulu	7			1				2			
11. Jacomina Cilliers	10										
12. Piwokuhle Nyanda	9										
13. Veroeshka Grain	18										
14. Asiphe Mayaba	2										
15. Byrhandré Dolf	10		1					5			T80'
16. Roseline Botes	16										
17. Sanelisiwe Charlie	15										
18. Aliyah Tchogna-Njamen	1										
19. Danelle Lochner	11										Replaced S.Noxeke
20. Nomsa Mokwai	4										
21. Rumandi Potgieter	12										
22. Aphiwe Ngwevu	17										
23. Chuma Qawe	8										
24. Anathi Qolo	1										Replaced D.Lochner on Bench

Experience: 330 caps



Travel Squad 2024 Europe Tour

2024-05-04 CMR

Test Match 74 (W)

South Africa - Cameroon
55-0

Event Women's Africa Cup
Venue Stade Makis (Antananarivo, Madagascar)
Referee Julie Randriarimanana (Madagascar)
WR Ranking South Africa: 12, Cameroon: 31
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	16	-	-	-	-	-	-	-	-	-	
2. Lindelwa Gwala	29	3	-	-	-	-	-	15	-	-	T12', T26'
3. Aliyah Tchogna-Njamen	2	-	-	-	-	-	-	-	-	-	T51'
4. Nolusindiso Booii	(C) 42	-	-	-	-	-	-	-	-	-	
5. Nomsa Mokwai	5	-	-	-	-	-	-	-	-	-	
6. Nompumelelo Mathe	17	-	-	-	-	-	-	-	-	-	T33'
7. Samantha Els	1	-	-	-	-	-	-	-	-	-	
8. Sizophila Solontsi	18	-	-	-	-	-	-	-	-	-	
9. Rumandi Potgieter	13	-	-	-	-	-	-	-	-	-	
10. Mary Zulu	8	-	5	-	-	-	-	10	-	-	C13', C34', C52', C57', C67'
11. Maceala Samboya	3	3	-	-	-	-	-	15	-	-	T56', T60', T65'
12. Piwokuhle Nyanda	10	-	-	-	-	-	-	-	-	-	
13. Veroeshka Grain	19	1	-	-	-	-	-	5	-	-	
14. Nomawethu Mabenge	15	-	-	-	-	-	-	-	-	-	
15. Chuma Qawe	9	-	-	-	-	-	-	-	-	-	
16. Roseline Botes	17	-	-	-	-	-	-	-	-	-	
17. Xoliswa Khuzwayo	2	-	-	-	-	-	-	-	-	-	
18. Azisa Mkiva	6	-	-	-	-	-	-	-	-	-	
19. Vainah Ubisi	11	1	-	-	-	-	-	5	-	-	T46'
20. Lusanda Dumke	28	-	-	-	-	-	-	-	-	-	
21. Tayla Kinsey	32	-	-	-	-	-	-	-	-	-	
22. Aphiwe Ngwevu	18	1	-	-	-	-	-	5	-	-	T72'
23. Byrhandré Dolf	11	-	-	-	-	-	-	-	-	-	

Experience: 332 caps

2024-05-08 KEN

Test Match 75 (W)

South Africa - Kenya
63-5

Event Women's Africa Cup
Venue Stade Makis (Antananarivo, Madagascar)
Referee Adele Robert (Belgium)
WR Ranking South Africa: 12, Kenya: 23
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Xoliswa Khuzwayo	3	-	-	-	-	-	-	-	-	-	
2. Roseline Botes	18	-	-	-	-	-	-	-	-	-	
3. Azisa Mkiva	7	-	-	-	-	-	-	-	-	-	
4. Nolusindiso Booii	(C) 43	-	-	-	-	-	-	-	-	-	
5. Vainah Ubisi	12	1	-	-	-	-	-	5	-	-	T38'
6. Lusanda Dumke	29	1	-	-	-	-	-	5	-	-	T5'
7. Sinazo Mcatshulwa	29	-	-	-	-	-	-	-	-	-	
8. Sizophila Solontsi	19	-	-	-	-	-	-	-	-	-	
9. Tayla Kinsey	33	-	-	-	-	-	-	-	-	-	
10. Mary Zulu	9	-	-	-	-	-	-	-	-	-	
11. Sikholiwe Mdletshe	-	2	-	-	-	-	-	10	-	-	T16', T28'
12. Aphiwe Ngwevu	19	-	-	-	-	-	-	-	-	-	
13. Jacomina Cilliers	11	3	4	-	-	-	-	23	-	-	T20', C29', T31', C39', T50', C50', C62'
14. Nomawethu Mabenge	16	2	-	-	-	-	-	10	-	-	T43', T80'
15. Byrhandré Dolf	12	-	-	-	-	-	-	-	-	-	
16. Lindelwa Gwala	30	2	-	-	-	-	-	10	-	-	T61', T74'
17. Sanelisiwe Charlie	17	-	-	-	-	-	-	-	-	-	
18. Amber Schonert	4	-	-	-	-	-	-	-	-	-	
19. Nomsa Mokwai	6	-	-	-	-	-	-	-	-	-	
20. Nompumelelo Mathe	18	-	-	-	-	-	-	-	-	-	
21. Anathi Qolo	2	-	-	-	-	-	-	-	-	-	
22. Rumandi Potgieter	14	-	-	-	-	-	-	-	-	-	
23. Piwokuhle Nyanda	11	-	-	-	-	-	-	-	-	-	

Experience: 362 caps

Lineups 15s

2024-05-12 MAD

Test Match 76 (W)

Madagascar - South Africa 17-46

Event Women's Africa Cup
Venue Stade Makis (Antananarivo, Madagascar)
Referee Melissa Leboeuf (France)
WR Ranking South Africa: 12, Madagascar: 26
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	18	-	-	-	-	-	-	-	-	-	
2. Lindelwa Gwala	31	-	-	-	-	-	-	-	-	-	
3. Azisa Mkiva	8	-	-	-	-	-	-	-	-	-	
4. Nolusindiso Booii	44	(C)	-	-	-	-	-	-	-	-	
5. Vainah Ubisi	13	-	-	-	-	-	-	-	-	-	
6. Lusanda Dumke	30	2	-	-	-	-	10	-	-	-	T15', T45'
7. Sinazo Mcatshulwa	30	-	-	-	-	-	-	-	-	-	
8. Sizophila Solontsi	20	-	-	-	-	-	-	-	-	-	
9. Tayla Kinsey	34	-	-	-	-	-	-	Y	-	-	YC34'
10. Mary Zulu	10	-	-	-	-	-	-	-	-	-	
11. Sikholiwe Mdletshe	1	2	-	-	-	-	10	-	-	-	T21', T24'
12. Aphiwe Ngwevu	20	-	-	-	-	-	-	-	-	-	
13. Jacomina Cilliers	12	2	3	-	-	-	16	-	-	-	C11', T39', C47', T64', C66'
14. Veroeshka Grain	20	1	-	-	-	-	5	-	-	-	T10'
15. Byrhandré Dolf	13	-	-	-	-	-	-	-	-	-	
16. Amber Schonert	5	-	-	-	-	-	-	-	-	-	
17. Xoliswa Khuzwayo	4	-	-	-	-	-	-	-	-	-	
18. Asithandile Ntoyanto	21	1	-	-	-	-	5	-	-	-	T72'
19. Nomsa Mokwai	7	-	-	-	-	-	-	-	-	-	
20. Nompumelelo Mathe	19	-	-	-	-	-	-	-	-	-	
21. Anathi Qolo	3	-	-	-	-	-	-	-	-	-	
22. Rumandi Potgieter	15	-	-	-	-	-	-	-	-	-	
23. Chuma Qawe	10	-	-	-	-	-	-	-	-	-	

Experience: 388 caps



Lineups 15s

South Africa - Barbarians Women 59 - 17

Event WXV2 2024 Preparations
Venue DHL Stadium Cape Town (Cape Town, South Africa)
Referee Zoë Naudé (South Africa)
WR Ranking South Africa: 12, Barbarians Women: -
Remark curtain raiser Springbok Men-All Blacks (The Rugby Championship)

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	19	-	-	-	-	-	-	-	-	-	
2. Lindelwa Gwala	32	1	-	-	-	-	-	5	-	-	
3. Babalwa Latsha	29	-	-	-	-	-	-	-	-	-	
4. Nolusindiso Booi	(C) 45	-	-	-	-	-	-	-	-	-	
5. Vainah Ubisi	14	1	-	-	-	-	-	5	-	-	Player of the Match
6. Sizophila Solontsi	21	-	-	-	-	-	-	-	Y	-	YC for dangerous clean out of the ruck
7. Sinazo Mcatshulwa	31	1	-	-	-	-	-	5	-	-	
8. Aseza Hele	21	1	-	-	-	-	-	5	-	-	
9. Tayla Kinsey	35	-	-	-	-	-	-	-	-	-	
10. Nadine Roos	11	1	-	-	-	-	-	5	-	-	
11. Ayanda Malinga	8	2	-	-	-	-	-	10	-	-	
12. Chumisa Qawe	15	-	-	-	-	-	-	-	-	-	
13. Eloise Webb	10	-	-	-	-	-	-	-	-	-	
14. Jacomina Cilliers	13	-	7	-	-	-	-	14	Y	-	YC upright tackle on Lydia Thompson
15. Byrhandré Dolf	14	-	-	-	-	-	-	-	-	-	
16. Micke Günter	8	-	-	-	-	-	-	-	-	-	
17. Yonela Ngxingolo	28	1	-	-	-	-	-	5	-	-	
18. Azisa Mkiva	9	-	-	-	-	-	-	-	-	-	
19. Danelle Lochner	12	-	-	-	-	-	-	-	-	-	
20. Sinelitha Noxeke	2	-	-	-	-	-	-	-	-	-	
21. Felicia Jacobs	5	1	-	-	-	-	-	5	-	-	
22. Libbie Janse van Rensburg	22	-	-	-	-	-	-	-	-	-	
23. Zintle Mpupha	20	-	-	-	-	-	-	-	-	-	

Experience: 424 caps



Together with the Barbarians Team

South Africa - Spain
36 - 19

Event WXV2 2024 Preparations
Venue DHL Stadium Cape Town (Cape Town, South Africa)
Referee Zoë Naudé (South Africa)
WR Ranking South Africa: 12, Spain: 13
Remark

	C	P	T	R	C	V	P	N	D	G	P	T	S	Y	R	Remark
1. Sanelisiwe Charlie	19	-	-	-	-	-	-	-	-	-	-	-	-	Y		YC6' off site / too many team errors
2. Lindelwa Gwala	32	2	-	-	-	-	-	-	-	-	-	-	10			T34', T54'
3. Azisa Mkiya	9	-	-	-	-	-	-	-	-	-	-	-	-			
4. Nolusindiso Booi	45	-	-	-	-	-	-	-	-	-	-	-	-			
5. Vainah Ubisi	14	1	-	-	-	-	-	-	-	-	-	-	5			T71'
6. Sizophila Solontsi	21	-	-	-	-	-	-	-	-	-	-	-	-			
7. Sinazo Mcatshulwa	31	-	-	-	-	-	-	-	-	-	-	-	-			
8. Aseza Hele	21	1	-	-	-	-	-	-	-	-	-	-	5			T22' Player of the Match
9. Tayla Kinsey	35	-	-	-	-	-	-	-	-	-	-	-	-			
10. Nadine Roos	11	-	-	-	-	-	-	-	-	-	-	-	-			
11. Shaunique Hess	5	1	-	-	-	-	-	-	-	-	-	-	5			T75' initially Malinga slected for 11
12. Chumisa Qawe	15	-	-	-	-	-	-	-	-	-	-	-	-			
13. Eloise Webb	10	-	-	-	-	-	-	-	-	-	-	-	-			
14. Jacomina Cilliers	13	-	3	-	-	-	-	-	-	-	-	-	6			C35', C55', C72'
15. Libbie Janse van Rensburg	22	1	-	-	-	-	-	-	-	-	-	-	5			T60'
16. Roseline Botes	19	-	-	-	-	-	-	-	-	-	-	-	-			
17. Yonela Ngxingolo	28	-	-	-	-	-	-	-	-	-	-	-	-			
18. Babalwa Latsha	29	-	-	-	-	-	-	-	-	-	-	-	-			
19. Danelle Lochner	12	-	-	-	-	-	-	-	-	-	-	-	-			
20. Catha Jacobs	15	-	-	-	-	-	-	-	-	-	-	-	-			
21. Felicia Jacobs	5	-	-	-	-	-	-	-	-	-	-	-	-			
22. Zintle Mpupha	20	-	-	-	-	-	-	-	-	-	-	-	-			
23. Aphwe Ngwevu	21	-	-	-	-	-	-	-	-	-	-	-	-			

Experience: 452 caps



Lineups 15s

2024-09-27 JPN

Test Match 78 (W)

South Africa - Japan

31 - 24

Event WXV2 2024
Venue DHL Stadium Cape Town (Cape Town, South Africa)
Referee Maria Latos (Germany)
WR Ranking South Africa: 12, Japan: 11
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	20		1	-	-	-	-	5			T37', <57'
2. Roseline Botes	20		-	-	-	-	-				<57'
3. Babalwa Latsha	30		-	-	-	-	-				<57'
4. Nolusindiso Booi	(C) 46		-	-	-	-	-				<57'
5. Vainah Ubisi	15		1	-	-	-	-	5	Y		T58', YC78' cynical *) See footnote
6. Sizophila Solontsi	22		-	-	-	-	-				<57'
7. Sinazo Mcatshulwa	32		-	-	-	-	-				
8. Aseza Hele	22		1	-	-	-	-	5			T13', <72'
9. Tayla Kinsey	36		-	-	-	-	-				<72'
10. Nadine Roos	12		-	-	-	-	-				
11. Ayanda Malinga	8		1	-	-	-	-	5			T45'
12. Chumisa Qawe	16		1	-	-	-	-	5			T25'
13. Eloise Webb	11		-	3	-	-	-	6			<62'
14. Jacomina Cilliers	14		-	-	-	-	-				
15. Libbie Janse van Rensburg	23		-	-	-	-	-				
16. Micke Günter	8		-	-	-	-	-				>57'
17. Yonela Ngxingolo	29		-	-	-	-	-				>57'
18. Azisa Mkiva	10		-	-	-	-	-				>57'
19. Danelle Lochner	13		-	-	-	-	-				>57'
20. Catha Jacobs	16		-	-	-	-	-				>57'
21. Anathi Qolo	4		-	-	-	-	-				>72'
22. Unam Tose	20		-	-	-	-	-				>72'
23. Zintle Mpupha	21		-	-	-	-	-				>62'

*) Not 10 meters (?) after tap and go by Japan
 Experience: 448 caps

2024-10-05 AUS

Test Match 79 (L)

South Africa - Australia

26-33

Event WXV2 2024
Venue Athlone Stadium (Cape Town, South Africa)
Referee Precious Pazani (Zimbabwe)
WR Ranking South Africa: 11, Australia: 7
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	21	-	-	-	-	-	-	-	-	-	<54'
2. Roseline Botes	21	-	-	-	-	-	-	-	-	-	<54'
3. Babalwa Latsha	31	-	-	-	-	-	-	-	-	-	<54'
4. Danelle Lochner	14	-	-	-	-	-	-	-	-	-	<54'
5. Vainah Ubisi	16	-	-	-	-	-	-	-	-	-	
6. Lusanda Dumke	(C) 31	-	-	-	-	-	-	-	-	-	
7. Sinazo Mcatshulwa	33	1	-	-	-	-	-	5	-	-	T31', <67'
8. Aseza Hele	23	-	-	-	-	-	-	-	-	-	<54'
9. Unam Tose	21	1	-	-	-	-	-	5	-	-	T10', <61'
10. Nadine Roos	13	-	3	-	-	-	-	6	-	-	
11. Ayanda Malinga	9	-	-	-	-	-	-	-	-	-	
12. Chumisa Qawe	17	-	-	-	-	-	-	-	-	-	
13. Zintle Mpupha	22	1	-	-	-	-	-	5	-	-	T74'
14. Jacomina Cilliers	15	-	-	-	-	-	-	-	-	-	<9', did not pass HIA
15. Eloise Webb	12	-	-	-	-	-	-	-	-	-	
16. Micke Günter	9	1	-	-	-	-	-	5	-	-	>54'
17. Yonela Ngxingolo	30	-	-	-	-	-	-	-	-	-	>54'
18. Azisa Mkiva	11	-	-	-	-	-	-	-	-	-	>54'
19. Nolusindiso Booi	47	-	-	-	-	-	-	-	-	-	>54'
20. Catha Jacobs	17	-	-	-	-	-	-	-	-	-	>67'
21. Sizophila Solontsi	23	-	-	-	-	-	-	-	-	-	>54'
22. Felicia Jacobs	6	-	-	-	-	-	-	-	-	-	>61'
23. Byrhandré Dolf	14	-	-	-	-	-	-	-	-	-	>9'

Experience: 456 caps



Singing of the National Anthem

South Africa - Italy
19-23

Event WXV2 2024
Venue Athlone Stadium (Cape Town, South Africa)
Referee Precious Pazani (Zimbabwe)
WR Ranking South Africa: 12, Italy: 9
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Yonela Ngxingolo	31	-	-	-	-	-	-	-			<45'
2. Lindelwa Gwala	33	-	-	-	-	-	-	-			<46'
3. Babalwa Latsha	32	1	-	-	-	-	-	5			T11', <46', >73'
4. Nolusindiso Booii	(C) 48	-	-	-	-	-	-	-			<45'
5. Vainah Ubisi	17	-	-	-	-	-	-	-			<46'
6. Lusanda Dumke	32	-	-	-	-	-	-	-			<38'
7. Catha Jacobs	18	-	-	-	-	-	-	-			
8. Sizophila Solontsi	24	-	-	-	-	-	-	-			
9. Tayla Kinsey	37	-	-	-	-	-	-	-			<45'
10. Nadine Roos	14	-	2	-	-	-	-	4			
11. Ayanda Malinga	10	1	-	-	-	-	-	5			T52'
12. Chumisa Qawe	18	-	-	-	-	-	-	-	Y		YC14' high tackle
13. Zintle Mpupha	23	-	-	-	-	-	-	-			
14. Nomawethu Mabenge	17	-	-	-	-	-	-	-			
15. Eloise Webb	13	-	-	-	-	-	-	-			<65'
16. Micke Günter	10	-	-	-	-	-	-	-			>46'
17. Sanelisiwe Charlie	22	-	-	-	-	-	-	-			>45'
D 18. Nombuyekezo Mdliki	-	-	-	-	-	-	-	-			>46', <73'
19. Danelle Lochner	15	-	-	-	-	-	-	-			>46'
20. Sinazo Mcatshulwa	34	-	-	-	-	-	-	-			>45'
21. Aseza Hele	24	1	-	-	-	-	-	5			>38', T48'
22. Unam Tose	22	-	-	-	-	-	-	-	Y		>45', YC63' reckless tackle(high tackle)
23. Byrhandré Dolf	15	-	-	-	-	-	-	-			>65'

Experience: 509 caps



2025-04-12 END

Other Match 23 (W)

South Africa - England Development Team

50 - 17

Event European Tour - RWC Preparations
Venue Centre National du Rugby/FFR HQ (Marcoussis, France)
Referee - (-)
WR Ranking South Africa: 12, England Development Team: -
Remark England U20 and U23

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Yonela Ngxingolo	32	-	-	-	-	-	-	-	-	-	
2. Luchell Hanekom	3	1	-	-	-	-	-	5	-	-	
3. Azisa Mkiya	12	-	-	-	-	-	-	-	-	-	
4. Danelle Lochner	16	-	-	-	-	-	-	-	-	-	
5. Nomsa Mokwai	8	-	-	-	-	-	-	-	-	-	
6. Faith Ntsako Tshauke	-	-	-	-	-	-	-	-	-	-	
7. Lerato Makua	10	-	-	-	-	-	-	-	-	-	
8. Aseza Hele	25	1	-	-	-	-	-	5	-	-	
9. Alicia Willemse	-	-	-	-	-	-	-	-	-	-	
10. Mary Zulu	11	-	-	-	-	-	-	-	-	-	
11. Maceala Samboya	4	1	-	-	-	-	-	5	-	-	
12. Aphiwe Ngwevu	22	-	-	-	-	-	-	-	-	-	
13. Eloise Webb	(C) 14	-	-	-	-	-	-	-	-	-	
14. Jacomina Cilliers	16	2	5	-	-	-	-	20	-	-	
15. Byrhandré Dolf	16	-	-	-	-	-	-	-	-	-	
16. Xolelwa Diliza	-	1	-	-	-	-	-	5	-	-	
17. Nombuyezeko Mdliki	1	1	-	-	-	-	-	5	-	-	
18. Sanelisiwe Charlie	23	-	-	-	-	-	-	-	-	-	
19. Anathi Qolo	5	-	-	-	-	-	-	-	-	-	
20. Sinazo Mcatshulwa	35	-	-	-	-	-	-	-	-	-	
21. Catha Jacobs	19	-	-	-	-	-	-	-	-	-	
22. Unam Tose	23	-	-	-	-	-	-	-	-	-	
23. Tayla Kinsey	38	-	-	-	-	-	-	-	-	-	
24. Libbie Janse van Rensburg	24	-	-	-	-	-	-	-	-	-	
25. Chumisa Qawe	19	1	-	-	-	-	-	5	-	-	

Experience: 376 caps

Spain - South Africa
26 - 48

Event European Tour - RWC Preparations
Venue Campo de Rugby Amoros Palao (Elche, Spain)
Referee Holly Wood (England)
WR Ranking South Africa: 12, Spain: 13
Remark

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	23	-	-	-	-	-	-	-	-	-	<58'
2. Lindelwa Gwala	34	1	-	-	-	-	-	5	-	-	T28', <58'
3. Babalwa Latsha	33	-	-	-	-	-	-	-	-	-	<58'
4. Nolusindiso Booi	(C) 49	-	-	-	-	-	-	-	-	-	<51'
5. Anathi Qolo	5	-	-	-	-	-	-	-	-	-	
6. Sizophila Solontsi	25	-	-	-	-	-	-	-	-	-	Player of the Match
7. Sinazo Mcatshulwa	35	1	-	-	-	-	-	5	-	-	T8'
8. Aseza Hele	25	2	-	-	-	-	-	10	-	-	T24', T40', <51'
9. Tayla Kinsey	38	1	-	-	-	-	-	5	-	-	T57', <58'
10. Libbie Janse van Rensburg	24	1	-	-	-	-	-	5	-	-	T47'
11. Ayanda Malinga	11	-	-	-	-	-	-	-	-	-	<65'
12. Aphwe Ngwevu	22	-	-	-	-	-	-	-	-	-	<58'
13. Chumisa Qawe	19	-	-	-	-	-	-	-	-	-	
14. Jacomina Cilliers	16	1	4	-	-	-	-	13	-	-	C10', C25', T33', C33', C58'
15. Nadine Roos	15	-	-	-	-	-	-	-	-	-	
16. Luchell Hanekom	3	-	-	-	-	-	-	-	-	-	>58'
17. Yonela Ngxingolo	32	1	-	-	-	-	-	5	-	-	>58', T64'
18. Azisa Mkiya	12	-	-	-	-	-	-	-	-	-	>58'
19. Danelle Lochner	16	-	-	-	-	-	-	-	-	-	>51'
20. Catha Jacobs	19	-	-	-	-	-	-	-	-	-	>51'
D 21. Alicia Willemse	-	-	-	-	-	-	-	-	Y	-	>58', YC80' Late Tackle?
22. Eloise Webb	14	-	-	-	-	-	-	-	-	-	>58'
23. Byrhandré Dolf	16	-	-	-	-	-	-	-	-	-	>65'

Experience: 486 caps



**South Africa - Uganda
62-7**

Event Women's Africa Cup
Venue Stade Makis (Antananarivo, Madagascar)
Referee Bineta Sene (Senegal)
WR Ranking South Africa: 12, Uganda: 33
Remark Coaches: B.Nhleko & F.September. (S.de Bruin & L.Johannes-Haupt stayed in SA with rest of squad)

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Xoliswa Khuzwayo	5	-	-	-	-	-	-	-	-	-	<67'
2. Luchell Hanekom	4	-	-	-	-	-	-	-	-	-	<52'
3. Nombuyekezo Mliki	1	-	-	-	-	-	-	-	-	-	<52'
4. Nomsa Mokwai	8	-	-	-	-	-	-	-	-	-	
5. Anathi Qolo	6	-	-	-	-	-	-	-	-	-	<52'
D 6. Anushka Groenewald	-	-	-	-	-	-	-	-	-	-	T5'
7. Lerato Makua	10	2	-	-	-	-	-	10	-	-	T38'
D 8. Faith Ntsako Tshauke	-	2	-	-	-	-	-	10	-	-	T17', T42', <64'
9. Unam Tose	23	-	1	-	-	-	-	2	-	-	
10. Mary Zulu	11	-	4	-	-	-	-	8	-	-	C5', C25', C43', C48', <61'
D 11. Patience Mokone	-	2	-	-	-	-	-	10	-	-	T47', T71'
12. Aphiwe Ngwevu	23	1	-	-	-	-	-	5	-	-	T64'
13. Chuma Qawe	11	-	-	-	-	-	-	-	-	-	<62'
14. Simamkele Namba	11	1	-	-	-	-	-	5	Y	-	T10', YC57', C70', High Tackle
15. Byrhandré Dolf	17	1	1	-	-	-	-	7	-	-	C64', T24'
16. Roseline Botes	22	-	-	-	-	-	-	-	-	-	>52'
D 17. Anuschka Ekron	-	-	-	-	-	-	-	-	-	-	>52'
D 18. Sinothile Bhengu	-	1	-	-	-	-	-	5	-	-	>67', T69'
D 19. Dineo Ndlhovu	-	-	-	-	-	-	-	-	-	-	>52'
D 20. Nobuhle Mjwara	-	-	-	-	-	-	-	-	-	-	>62'
21. Felicia Jacobs	7	-	-	-	-	-	-	-	-	-	>61', <67'
D 22. Leigh Fortuin	-	-	-	-	-	-	-	-	-	-	>62'
23. Nomawethu Mabenge	18	-	-	-	-	-	-	-	-	-	>67'

Experience: 177 caps



Lineups 15s

2025-06-11 KEN

Test Match 83 (W)

South Africa - Kenya 19-12

Event Women's Africa Cup
Venue Stade Makis (Antananarivo, Madagascar)
Referee Julie Randriarimanana (Madagascar)
WR Ranking South Africa: 12, Kenya: 20
Remark Coaches: B.Nhleko & F.September. (S.de Bruin & L.Johannes-Haupt stayed in SA with rest of squad)

	C	P	P	T	R	C	V	P	N	D	G	P	T	P	T	S	Y	R	Remark
1. Xoliswa Khuzwayo		6															Y		<68', YC15' *) See footnote
2. Luchell Hanekom		5																	<57'
3. Nombuyekozo Mliki		2																	<68'
4. Nomsa Mokwai		9																	
5. Anathi Qolo	(C)	7																	<48'
6. Anushka Groenewald		1																	<57'
7. Lerato Makua		11		1															T35'
8. Faith Ntsako Tshauke		1																	
9. Unam Tose		24																	
10. Mary Zulu		12			2														C4', C68'
11. Patience Mokone		1																	
12. Aphiwe Ngwevu		24		1															T4', <54'
13. Chuma Qawe		12																	<57'
14. Simamkele Namba		12															Y		YC80' Not 10 meters
15. Byrhandré Dolf		18																	
16. Roseline Botes		23																	>57'
17. Anuschka Ekron		1																	>68'
18. Sinothile Bhengu		1																	>68'
19. Dineo Ndlhovu		1																	>48'
20. Nobuhle Mjwara		1		1															>57', T68'
21. Nompumelelo Mathe		20																	>57'
22. Felicia Jacobs		8																	>54'
23. Leigh Fortuin		1																	>57'

*) Yellow Card for not rolling away (Too many team errors)
 Experience: 201 caps



**South Africa - Madagascar
61 - 17**

Event Women's Africa Cup
Venue Stade Makis (Antananarivo, Madagascar)
Referee Ronald Wutimber (Kenya)
WR Ranking South Africa: 12, Madagascar: 26
Remark Coaches: B.Nhleko & F.September. (S.de Bruin & L.Johannes-Haupt stayed in SA with rest of squad)

	C	P	S	P	T	R	C	V	P	N	D	G	P	T	P	T	S	Y	R	Remark
1. Xoliswa Khuzwayo		7																		<60'
2. Luchell Hanekom		6																		<51'
3. Nombuyekezo Mdliki		3																Y		YC57', <66'
4. Nomsa Mokwai		10																		<51'
5. Anathi Qolo	(C)	8																		
6. Faith Ntsako Tshauke		2		1												5				T2', <60'
7. Nobuhle Mjwara		2																		
8. Lerato Makua		12																		
9. Unam Tose		25		1												5				T47'
10. Mary Zulu		13			7											14				C3', C10', ... *) See footnote
11. Patience Mokone		2		2												10				T9', T26'
12. Aphiwe Ngwevu		25		2												10				T41', T76'
13. Leigh Fortuin		2																Y		YC80' High Tackle
14. Simamkele Namba		13																		<54'
15. Byrhandré Dolf		19		2												10				T21', T38', <66'
16. Anushka Groenewald		2																		>51'
17. Anuschka Ekron		2																		>60'
18. Sinothile Bhengu		2																		>66'
19. Ziyanda Ngohlekana		2																		>51'
20. Nompumelelo Mathe		21																		>60'
21. Felicia Jacobs		9																		>66'
22. Chuma Qawe		13			1											2				>66', C77'
23. Nomawethu Mabenge		19		1												5				>54', T62'

*) C22', C27', C39', C41', C48' Player of the Match and Tournament
 Experience: 219 caps



Lineups 15s

2025-07-05 CAN

Test Match 85 (L)

South Africa - Canada

20-50

Event Castle Lager Incoming Series
Venue Loftus Versfeld Stadium (Pretoria, South Africa)
Referee Clara Munarini (Italy)
WR Ranking South Africa: 12, Canada: 2
Remark Curtain Raiser Springbok Men-Italy

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	24	-	-	-	-	-	-	-	-	-	<49'
2. Micke Günter	11	-	-	-	-	-	-	-	-	-	<49'
3. Babalwa Latsha	34	-	-	-	-	-	-	-	-	-	<59'
4. Nolusindiso Booi	(C) 50	-	-	-	-	-	-	-	-	-	<49', 22nd time captain
5. Danelle Lochner	17	-	-	-	-	-	-	-	-	-	
6. Sizophila Solontsi	26	1	-	-	-	-	-	5	-	-	T69'
7. Sinazo Mcatshulwa	36	-	-	-	-	-	-	-	-	-	<49'
8. Aseza Hele	26	-	-	-	-	-	-	-	-	-	<51'
9. Tayla Kinsey	39	-	-	-	-	-	-	-	-	-	<49'
10. Libbie Janse van Rensburg	25	-	-	-	-	-	-	-	-	-	
11. Ayanda Malinga	12	-	-	-	-	-	-	-	-	-	
12. Chumisa Qawe	20	-	-	-	-	-	-	-	-	-	<49'
13. Zintle Mpupha	24	-	-	-	-	-	-	-	-	-	
14. Jacomina Cilliers	17	1	1	1	-	-	-	10	-	-	C14', T43', C43'
15. Nadine Roos	16	-	-	-	-	-	-	-	-	-	
16. Luchell Hanekom	7	-	-	-	-	-	-	-	-	-	>49'
17. Yonela Ngxingolo	33	-	-	-	-	-	-	-	-	-	>49'
18. Nombuyekezo Mdliki	4	-	-	-	-	-	-	-	-	-	>59'
19. Nomsa Mokwai	11	-	-	-	-	-	-	-	-	-	>49'
20. Lerato Makua	13	-	-	-	-	-	-	-	-	-	>49'
21. Catha Jacobs	20	-	-	-	-	-	-	-	-	-	>51'
22. Byrhandré Dolf	20	1	-	-	-	-	-	5	-	-	>49', T61'
23. Eloise Webb	15	-	-	-	-	-	-	-	-	-	>49'

Experience: 500 caps



2025-07-12 CAN

Test Match 86 (L)

South Africa - Canada 5-33

Event Castle Lager Incoming Series
Venue Nelson Mandela Bay Stadium (Gqeberha, South Africa)
Referee Precious Pazani (Zimbabwe)
WR Ranking South Africa: 12, Canada: 2
Remark Curtain Raiser Springbok Men-Italy

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	25	-	-	-	-	-	-	-			<45'
2. Micke Günter	12	-	-	-	-	-	-	-			<65'
3. Babalwa Latsha	35	-	-	-	-	-	-	-			<65'
4. Nolusindiso Boo	51	(C)	-	-	-	-	-	-			<46'
5. Danelle Lochner	18	-	-	-	-	-	-	-			
6. Sizophila Solontsi	27	-	-	-	-	-	-	-			
7. Catha Jacobs	21	-	-	-	-	-	-	-			
8. Aseza Hele	27	-	-	-	-	-	-	-			<58'
9. Nadine Roos	17	-	-	-	-	-	-	-			
10. Eloise Webb	16	-	-	-	-	-	-	-			<55'
11. Ayanda Malinga	13	1	-	-	-	-	-	5			T44', <65'
12. Libbie Janse van Rensburg	26	-	-	-	-	-	-	-			
13. Zintle Mpupha	25	-	-	-	-	-	-	-			
14. Jacomina Cilliers	18	-	-	-	-	-	-	-	Y		YC73' Deliberate knock on
15. Byrhandré Dolf	21	-	-	-	-	-	-	-			
16. Luchell Hanekom	8	-	-	-	-	-	-	-			>65'
17. Yonela Ngxingolo	34	-	-	-	-	-	-	-			>45'
18. Azisa Mkiva	13	-	-	-	-	-	-	-			>65'
19. Nomsa Mokwai	12	-	-	-	-	-	-	-			>45'
20. Sinazo Mcatshulwa	37	-	-	-	-	-	-	-			>46'
21. Lerato Makua	14	-	-	-	-	-	-	-			>58'
22. Unam Tose	26	-	-	-	-	-	-	-			>65'
23. Chumisa Qawe	21	-	-	-	-	-	-	-			>55'

Experience: 517 caps



Together with the Men's team

2025-07-26 NZX

Other Match 24 (L)

South Africa - Black Ferns XV (NZL Development) 26-34

Event Friendly
Venue Athlone Stadium (Cape Town, South Africa)
Referee Zoë Naudé (South Africa)
WR Ranking South Africa: 12, Black Ferns XV (NZL Development): -
Remark Black Ferns XV

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	26	-	-	-	-	-	-	-			<46'
2. Micke Günter	13	-	-	-	-	-	-	-			<46', >74'
3. Babalwa Latsha	(C) 36	1	-	-	-	-	-	5			T50', <61'
4. Vainah Ubisi	18	-	-	-	-	-	-		Y		YC21', <46' synical offsite tackle
5. Anathi Qolo	9	-	-	-	-	-	-				
6. Faith Ntsako Tshauke	3	-	-	-	-	-	-				
7. Lerato Makua	15	-	-	-	-	-	-				
8. Aseza Hele	28	2	-	-	-	-	-	10			T18', T30', <59'
9. Tayla Kinsey	40	-	-	-	-	-	-				<46'
10. Libbie Janse van Rensburg	27	-	-	-	-	-	-				<63'
11. Maceala Samboya	4	-	-	-	-	-	-				
12. Chumisa Qawe	22	-	-	-	-	-	-				
13. Eloise Webb	17	-	-	-	-	-	-				
14. Jacomina Cilliers	19	-	3	-	-	-	-	6			YC36', <50' deliberate knock on C18', C51', C77'
15. Nadine Roos	18	-	-	-	-	-	-				
16. Roseline Botes	24	-	-	-	-	-	-				>46', <74'
17. Yonela Ngxingolo	35	-	-	-	-	-	-				>46'
18. Nombuyekezo Mdliki	5	1	-	-	-	-	-	5			>61', T77'
19. Sinazo Mcatshulwa	38	-	-	-	-	-	-				>46'
20. Catha Jacobs	22	-	-	-	-	-	-				>59'
21. Mary Zulu	14	-	-	-	-	-	-				>46'
22. Aphwe Ngwevu	26	-	-	-	-	-	-				>63'
23. Zintle Mpupha	26	-	-	-	-	-	-				>50'

Experience: 485 caps



Lineups 15s

2025-08-02 NZX

Other Match 25 (W)

**South Africa - Black Ferns XV (NZL Development)
41 - 24**

Event Friendly
Venue Athlone Stadium (Cape Town, South Africa)
Referee Aimee Barrett-Theron (South Africa)
WR Ranking South Africa: 12, Black Ferns XV (NZL Development): -
Remark Black Ferns XV

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Yonela Ngxingolo	35		1	-	-	-	-	5			T36', <68'
2. Lindelwa Gwala	35		1	-	-	-	-	5			T52', <63'
3. Babalwa Latsha	36	(C)	-	-	-	-	-				<63'
4. Vainah Ubisi	18		-	-	-	-	-				
5. Danelle Lochner	19		-	-	-	-	-				<59'
6. Lerato Makua	15		1	-	-	-	-	5			T61', Player of the Match
7. Sinazo Mcatshulwa	38		-	-	-	-	-				
8. Aseza Hele	28		-	-	-	-	-				<63'
9. Nadine Roos	18		-	-	-	-	-				
10. Libbie Janse van Rensburg	27		1	3	-	-	-	11			C16', T33', C37', C63'
11. Ayanda Malinga	14		1	-	-	-	-	5			T13'
12. Aphwe Ngwevu	26		-	-	-	-	-				
13. Zintle Mpupha	26		-	-	-	-	-				<68'
14. Maceala Samboya	4		-	-	-	-	-				<44'
15. Byrhandré Dolf	22		1	-	-	-	-	5			T15'
16. Luchell Hanekom	9		1	-	-	-	-	5			>63', T75'
17. Xoliswa Khuzwayo	8		-	-	-	-	-				>68'
18. Nombuyekezo Mliki	5		-	-	-	-	-				>63'
19. Anathi Qolo	9		-	-	-	-	-				>59'
20. Catha Jacobs	22		-	-	-	-	-				>63'
21. Unam Tose	27		-	-	-	-	-				>63'
22. Jacomina Cilliers	19		-	-	-	-	-				>44'
23. Eloise Webb	17		-	-	-	-	-				>68'

Experience: 477 caps



Lineups 15s

South Africa - Brazil 66-6

Event Women's Rugby World Cup 2025
Venue Franklin's Gardens (Northampton, England)
Referee Hollie Davidson (Scotland)
WR Ranking South Africa: 12, Brazil: 25
Remark Pool D

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	26	-	-	-	-	-	-	-	-	-	<50'
2. Lindelwa Gwala	35	-	-	-	-	-	-	-	-	-	<50'
3. Babalwa Latsha	36	-	-	-	-	-	-	-	-	-	<50'
4. Nolusindiso Booi	52	(C)	-	-	-	-	-	-	-	-	<50'
5. Danelle Lochner	19	-	-	-	-	-	-	-	-	-	
6. Sizophila Solontsi	28	-	-	-	-	-	-	-	-	-	<50'
7. Sinazo Mcatshulwa	38	-	-	-	-	-	-	-	-	-	
8. Aseza Hele	28	3	-	-	-	-	-	15	-	-	T8', T30', T43' <50'
9. Nadine Roos	18	1	-	-	-	-	-	5	-	-	T3', <50'
10. Libbie Janse van Rensburg	27	2	-	-	-	-	-	10	-	-	T48', T52'
11. Ayanda Malinga	14	2	-	-	-	-	-	10	-	-	T41', T75'
12. Aphwe Ngwevu	26	1	-	-	-	-	-	5	-	-	T62', Player of the Match
13. Zintle Mpupha	26	-	-	-	-	-	-	-	-	-	
14. Maceala Samboya	4	-	-	-	-	-	-	-	-	-	<50'
15. Byrhandré Dolf	22	-	8	-	-	-	-	16	-	-	C3', C31', C42', 49', C53', C76', C80'
16. Micke Günter	13	-	-	-	-	-	-	-	-	-	>50'
17. Yonela Ngxingolo	35	-	-	-	-	-	-	-	-	-	>50'
18. Nombuyekezo Mdliki	5	-	-	-	-	-	-	-	-	-	>50'
19. Vainah Ubisi	18	-	-	-	-	-	-	-	-	-	>50'
20. Lerato Makua	15	1	-	-	-	-	-	5	-	-	>50', T79'
21. Catha Jacobs	22	-	-	-	-	-	-	-	-	-	>50'
22. Unam Tose	27	-	-	-	-	-	-	-	-	-	>50'
23. Jacomina Cilliers	19	-	-	-	-	-	-	-	-	-	>50'

Experience: 553 caps



**Italy - South Africa
24-29**

Event Women's Rugby World Cup 2025
Venue York Community Stadium (York, England)
Referee Ella Goldsmith (Australia)
WR Ranking South Africa: 12, Italy: 8
Remark Pool D - Qualified for a RWC Quarter final for the first time ever

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	27	-	-	-	-	-	-	-	-	-	<50'
2. Lindelwa Gwala	36	-	-	-	-	-	-	-	-	-	<70'
3. Babalwa Latsha	37	-	-	-	-	-	-	-	-	-	<71'
4. Nolusindiso Booii	53	(C)	-	-	-	-	-	-	-	-	<50'
5. Danelle Lochner	20	-	-	-	-	-	-	-	-	-	
6. Sizophila Solontsi	29	1	-	-	-	-	-	5			T55', <70'
7. Sinazo Mcatshulwa	39	1	-	-	-	-	-	5			T74'
8. Aseza Hele	29	1	-	-	-	-	-	5			T2', <61'
9. Unam Tose	28	-	-	-	-	-	-	-	-	-	<41'
10. Libbie Janse van Rensburg	28	-	-	-	-	-	-	-	-	-	Player of the Match
11. Ayanda Malinga	15	1	-	-	-	-	-	5			T28'
12. Chumisa Qawe	22	-	-	-	-	-	-	-	-	-	<41'
13. Zintle Mpupha	27	-	-	-	-	-	-	-	-	-	
14. Byrhandré Dolf	23	-	2	-	-	-	-	4			C21', C55'
15. Nadine Roos	19	1	-	-	-	-	-	5			T20'
16. Micke Günter	14	-	-	-	-	-	-	-	-	-	>70'
17. Yonela Ngxingolo	36	-	-	-	-	-	-	-	-	-	>50'
18. Nombuyekezo Mdliki	6	-	-	-	-	-	-	-	-	-	>71'
19. Vainah Ubisi	19	-	-	-	-	-	-	-	-	-	>50'
20. Lerato Makua	16	-	-	-	-	-	-	-	-	-	>70'
21. Catha Jacobs	23	-	-	-	-	-	-	-	-	-	>61'
22. Eloise Webb	17	-	-	-	-	-	-	-	-	-	>41'
23. Aphwe Ngwevu	27	-	-	-	-	-	-	-	-	-	>41'

Experience: 590 caps



Lineups 15s

2025-09-07 FRA

Test Match 89 (L)

France-South Africa 57-10

Event Women's Rugby World Cup 2025
Venue Franklin's Gardens (Northampton, England)
Referee Clara Munarini (Italy)
WR Ranking South Africa: 10, France: 4
Remark Pool D

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Yonela Ngxingolo	37	-	-	-	-	-	-	-	-	-	<38' (leg injury)
2. Micke Günter	15	-	-	-	-	-	-	-	-	-	<45'
3. Babalwa Latsha	(C) 38	-	-	-	-	-	-	-	-	-	<45'
4. Vainah Ubisi	20	-	-	-	-	-	-	-	-	-	<45'
5. Anathi Qolo	9	-	-	-	-	-	-	-	-	-	
6. Lerato Makua	17	-	-	-	-	-	-	-	-	-	<45'
7. Catha Jacobs	24	-	-	-	-	-	-	-	-	-	
8. Aseza Hele	30	-	-	-	-	-	-	-	-	-	<45'
9. Nadine Roos	20	1	-	-	-	-	-	5	-	-	T81'
10. Mary Zulu	14	-	-	-	-	-	-	-	-	-	<45'
11. Maceala Samboya	5	-	-	-	-	-	-	-	-	-	
12. Chumisa Qawe	23	-	-	-	-	-	-	-	Y	-	RC25' *) See footnote
13. Eloise Webb	18	-	-	-	-	-	-	-	-	-	
14. Jacomina Cilliers	20	-	-	-	-	-	-	-	-	-	
15. Byrhandré Dolf	24	-	1	1	-	-	-	5	-	-	P14', C82'
16. Luchell Hanekom	9	-	-	-	-	-	-	-	-	-	>45'
17. Xoliswa Khuzwayo	8	-	-	-	-	-	-	-	-	-	>38'
18. Nombuyekezo Mliki	7	-	-	-	-	-	-	-	-	-	>45'
19. Nomsa Mokwai	13	-	-	-	-	-	-	-	-	-	>45'
20. Faith Ntsako Tshauke	3	-	-	-	-	-	-	-	-	-	>45'
21. Sinazo Mcatshulwa	40	-	-	-	-	-	-	-	-	-	>45'
22. Tayla Kinsey	40	-	-	-	-	-	-	-	-	-	>45'
23. Aphwe Ngwevu	28	-	-	-	-	-	-	-	-	-	>45' (wrong on WR website)

*) Red card for head contact. YC upgraded to 20 minute RC. 3 match suspension
 Experience: 462 caps



New Zealand - South Africa
46 - 17

Event Women's Rugby World Cup 2025
Venue Sandy Park (Exeter, England)
Referee Sara Cox (England)
WR Ranking South Africa: 10, New Zealand: 3
Remark Quarter Final 1 - First ever RWC QF

	CPS	P	TR	CV	PN	DG	PT	PTS	Y	R	Remark
1. Sanelisiwe Charlie	28	-	-	-	-	-	-	-	-	-	<49'
2. Lindelwa Gwala	37	-	-	-	-	-	-	-	-	-	<65'
3. Babalwa Latsha	39	1	-	-	-	-	-	5	-	-	T20', <65'
4. Nolusindiso Booii	54	(C)	-	-	-	-	-	-	-	-	<49'
5. Danelle Lochner	21	-	-	-	-	-	-	-	-	-	<49'
6. Sizophila Solontsi	30	-	-	-	-	-	-	-	-	-	<49'
7. Sinazo Mcatshulwa	41	-	-	-	-	-	-	-	-	-	<65'
8. Aseza Hele	31	-	-	-	-	-	-	-	-	-	<49'
9. Nadine Roos	21	-	-	-	-	-	-	-	-	-	<49'
10. Libbie Janse van Rensburg	29	-	-	-	-	-	-	-	-	-	<49'
11. Ayanda Malinga	16	-	-	-	-	-	-	-	-	-	<49'
12. Aphwe Ngwevu	29	1	-	-	-	-	-	5	-	-	T42', <57'
13. Zintle Mpupha	28	-	-	-	-	-	-	-	-	-	<49'
14. Maceala Samboya	6	-	-	-	-	-	-	-	-	-	<49'
15. Byrhandré Dolf	25	-	1	-	-	-	-	2	-	-	C77'
16. Luchell Hanekom	10	-	-	-	-	-	-	-	-	-	>65'
17. Yonela Ngxingolo	38	-	-	-	-	-	-	-	-	-	>49'
18. Nombuyekezo Mdliki	8	-	-	-	-	-	-	-	-	-	>65'
19. Vainah Ubisi	21	-	-	-	-	-	-	-	-	-	>49'
20. Anathi Qolo	10	-	-	-	-	-	-	-	-	-	>49'
21. Lerato Makua	18	1	-	-	-	-	-	5	-	-	>65', T76'
22. Catha Jacobs	25	-	-	-	-	-	-	-	-	-	>49'
23. Eloise Webb	19	-	-	-	-	-	-	-	-	-	>57'

Experience: 584 caps



Lineups 15s

7's Tournaments, Squads, and Matches

Due to timezones, match dates might be a day off.

2006-06

Africa Women's Sevens I - CAR Women's Sevens I

Result 1st
Location Kampala, Uganda
Category Africa Cup
Cap yes
Remark Emerging South Africa - Most Valuable Player Title: Charmaine Keyser

1. Catherine Lowane (7s) 2. Charmaine Keyser

W 2006-06-24	RSA 26-0 ZAM	Pool A - Zambia
W 2006-06-24	RSA 22-5 UGA	Pool A - Uganda
W 2006-06-24	RSA 14-0 KEN	Pool A - Kenya
W 2006-06-24	RSA 48-0 RWA	Semi Finals - Rwanda
W 2006-06-24	RSA 15-7 UGA	Final - Uganda

2007-06

Africa Women's Sevens II - CAR Women's Sevens II

Result 1st
Location Kampala, Uganda
Category Africa Cup
Cap yes
Remark Emerging South Africa

1. Yolanda Meiring 2. Natasha Hofmeester 3. Nosiphiwo Goda
 4. Saloma Booysen 5. Lamla Momoti 6. Zandile Nojoko
 7. Marlize Jordaan 8. Nombulelo Mayongo 9. Aimee Barrett
 10. Nomtha Xape (7s) 11. Lorinda Brown

W 2007-06-16	RSA 14-12 ZAM	Pool A - Zambia
W 2007-06-16	RSA 28-0 UGA	Pool A - Uganda
W 2007-06-16	RSA 59-0 BDI	Pool A - Burundi
W 2007-06-16	RSA 24-23 KEN	Pool A - Kenya
W 2007-06-16	RSA 34-0 TUN	Semi Finals - Tunisia
W 2007-06-16	RSA 20-7 UGA	Final - Uganda

2008-09

Africa Women's Sevens III - CAR Women's Sevens III

Result 1st
Location Kampala, Uganda
Category Africa Cup
Cap yes
Remark Qualified for Women's Rugby World Cup 7s 2009

1. Lorinda Brown

W 2008-09-20	RSA 43-0 UGA	Pool A - Uganda
W 2008-09-20	RSA 31-0 ZAM	Pool A - Zambia
W 2008-09-20	RSA 36-5 KEN	Pool A - Kenya
W 2008-09-21	RSA 26-5 KEN	Semi Finals - Kenya
W 2008-09-21	RSA 24-0 UGA	Final - Uganda

2009-03

1st Women's Rugby World Cup 7s

Result 3rd
Location Dubai, United Arab Emirates
Category World Cup
Cap yes
Remark Qualified for Women's Rugby World Cup 7s 2013

1. Nomathamsanqa Faleni	2. Lamla Momoti	3. Nombulelo Mayongo
4. Marlize Jordaan	5. Mandisa Williams	6. Saloma Booyesen
7. Zenay Jordaan	8. Aimee Barrett	9. Lorinda Brown
10. Phumeza Gadu	11. Natasha Hofmeester	12. Yolanda Meiring

W 2009-03-05	RSA 17- 5 ITA	Pool D - Italy
W 2009-03-05	RSA 26- 0 UGA	Pool D - Uganda
L 2009-03-05	NZL 25- 0 RSA	Pool D - New Zealand
W 2009-03-06	RSA 15- 7 ESP	Quarter Finals - Spain
L 2009-03-07	AUS 17-10 RSA	Semi Finals - Australia

2010-10

Hong Kong Women's 7s

Result ?
Location Hong Kong, China
Category Other (no cap earned)
Cap no
Remark

1. Unknown or Team (7s)

L 2010-03-26	KAZ 24-12 RSA	First Round - Kazakhstan
L 2010-03-26	NZL 54- 0 RSA	First Round - New Zealand
L 2010-03-27	SGP 14- 0 RSA	Bowl Semi Finals - Singapore

2011-10

CAR Women's 7s - South Zone

Result 1st
Location Botswana
Category Other (no cap earned)
Cap no
Remark Qualified for 2012 Rugby Afrique CAR Women's Sevens

1. Unknown or Team (7s)

W 2011-10-29	RSA 34- 0 ZAM	Pool A - Zambia
W 2011-10-29	RSA 37- 5 ZIM	Pool A - Zimbabwe
W 2011-10-29	RWA 0-51 RSA	Pool A - Rwanda
W 2011-10-30	KEN 5-14 RSA	Cup Semi Finals - Kenya
W 2011-10-30	RSA 42- 5 UGA	Cup Final - Uganda

2011-12

Sevens Challenge Cup (2012/13)

Result 6th
Location Dubai, United Arab Emirates
Category Other (no cap earned)
Cap no
Remark Not clear if participation was invitational

- | | | |
|---------------------|--------------------------|----------------------|
| 1. Mandisa Williams | 2. Masabata Finger (7s) | 3. Nombulelo Mayongo |
| 4. Sinazo Nobebe | 5. Fundiswa Plaatjie | 6. Nolusindiso Boo! |
| 7. Yolanda Meiring | 8. Aimee Barrett | 9. Nwabisa Ngxatu |
| 10. Phumeza Gadu | 11. Nomathamsanqa Faleni | 12. Lamla Momoti |
| 13. Zenay Jordaan | | |

L 2011-12-02	ENG 22-19 RSA	Pool B - England
W 2011-12-02	RSA 28-14 CHN	Pool B - China
L 2011-12-02	USA 22-10 RSA	Pool B - United States
L 2011-12-03	ESP 28- 0 RSA	5th place - Spain
W 2011-12-03	RSA 19- 5 BRA	Plate Semi Finals - Brazil



2011 Dubai Invitational or CAR South Zone (Botswana)

2012-05

Women's 7s World Series 2011/12 - Challenge Cup - Leg 3

Result 7th
Location London, England
Category Other (no cap earned)
Cap no
Remark Not clear if participation was invitational

1. Unknown or Team (7s)

W 2012-05-12	RSA 28-17 BRA	Pool A - Brazil
W 2012-05-12	RSA 21-12 KAZ	Pool A - Kazakhstan
L 2012-05-12	ENG 22- 0 RSA	Pool A - England
L 2012-05-13	RUS 19-14 RSA	Plate Semi Finals - Russia
W 2012-05-13	RSA 14- 7 FRA	7th Place final - France

2012-10

Guangzhou Zengcheng Invitational Women's 7s Tournament

Result 2nd
Location Guangzhou, China
Category Other (no cap earned)
Cap no
Remark Warm up tournament for world series

- | | | |
|------------------------|----------------------|---------------------|
| 1. Yolanda Meiring | 2. Mandisa Williams | 3. Nwabisa Ngxatu |
| 4. Ziyanda Tywaleni | 5. Sinazo Nobele | 6. Nosiphiwo Goda |
| 7. Fundiswa Plaatjie | 8. Zenay Jordaan | 9. Phumeza Gadu |
| 10. Natasha Hofmeester | 11. Benele Makwezela | 12. Mathrin Simmers |

W 2012-10-27	CHN 7-33 RSA	Pool B - China
W 2012-10-27	THA 0-53 RSA	Pool B - Thailand
W 2012-10-27	KAZ 10-28 RSA	Pool B - Kazakhstan
W 2012-10-28	SGP 0-1 RSA	Cup Quarter Finals - Singapore
W 2012-10-28	RSA 29-7 CHN	Cup Semi Finals - China
L 2012-10-28	USA 24-0 RSA	Cup Final - United States



2012-11

Women's 7s World Series 2012/13 - Leg 1

Result 2nd
Location Dubai, United Arab Emirates
Category Invitational (World Series)
Cap no
Remark SA Select

1. Yolanda Meiring	2. Mandisa Williams	3. Nwabisa Ngxatu
4. Rachelle Geldenhuys	5. Nosiphiwo Goda	6. Fundiswa Plaatjie
7. Zenay Jordaan	8. Phumeza Gadu	9. Natasha Hofmeester
10. Benele Makwezela	11. Zimkitha Tsilana (7s)	12. Mathrin Simmers
13. Ziyanda Tywaleni		

W 2012-11-30	RSA 20- 5 ENG	Pool A - England
L 2012-11-30	ESP 5- 0 RSA	Pool A - Spain
W 2012-11-30	RSA 19- 5 BRA	Pool A - Brazil
W 2012-12-01	RSA 12- 7 NED	Cup Quarter Finals - Netherlands
W 2012-12-01	RSA 19-17 ESP	Cup Semi Finals - Spain
L 2012-12-01	NZL 41- 0 RSA	Cup Final - New Zealand



2013-02

Women's 7s World Series 2012/13 - Leg 2

Result 8th
Location Houston, USA
Category Invitational (World Series)
Cap no
Remark

1. Yolanda Meiring	2. Mandisa Williams	3. Nwabisa Ngxatu
4. Sinazo Nobele	5. Nosiphiwo Goda	6. Fundiswa Plaatjie
7. Zenay Jordaan	8. Phumeza Gadu	9. Natasha Hofmeester
10. Benele Makwezela	11. Zaandre Theron (7s)	12. Mathrin Simmers

W 2013-02-01	RSA 27- 0 ARG	Pool B - Argentina
L 2013-02-01	USA 22-19 RSA	Pool B - United States
L 2013-02-01	CAN 24-14 RSA	Pool B - Canada
L 2013-02-02	AUS 17-12 RSA	Cup Semi Finals - Australia
L 2013-02-02	RUS 20- 0 RSA	Plate Semi Finals - Russia
L 2013-02-02	CAN 22- 0 RSA	7th Place Final - Canada

2013-03

Hong Kong Women's 7s

Result 5th
Location Hong Kong, China
Category Other (no cap earned)
Cap no
Remark -

- | | | |
|-----------------------|----------------------|-----------------------|
| 1. Mathrin Simmers | 2. Mandisa Williams | 3. Natasha Hofmeester |
| 4. Lorinda Brown | 5. Fundiswa Plaatjie | 6. Zenay Jordaan |
| 7. Nwabisa Ngxatu | 8. Veroeshka Grain | 9. Benele Makwezela |
| 10. Nomaphelo Mayongo | | |

W 2013-03-22	RSA 19-14 IRE	Group C - Ireland
L 2013-03-22	RSA 7-24 FRA	Group C - France
W 2013-03-23	JPN 5-26 RSA	Plate Semi Finals - Japan
W 2013-03-23	KAZ 5-26 RSA	Plate Final - Kazakhstan



2013-04

Africa Women's Sevens V - CAR Women's Sevens V

Result 1st
Location Tunis, Tunisia
Category Africa Cup
Cap yes
Remark

- | | | |
|----------------------|------------------------|----------------------|
| 1. Mandisa Williams | 2. Benele Makwezela | 3. Nomaphelo Mayongo |
| 4. Fundiswa Plaatjie | 5. Zenay Jordaan | 6. Lorinda Brown |
| 7. Phumeza Gadu | 8. Nosiphiwo Goda | 9. Shona-Leah Weston |
| 10. Mathrin Simmers | 11. Natasha Hofmeester | 12. Veroeshka Grain |
| 13. Sinazo Nobele | | |

W 2013-04-20	RSA 27- 0 SEN	Pool A - Senegal
W 2013-04-20	RSA 36- 0 KEN	Pool A - Kenya
W 2013-04-21	RSA 17- 0 UGA	Cup Semi Finals - Uganda
W 2013-04-21	RSA 29- 5 TUN	Cup Final - Tunisia

2013-05

Women's 7s World Series 2012/13 - Leg 4

Result 10th
Location Amsterdam, Netherlands
Category Invitational (World Series)
Cap no
Remark

- | | | |
|-----------------------|----------------------|----------------------|
| 1. Mandisa Williams | 2. Nosiphiwo Goda | 3. Benele Makwezela |
| 4. Zenay Jordaan | 5. Yolanda Meiring | 6. Lorinda Brown |
| 7. Natasha Hofmeester | 8. Shona-Leah Weston | 9. Nomaphelo Mayongo |
| 10. Mathrin Simmers | 11. Phumeza Gadu | 12. Veroeshka Grain |

L 2013-05-17	ENG 17-14 RSA	Pool B - England
L 2013-05-17	CAN 36- 7 RSA	Pool B - Canada
L 2013-05-17	FRA 14-12 RSA	Pool B - France
W 2013-05-18	RSA 19- 7 CHN	Bowl Semi Finals - China
L 2013-05-18	NED 32- 0 RSA	Bowl Final - Netherlands



2013-06

2nd Women's Rugby World Cup 7s

Result 14th
Location Moscow, Russia
Category World Cup
Cap yes
Remark

- | | | |
|-----------------------|-------------------------|----------------------|
| 1. Lorinda Brown | 2. Nomathamsanqa Faleni | 3. Phumeza Gadu |
| 4. Veroeshka Grain | 5. Natasha Hofmeester | 6. Zenay Jordaan |
| 7. Benele Makwezela | 8. Nomaphelo Mayongo | 9. Yolanda Meiring |
| 10. Fundiswa Plaatjie | 11. Mathrin Simmers | 12. Mandisa Williams |
| 13. Vuyolwethu Vazi | 14. Sinazo Nobele | |

L 2013-06-29
 W 2013-06-29
 L 2013-06-29
 L 2013-06-30

IRE 12- 5 RSA
 RSA 19- 7 CHN
 AUS 29- 0 RSA
 FIJ 22- 5 RSA

Pool B - Ireland
 Pool B - China
 Pool B - Australia
 Bowl Quarter Finals - Fiji



2013-11

International Women's 7s Invitational tournament

Result 2nd
Location Dubai, United Arab Emirates
Category Invitational (World Series)
Cap no
Remark SA Select

- | | | |
|-------------------------------|-------------------------|---------------------|
| 1. Zenay Jordaan | 2. Marithy Pienaar (7s) | 3. Veroeshka Grain |
| 4. Ntombifuthi Sibiloane (7s) | 5. Rachelle Geldenhuys | 6. Daphne Scheepers |
| 7. Mathrin Simmers | 8. Nomaphelo Mayongo | 9. Phumeza Gadu |
| 10. Nicolene Barendse (7s) | 11. Nomsa Mokwai | 12. Siviwe Basweni |
| 13. Fundiswa Plaatjie | 14. Nosiphiwo Goda | |

W 2013-11-29
W 2013-11-29
W 2013-11-29
W 2013-11-30
L 2013-11-30

RSA 28- 0 WCV
RSA 36- 5 TUK
RSA 26-10 MOS
RSA 19-12 KEN
RSA 12-26 KZA

Pool Stage - West Coast Vikings (Sweden)
Pool Stage - Tuks
Pool Stage - Moscow Region
Semi Finals - Kenya
Final - Kazakhstan Almaty



2014-03

Hong Kong Women's 7s

Result ?
Location Hong Kong, China
Category Other (no cap earned)
Cap no
Remark SA Select Team

- | | | |
|-----------------------|---------------------|--------------------------|
| 1. Lorinda Brown | 2. Phumeza Gadu | 3. Veroeshka Grain |
| 4. Nosiphiwo Goda | 5. Zenay Jordaan | 6. Jacqueline Kriel (7s) |
| 7. Nomaphele Mayongo | 8. Nomsa Mokwai | 9. Marithy Pienaar (7s) |
| 10. Fundiswa Plaatjie | 11. Mathrin Simmers | 12. Vuyolwethu Vazi |

W 2014-03-28
W 2014-03-28
L 2014-03-28
W 2014-03-28

RSA 29- 0 PNG
BRA 7-19 RSA
FRA 19- 5 RSA
RSA 28-10 JPN

Pool B - Papua New Guinea
Pool B - Brazil
Cup Semi Finals - France
3rd Place - Japan



2014-04

Africa Women's Sevens VI - CAR Women's Sevens VI

Result 1st
Location Machakos, Kenya
Category Africa Cup
Cap yes
Remark Qualified for Women's Sevens World Series Qualifier (Hong Kong) 2014/15

- | | | |
|--------------------|-------------------------|--------------------------|
| 1. Zenay Jordaan | 2. Marithy Pienaar (7s) | 3. Nomaphelo Mayongo |
| 4. Vuyolwethu Vazi | 5. Lorinda Brown | 6. Nomsa Mokwai |
| 7. Veroeshka Grain | 8. Rachelle Geldenhuys | 9. Jacqueline Kriel (7s) |
| 10. Nosiphiwo Goda | 11. Mathrin Simmers | 12. Fundiswa Platjje |

W 2014-04-12	RSA 21-12 KEN	Pool A - Kenya
W 2014-04-12	RSA 19- 0 SEN	Pool A - Senegal
W 2014-04-12	RSA 19-12 MAD	Pool A - Madagascar
W 2014-04-12	RSA 43- 0 ZIM	Cup Semi Finals - Zimbabwe
W 2014-04-12	RSA 15- 0 KEN	Cup Final - Kenya



2014-05

Women's 7s World Series 2013/14 - Leg 5

Result 10th
Location Amsterdam, Netherlands
Category Invitational (World Series)
Cap no
Remark

- | | | |
|--------------------------|------------------------|--------------------------|
| 1. Lorinda Brown | 2. Rachelle Geldenhuys | 3. Nosiphiwo Goda |
| 4. Veroeshka Grain | 5. Zenay Jordaan | 6. Jacqueline Kriel (7s) |
| 7. Nomaphelo Mayongo | 8. Lamla Momoti | 9. Zintle Mpupha |
| 10. Marithy Pienaar (7s) | 11. Fundiswa Platjje | 12. Vuyolwethu Vazi |

L 2014-05-16	RUS 20- 5 RSA	Pool B - Russia
L 2014-05-16	AUS 29- 7 RSA	Pool B - Australia
L 2014-05-16	FRA 26- 0 RSA	Pool B - France
W 2014-05-17	RSA 28-12 ESP	Bowl Semi Finals - Spain
L 2014-05-17	NED 29- 7 RSA	Bowl Final - Netherlands



2014-09

Women's 7s World Series - Qualifier

Result 3rd
Location Hong Kong, China
Category Challenger/World Series Qualifier
Cap yes
Remark Qualified for Women's 7s World Series 2014/15

1. Lorinda Brown	2. Phumeza Gadu	3. Rachelle Geldenhuys
4. Nosiphiwo Goda	5. Veroeshka Grain	6. Zenay Jordaan
7. Nwabisa Ngxatu	8. Sinazo Nobeke	9. Marithy Pienaar (7s)
10. Fundiswa Plaatjie	11. Mathrin Simmers	12. Shona-Leah Weston

W 2014-09-12
 L 2014-09-12
 W 2014-09-12
 W 2014-09-13
 L 2014-09-13
 L 2014-09-13

RSA 21-19 FRA
 CHN 31- 7 RSA
 RSA 36- 0 MEX
 RSA 22- 7 NED
 FRA 14- 5 RSA
 CHN 12- 7 RSA

Pool A - France
 Pool A - China
 Pool A - Mexico
 Cup Quarter Finals - Netherlands
 Cup Semi Finals - France
 3rd Place Final - China



2014-12

Women's 7s World Series 2014/15 - Leg 1

Result 10th
Location Dubai, United Arab Emirates
Category World Series
Cap yes
Remark

- | | | |
|-------------------------|---------------------------|----------------------|
| 1. Unknown or Team (7s) | 2. Zenay Jordaan | 3. Shona-Leah Weston |
| 4. Fundiswa Plaatjie | 5. Mathrin Simmers | 6. Lorinda Brown |
| 7. Veroeshka Grain | 8. Marithy Pienaar (7s) | 9. Phumeza Gadu |
| 10. Rachele Geldenhuys | 11. Jacqueline Kriel (7s) | |

L 2014-12-04	AUS 36- 0 RSA	Pool B - Australia
D 2014-12-04	ESP 17-17 RSA	Pool B - Spain
L 2014-12-04	FRA 24- 7 RSA	Pool B - France
W 2014-12-05	RSA 17- 0 CHN	Bowl Semi Finals - China
L 2014-12-05	BRA 17- 7 RSA	Bowl Final - Brazil



2015-02

Women's 7s World Series 2014/15 - Leg 2

Result 12th
Location Sao Paulo, Brazil
Category World Series
Cap yes
Remark

- | | | |
|------------------------|--------------------------|-------------------------|
| 1. Siviwe Basweni | 2. Lorinda Brown | 3. Phumeza Gadu |
| 4. Rachelle Geldenhuys | 5. Nosiphiwo Goda | 6. Veroeshka Grain |
| 7. Zenay Jordaan | 8. Jacqueline Kriel (7s) | 9. Marithy Pienaar (7s) |
| 10. Fundiswa Plaatjie | 11. Mathrin Simmers | 12. Shona-Leah Weston |

L 2015-02-07	ENG 31- 5 RSA	Pool C - England
L 2015-02-07	CAN 26- 5 RSA	Pool C - Canada
L 2015-02-07	RUS 40- 0 RSA	Pool C - Russia
L 2015-02-08	FIJ 24-22 RSA	Bowl Semi Finals - Fiji
L 2015-02-08	CHN 31-17 RSA	11th Place Final - China



2015-03

Women's 7s World Series 2014/15 - Leg 3

Result 12th
Location Atlanta, USA
Category World Series
Cap yes
Remark

- | | | |
|--------------------------|---------------------|-------------------------|
| 1. Sunelle Barnard (7s) | 2. Siviwe Basweni | 3. Phumeza Gadu |
| 4. Rachelle Geldenhuys | 5. Nosiphiwo Goda | 6. Zenay Jordaan |
| 7. Jacqueline Kriel (7s) | 8. Sinazo Nobeke | 9. Fundiswa Plaatjie |
| 10. Marithy Pienaar (7s) | 11. Mathrin Simmers | 12. Zaandre Theron (7s) |

L 2015-03-14	USA 36- 5 RSA	Pool A - United States
L 2015-03-14	NZL 52- 0 RSA	Pool A - New Zealand
L 2015-03-14	RUS 43- 0 RSA	Pool A - Russia
L 2015-03-15	ESP 24- 0 RSA	Bowl Semi Final - Spain
L 2015-03-15	CHN 26- 7 RSA	11th Place Final - China



2015-04

Women's 7s World Series 2014/15 - Leg 4

Result 12th
Location Langford, Canada
Category World Series
Cap yes
Remark

- | | | |
|--------------------------|--------------------------|---------------------|
| 1. Sunelle Barnard (7s) | 2. Lorinda Brown | 3. Kirsten Conrad |
| 4. Phumeza Gadu | 5. Rachelle Geldenhuys | 6. Veroeshka Grain |
| 7. Zenay Jordaan | 8. Jacqueline Kriel (7s) | 9. Sinazo Nobele |
| 10. Marithy Pienaar (7s) | 11. Fundiswa Plaatjie | 12. Mathrin Simmers |

L 2015-04-18	USA 40- 5 RSA	Pool C - United States
L 2015-04-18	CAN 47- 0 RSA	Pool C - Canada
L 2015-04-18	RUS 22- 5 RSA	Pool C - Russia
L 2015-04-19	BRA 17- 5 RSA	Bowl Semi Final - Brazil
L 2015-04-19	CHN 31-21 RSA	11th Place Final - China



2015-05

Women's 7s World Series 2014/15 - Leg 5

Result 11th
Location London, England
Category World Series
Cap yes
Remark

- | | | |
|--------------------------|---------------------|-------------------------|
| 1. Kirsten Conrad | 2. Phumeza Gadu | 3. Rachelle Geldenhuys |
| 4. Nosiphiwo Goda | 5. Veroeshka Grain | 6. Zenay Jordaan |
| 7. Jacqueline Kriel (7s) | 8. Sinazo Nobeke | 9. Marithy Pienaar (7s) |
| 10. Fundiswa Plaatjie | 11. Mathrin Simmers | 12. Zaandre Theron (7s) |

L 2015-05-15	ENG 28- 7 RSA	Pool B - England
L 2015-05-15	CAN 45- 0 RSA	Pool B - Canada
L 2015-05-15	RUS 40-17 RSA	Pool B - Russia
L 2015-05-16	FIJ 38- 5 RSA	Bowl Semi Finals - Fiji
W 2015-05-16	RSA 14- 7 BRA	11th Place Final - Brazil



2015-05

Women's 7s World Series 2014/15 - Leg 6

Result 12th
Location Amsterdam, Netherlands
Category World Series
Cap yes
Remark Relegated, but qualified for Dublin Qualifier 2015/16

- | | | |
|----------------------|---------------------------|--------------------------|
| 1. Sinazo Nobele | 2. Sunelle Barnard (7s) | 3. Zaandre Theron (7s) |
| 4. Fundiswa Plaatjie | 5. Zenay Jordaan | 6. Veroeshka Grain |
| 7. Phumeza Gadu | 8. Nosiphiwo Goda | 9. Lorinda Brown |
| 10. Mathrin Simmers | 11. Jacqueline Kriel (7s) | 12. Marithy Pienaar (7s) |

L 2015-05-22
 L 2015-05-22
 D 2015-05-22
 L 2015-05-23
 L 2015-05-23

USA 26- 7 RSA
 NZL 31- 7 RSA
 FIJ 19-19 RSA
 CHN 21-12 RSA
 NED 17- 7 RSA

Pool A - United States
 Pool A - New Zealand
 Pool A - Fiji
 Bowl Semi Finals - China
 Bowl Final - Netherlands



2015-08

Women's 7s World Series - Qualifier

Result 3rd
Location Dublin, Ireland
Category Challenger/World Series Qualifier
Cap yes
Remark

- | | | |
|--------------------------|---------------------|-------------------------|
| 1. Lorinda Brown | 2. Phumeza Gadu | 3. Rachelle Geldenhuys |
| 4. Nosiphiwo Goda | 5. Veroeshka Grain | 6. Zenay Jordaan |
| 7. Jacqueline Kriel (7s) | 8. Sinazo Nobeke | 9. Marithy Pienaar (7s) |
| 10. Fundiswa Plaatjie | 11. Mathrin Simmers | 12. Zaandre Theron (7s) |

W 2015-08-22	RSA 31- 5 HKG	Pool C - Hong Kong
W 2015-08-22	RSA 38- 0 MEX	Pool C - Mexico
W 2015-08-22	RSA 17- 5 IRE	Pool C - Ireland
W 2015-08-23	RSA 21- 5 HKG	Cup Quarter Finals - Hong Kong
L 2015-08-23	IRE 26-14 RSA	Cup Semi Finals - Ireland
W 2015-08-23	RSA 12- 0 NED	3rd Place Final - Netherlands



With the Brazilian team

2015-09

Africa Women's Sevens VII - Women's Africa Cup Sevens I

Result 1st
Location Kempton Park, South Africa
Category Africa Cup
Cap yes
Remark Qualified for 2016 summer Olympics

- | | | |
|--------------------------|---------------------|-------------------------|
| 1. Lorinda Brown | 2. Phumeza Gadu | 3. Rachelle Geldenhuys |
| 4. Nosiphiwo Goda | 5. Veroeshka Grain | 6. Zenay Jordaan |
| 7. Jacqueline Kriel (7s) | 8. Sinazo Nobeke | 9. Marithy Pienaar (7s) |
| 10. Fundiswa Plaatjie | 11. Mathrin Simmers | 12. Ziyanda Tywaleni |

W 2015-09-26	RSA 57- 0 ZAM	Pool A - Zambia
W 2015-09-26	RSA 60- 0 NAM	Pool A - Namibia
W 2015-09-26	RSA 33- 0 ZIM	Pool A - Zimbabwe
W 2015-09-26	RSA 39- 0 UGA	Pool A - Uganda
W 2015-09-27	RSA 34- 0 TUN	Cup Semi Finals - Tunisia
W 2015-09-27	RSA 31- 5 KEN	Semi Finals - Kenya



2015-12

Women's 7s World Series 2015/16 - Leg 1

Result 3rd
Location Dubai, United Arab Emirates
Category Invitational (World Series)
Cap no
Remark SA Select

- | | | |
|--------------------------|---------------------|------------------------|
| 1. Lorinda Brown | 2. Phumeza Gadu | 3. Rachelle Geldenhuys |
| 4. Nosiphiwo Goda | 5. Veroeshka Grain | 6. Zenay Jordaan |
| 7. Nomsa Mokwai | 8. Lamla Momoti | 9. Sinazo Nobeke |
| 10. Marithy Pienaar (7s) | 11. Mathrin Simmers | 12. Chané Stadler (7s) |

L 2015-12-03
 W 2015-12-03
 W 2015-12-03
 W 2015-12-04
 L 2015-12-04
 W 2015-12-04

RSA 7-19 CMA
 TAA 0-28 RSA
 BEL 0-40 RSA
 RSA 12- 5 WLS
 FRD 17- 7 RSA
 RSA 26-19 CMA

Pool - Canada Maple Leafs
 Pool - Tabusoro Angels (Norway)
 Pool - Belgium
 Cup Quarter Finals - Wales
 Cup Semi Finals - France Development
 3rd Plave Play Off - Canada Maple Leafs



2016-03

Las Vegas Invitational

Result ?
Location Las Vegas, USA
Category Other (no cap earned)
Cap no
Remark SA Select Team

1. Libbie Janse van Rensburg	2. Nadine Roos	3. Unathi Mali
4. Chané Stadler (7s)	5. Lamla Momoti	6. Nomsa Mokwai
7. Lorinda Brown	8. Rachelle Geldenhuys	9. Sinazo Nobeke
10. Fundiswa Plaatjie	11. Mathrin Simmers	12. Phumeza Gadu

W 2016-03-03

RSA 46- 0 SR2

Pool Stage - Stars Rugby 2

W 2016-03-03

RSA 12- 5 BRA

Pool Stage - Brazil

L 2016-03-04

USS 24- 0 RSA

Pool Stage - USA Select

L 2016-03-04

MPL 12-10 RSA

Cup Quarter Finals - Maple Leafs

W 2016-03-05

SSI 5-12 RSA

Plate Semi Finals - Scion Sirens

L 2016-03-05

RSA 17-26 AAS

Plate Final - Atavus All-Stars



2016-04

Hong Kong Women's 7s

Result 1st
Location Hong Kong, China
Category Challenger/World Series Qualifier
Cap yes
Remark SA Select Team

- | | | |
|----------------------|--------------------------------|--------------------------|
| 1. Nadine Roos | 2. Zenay Jordaan | 3. Marithy Pienaar (7s) |
| 4. Lorinda Brown | 5. Mathrin Simmers | 6. Jacqueline Kriel (7s) |
| 7. Megan Comley (7s) | 8. Christelene Steinhobel (7s) | 9. Sinazo Nobele |
| 10. Tyler Botha (7s) | 11. Unathi Mali | 12. Nomsa Mokwai |

W 2016-04-07	RSA 32- 0 KEN	Pool A - Kenya
W 2016-04-07	RSA 7- 0 CHN	Pool A - China
W 2016-04-07	RSA 7- 5 FRA	Pool A - France
L 2016-04-07	RSA 7-17 KAZ	Pool A - Kazakhstan
W 2016-04-08	RSA 14- 7 FRA	Cup Final - France
W 2016-04-08	RSA 19-10 JPN	Cup Semi Finals - Japan



2016-05

Paris 7s Invitational (?)

Result ?
Location Marcoussis, France
Category Other (no cap earned)
Cap no
Remark SA Select Team

- | | | |
|------------------------------|----------------------|--------------------|
| 1. Libbie Janse van Rensburg | 2. Zenay Jordaan | 3. Nadine Roos |
| 4. Lamla Momoti | 5. Veroeshka Grain | 6. Lorinda Brown |
| 7. Jacqueline Kriel (7s) | 8. Fundiswa Plaatjie | 9. Mathrin Simmers |
| 10. Nomsa Mokwai | 11. Phumeza Gadu | |

W 2016-05-13	RSA 14- 5 BRA	None - Brazil
L 2016-05-13	FRA 24-14 RSA	None - France
L 2016-05-14	FRA 26- 0 RSA	None - France
W 2016-05-14	RSA 19-14 BRA	None - Brazil
L 2016-05-15	FRA 26- 0 RSA	None - France
W 2016-05-15	RSA 24-14 BRA	None - Brazil



2016-06

Roma Sevens

Result 1st
Location Rome, Italy
Category Other (no cap earned)
Cap no
Remark SA Select Team

- | | | |
|---------------------|---------------------------------|--------------------------|
| 1. Nadine Roos | 2. Lorinda Brown | 3. Megan Comley (7s) |
| 4. Phumeza Gadu | 5. Rachelle Geldenhuys | 6. Jacqueline Kriel (7s) |
| 7. Nomsa Mokwai | 8. Lamla Momoti | 9. Fundiswa Plaatjie |
| 10. Mathrin Simmers | 11. Christelene Steinhobel (7s) | |

W 2016-06-10	RSA 53- 0 ITS	pool - Italy Spinose
W 2016-06-10	RSA 41- 0 ITA	pool - Italy
W 2016-06-11	RSA 36- 0 VEN	pool - Venezuela
W 2016-06-11	KEN 0-24 RSA	pool - Kenya
W 2016-06-11	RSA 31- 0 KEN	Cup Final - Kenya



2016-09

Africa Women's Sevens VIII - Women's Africa Cup Sevens II

Result 1st
Location Harare, Zimbabwe
Category Africa Cup
Cap yes
Remark Qualified for 2018 Rugby World Cup 7s and 2018 Common Wealth Games

- | | | |
|--------------------------|------------------------|-------------------------|
| 1. Zenay Jordaan | 2. Nadine Roos | 3. Lorinda Brown |
| 4. Jacqueline Kriel (7s) | 5. Rachelle Geldenhuys | 6. Marithy Pienaar (7s) |
| 7. Mathrin Simmers | 8. Lamla Momoti | 9. Veroeshka Grain |
| 10. Nomsa Mkwai | | |

W 2016-09-17	RSA 24- 7 ZIM	Pool A - Zimbabwe
W 2016-09-17	RSA 39- 0 SEN	Pool A - Senegal
W 2016-09-17	RSA 39- 0 NAM	Pool A - Namibia
W 2016-09-18	RSA 29- 5 UGA	Cup Semi Finals - Uganda
W 2016-09-18	RSA 22-17 KEN	Cup Final - Kenya



2016-09

Hokkaido Sevens

Result 3rd
Location Hokkaido, Japan
Category Other (no cap earned)
Cap no
Remark SA Select Team

1. Unknown or Team (7s)

W 2016-09-23	RSA 1- 0 PEA	Pool Stage - Pearls (Tokyo) Score ? - Pearls (Tokyo)
W 2016-09-23	RSA 1- 0 QUE	Pool Stage - Queensland (AUS) Score ? - Queensland (AUS)
W 2016-09-23	RSA 1- 0 UNKNOWN	Pool Stage - Score ? - Unknown
L 2016-09-24	RSA 5- 7 WAI	Semi Finals - Waikato (NZL)
W 2016-09-24	RSA 33- 5 OTE	3rd Place - Otemon (JPN)

2016-12

Women's 7s World Series 2016/17 - Leg 1

Result 8th
Location Dubai, United Arab Emirates
Category Invitational (World Series)
Cap no
Remark SA Select

- | | | |
|---------------------|--------------------------------|--------------------------|
| 1. Nomsa Mokwai | 2. Christelene Steinhobel (7s) | 3. Nadine Roos |
| 4. Zintle Mpupha | 5. Zenay Jordaan | 6. Veroeshka Grain |
| 7. Phumeza Gadu | 8. Lamla Momoti | 9. Eloise Webb |
| 10. Mathrin Simmers | 11. Jacqueline Kriel (7s) | 12. Marithy Pienaar (7s) |

L 2016-12-01
 W 2016-12-01
 L 2016-12-01
 L 2016-12-02
 L 2016-12-02
 L 2016-12-02

AUS 38- 5 RSA
 USA 7-26 RSA
 RUS 19-14 RSA
 NZL 39- 0 RSA
 RSA 12-19 CAN
 RSA 5-31 FRA

Pool A - Australia
 Pool A - United States
 Pool A - Russia
 Cup Quarter Finals - New Zealand
 5th Place Semi Finals - Canada
 7th Place Final - France



2017-03

Vancouver Rugby Festival

Result 2nd
Location Vancouver, Canada
Category Other (no cap earned)
Cap no
Remark SA Select Team

- | | | |
|---------------------------|--------------------------------|-------------------------|
| 1. Chané Stadler (7s) | 2. Christelene Steinhobel (7s) | 3. Marithy Pienaar (7s) |
| 4. Megan Comley (7s) | 5. Rights Mkhari | 6. Phumeza Gadu |
| 7. Mathrin Simmers | 8. Eloise Webb | 9. Zintle Mpupha |
| 10. Jacqueline Kriel (7s) | 11. Nomsa Mokwai | 12. Unathi Mali |

W 2017-03-09
 L 2017-03-09
 W 2017-03-09
 D 2017-03-10
 D 2017-03-10
 D 2017-03-11

RSA 24-10 SR2
 RSA 5-14 MPL
 RSA 22-5 USA
 RSA -1--1 SR2
 MPL -1--1 RSA
 USA -1--1 RSA

Stars Rugby 2 - Stars Rugby 2
 Maple Leafs - Maple Leafs
 None - United States
 Stars Rugby 2 - Score ? - Stars Rugby 2
 Maple Leafs - Score ? - Maple Leafs
 Score ? - United States



Preparation Squad

2017-04 Women's 7s World Series 2016/17 - Qualifier

Result 2nd
Location Hong Kong, China
Category Challenger/World Series Qualifier
Cap yes
Remark

- | | | |
|----------------------|--------------------------|---------------------------------|
| 1. Megan Comley (7s) | 2. Phumeza Gadu | 3. Veroeshka Grain |
| 4. Zenay Jordaan | 5. Jacqueline Kriel (7s) | 6. Nomsa Mokwai |
| 7. Zintle Mpupha | 8. Marithy Pienaar (7s) | 9. Nadine Roos |
| 10. Mathrin Simmers | 11. Chané Stadler (7s) | 12. Christelene Steinhobel (7s) |

L 2017-04-06
 W 2017-04-06
 W 2017-04-06
 W 2017-04-07
 W 2017-04-07
 L 2017-04-07

RSA 5-15 ITA
 RSA 24- 7 PNG
 RSA 33- 0 COL
 RSA 29- 7 PNG
 RSA 17- 7 BEL
 RSA 10-22 JPN

Pool C - Italy
 Pool C - Papua New Guinea
 Pool C - Colombia
 Cup Quarter Finals - Papua New Guinea
 Cup Semi Finals - Belgium
 Cup Final - Japan



Jersey presentation with Jean de Villiers

2017-09 Africa Women's Sevens IX - Women's Africa Cup Sevens III

Result 1st
Location Monastir, Tunisia
Category Africa Cup
Cap yes
Remark Qualified for Women's Rugby World Cup 7s 2018.; qualified for Women's Sevens World Series - Qualifier (Hong Kong) 2017/18

- | | | |
|--------------------------|--------------------------------|--------------------|
| 1. Megan Comley (7s) | 2. Veroeshka Grain | 3. Zenay Jordaan |
| 4. Jacqueline Kriel (7s) | 5. Nadine Roos | 6. Mathrin Simmers |
| 7. Chané Stadler (7s) | 8. Christelene Steinhobel (7s) | 9. Rights Mkhari |
| 10. Zintle Mphaha | 11. Zinhle Ndawonde | 12. Eloise Webb |

W 2017-09-16	RSA 45- 0 MAR	Pool A - Morocco
W 2017-09-16	RSA 17- 7 TUN	Pool A - Tunisia
W 2017-09-16	RSA 24- 0 UGA	Pool A - Uganda
W 2017-09-17	RSA 43- 0 SEN	Cup Quarter Finals - Senegal
W 2017-09-17	RSA 27- 0 UGA	Cup Semi Finals - Uganda
W 2017-09-17	KEN 12-17 RSA	Cup Final - Kenya



2017-09 Hokkaido Invitational 7s tournament (9/10 Sept)

Result 8th
Location Hokkaido, Japan
Category Other (no cap earned)
Cap no
Remark SA Select Team, Coach Jongi Nokwe

- | | | |
|-----------------------|---------------------------|-------------------------|
| 1. Felicia Jacobs | 2. Alana-Lee Horne | 3. Bianca Meyer (7s) |
| 4. Shaunique Hess | 5. Kirsten Conrad | 6. Sinazo Mcatshulwa |
| 7. Kimico Manuel (7s) | 8. Shuneez van Heerden | 9. Marithy Pienaar (7s) |
| 10. Nomsa Mokwai | 11. Nellodene de Wee (7s) | 12. Shaylin Simons (7s) |

D 2017-09-10	HTO -1--1 RSA	None - Tokyo Phoenix RC
D 2017-09-10	HJD -1--1 RSA	None - Japan Development Squad
L 2017-09-11	HBA 19- 0 RSA	None - Hokkaido Barbarians
L 2017-09-11	HDI 22- 0 RSA	None - Diana Barbarians

2017-11

Women's 7s World Series 2017/18 - Leg 1

Result 10th
Location Dubai, United Arab Emirates
Category Invitational (World Series)
Cap no
Remark SA Select

- | | | |
|--------------------------|---------------------------------|--------------------|
| 1. Megan Comley (7s) | 2. Phumeza Gadu | 3. Veroeshka Grain |
| 4. Jacqueline Kriel (7s) | 5. Unathi Mali | 6. Zintle Mpupha |
| 7. Marithy Pienaar (7s) | 8. Nadine Roos | 9. Mathrin Simmers |
| 10. Chané Stadler (7s) | 11. Christelene Steinhobel (7s) | 12. Eloise Webb |

L 2017-11-30	NZL 40- 0 RSA	Pool A - New Zealand
L 2017-11-30	USA 19-15 RSA	Pool A - United States
L 2017-11-30	FRA 29- 5 RSA	Pool A - France
W 2017-12-01	FIJ 14-17 RSA	Challenge Trophy Semi Finas - Fiji
L 2017-12-01	IRE 24- 7 RSA	Challenge Trophy Final - Ireland



2018-02

Super7sBrisbane

Result 3rd
Location Toowong, Australia
Category Other (no cap earned)
Cap no
Remark

- | | | |
|--------------------------------|----------------------|--------------------|
| 1. Unathi Mali | 2. Megan Comley (7s) | 3. Rights Mkhari |
| 4. Christelene Steinhobel (7s) | 5. Zinhle Ndawonde | 6. Mathrin Simmers |
| 7. Chané Stadler (7s) | 8. Eloise Webb | 9. Zintle Mpupha |
| 10. Veroeshka Grain | 11. Nadine Roos | 12. Zenay Jordaan |

W 2018-02-03
 W 2018-02-03
 L 2018-02-03
 W 2018-02-04
 L 2018-02-04
 W 2018-02-04

RSA 22- 0 PNG
 RSA 12- 5 SWE
 ENG 31- 0 RSA
 RSA 21-19 USA
 AUS 31- 5 RSA
 RSA 29-14 FRA

Pool A - Papua New Guinea
 Pool A - Sweden
 Pool A - England
 Qualifying Finals - United States
 Semi Finals - Australia
 3rd Place - France



2018-04

Women's 7s World Series 2017/18 - Qualifier

Result 2nd
Location Hong Kong, China
Category Challenger/World Series Qualifier
Cap yes
Remark

- | | | |
|--------------------------------|-------------------------|------------------|
| 1. Christelene Steinhobel (7s) | 2. Marithy Pienaar (7s) | 3. Unathi Mali |
| 4. Zinhle Ndawonde | 5. Megan Comley (7s) | 6. Zintle Mpupha |
| 7. Zenay Jordaan | 8. Mathrin Simmers | 9. Nadine Roos |
| 10. Chané Stadler (7s) | 11. Veroeshka Grain | 12. Eloise Webb |

W 2018-04-05	RSA 31- 0 MEX	Pool A - Mexico
W 2018-04-05	RSA 26-17 PNG	Pool A - Papua New Guinea
L 2018-04-05	RSA 12-24 KEN	Pool A - Kenya
W 2018-04-06	WLS 0-26 RSA	Cup Quarter Finals - Wales
W 2018-04-06	RSA 12- 7 KEN	Cup Semi Finals - Kenya
L 2018-04-06	CHN 31-14 RSA	Final - China



2018-04

Commonwealth Games Women's 7s

Result 8th
Location Gold Coast, Australia
Category Commonwealth
Cap yes
Remark

- | | | |
|----------------------|----------------------|--------------------------|
| 1. Zinhle Ndawonde | 2. Nomsa Mokwai | 3. Chané Stadler (7s) |
| 4. Zintle Mpupha | 5. Zenay Jordaan | 6. Veroeshka Grain |
| 7. Eloise Webb | 8. Megan Comley (7s) | 9. Nadine Roos |
| 10. Mathrin Simmers | 11. Unathi Mali | 12. Marithy Pienaar (7s) |
| 13. Snehlanhla Shoji | | |

- | | | |
|--------------|---------------|------------------------------|
| L 2018-04-13 | CAN 29- 0 RSA | Pool A - Canada |
| L 2018-04-13 | NZL 41- 0 RSA | Pool A - New Zealand |
| L 2018-04-14 | RSA 10-19 KEN | Pool A - Kenya |
| L 2018-04-14 | FIJ 40-12 RSA | 5th Place Semi Finals - Fiji |
| L 2018-04-15 | RSA 14-19 WLS | 7th Place Play-Off - Wales |



2018-07

3rd Women's Rugby World Cup 7s

Result 14th
Location San Francisco & San Jose, USA
Category World Cup
Cap yes
Remark

- | | | |
|-------------------------|--------------------------------|------------------------|
| 1. Marithy Pienaar (7s) | 2. Christelene Steinhobel (7s) | 3. Buhlebethu Sonamzi |
| 4. Babalwa Latsha | 5. Zinhle Ndawonde | 6. Mathrin Simmers |
| 7. Zenay Jordaan | 8. Zintle Mpupha | 9. Eloise Webb |
| 10. Nadine Roos | 11. Snehlanhla Shozi | 12. Kimico Manuel (7s) |

L 2018-07-20
 L 2018-07-21
 W 2018-07-21
 L 2018-07-22

RUS 24-14 RSA
 CHN 29- 5 RSA
 MEX 0-34 RSA
 RSA 0-22 BRA

Round of 16 - Russia
 Challenge Quarter Finals - China
 Challenge 13/16 Place - Mexico
 Challenge 13/14 Place - Brazil



2018-11

Dubai Women's Sevens Invitational

Result ?
Location Dubai, United Arab Emirates
Category Invitational (World Series)
Cap no
Remark

- | | | |
|--------------------------|-------------------------|--------------------------|
| 1. Courtney Groener (7s) | 2. Nokuthla Nene (7s) | 3. Buhlebethu Sonamzi |
| 4. Sizophila Solontsi | 5. Zenay Jordaan | 6. Voice Ndou (7s) |
| 7. Eloise Webb | 8. Claudine Marais (7s) | 9. Nadine Roos |
| 10. Mathrin Simmers | 11. Ayanda Malinga | 12. Marithy Pienaar (7s) |



2019-05

Centrale Sevens Invitational

Result 1st
Location Stade de la Peupleraie, Paris
Category Other (no cap earned)
Cap no
Remark

- | | | |
|----------------------|--------------------------------|-----------------------------|
| 1. Rights Mkhari | 2. Christelene Steinhobel (7s) | 3. Buhlebethu Sonamzi |
| 4. Sinazo Mcatshulwa | 5. Sizophila Solontsi | 6. Catha Jacobs |
| 7. Zinhle Ndawonde | 8. Mathrin Simmers | 9. Zenay Jordaan |
| 10. Nadine Roos | 11. Eloise Webb | 12. Kelly van der Berg (7s) |
| 13. Snehlanhla Shozi | 14. Zintle Mpupha | |

W 2019-05-08
 W 2019-05-08
 W 2019-05-08
 W 2019-05-09
 W 2019-05-09
 W 2019-05-09

RSA 43- 0 OC7
 RSA 41- 0 GEO
 RSA 43- 0 TUN
 RSA 20- 7 UKR
 RSA 36- 0 IDF
 RSA 24- 7 UKR

Pool - Ocean7s
 Pool - Georgia
 Pool - Tunisia
 Pool - Ukraine
 Semi Finals - IDF (Israel Defence Force?)
 Semi Final - Ukraine



2019-05

Stanislas Sevens Invitational

Result 1st
Location Stade Matter, Nancy - France
Category Other (no cap earned)
Cap no
Remark

1. Rights Mkhari
 4. Sinazo Mcatshulwa
 7. Zinhle Ndawonde
 10. Nadine Roos
 13. Snehlanhla Shozi

2. Christelene Steinhobel (7s)
 5. Sizophila Solontsi
 8. Mathrin Simmers
 11. Eloise Webb

3. Buhlebethu Sonamzi
 6. Catha Jacobs
 9. Zenay Jordaan
 12. Kelly van der Berg (7s)

W 2019-05-11
 W 2019-05-11
 W 2019-05-11
 W 2019-05-12
 W 2019-05-12
 W 2019-05-12

RSA 27- 0 GEO
 RSA 35- 0 NOR
 RSA 7- 5 POL
 RSA 46- 0 SUI
 RSA 17-12 POL
 RSA 22- 0 SWE

Pool C - Georgia
 Pool C - Norway
 Pool C - Poland
 Quarter Finals - Switzerland
 Semi Finals - Poland
 Cup Final - Sweden



2019-10

Africa Women's Sevens XI - Africa Women's Sevens II

Result 1st
Location Monastir, Tunisia
Category Africa Cup
Cap yes
Remark Qualified for Africa Women's Sevens Championship 2022, qualified for Women's Challenger Sevens Series 2021/22

- | | | |
|--------------------|------------------------|--------------------------|
| 1. Rights Mkhari | 2. Catha Jacobs | 3. Buhlebethu Sonamzi |
| 4. Zinhle Ndawonde | 5. Sizophila Solontsi | 6. Zintle Mpupha |
| 7. Mathrin Simmers | 8. Zenay Jordaan | 9. Nadine Roos |
| 10. Eloise Webb | 11. Liske Lategan (7s) | 12. Meghan Phillips (7s) |

W 2019-10-12	UGA 0-32 RSA	Pool B - Uganda
W 2019-10-12	ZIM 0-31 RSA	Pool B - Zimbabwe
W 2019-10-12	ZAM 0-36 RSA	Pool B - Zambia
W 2019-10-13	RSA 42- 0 MAR	Cup Quarter Finals - Morocco
W 2019-10-13	RSA 29- 0 MAD	Cup Semi Finals - Madagascar
W 2019-10-13	RSA 15-14 KEN	Cup Final - Kenya



2019-12

Women's 7s World Series 2019/20 - Leg 3

Result 10th
Location Cape Town, South Africa
Category Invitational (World Series)
Cap no
Remark

- | | | |
|--------------------------|--------------------------------|------------------------|
| 1. Rights Mkhari | 2. Catha Jacobs | 3. Buhlebethu Sonamzi |
| 4. Sizophila Solontsi | 5. Christelene Steinhobel (7s) | 6. Lusanda Dumke |
| 7. Mathrin Simmers | 8. Zenay Jordaan | 9. Eloise Webb |
| 10. Zintle Mpupha | 11. Nadine Roos | 12. Liske Lategan (7s) |
| 13. Meghan Phillips (7s) | | |

L 2019-12-13	NZL 40- 0 RSA	Pool A - New Zealand
L 2019-12-14	RUS 31-12 RSA	Pool A - Russia
L 2019-12-14	FIJ 27- 5 RSA	Pool A - Fiji
L 2019-12-15	ESP 19- 7 RSA	Challenge Final - Spain



2020-02

Hermanus Sevens

Result 1st
Location Hermanus, South Africa
Category Other (no cap earned)
Cap no
Remark

- | | | |
|------------------------|------------------------|--------------------------------|
| 1. Rights Mkhari | 2. Buhlebethu Sonamzi | 3. Christelene Steinhobel (7s) |
| 4. Lusanda Dumke | 5. Sizophila Solontsi | 6. Nadine Roos |
| 7. Mathrin Simmers | 8. Zenay Jordaan | 9. Eloise Webb |
| 10. Zintle Mpupha | 11. Liske Lategan (7s) | 12. Meghan Phillips (7s) |
| 13. Conley Alyssa (7s) | | |

W 2020-02-22	RSA 35- 0 BOR	Round Robin - Boland Rebels
W 2020-02-22	RSA 38- 0 SWT	Round Robin - SWD Titans
W 2020-02-22	RSA 32- 0 BLJ	Semi Finals - Blue Jets
W 2020-02-22	RSA 38- 0 BYB	Final - Busy Bees

2022-04

Africa Women's Sevens XII - Africa Women's Sevens III

Result 1st
Location Jemmal, Tunisia
Category Africa Cup
Cap yes
Remark Qualified for Women's Challenger Sevens Series 2022/23

- | | | |
|---------------------|----------------------------|------------------------|
| 1. Rights Mkhari | 2. Asisipho Plaatjies (7s) | 3. Lusanda Dumke |
| 4. Snehlanhla Shozi | 5. Donelle Snyders | 6. Anacadia Minnaar |
| 7. Eloise Webb | 8. Sizophila Solontsi | 9. Nadine Roos |
| 10. Mathrin Simmers | 11. Alichia Arries | 12. Liske Lategan (7s) |

W 2022-04-29	RSA 53- 0 SEN	Pool A - Senegal
W 2022-04-29	RSA 15- 0 ZIM	Pool A - Zimbabwe
W 2022-05-01	RSA 17- 5 GHA	Cup Quarter Finals - Ghana
W 2022-05-01	RSA 31- 0 TUN	Cup Semi Finals - Tunisia
W 2022-05-01	RSA 15-14 MAD	Cup Final - Madagascar



2022-05

Women's 7s World Series 2022 - Leg 6

Result 10th
Location Toulouse, France
Category Invitational (World Series)
Cap no
Remark

- | | | |
|------------------------|----------------------------|-----------------------|
| 1. Lerato Makua | 2. Asisipho Plaatjies (7s) | 3. Sizophila Solontsi |
| 4. Nadine Roos | 5. Ayanda Malinga | 6. Mathrin Simmers |
| 7. Snehlanhla Shozi | 8. Alichia Arries | 9. Donelle Snyders |
| 10. Liske Lategan (7s) | 11. Anacadia Minnaar | 12. Eloise Webb |

L 2022-05-20	AUS 50- 0 RSA	Pool A - Australia
L 2022-05-20	USA 22- 0 RSA	Pool A - United States
L 2022-05-21	FIJ 59- 0 RSA	Pool A - Fiji
W 2022-05-21	ESP 19-21 RSA	Challenge Semi Finals - Spain
L 2022-05-22	RSA 10-24 SCO	Challenge Final (9th place) - Scotland

2022-07

Commonwealth Games Women's 7s

Result 7th
Location Coventry, England
Category Commonwealth
Cap yes
Remark

- | | | |
|----------------------------|----------------------------|--------------------------|
| 1. Unathi Mali | 2. Asisipho Plaatjies (7s) | 3. Kemisetso Baloyi (7s) |
| 4. Donelle Snyders | 5. Luleka Tyibilika (7s) | 6. Anacadia Minnaar |
| 7. Nontuthuko Shongwe (7s) | 8. Kyla de Vries (7s) | 9. Felicia Jacobs |
| 10. Mathrin Simmers | 11. Zandile Masuku (7s) | 12. Liske Lategan (7s) |
| 13. Bianca Augustyn (7s) | | |

L 2022-07-29	AUS 38- 0 RSA	Pool B - Australia
L 2022-07-29	FIJ 41- 0 RSA	Pool B - Fiji
L 2022-07-30	SCO 33-12 RSA	Pool B - Scotland
L 2022-07-30	ENG 36- 0 RSA	Plate Semi Finals - England
W 2022-07-31	RSA 52- 0 SRI	7th Place Final - Sri Lanka

2022-08

Challengers Women's Sevens Series

Result 3rd
Location Santiago, Chile
Category Challenger/World Series Qualifier
Cap yes
Remark

- | | | |
|---------------------------|----------------------------|----------------------------|
| 1. Donelle Snyders | 2. Liske Lategan (7s) | 3. Kemisetso Baloyi (7s) |
| 4. Kirsten Eastes (7s) | 5. Nolwazi Hlabangane (7s) | 6. Felicia Jacobs |
| 7. Mathrin Simmers | 8. Miche Pretorius (7s) | 9. Nontuthuko Shongwe (7s) |
| 10. Marlize de Bruin (7s) | 11. Zandile Masuku (7s) | 12. Unathi Mali |

W 2022-08-12	CHI 10-22 RSA	Pool D - Chile
L 2022-08-12	RSA 5-31 KEN	Pool D - Kenya
L 2022-08-13	RSA 7-17 CHN	Pool D - China
W 2022-08-13	RSA 29-10 PNG	9th Place Semi Finals - Papua New Guinea
W 2022-08-14	RSA 29-10 CHI	9th Place Final - Chile

2022-09

4th Women's Rugby World Cup 7s

Result 14th
Location Cape Town, South Africa
Category World Cup
Cap yes
Remark

- | | | |
|-----------------------------|--------------------------|------------------------|
| 1. Asisipho Plaatjies (7s) | 2. Ayanda Malinga | 3. Eloise Webb |
| 4. Felicia Jacobs | 5. Marlize de Bruin (7s) | 6. Kirsten Eastes (7s) |
| 7. Lerato Makua | 8. Mathrin Simmers | 9. Nadine Roos |
| 10. Nolwazi Hlabangane (7s) | 11. Simamkele Namba | 12. Sizophila Solontsi |
| 13. Unathi Mali | 14. Zintle Mpuha | |

L 2022-09-09	FRA 29- 0 RSA	Round of 16 - France
L 2022-09-10	RSA 12-14 JPN	Challenge Quarter Finals - Japan
W 2022-09-10	COL 0-27 RSA	13th Place Semi Finals - Colombia
L 2022-09-11	CHN 21-19 RSA	13th Place Final - China

2022-12

Women's 7s World Series 2022/23 - Leg 2

Result 12th
Location Cape Town, South Africa
Category Invitational (World Series)
Cap no
Remark

- | | | |
|----------------------|----------------------------|--------------------------|
| 1. Rights Mkhari | 2. Asisipho Plaatjies (7s) | 3. Kemisetso Baloyi (7s) |
| 4. Jacomina Cilliers | 5. Marlize de Bruin (7s) | 6. Felicia Jacobs |
| 7. Anacadia Minnaar | 8. Aseza Hele | 9. Nadine Roos |
| 10. Veroeshka Grain | 11. Simamkele Namba | 12. Liske Lategan (7s) |
| 13. Lusanda Dumke | | |

L 2022-12-09	AUS 52- 0 RSA	Pool A - Australia
L 2022-12-09	IRE 24- 0 RSA	Pool A - Ireland
L 2022-12-10	ESP 17-14 RSA	Pool A - Spain
L 2022-12-11	ESP 17-12 RSA	Challenge Semi Finals - Spain
L 2022-12-22	JPN 15- 5 RSA	Challenge 11th Place Final - Japan



2022-12

Women's 7s World Series 2022/23 - Invitational

Result ?
Location Dubai, United Arab Emirates
Category Invitational (World Series)
Cap no
Remark 1 dec: France A, Kenya 2dec: Tunisia

- | | | |
|-----------------------|--------------------------|----------------------------|
| 1. Sizophila Solontsi | 2. Liske Lategan (7s) | 3. Asisipho Plaatjies (7s) |
| 4. Rights Mkhari | 5. Kemisetso Baloyi (7s) | 6. Simamkele Namba |
| 7. Eloise Webb | 8. Nadine Roos | 9. Felicia Jacobs |
| 10. Mathrin Simmers | 11. Jacomina Cilliers | 12. Marlize de Bruin (7s) |

2023-04

Challengers Women's Sevens Series - Leg 2

Result 1st
Location Stellenbosch, South Africa
Category Challenger/World Series Qualifier
Cap yes
Remark Promoted to Women's Sevens World Series 2023/24 Core

- | | | |
|-------------------------|-----------------------|-------------------------------|
| 1. Rights Mkhari | 2. Sizophila Solontsi | 3. Zintle Mpupha |
| 4. Simamkele Namba | 5. Liske Lategan (7s) | 6. Kemisetso Baloyi (7s) |
| 7. Mathrin Simmers | 8. Nadine Roos | 9. Eloise Webb |
| 10. Jacomina Cilliers | 11. Ayanda Malinga | 12. Libbie Janse van Rensburg |
| 13. Zandile Masuku (7s) | | |

W 2023-04-28
 W 2023-04-28
 W 2023-04-29
 W 2023-04-29
 W 2023-04-30
 W 2023-04-30

RSA 29- 0 PAR
 RSA 19- 5 MAD
 RSA 38- 0 THA
 RSA 31- 0 COL
 CZE 0-24 RSA
 BEL 14-17 RSA

Pool A - Paraguay
 Pool A - Madagascar
 Pool A - Thailand
 Cup Quarter Finals - Colombia
 Cup Semi Finals - Czech Republic
 Cup Final - Belgium



2023-04

Challengers Women's Sevens Series - Leg 1

Result 1st
Location Stellenbosch, South Africa
Category Challenger/World Series Qualifier
Cap yes
Remark

- | | | |
|-------------------------|-----------------------|-------------------------------|
| 1. Rights Mkhari | 2. Sizophila Solontsi | 3. Zintle Mpupha |
| 4. Simamkele Namba | 5. Liske Lategan (7s) | 6. Kemisetso Baloyi (7s) |
| 7. Mathrin Simmers | 8. Nadine Roos | 9. Eloise Webb |
| 10. Jacomina Cilliers | 11. Ayanda Malinga | 12. Libbie Janse van Rensburg |
| 13. Zandile Masuku (7s) | | |

D 2023-04-20	RSA 7- 7 CZE	Pool B - Czech Republic
W 2023-04-20	RSA 36- 0 MEX	Pool B - Mexico
W 2023-04-21	RSA 14- 5 MAD	Pool B - Madagascar
W 2023-04-21	RSA 29-12 THA	Cup Quarter Finals - Thailand
W 2023-04-22	RSA 5- 0 CHN	Cup Semi Finals - China
W 2023-04-22	RSA 17-10 BEL	Cup Final - Belgium



2023-10

Africa Women's Sevens XIII - Africa Women's Sevens IV

Result 1st
Location Tunis, Tunisia
Category Africa Cup
Cap yes
Remark Qualified for 2024 Summer Olympics and 2024 Challenger series

- | | | |
|-------------------|----------------------------|--------------------------|
| 1. Rights Mkhari | 2. Mathrin Simmers | 3. Kyla de Vries (7s) |
| 4. Eloise Webb | 5. Asisipho Plaatjies (7s) | 6. Simamkele Namba |
| 7. Ayanda Malinga | 8. Kemisetso Baloyi (7s) | 9. Liske Lategan (7s) |
| 10. Nadine Roos | 11. Marlize de Bruin (7s) | 12. Maria Tshiremba (7s) |

W 2023-10-14	RSA 26- 5 ZIM	Pool A - Zimbabwe
W 2023-10-14	RSA 19- 0 UGA	Pool A - Uganda
W 2023-10-14	RSA 27- 7 TUN	Pool A - Tunisia
W 2023-10-15	RSA 31- 0 ZAM	Cup Semi Finals - Zambia
W 2023-10-15	RSA 12- 7 KEN	Cup Final - Kenya



2023-12

Women's 7s World Series 2023/24 - Leg 1

Result 10th
Location Dubai, United Arab Emirates
Category World Series
Cap yes
Remark

1. Liske Lategan (7s)	2. Rights Mkhari	3. Asisipho Plaatjies (7s)
4. Simamkele Namba	5. Zintle Mpupha	6. Kyla de Vries (7s)
7. Mathrin Simmers	8. Nadine Roos	9. Shiniqwa Lamprecht (7s)
10. Marlize de Bruin (7s)	11. Maria Tshiremba (7s)	12. Ayanda Malinga
13. Libbie Janse van Rensburg		

L 2023-12-02
 L 2023-12-02
 L 2023-12-02
 W 2023-12-03
 L 2023-12-03

NZL 19-14 RSA
 FIJ 21-17 RSA
 GBR 17- 5 RSA
 RSA 17- 0 ESP
 JPN 12- 5 RSA

Pool A - New Zealand
 Pool A - Fiji
 Pool A - Great Britain
 9th Place Semi Finals - Spain
 9th Place Final - Japan



2023-12

Women's 7s World Series 2023/24 - Leg 2

Result 12th
Location Cape Town, South Africa
Category World Series
Cap yes
Remark

- | | | |
|--------------------------|----------------------------|----------------------------|
| 1. Rights Mkhari | 2. Asisipho Plaatjies (7s) | 3. Kyla de Vries (7s) |
| 4. Kemisetso Baloyi (7s) | 5. Liske Lategan (7s) | 6. Shiniqwa Lamprecht (7s) |
| 7. Mathrin Simmers | 8. Byrhandré Dolf | 9. Nadine Roos |
| 10. Maria Tshiremba (7s) | 11. Marlize de Bruin (7s) | 12. Ayanda Malinga |

L 2023-12-09	FRA 29- 7 RSA	Pool C - France
L 2023-12-09	CAN 40- 0 RSA	Pool C - Canada
L 2023-12-09	USA 34- 0 RSA	Pool C - United States
L 2023-12-10	JPN 27- 7 RSA	9th Place Semi Finals - Japan
L 2023-12-10	ESP 21- 7 RSA	11th Place Final - Spain



2023-12

Dubai Women's Sevens Invitational

Result ?
Location Dubai, United Arab Emirates
Category Invitational (World Series)
Cap no
Remark SA A Team, Coach Nic Ferreira

- | | | |
|--------------------------|--------------------------|---------------------------|
| 1. Kemisetso Baloyi (7s) | 2. Shona-Leah Weston | 3. Marli Meiring (7s) |
| 4. Elitha Sylvester (7s) | 5. Ankia Viljoen (7s) | 6. Antonecia Hannies (7s) |
| 7. Snehlanhla Shoji | 8. Gaamiela Josephs (7s) | 9. Ruzanne George (7s) |
| 10. Vianca Boer (7s) | 11. Alichia Arries | 12. Zandile Masuku (7s) |

D 2023-12-01
 D 2023-12-01
 D 2023-12-01
 D 2023-12-02

RSA -1--1 AUA
 RSA -1--1 RHS
 RSA -1--1 TAA
 RSA -1--1 POL

Pool - Australia A
 Pool - Rhino Select
 Pool - Tabusoro Angels (Norway)
 Pool - Poland



Invitational Team - Coach: Nic Ferreira

2024-01

Women's 7s World Series 2023/24 - Leg 3

Result 10th
Location Perth, Australia
Category World Series
Cap yes
Remark

- 1. Zintle Mpupha
- 4. Kyla de Vries (7s)
- 7. Mathrin Simmers
- 10. Marlize de Bruin (7s)
- 13. Byrhandré Dolf

- 2. Simamkele Namba
- 5. Kemisetso Baloyi (7s)
- 8. Nadine Roos
- 11. Ayanda Malinga

- 3. Liske Lategan (7s)
- 6. Shiniqwa Lamprecht (7s)
- 9. Eloise Webb
- 12. Maria Tshiremba (7s)

L 2024-01-26
 L 2024-01-26
 W 2024-01-27
 W 2024-01-27
 L 2024-01-28

AUS 31- 0 RSA
 CAN 26- 7 RSA
 GBR 12-14 RSA
 RSA 12- 7 ESP
 RSA 0- 7 BRA

Pool A - Australia
 Pool A - Canada
 Pool A - Great Britain
 9th Place Semi Finals - Spain
 9th Place Final - Brazil



2024-02

Women's 7s World Series 2023/24 - Leg 4

Result 12th
Location Vancouver, Canada
Category World Series
Cap yes
Remark

- | | | |
|----------------------------|--------------------------|--------------------------|
| 1. Zintle Mpupha | 2. Kemisetso Baloyi (7s) | 3. Simamkele Namba |
| 4. Shiniqwa Lamprecht (7s) | 5. Bianca Augustyn (7s) | 6. Shona-Leah Weston |
| 7. Mathrin Simmers | 8. Nadine Roos | 9. Marlize de Bruin (7s) |
| 10. Maria Tshiremba (7s) | 11. Alichia Arries | 12. Eloise Webb |
| 13. Ayanda Malinga | | |

L 2024-02-23
 L 2024-02-23
 L 2024-02-24
 L 2024-02-24
 L 2024-02-25

IRE 28- 7 RSA
 NZL 35- 5 RSA
 BRA 17-12 RSA
 JPN 24- 5 RSA
 RSA 5-12 GBR

Pool A - Ireland
 Pool A - New Zealand
 Pool A - Brazil
 9th Place Semi Finals - Japan
 11th Place Final - Great Britain



2024-03

Women's 7s World Series 2023/24 - Leg 5

Result 6th
Location Los Angeles, USA
Category World Series
Cap yes
Remark

- | | | |
|----------------------------|--------------------------|----------------------|
| 1. Zintle Mpupha | 2. Kemisetso Baloyi (7s) | 3. Simamkele Namba |
| 4. Shiniqwa Lamprecht (7s) | 5. Bianca Augustyn (7s) | 6. Shona-Leah Weston |
| 7. Liske Lategan (7s) | 8. Mathrin Simmers | 9. Nadine Roos |
| 10. Marlize de Bruin (7s) | 11. Alichia Arries | 12. Eloise Webb |
| 13. Ayanda Malinga | | |

L 2024-03-01	NZL 41- 5 RSA	Pool A - New Zealand
W 2024-03-01	FIJ 7-19 RSA	Pool A - Fiji
W 2024-03-02	BRA 7-10 RSA	Pool A - Brazil
L 2024-03-03	USA 24- 7 RSA	Cup Quarter Finals - United States
L 2024-03-03	FRA 55- 0 RSA	5th Place Final - France



2024-04

Women's 7s World Series 2023/24 - Leg 6

Result 12th
Location Hong Kong, China
Category World Series
Cap yes
Remark

- | | | |
|--------------------------|----------------------------|-----------------------|
| 1. Zintle Mpupha | 2. Shiniqwa Lamprecht (7s) | 3. Kyla de Vries (7s) |
| 4. Kemisetso Baloyi (7s) | 5. Simamkele Namba | 6. Shona-Leah Weston |
| 7. Liske Lategan (7s) | 8. Mathrin Simmers | 9. Nadine Roos |
| 10. Ayanda Malinga | 11. Zandile Masuku (7s) | 12. Alichia Arries |
| 13. Donelle Snyders | | |

L 2024-04-05	RSA 7-20 IRE	Pool B - Ireland
L 2024-04-05	RSA 7-24 FIJ	Pool B - Fiji
L 2024-04-06	AUS 28- 0 RSA	Pool B - Australia
L 2024-04-06	GBR 15-14 RSA	9th Place Semi Finals - Great Britain
L 2024-04-07	ESP 17-14 RSA	11th Place Final - Spain

2024-05

Women's 7s World Series 2023/24 - Leg 7

Result 9th
Location Singapore
Category World Series
Cap yes
Remark Relegated, but qualified for Madrid Qualifier 2024/25

1. Zintle Mpupha	2. Shiniqwa Lamprecht (7s)	3. Ayanda Malinga
4. Liske Lategan (7s)	5. Shona-Leah Weston	6. Kemisetso Baloyi (7s)
7. Felicia Jacobs	8. Mathrin Simmers	9. Eloise Webb
10. Simamkele Namba	11. Nadine Roos	12. Maria Tshiremba (7s)
13. Kyla de Vries (7s)		

W 2024-05-03	USA 0-14 RSA	Pool B - United States
L 2024-05-03	FRA 49- 0 RSA	Pool B - France
L 2024-05-04	JPN 34- 7 RSA	Pool B - Japan
W 2024-05-04	RSA 26-14 ESP	9th Place Semi Finals - Spain
W 2024-05-05	USA 0- 5 RSA	9th Place Final - United States

2024-06

Challengers Women's Sevens Series

Result 5th(?)
Location Madrid, Spain
Category Challenger/World Series Qualifier
Cap yes
Remark

1. Byrhandré Dolf	2. Zintle Mpupha	3. Libbie Janse van Rensburg
4. Mathrin Simmers	5. Veroeshka Grain	6. Eloise Webb
7. Sizophila Solontsi	8. Ayanda Malinga	9. Nadine Roos
10. Shiniqwa Lamprecht (7s)	11. Maria Tshiremba (7s)	12. Kemisetso Baloyi (7s)
13. Liske Lategan (7s)		

W 2024-05-31	RSA 24- 7 ARG	Pool B - Argentina
W 2024-05-31	RSA 40- 7 BEL	Pool B - Belgium
L 2024-06-01	BRA 24- 0 RSA	Pool B - Brazil
L 2024-06-02	ESP 22- 0 RSA	Promotion Final - Spain

2024-07

Olympic Games Women's 7s

Result 11th
Location Paris, France
Category Olympics
Cap yes
Remark

- | | | |
|-------------------------------|-----------------------------|--------------------------|
| 1. Mathrin Simmers | 2. Zintle Mpupha | 3. Sizophila Solontsi |
| 4. Veroeshka Grain | 5. Kemisetso Baloyi (7s) | 6. Nadine Roos |
| 7. Liske Lategan (7s) | 8. Byrhandré Dolf | 9. Ayanda Malinga |
| 10. Libbie Janse van Rensburg | 11. Marlize de Bruin (7s) | 12. Maria Tshiremba (7s) |
| 13. Shona-Leah Weston | 14. Shiniqwa Lamprecht (7s) | |

L 2024-07-28	IRE 38- 0 RSA	Pool B - Ireland
L 2024-07-28	AUS 34- 5 RSA	Pool B - Australia
L 2024-07-29	GBR 26-17 RSA	Pool B - Great Britain
L 2024-07-29	JPN 15-12 RSA	9th Place Semi Finals - Japan
W 2024-07-30	RSA 21-15 FIJ	11th Place Final - Fiji



2024-11

Africa Women's Sevens XIV- Africa Women's Sevens V

Result 1st
Location Accra, Ghana
Category Africa Cup
Cap yes
Remark Qualified for challenger series

1. Leigh Fortuin	2. Kemisetso Baloyi (7s)	3. Ayanda Malinga
4. Zintle Mpupha	5. Nompumelelo Mathe	6. Felicia Jacobs
7. Maria Tshiremba (7s)	8. Shiniqwa Lamprecht (7s)	9. Nadine Roos
10. Mathrin Simmers	11. Zandile Masuku (7s)	12. Liske Lategan (7s)

W 2024-11-09	RSA 38- 0 BUR	Pool A - Burkina Faso
W 2024-11-09	RSA 36- 0 ZIM	Pool A - Zimbabwe
W 2024-11-09	RSA 40- 0 TUN	Pool A - Tunisia
W 2024-11-10	RSA 50- 0 SEN	Quarter Finals - Senegal
W 2024-11-10	RSA 42- 0 MAD	Semi Finals - Madagascar
W 2024-11-10	RSA 19-10 KEN	Cup Final - Kenya



2024-11

Dubai Women's Sevens Invitational

Result 4th
Location Dubai, United Arab Emirates
Category Invitational (World Series)
Cap no
Remark SA A Team

1. Kemisetso Baloyi (7s)	2. Nompumelelo Mathe	3. Leigh Fortuin
4. Kayla Swarts (7s)	5. Voice Ndou (7s)	6. Shiniqwa Lamprecht (7s)
7. Zandile Masuku (7s)	8. Vianca Boer (7s)	9. Anja le Roux (7s)
10. Danaé van der Bergh (7s)	11. Donëy Filies (7s)	12. Asiphe Mayaba

W 2024-11-29	RSA 38- 0 GEO	Pool B - Georgia
W 2024-11-29	RSA 21-10 FRM	Pool B - France Militaire
D 2024-11-30	RSA 12-12 IRA	Pool B - Ireland Invitational
L 2024-12-01	LR7 33- 7 RSA	Cup Semi Finals - Lionesse Rugby 7s
L 2024-12-01	IRA 24-19 RSA	3rd Place Play-Off - Ireland Invitational

2025-03

Challenger Series Leg 2

Result 2nd
Location Athlone, Cape Town, South Africa
Category Challenger/World Series Qualifier
Cap yes
Remark Qualified for Challenger Leg 3 (Krakow)

- | | | |
|-------------------------|--------------------------|----------------------------|
| 1. Leigh Fortuin | 2. Zintle Mpupha | 3. Felicia Jacobs |
| 4. Maria Tshiremba (7s) | 5. Kayla Swarts (7s) | 6. Nadine Roos |
| 7. Mathrin Simmers | 8. Kemisetso Baloyi (7s) | 9. Shiniqwa Lamprecht (7s) |
| 10. Ayanda Malinga | 11. Alicia Willemse | 12. Rights Mkhari |

W 2015-03-07	RSA 43- 0 POL	Pool C - Poland
W 2015-03-08	CZE 15-21 RSA	Cup Semi Finals - Czech Republic
L 2015-03-08	RSA 0-17 KEN	Cup Final - Kenya
W 2025-03-07	RSA 45- 5 SAM	Pool C - Samoa

2025-03

Challenger Series Leg 1

Result 3rd
Location Athlone, Cape Town, South Africa
Category Challenger/World Series Qualifier
Cap yes
Remark

- | | | |
|-------------------------|--------------------------|----------------------------|
| 1. Leigh Fortuin | 2. Zintle Mpupha | 3. Felicia Jacobs |
| 4. Maria Tshiremba (7s) | 5. Kayla Swarts (7s) | 6. Nadine Roos |
| 7. Mathrin Simmers | 8. Kemisetso Baloyi (7s) | 9. Shiniqwa Lamprecht (7s) |
| 10. Ayanda Malinga | 11. Alicia Willemse | 12. Rights Mkhari |

W 2025-02-01	RSA 36- 0 HKC	Pool A - Hong Kong China
W 2025-02-01	RSA 26- 0 CZE	Pool A - Czech Republic
W 2025-02-02	RSA 19-15 KEN	Semi Finals - Kenya
W 2025-02-02	COL 0-29 RSA	3rd Place Play-Off - Colombia



2025-04

Challenger Series Leg 3

Result 1st
Location Krakow, Poland
Category Challenger/World Series Qualifier
Cap yes
Remark Qualified for Qualifier 2025/26 (LA)

- | | | |
|-----------------------|--------------------------|----------------------------|
| 1. Rights Mkhari | 2. Zandile Masuku (7s) | 3. Kemisetso Baloyi (7s) |
| 4. Kyla de Vries (7s) | 5. Zintle Mpupha | 6. Shiniqwa Lamprecht (7s) |
| 7. Mathrin Simmers | 8. Vianca Boer (7s) | 9. Nadine Roos |
| 10. Ayanda Malinga | 11. Maria Tshiremba (7s) | 12. Patience Mokone |

W 2025-04-11	RSA 29-10 POL	Pool A - Poland
W 2025-04-11	RSA 45- 0 CZE	Pool A - Czech Republic
W 2025-04-11	RSA 22- 0 ARG	Pool A - Argentina
W 2025-04-12	RSA 22-10 KEN	Semi Finals - Kenya
W 2025-04-12	ARG 12-21 RSA	Cup Final - Argentina



2025-05

HSBC SVNS Play-off tournament

Result tbd
Location Los Angeles, USA
Category Challenger/World Series Qualifier
Cap yes
Remark Qualifier for SVNS Division 2

- | | | |
|-----------------------------|--------------------|--------------------|
| 1. Leigh Fortuin | 2. Zintle Mpupha | 3. Felicia Jacobs |
| 4. Maria Tshiremba (7s) | 5. Nadine Roos | 6. Mathrin Simmers |
| 7. Zandile Masuku (7s) | 8. Patience Mokone | 9. Simankele Namba |
| 10. Shiniqwa Lamprecht (7s) | 11. Ayanda Malinga | 12. Alicia Willems |
| 13. Rights Mkhari | | |

W 2025-05-03	RSA 12- 7 IRE	Pool B - Ireland
L 2025-05-03	CHN 26-12 RSA	Pool B - China
W 2025-05-04	RSA 17-14 ARG	Pool B - Argentina
L 2025-05-04	KEN 17-14 RSA	First Play Off Final - Kenya

Noteworthy Events per Year

This chapter contains a list of noteworthy events per year.

1968

Intervarsity – Intervarsity between teams of University of Western Cape and Hewat Teachers' College.

1980

Sharp Girl Rugby Competition – University of Stellenbosch Sharp Girl Rugby Competition (1980s).

1982

First Female Sports (Rugby) Journalist – Avril Fillies reporter for Die Burger. She was also one of the first certified female rugby coaches. She was also on the first transformation committee of SARFU.

1996

Goodwood Gazelles – The Goodwood Gazelles was the first rugby club for women in South Africa.

1998

Brakpan Falconettes – Women's rugby club Falconettes, Johannesburg.

2000

National Fifteens tournament – SARFU kick starts Women's Programme with national fifteens tournament in Gqeberha. Eight teams participated

Kempton Wolves women's team – Kempton Wolves women's team established.

Middelburg Stormers Rugby Club – Middelburg Stormers Rugby Club Established - an all women club.

First Provincial Tournament – First national women's XV tournament was held in Gqeberha in June. (8 participating teams)

Crusaders Technikon Women's Team – Established around 2000 by Sampie Loots and Errol Spann. Notable players: Ronwin Kelly and Wendy Adlem. Sampie Loots became the first EP coach when the inter-provincial competition was piloted in 2002.

2001

Women's Rugby competition – SARFU launched a Provincial Women's Rugby Competition.

Pretoria Rugby Club Women – Pretoria Rugby Club Women established.

Harlequins Women – (Harle)Quins Women established.

Correctional Services Rugby Club Women – Correctional Services Rugby Club Women (nickname: Likkewane) established - disbanded in 2003.

Naka Bulls Women – Naka Bulls Women established.

Eastern Province Women's Provincial Team – Eastern Province Women established.

Port Elizabeth Crusaders Women – Port Elizabeth Crusaders Women established.

Loftus Versfeld tournament – SARFU organises it's a national women's fifteens tournament.(9 August,Loftus Versfeld). Participating teams: Bulls, Stormers, Cats and Eastern Coastals (Sharks did not allow the women's team to use the franchise name). Round Robin format, playing three matches of 50 minutes. Attended by 2000 spectators. Sports Minister Ngconde Balfour in opening speech: "Women have always been part of rugby. Whether Mom was transporting kids, involved in clubs and administration or just simply being ardent supporters. Now you have decided to go one step further and don the jersey... it is incumbent on all of us to ensure that women's rugby comes to its own, developing a dynamism and ethos of its own without becoming something that is shifted aside, only to be dusted off when it suits us"

2002

Tuks Ladies – Tuks Ladies established.

Garden's Rugby Club Women – Garden's Rugby Club Women established.

Inter-Provincial Tournament – In August 2002, SARFU organised an Inter-Provincial Tournament. Falcons won the tournament in a final against Natal.

Blue Bulls Women's league – Local competition - participants: Naka Bulls, Harlequins, Pretoria Rugby Club, Correctional Services, TUKS.

Blue Bulls Women's Provincial team – Blue Bulls Women's Provincial team established.

2003

SA Women's Presidents XV – National women's select team played a visiting England Development team. The event was attended by the Zulu monarch, His Majesty King Goodwill Zwelithini

Inter-Provincial League – Launch of IPL

Falcons trip to Ireland – Falcons are the first SA Women's team going on a rugby trip abroad

2004

First Test Match – First formal test match played against visiting Wales Team.

First SA woman to referee a Test match – Jenny Bentel is the first South African Woman to referee a Test Match (Springbok Women - Wales)

2005

Sevens provincial tournament – Launch of women's sevens provincial tournament in Nelspruit.

Inter-provincial competition change – Division One: Blue Bulls, Kwazulu-Natal, Golden Lions, and Free State. Second Division: Easter Province, Border, Western Province, and Boland.

First SA woman to ref a men's game – Jenny Bentel is the first woman to referee a men's provincial game (U19 Golden Lions - Griffons)

2006

First CAR South Tournament for Women – This is first sevens tournament Springbok Women participated in. The tournament was initially planned for 2005 (Kampale), but the funding was not released by CAR²⁴ and that tournament was postponed.

²⁴Confederation of Africa Rugby, administrative body for rugby union within the continent of Africa under the authority of World Rugby. Established in 1986 and renamed 'Rugby Africa' in 2014.

Inter-provincial competition change – The two strongest teams in the country, Blue Bulls and Eastern Province were put in the same division

XVs Rugby World Cup - V – Springboks finished 12th. South Africa participated as CAR representative. Officials from South Africa: Jenny Bentel (Referee - also first Woman in South Africa to referee a test match) Kim Smit (Assistant Referee)

Africa Women's Sevens I – South Africa wins the inaugural CAR Sevens tournament.

First SA woman to referee at RWC – Jenny Bentel is the first South African Woman to officiate at a Women's Rugby World Cup (Ireland vs France)

2007

Africa Women's Sevens II – Springboks finished 1st

Zeena Isaacs rugby Analyst – Zeena Isaacs - who would later become SARU's Springbok Media manager - is the only female rugby analyst at SABC (programme: Rugga Zone). At that time she played wing for Golden Lions Women.

2008

Sevens Team qualifies World Cup – By winning the CAR tournament, the sevens team qualified for the World cup in Dubai.

Africa Women's Sevens III – Springboks finished 1st

2009

Rugby World Cup Sevens - I – Springbok Women's team reached semi finals and finished 4th.

SABC Broadcast IP Sevens – Inter provincial 7's competition was broadcasted on SABC for the first time

First U16 Girls Rugby Week – Objective was to boost interest and attract young players to grow the women's game.

Nations Cup - II – Springboks finished 5th (last)

National Women's High Performance Squad – Launch of a programme to increase skill and fitness levels of players. Players:

Blue Bulls: Yolanda Meiring, Onicca Moaga, Cindy Cant, Ilse van Staden, Nicolene Lubbe

Boland: Natasha Hofmeester, Cherné Roberts

Border: Portia Jonga, Ziyande Tywaleni, Mandisa Williams, Fundiswa Plaatjie

Eastern Province: Cebisa Kula, Lamla Momoti, Saloma Booysen, Zandile Nojoko, Marie-Lee Erasmus, Lorinda Brown, Phumeza Gadu, Zenay Jordaan, Charmaine Kayser, Ramona Brown, Namhla Siyolo, Nomathamsanqa Faleni

Falcons: Matshidiso Bojozi

Free State: Michelle Kona, Belinda Etie, Marlize Jordaan

Griffons: Nombulelo Mayongo

Kwazulu-Natal: Nelisiwe Cele, Dolly Mavumengwana, W Khumalo, Zinhle Ndawonde, Claudia Thompson, Lusanda Mtiya

Western Province: Aimee Barrett, Joelene Wehr, Nadine Barnard, Nosipho Poswa

2010

Top players withdrawal from IP competition – SARU took the strategic decision to withdraw the top women's players from the bulk of provincial duty because of preparations for the 2010 World Cup.

XVs Rugby World Cup - VI – Springboks finished 10th.

International Player Exchange Programme – Mandisa Williams and Saloma Booysen invited on an exchange programme by City of Derry RC. Lorinda Brown and Zenay Jordaan by Belfast Harlequins RC.

2011

Nations Cup - III – Springboks finished 4th (last) - U20 Springboks finished 4th

U20 - Nations Cup USA – Santa Barbara, 4th, (RSA 3-25 USA, CAN 27-7 RSA, ENG 66-7 RSA, CAN 5-32 RSA)

Blue Bulls: Doreen Rakobela, Judith Chauke, Katlego Moremi, Marithy Pienaar, Mpho Moloto, Sarah Ramoraswi, Simone Vosloo

Boland: Celeste Adonis, Chrisna van Slicht

Eastern Province: Ntomboxolo Nanto, Khayaletu Mbambula

Free State: Mpho Mopeng, Christa Simpson

Griffons: Maserame Bankiese

KwaZulu-Natal: Nqobile Protecia Mhlangu, Noluthando Mbambo, Nompilo Mtshali, Nomthandazo Mathe, Nomzamo Ngcamu, Shona Leah Weston, Zanele Mbokazi

Pumas: Nonkasa Fisiwe Zwane

SWD: Nicole Flandorff

Western Province: Elma Kemp

Coach: Kayalethu Malotana, *assistan-coach* Lungisa Kama, Henderik Pieterse, *team*

manager: Nomsebenzi Tsotsobe, *fitness & conditioning coach*: Zinigisani Gxolo,

physiotherapist: Wayne Holroyd, *team doctor*: Jerome Mampane.

10th Postion World Ranking – August 11 South Africa had 69.09 points and a 11th position on World Rankings. The victory against USA moved them to 10th position for the first time in history. They would keep this position until May 2012 without playing a testmatch. Italy gained points in another testmatch, pushing South Africa to 11th position again.

2012

U16 Competition – Introduced an Under-16 girls' competition to grow the player base.

SARU High Performance Plan – To become more competative, SARU launches a high performance plan. The XV's and 7s teams were separated.

Sevens Residential Programma – Seven core players of the 7s squad took part in a pilot. Accomadation, meals, training facilities were provided for the players. (Port Elizabeth)

U16 Week – Inaugural SARU Girls Under-16 Week in Kimberly

Junior Sevens Camp Cape Town – Training camp to prepare for the Australian Youth Olympic Festival in January 2013. Players selected from U16 Week in Kimberly. Selected players who later would become Springboks: Lusanda Dumke, Simamkele Namba, Annique Geswind, Sinazo Mcatshulwa and Kimico Manuel

Sevens World Series – IRB (Now World Rugby) launches a Women's Sevens World Series alongside the men's World Series. IRB set out a Women's Rugby Plan with the objective to expand the women's game internationally at the elite level.

2013

First SA U18 sevens squad on overseas tour – The team participated in the Australian Youth Olympic Festival. Notable names who would later be Springboks: Kirsten Conrad, Lusanda Dumke, and Simamkele Namba (Coach: Denver Wannies, Team Manager: Nomsebenzi Tsotsobe).

Marlize Jordaan first woman to referee a men's Sevens match – Springbok Marlize Jordaan made history as the first woman to referee a men's sevens match. The match was between Peru and Paraguay in Rio de Janeiro

Nations Cup - IV – Springboks finished 4th (last) - U20 Springboks finished 3rd. In April a group of 42 players was assembled in Cape Town for a three day trial and trainingcamp. The team to attend the Nations Cup was selected from that group (after two more training camps). The initial group:

Blue Bulls: Simoné Vosloo, Marithy Pienaar, Judith Chauke, Vuyolwethu Vazi, Mpho Moloto

Boland: Chrisna van Slicht

Border Siviwe Basweni, Lamla Momoti, Nolusindiso Booï, Yolanda Sana, Amanda Tsidi, Sinazo Tsawu, Songezwa Makhhalima

Eastern Province Daphne Scheepers, Nomathamsanqa Faleni, Zandile Nojoko, Portia Jonga, Siphosethu Tshingana, Sesethu Kobese, Vuyiswa Skosana, Thandeka Feni

Free State: Nedene Botha, Bernice Strydom, Masabata Sempe

Griffons: Nombulelo Mayongo

KwaZulu-Natal: Dolly Mavumengwana, Lusanda Mtiya, Jaime Norton, Noluthando Mbambo, Nompilo Zondi, Phindile Mtshali

Leopards Nomsa Mokwai

Southwestern Districts: Marnazelle Rabie, Bianca Figeland

Western Province: Celeste Adonis, Janine Felix, Laurian Johannes, Andrea Stubbs, Chantel Sieckers, Celeste Marais, Celeste April, Vuyokasi Mbonda, Elma Kemp, Denita Wentzel.

Rugby World Cup Sevens - II – Springboks finished 13th

Africa Women's Sevens V – Springboks finished 1st

U20's team toured UK – U20 team toured UK - notable player(s): Kirsten Conrad, Lusanda Dumke, Anniqwe Geswind, Tayla Kinsey, Thantaswa Macingwane, Vuyolwethu Maqholo, Sinazo Mcatshulwa, Rights Mkhari, Katlego Moremi, Zintle Mpupha, Ntombifuthi Sibiloane.

2014

High Performance Contracts – SARU contracts 15 Players high performance (sevens) players:

SWD: Nicolene Barendse, Mathrin Simmers

Border: Siviwe Basweni, Nosiphiwo Goda, Fundiswa Plaatjie

EP: Lorinda Brown, Phumeza Gadu, Zenay Jordaan

Golden Lions: Rachelle Geldenhuys

WP: Veroeshka Grain

Blue Bulls: Jacqueline Kriel, Marithy Pienaar, Vuyolwethu Vazi

KZN: Nomaphelo Mayongo

Leopards: Nomsa Mokwai

XV's withdrawn from international games – Xv's team withdrawn after RWC results. SARU put focus on development.

International Player Exchange Programme – Zandile Nojoko and Vuyolwethu Vazi stayed at Essex Rugby club Thurrock.

XVs Rugby Word Cup - VII – Springboks finished 10th. Officials from South Africa: Marlize Jordaan (Referee). Participation partly funded by a R2,3m grant from the National Lottery Distribution Trust Fund.

Africa Women's Sevens VI – Springboks finished 1st

2015

Core status 7s World Series lost – South Africa Women's team loses core status of the Women's Sevens World Series after ending 12th.

Youth Training Centres – Launch of Youth Training Centres:

Blue Bulls Limpopo Coach: Kobus Redlinghuys, Administrator: Mongatane Makola

Blue Bulls Coach: Yolanda Meiring

Border Coach: Mxolisi Nkolonza, Administrator: Mandisa Williams

Eastern Province Coach: Mongezi Cwilana, Administrator: Thandiswa Nxomani

KwaZulu-Natal Coach: Tamira Sutherland

Western Province Coach: Rodger Smith

Steinhoff Shirt Sponsor – Steinhoff becomes shirt sponsor for Blitzboks, SA Sevens Academy Team and the Women's Sevens. The sponsorship lasted until 2018 when the company got into a financial scandal.

Africa Women's Sevens VII – Springboks finished 1st

Injury and Illness Surveillance and Prevention Project – As part of the South African Rugby (SARU) Injury and Illness Surveillance and Prevention Project (SARIISPP), SARU records and investigates injury data from their annual SARU Youth Week tournaments. The BokSmart National Rugby Safety Programme has consistently gathered and analysed these data since 2011 for the SARU Boy's Youth Week tournaments. In 2015, the project expanded to the SARU Girls' Youth Week data collection.

U16, U18 tournament – In August a U16, U18 tournaments were organised (North section: Hoërskool Warmbad in Bela-Bela. South section: Hoërskool Grens in East London). Youth Training Centre Coaches were attending to scout talent.

2016

7s Olympics I – Although qualified, Springbok sevens were denied participation the South African Olympic Committee (SASCOC) - The team was considered not good enough.

Africa Women's Sevens VIII – Springboks finished 1st

XV's Training Camp 1 – To kickstart the XV's programme a training camp with 40 players was held in Cape Town in October. The players were selected based on their performance in the interprovincial competition or participation in the sevens programme.

Participating players:

Celeste Adonis, Nolusindiso Boozi, Nomaphelo Dike, Liyabona Dudumashe, Lusanda Dumke, Annique Geswind, Aseza Hele, Makoele Kamohlelo, Dlodla Karthy, Megan Kannemeyer, Tayla Kinsey, Amykay Klaasen, Babalwa Latsha, Thantaswa Macingwane, Ncediswa Mahijani, Asanda Majombozi, Nthabiseng Marutla, Vuyolwethu Maqholo, Thandile Mazwi, Noluthando Mbambo, Xoliswa Mbobo, Sinazo Mcatshulwa, Siphosethu Mgaju, Nomzamo Ngcamu, Nqobile Mhlangu, Rights Mkhari, Akhona Mooi, Leathamang Mothumi, Xolelwa Ncanywa, Zinhle Ndawonde, Demi Nel, Randy Nkotswana, Jaime Norton, Sarah Ramoraswi, Snenhlanhla Shoji, Nokubonga Siko, Mellanie Smith, Faith Tshauke, Eloise Webb, Alicia Willemse, Thandi Xwetu. (participating Sevens players: Fundiswa Plaatjie and Unathi Mali)

2017

Africa Women's Sevens IX – Springboks finished 1st

XV's Training Camp 2 – Start preparations for returning to international rugby (tour later in 2017), they held a four-day training camp in Cape Town. A total of 46 players attending: the 42 players of the training camp in October 2016 and four new players. (Nosiphiwo Goda, Aphiwe Ngwevu, Simamkele Namba, and Jaime Norton)

XV's Select tour to England – As preparation to return to international play, the XV's team did a tour to the UK to play the British Army and Academy XV's.

2018

Women's Premier Division – Launch of the *Women's Premier Division*. Participating teams are Western Province, Bulls Daisies, EP Queens, Golden Lions, Border Ladies, Boland Dames, and Sharks. Other Women's teams competed in the *Women's First Division*. Participating teams: Golden Lions, Valke Women, SWD Eagles, Griffons Women, Leopards Women, Pumas Women, Free State Women, Griquas Women, and Limpopo Blue Bulls Women.

Rugby World Cup Sevens – Rugby World Cup Sevens in San Francisco. The Springbok team finished 14th.

FNB Shirt Sponsor – First National Bank becomes principal sponsor of Springbok Women.

Rugby World Cup Sevens - III – Springboks finished 14th

7s Commonwealth Games – Springboks finished 8th

Africa Women's Sevens X – Springboks did not participate due to 2018 Rugby World Cup Sevens preparations

2019

U20 Team plays against Zimbabwe – The U20 team relaunched as part of the development programme. They last played in 2013. Laurian Johannes-Haupt is the first SA woman to coach a national team.

Imbokodo – The nickname "Imbokodo" gets introduced²⁵. A name that never got adopted by the general public. It wasn't the first attempt to give the team their own name. The women's sevens team was referred to as "Lady Blitzbokke" before and in 2023 SARU used the nickname "Blaze Boks" for the women's sevens team in their press releases a few times. This name also did not seem to stick with the general public.

Africa Women's Sevens XI – Springboks finished 1st

Sevens in Cape Town – Springbok Women Sevens played their first tournament for a home crowd. (SARU added a women's tournament to the Cape Town Sevens) They played as an invitational team in the World Sevens (Leg 3 of the 2019-20 season).

Becoming Imbokodo – Sevens coach Delpont in collaboration with SuperSport (sponsored by Castle Free) hosted a 13 episodes reality show on SuperSport, finding players for the Sevens

²⁵The word Imbokodo comes from the phrase "Wathint' Abafazi, Wathint' Imbokodo" (You strike a woman, your strike a rock). A song composed for the 1956 women's protest against racist pass law for women.

squad. The final contenders were Nobuhle Msomi, Macaela Henning, Pfarelo Mudau, Kimico Manuel, Mbali Bukhosini, Kim Karassellos, Zoë Naudé, Luleka Tyibilika, Libbie Janse van Rensburg, and Nokubonga Siko.

Ashleigh Murray – South African referee Ashleigh Murray appointed for World Rugby Women's Sevens Series tournaments in Dubai, Cape Town, Langford and Paris.

2020

7s Olympics II – Springbok Women did not participate again. (Denied by SASCOG)

Women's Training camp Sponsored – The National Lottery Commission granted SA Rugby funding for the Upliftment of Women in Sport which was used to successfully host a Springbok Women's training camp in Stellenbosch in October and November 2020.

High Performance Manager – Lynne Cantwell, former Ireland's captain, appointed as SA Rugby's first High Performance Manager for Women

Women's Rugby Committee – Formation of the *SARU Women's Rugby Committee* comprising all provincial unions.

Strategic Priority 2 – SARU: A new pathway was charted for Women's rugby in South Africa, with the code elevated to the second most important strategic priority by SA Rugby.

STATSports – STATSports, provides APEX Pro GPS units, vests and heart rate monitors and monitoring tools for the Springbok Women.

Babalwa Latsha professional – Babalwa Latsha is the first female rugby player of the African continent to turn professional. She got contracted by Eibar Rugby Taldea (Spain).

2021

Global Covid Pandemic – Due to the global Covid pandemic - all rugby activity was cancelled in 2020- 2021. The coaching staff kept in contact and guided the players online. Players kept in shape by exercising at home.

2022

XVs Rugby World Cup - IX – The 2021 world cup was postponed until 2022. Springboks finished 11th. Officials from South Africa: Aimee Barrett-Theron (Referee)

Rugby World Cup Sevens - IV – Springboks finished 14th

7s Commonwealth Games – Springboks finished 7th

Africa Women's Sevens XII – Springboks finished 1st

Women's Premier Division – Golden Lions move from *First Division* to *Premier Division*

2023

Bulls Dadies professional – The Bulls Women's team becomes the first fully professional women's team in South Africa.

Africa Women's Sevens XIII – Springboks finished 1st

Full Time Sevens Programme – After winning the Challenger tournament in April, SARU decided to professionalise the Sevens programme. This enabled the staff to work with the squad full time, and not just with a few preparation days for tournaments.

2024

Full time head coach (XVs) – SARU appoints Swys de Bruin as full time head coach. Besides coaching the team, he also has the assignment to coach the assistant coaches to develop their role.

7s Olympics III – Springbok finished 11th

Africa Women's Sevens XIV – Springboks finished 1st

Women's Premier Division – Free State Women move from *First Division* to *Premier division*

SARU Strategic Plan – One of the objectives of a four year strategic plan is to women's XV team to climb world rankings into the top 8.

#ETTIG – Springbok Women adopt the motto #ETTIG. Which means 'Every Try To Inspire Girls.'

Women's Super League Rugby – SARU announced plans to launch "Women's Super League Rugby" (WSLR). It is a competition in addition to the First and Premier Division Competition. About 150 players will centrally be contracted by SARU. The players will be shared between 4 or 5 teams. The objective is to create a level playing field ensuring closer matches to raise the standard of women's rugby in South Africa. The plan will be worked out in 2025.

2025

Africa Women's Sevens XV – Springboks finished 1st

Full time assistant coach (XVs) – SARU appoints Laurian Johannes-Haupt full time. She is first woman in SARU in a full time coaching capacity.

Six Nations – Zoë Naudé and Aimee Barrett-Theron referee at 2025 Women's Six Nations

FNB, Pick n Pay Shirt sponsors – FNB extends sponsor deal to all teams. Pick-n-Pay also becomes shirt sponsor.

SVNS Format Change – World Rugby announces new SVNS World Series format with 1st and 2nd division. Impact for Springbok Women's Sevens team is that they cannot regain core status at qualification tournament in Los Angeles.

SARU's 2nd Community Rugby Workshop – SARU reaffirmed its commitment to the development of the Women's game. In a two day event (May), attended by representatives from all 15 provincial unions, they outlined their plans.

- U16 and U18 Elite Player Development (EPD) camps for girls (mirroring the support structures long established for boys)
- advance plans for a national women's club competition, complementing the established men's Pick n Pay Gold Cup
- Strategic goal to grow female participation by 30% by the end of 2027.

Financial Sponsoring – Freddy Hirsch, Betway, and Klipdrift (Heineken) extends partnership with SARU, also sponsoring the Women's Teams

#PlusOne – With the #PlusOne campaign, the Springbok Women invite South Africans to be part of -and rally behind- their (RWC) journey and become their "+1". It's a reference to small

steps ultimately having a big impact and building a legacy. It also references a yell on the field when they are in a huddle: "Ubunye Bokke".²⁶ It expresses the individual players being one united team.

World Cup Squad – Squad:

Bulls Daisies: Sanelisiwe Charlie, Yonela Ngxingolo, Anathi Qolo, Vainah Ubisi, Lerato Makua, Sizophila Solontsi, Faith Tshauke, Unam Tose, Libbie Janse van Rensburg, Zintle Mpupha, Chumisa Qawe, Jakkie Cilliers, Ayanda Malinga, Byrhandré Dolf

Golden Lions: Xoliswa Khuzwayo

unattached: Babalwa Latsha (vice captain), Lindelwa Gwala, Catha Jacobs, Sinazo Mcatshulwa, Nadine Roos

Border Ladies: Nombuyekezo Mdliki, Aphiwe Ngwevu, Eloise Webb

Leicester Tigers, England: Micke Günter

Western Province: Luchell Hanekom, Nolusindiso Boo (captain), Nomisa Mokwai

Harlequins, England: Danelle Lochner

Boland: Aseza Hele, Maceala Samboya

Sharks: Tayla Kinsey, Mary Zulu

Staff: Swys de Bruin (head coach), Laurian Johannes-Haupt (assistant coach), Bafana Nhleko (assistant coach), Franzel September (assistant coach), Naasier Parker (strength and conditioning coach), Zenay Jordaan (World Rugby Gallagher High Performance Academy coach), Moshe Magethi (team doctor), Neda Isaacs (physiotherapist), Lezane Ward (physiotherapist), Thandiswa Nxomani (team manager), JJ Harmse (media manager), Zwonaka Mbedzi (analyst), Thembisa Nxopo (operations)

XVs Rugby Word Cup - X – Aimee Barrett-Theron match official

U16 EPD Squad – For the first time SARU announced an Under-16 Elite Player Development Squad for girls. The players were selected from the FNB Girls Week U16s in Pretoria and Johannesburg. They will attend a training camp in Paarl in October. The players will be assessed and a profile of each player will be created. This profile will be the basis to follow the players and design a player specific intervention strategy. This enables SARU to assist the players through the SA Rugby talent identification pathway.

U16 EPD Squad: Fetumane Endinako, Zayaan Majiet, Fiona Sehlangu, Thando Hlakanyana, Amahle Tole, Rethabile Kubequ, Zingce Lofana, Maphanga Ludumo, Agnes Maoka, Sanga Makalane, Shanelia Heugh, Robyn Scheepers, Pobana Musawenkosi, Alwandle Ngcobo, Ntuli Ntwariso, Ogbu Nicole, Karabo Mokale, Magriet de Klerk, Sine Sezelwa, Tsakani Chauke, Inathi Nxiweni, Nokuthula Dube, Sarender Chauke, Erin Ogram, Nqadini Palisa, Hlatshwayo Onthathile, Mtebele Noluthando, Chemike Visser, Sontsethe Elihle, Larissa Kriel, Imange Norayose, Brumilda Fitzgerald, Jehoma Danrica, Alice Ncube, Angel Nxasane, Nxumalo Noxolo, Landor Azraa, Mia Kanka, Angel Minnaar, Sherezaan Fortune, Tatum-Joy Kaboni, Pathakge Ralley-Amahle, Kali Liyabona, Jacobs Cassidy, Letticia Prins, Sibongiseni Gumede, Madiniyah Joseph, Nkosi Ayanda, Chariva Visagie, Chibandika Joan.

Coaches: Sean Erasmus and Katlego Lynch

Betway Women's Club Championship – SARU launches a new club tournament for women (Sponsored by Betway). (6, 8, and 10 October) 16 club teams (drawn from all 15 provincial unions plus one wild card) play each other over three match days, with the event aimed at elevating the domestic women's rugby further and developing the game nationally at grassroots level.

U20 Women's Tournament – A record 14 teams will participate. (6,8,10 October) The U20

²⁶"Ubunye" is a Zulu word meaning "unity" or "singular"

tournament is important for both talent spotters for the Springbok Women pathway and First and Premier Divisions clubs.

WXV Global Series – World Rugby announced WXV Global Series. The top 12 teams (Australia, Canada, England, France, Italy, Ireland, Japan, New Zealand, Scotland, South Africa, USA, Wales) will compete in a home-and-away, cross-regional touring model within a newly aligned September-October international window. The unions will retain domestic commercial rights. The teams 13-18 (Brazil, Fiji, Hong Kong China, Netherlands, Samoa, Spain) will play their fixtures in a single destination in 2026 and 2028,

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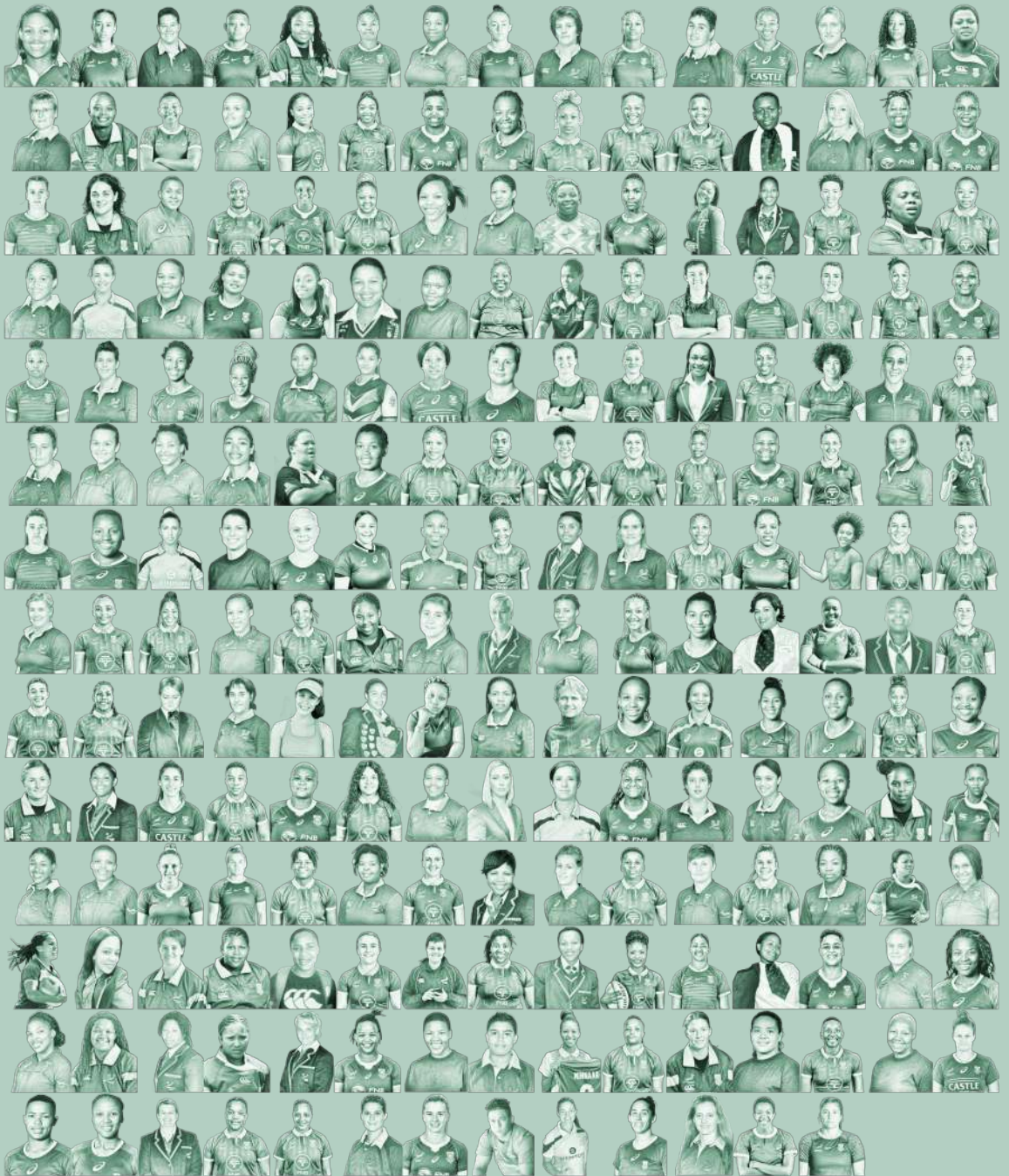
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Versions

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